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Wednesday, August 24, 2005

Volume 102, Issue 34

INSIDE

TEMPO



The days are counting down to the departure of B.G. Shields from her friends and much loved colleagues in Sewickley. See Page 15.

FOOTBALL 2005

Get ready for the upcoming football season with Gateway Newspapers annual football editions, with features on your favorite teams. Inside.

SPORTS



The Quaker Valley Midget Football Team prepares for a challenging 2005 season. See Page 23.

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HOME GROWN



SHARING THE bounty of Pisarcik Greenhouses & Cut Flowers of Valencia at Saturday's Farmers Market at St. James Church were Elaine Pisarcik and daughters Elizabeth (right) and Meghan. See Page 18 for more. Photo by D.S.Dreeland

BACK TO SCHOOL

Students back to classes Thursday

By Laura Halleman

Staff writer

With the close of summer, students will be greeted with some changes in the Quaker Valley School District, while other things have remained the same.

First day of school for students in the QVSD is Thursday (tomorrow) and will be a full day for all students with the exception of kindergartners, who attend half-days at Osborne Elementary School.

On Thursday, kindergarten students and their parents will attend an orientation.

Communications manager John Hanna said the district has seen little increase in student

enrollment this year, with the total enrollment for K-12 at 1,900. Hanna said sixth grade showed a slight increase.

Lunch costs will remain the same for the 2005-06 school year, with the price of lunch set at \$2.25 and breakfast at \$1.25.

The school district's "no fried foods" policy is still in effect and all of the schools in the district will offer students healthy choices for lunch which will include salads, fresh fruit and vegetables.

All sodas and sports drinks have been removed from district-operated vending machines and have been replaced with milk.

Continued on Page 3

ALEPPO

Solicitor fired, Gianni Floro fills vacancy

By Jon Paul Creese

Staff writer

A motion to relieve Bernard Rubb of his post as township solicitor was passed last week during a special meeting held Wednesday at the municipal building.

Rubb's ouster was met with applause from residents filling the standing-room-only municipal hall.

Commissioners Rick Starr and Carolyn Smith voted to fire Rubb, with Commissioners Oliver Poppenberg Sr. and Linda Talmon dissenting.

Commissioner Gloria Vish, board president, broke the tie vote.

Poppenberg did not attend the meeting in person, but voted via speaker phone.

Starr, during an emotional testimony, pushed the motion forward.

"I've searched my soul, listened to the audience..." he said. "I have come to the conclusion that I am not happy with this solicitor."

Starr indicated Rubb, who also serves as the attorney for himself, Starr, Poppenberg, Vish and Talmon in an appeal of a federal court ruling, improperly influenced his decisions affecting litigation matters by referring to him as a "coward" and accusing him of "caving in" in the face of continued litigation.

Starr said Rubb tried to intimidate him rather than offer sound legal advice.

"Mr. Rubb, I believe, is going for the jugular," Starr said. "That's not where you want to go if you want to resolve an

Continued on Page 2

ALEPPO

Floro named interim solicitor

Continued from Page 1

issue."

Rubb countered that Starr showed "zero interest" in the litigation in his deposition.

Gianni Floro, an attorney and Quaker Valley school board member who was later voted in as interim solicitor, disputed Rubb's claim.

"That does not accurately portray Mr. Starr's ... deposition," he said.

Floro was unanimously hired as the township's interim solicitor Wednesday for a fee of \$75 an hour.

Rubb cautioned all of the commissioners to consult their own counsel before deciding "whether or not to throw your hat in with Mr. Floro or anyone else."

"There is still an appeal that has to be pursued," Rubb continued.

"No. It does not have to be pursued," angry Aleppo resident Andrew Forsythe III, an attorney, said, as others in the crowd voiced their dissatisfaction with Rubb's statement.

Forsythe is one of a growing number of Aleppo residents opposing the appeal and another law suit filed in county court by Rubb and the other four commissioners against Smith for allegedly requesting confidential tax records.

A group of residents contend Rubb and the other four are in contempt of court for violating the open meeting law by submitting the lawsuit without a public vote.

Smith's attorney, E.J. Strassburger, has filed a suit citing the same violation. Some commissioners want an end to litigation.

Starr and Vish voted to drop the current lawsuit filed against Smith for requesting privileged tax documents.

"I don't think the residents care who is right or wrong at this point," Starr said. "It's a question of dollars and cents."

Smith has been reproved by Rubb and other commissioners for providing the township insurance carrier a loophole to duck responsibility for paying litigation costs.

Poppenberg said according to their policy, had Smith sued for even \$1, the township would have only been liable for \$5,000 in legal fees. The township's legal bills total more than \$400,000.

During an earlier meeting, commissioners voted to participate in mediation aimed at dissolving the law suits, with Floro presiding; however, some commissioners are not sold on the idea.

"We agreed on mediation, but we're still going to appeal," Talmon confirmed Wednesday. She and Poppenberg stopped a motion to rescind the appeal during the same meeting the board agreed on mediation.

The day after Rubb was fired, he filed another appeal on the Smith ruling on behalf of himself, Poppenberg and Talmon.

Floro filed an appeal on behalf of Starr and Vish.

Attorney files for documents

By Jon Paul Creese

Staff writer

The ousting of Bernard Rubb as Aleppo's solicitor was lauded by residents as a positive move, but it hasn't ended the township's problems. It may have even compounded them.

Early last week, the former solicitor was still in possession of township documents that interim solicitor Gianni Floro needs to handle township business.

"Attorney Rubb has asserted a charging lean as to Aleppo township files," Floro said, noting he paid a personal visit to Rubb after several telephone queries went unanswered. "There is a question to the legality of his actions."

Rubb is holding the documents in lieu of \$29,000 in legal fees.

Floro said he was forced to file an "emergency motion ... for an order of court compelling defendant Rubb to turn over the files." Also included in the emergency motion is a call for continuance of contempt proceedings.

U.S. District Judge Arthur J. Schwab is expected to rule on the case Tuesday.

"I don't have the ability to make an assessment [of township matters] if I don't have the files," Floro said, noting an upcoming police grievance arbitration hearing.

"It's a tough situation," Floro said, but also indicated other parties in arbitration have consented to a postpone-

ment.

That may be at least of Floro's battles as Aleppo commissioners have entangled themselves in lawsuits at taxpayers' expense.

The card is involved in several lawsuits and appeals filed in federal and county courts with costs already above \$400,000.

Floro, a Quaker Valley graduate and school board member who was brought on as a mediator, is intent on resolving the issues.

"There are a number of commissioners who would be willing to invest time in attempting to mediate this matter," Floro said. "I believe the case can be resolved amicably," he said.

Floro, who agreed to act as interim solicitor for \$75 an hour (Rubb's hourly wage was \$125) until the township gets back on track.

Rubb warned commissioners that having Floro represent them may create a conflict. Floro said it is Rubb who is intentionally creating a conflict, something residents have accused him of doing for weeks.

"Rubb was creating disharmony among the commissioners," Floro said, citing a letter Rubb allegedly sent to commissioners. "He doesn't believe, that I could represent them because they all may have different views on the ultimate [outcome of litigation]."

"Your organization is in crisis," Floro said later. "I think you need to resolve the crisis."

BACK TO SCHOOL

New teachers, refreshed buildings greet students

Continued from Page 1

water and juices as part of QVSD's Health and Wellness Program.

Although some area roads are still closed in the area, such as Broad Street in Sewickley and Beaver Road in Leetsdale, there are no changes to school bus routes scheduled. Hanna said, however, that when Beaver Street reopens, the district will change the route for buses transporting Edgeworth students who are attending school at Anthony Wayne in Ambridge.

The district also added three buses to accommodate Anthony Wayne students.

Dr. Velma Saire is now acting assistant superintendent. She replaces Dr. Joseph Clapper who left QVSD in June to become superintendent at North Hills School District.

Quaker Valley High School

The high school was under major renovations this summer.

Improvement projects there included addressing environmental and moisture problems, which required repairs to the school's underground drainage system, a new roof and replacement of floor materials.

The school's air handling system was upgraded, additional parking spaces put in the visitor's lot, and the upper parking lot was resurfaced.

At the end of the 2004-05 school year, high school students took part in "Arena Scheduling."

This allowed them to create their own 2005-06 class schedules with courses for their grade level, as well as request a specific teacher on a first come, first served basis. Incoming seniors were able to choose first, followed by 11th grade and so on.

No new courses are scheduled for this school year; however, new textbooks will be used in French, science and English.

The high school welcomes several



SECRETARY CAROL Loaskie and Sue McCauley, 10th grade history teacher at Quaker Valley High School, inventory supplies before the school year begins on Thursday. Photo by Tim Edmonson

new staff members this year.

Otto Tancraitor, a graduate of Bucknell University, will teach math and physics.

Robert Harrah replaces Nick Vorassi as the new industrial arts/technology education teacher. Harrah, who has a B.S. degree in industrial technology, also taught at Hampton Township High School and Carmichael's Junior/Senior High School.

Erin Sheerin, a long term substitute in 2004-05, will teach English at the high school. She graduated from Bucknell University with a B.A. in English.

The only change to extra curricular activities at the high school is the inclusion of ninth grade football in the varsity football program.

The middle school football program is now seventh and eighth grade only.

Quaker Valley Middle School

Building improvements to the middle school during the summer include repair of the running track and fencing installed around the field. One new classroom was created on the main floor of the school.

The middle school is changing this year from a two-semester schedule to a tri-semester schedule. Under this revised schedule, grades will be reported every six weeks.

The tri-semester scheduling is designed to give students increased time for math and language arts and will give all students at the middle school the opportunity to take art, general music and technology education.

Students in grades six through eight will be offered Healthy Living, a new course similar to the former Health and Family and Consumer Sciences courses.

The middle school welcomes six new teachers.

Erik Lindemann, who holds a B.A. in elementary and special education and an M.A. in reading education, will teach in the sixth grade.

Robert Long, Jr. replaces Andrew Surloff as a social studies teacher. He has a B.A. in history.

Kristin Wagner replaces Joan Leja as family and consumer science teacher. She holds a B.S. in human development and environmental studies.

Heather Stumpf will replace Noreen Daniello, who is on maternity leave this year, as an English teacher. She has a B.A. in English.

Regina Marth, formerly a math tutor for the seventh and eighth grades, will teach mathematics. She holds a B.A. in accounting with a minor in psychology.

Catherine Hanna replaces Michael Phipps as a mathematics teacher. She holds a B.A. in secondary mathematics.

Edgeworth Elementary School

With Edgeworth Elementary School under construction, students will be transported to nearby Anthony Wayne in Ambridge, which has been revitalized over the summer.

The building has been cleaned and furnished and fresh paint applied to the walls. Teachers have decorated the building, including windows, lockers and hallways in anticipation of the students arrival.

New lighting and refinished floors grace the gymnasium/auditorium. Edgeworth Elementary School's entire library collection has been moved to Anthony Wayne.

New staff members for Edgeworth Elementary are fourth grade teacher Lisa Brown, who returns from a two-year maternity leave; Amy Yaworsky, as a music teacher; and Nicole Whalen, who will replace Linda Fiejdasz as

Continued on Page 5

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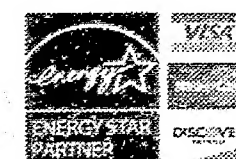
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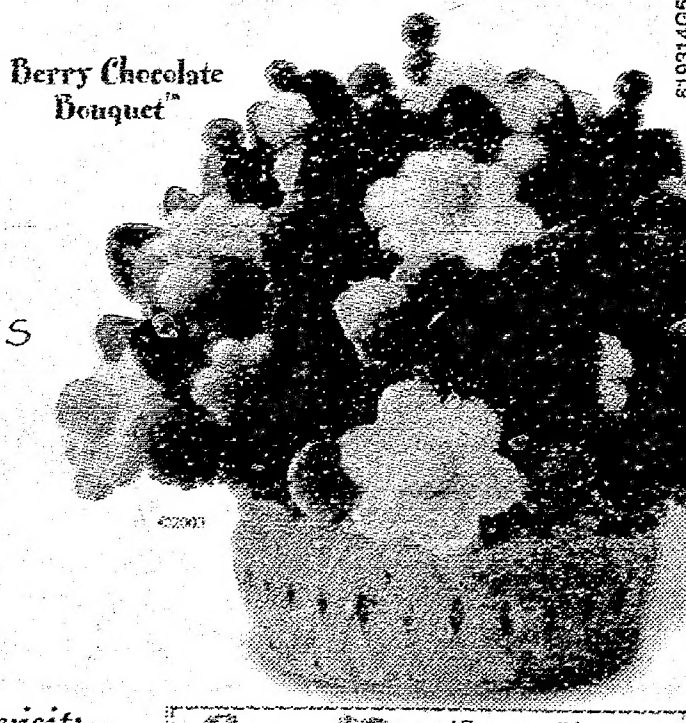
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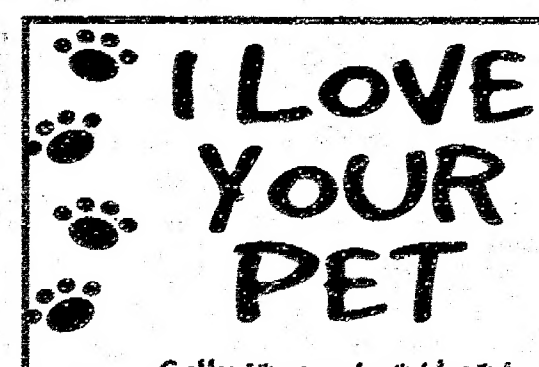
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OSBORNE

QV board files school project appeal

By Laura Halleman
Staff writer

Although Osborne Council approved land development plans for the Osborne Elementary School project in June, a discrepancy over special conditions set by the borough's zoning hearing board has led to an appeal being filed by the Quaker Valley School Board.

If Osborne Council has any say so, they want to halt the appeal and resolve the issues to avoid a courtroom meeting between the two entities.

Conditions decided upon by the zoning hearing board in reference to the elementary school project include continued use of the facility as an elementary school, preparation and submission of plans for a nature trail at the site, and an open status for the use of the playground and ball fields for all members of the community at all times.

Until these conditions are met, the zoning hearing board will not issue permits to proceed with the project.

Osborne council solicitor Harlan Stone said the school board had several problems with the language used by the zoning hearing board and found some of the wording to be "unreasonable." This, in turn, led to the school board filing the appeal.

"One of their concerns is that, if the state changes the



definition of 'elementary school,' they would be stuck," said Stone.

He added that "at all times" when used in the condition regarding the use of outdoor equipment and fields at the school "is a problem both for security reasons and for the school's use of facilities."

Council member Roger Wright saw the usage of some of the zoning hearing board's language as too broad.

"They couldn't have possibly meant what they said regarding the school fields," he said.

Stone said the most problematic condition to the project was that of the development of a nature trail.

"That is because it costs money, and I suspect it was not budgeted as part of their original plan," said Stone.

The school board considered this as unfair to insist upon this condition due in part to the fact that the school district could have to raise taxes to fund the trail rather than the borough of Osborne raising taxes.

Osborne Mayor William Boswell said the nature trail has been discussed for years.

"It would be an excellent

idea to get the school district to partner with Osborne borough for funding of the nature trail. There are garden clubs and others interested in this. There is no reason this has to go before a judge," said Boswell.

"Unfortunately, if they (school board) insist on going, I think we're stuck," said Council president John Hayes.

Stone said he had spoken with Quaker Valley School District solicitor Michael Parrish and they were still open to suggestions.

"They are not adversarial at all," said Stone. "I think everybody has respect for what the zoning hearing board did. I think they just question their authority. Even the developer was impressed with their work."

Boswell and others on council agreed.

"They're volunteers and obviously did a thorough job."

Although Stone said the appeal was filed last Friday by the school board, Osborne council instructed Stone to intervene with the two boards and encourage them to discuss the situation before it proceeds to court.

"I hope there is some way we can work this out so that there is a minimum expenditure...by the school board and by taxpayers," said Wright.

Council has 20 days from the date of the appeal filing to intervene.

DOG TIRED



AS HIS owner picks up a few items in Safran's Market on Walnut Street, Jami, a 6-year-old pure-bred English lab, waits patiently for his return.

Photo by Laura Halleman

FYI

Parking plan for SVHS event

Parking for the Sewickley Valley Historical Society's reception on Friday, Aug. 26, will be available at St. James Catholic Church lot via Walnut Street.

Directions to Sweetwater Center for the Arts may be followed to drop off guests at the lower entrance on Bank Street. Some spaces may be available on Bank Street.

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BACK TO SCHOOL

New principal at St. James School

Continued from Page 3

speech teacher while she is on maternity leave this year. Peter May IV moves from fourth grade to third grade.

Spanish will be taught in the fourth grade rather than the fifth grade.

Osborne Elementary

Only two staff changes will occur at Osborne.

Jamie Coyne will teach full-time as a kindergarten teacher rather than half-day. She is the former gifted support teacher at the middle school and holds a B.A. in Interdisciplinary Studies and an M.A.T. in elementary education from Pitt.

Andrea Sanko moves from a second grade classroom reduction teacher to kindergarten teacher, replacing Lauren Peters who resigned. She holds a B.S. in elementary education from Penn State.

Spanish also will be taught in the fourth grade rather than the fifth grade.

New year at St. James

By Kyle Adams

Herald intern

As St. James School's faculty and staff prepare to welcome students back for the 2005-2006 school year, they'll be making the acquaintance of new principal.

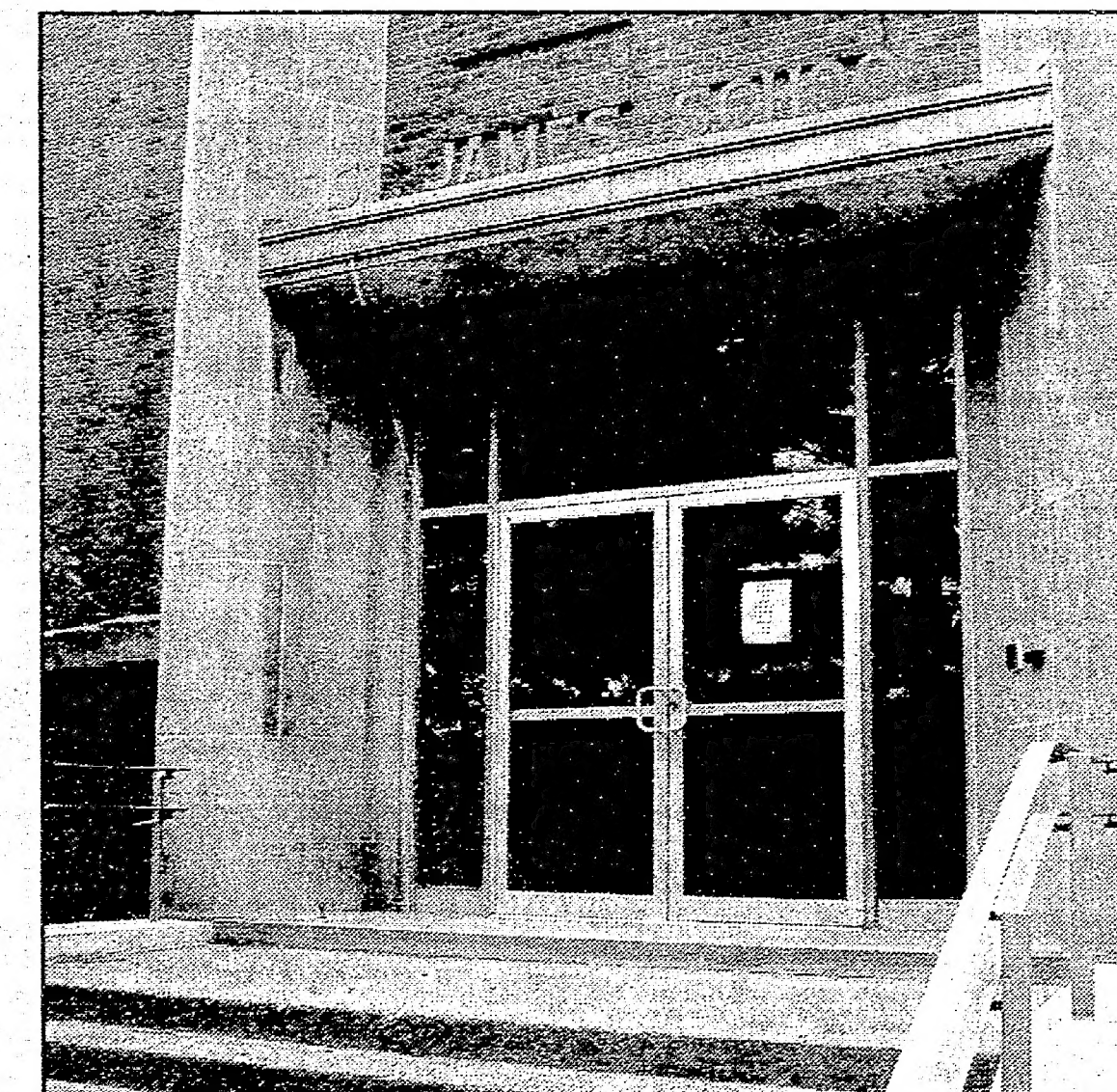
Kelly Sinsigalli, formerly the principal of St. Joseph School in Verona, Pa., will replace Mike Killmeyer, who will become the educational consultant for science and technology for all elementary schools in the Pittsburgh Catholic Diocese, as acting principal.

St. James mirrors St. Joseph in terms of size and staff size.

St. Joseph, which was established in 1866, employs 15 lay teachers while St. James has 20. The student population at St. Joseph's is 185. There are 200 children attending St. James.

Therefore, for Sinsigalli, the switch will not be one of scope.

Early this week, she returned from Cologne, Germany



CLASSES FOR St. James' students begin tomorrow (Thursday).

at World Youth Day, the annual Catholic pilgrimage event for the church's youth.

In order to ensure a quality replacement, Sinsigalli was sought out and reviewed by a hiring committee, including an educational consultant, the church pastor, a representative from the parish advisory council and representatives of the Home and School Association.

Killmeyer, who briefed her on school procedures and the Middle State program, is optimistic about her role in the school.

"She's a great addition to an outstanding faculty and staff," he said.

Killmeyer, who has served at St. James for three years, sees his departure as an "opportunity to work in the global realm." Using the scope he gains in this new role, he said he hopes to support the growth of technology throughout the diocese's elementary schools.

Although he is looking forward to the new opportunity, his fondness for St. James remains intact.

"It's a great school," he said. "It holds a special place in my heart."

While the school remains relatively stable in terms of its procedures, classes and stu-

dent enrollment, St. James continues to explore advanced classroom technology.

Last year, they networked the entire school and this year while they perfect the system, Smart Boards and LCD projectors are becoming more prevalent in classrooms.

In addition, they have digital cameras, scanners and recorders.

In terms of logistics and personnel, there will be some earlier arrivals for students, additional lunch changes and some new faces at the front of a few classrooms.

School will start at 8:05 a.m., a change from the old 8:15 a.m. start time.

Lunch prices increase slightly, with \$10 now the going rate for five tickets.

Some new teachers dot the landscape as well. Martina Vafil is the new music and band instructor, and Jeane Beerman is a new math teacher.

As St. James gears up for change, former principal Killmeyer expressed confidence not only in Sinsigalli but also in the entire staff and the school's standards for success.

He sees no reason to expect a let up in the "outstanding achievements we're accustomed to."

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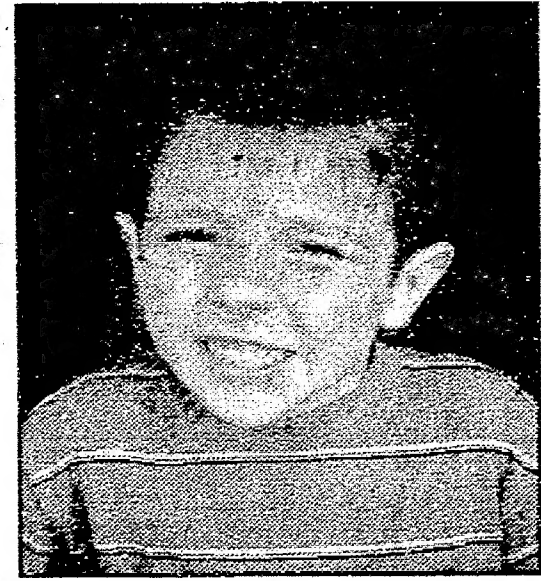
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VILLAGE VOICES

What was the highlight of your summer?



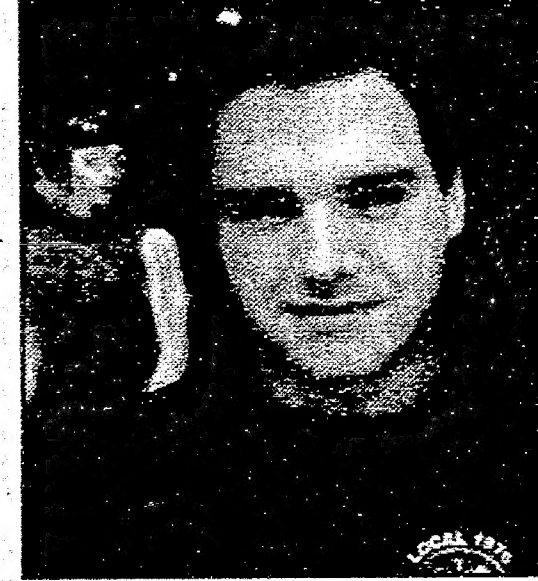
LAURA McCOY
Glenfield
"My son Jacob started kindergarten at the end of it."



JACOB McCOY
Glenfield
"I guess when I went camping and when I went to Kennywood."



ABBY WILCOX
Sewickley
"... getting into photography school in San Francisco."



CRAIG EMMERT
Leet Township
"... going on vacation to northern Michigan."



MEREDITH KINNEY
Sewickley
"I took a glass-blowing class at Pittsburgh Glass Center."



See how to connect with your neighbors via Letters to the Editor on Page 12.

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EDITORIAL

Successful school year begins at home

By Dona S. Dreeland
Editor

Students at Quaker Valley and at St. James will say goodbye to summer a bit earlier this year as classes begin tomorrow.

While the Catholic school students will be greeted by a new principal, Kelly Sinsigalli, Edgeworth Elementary children will get to explore a brand new site at Anthony Wayne School in Ambridge. And familiar faces will welcome them to their home for the next year as the renovation work continues at their old school.

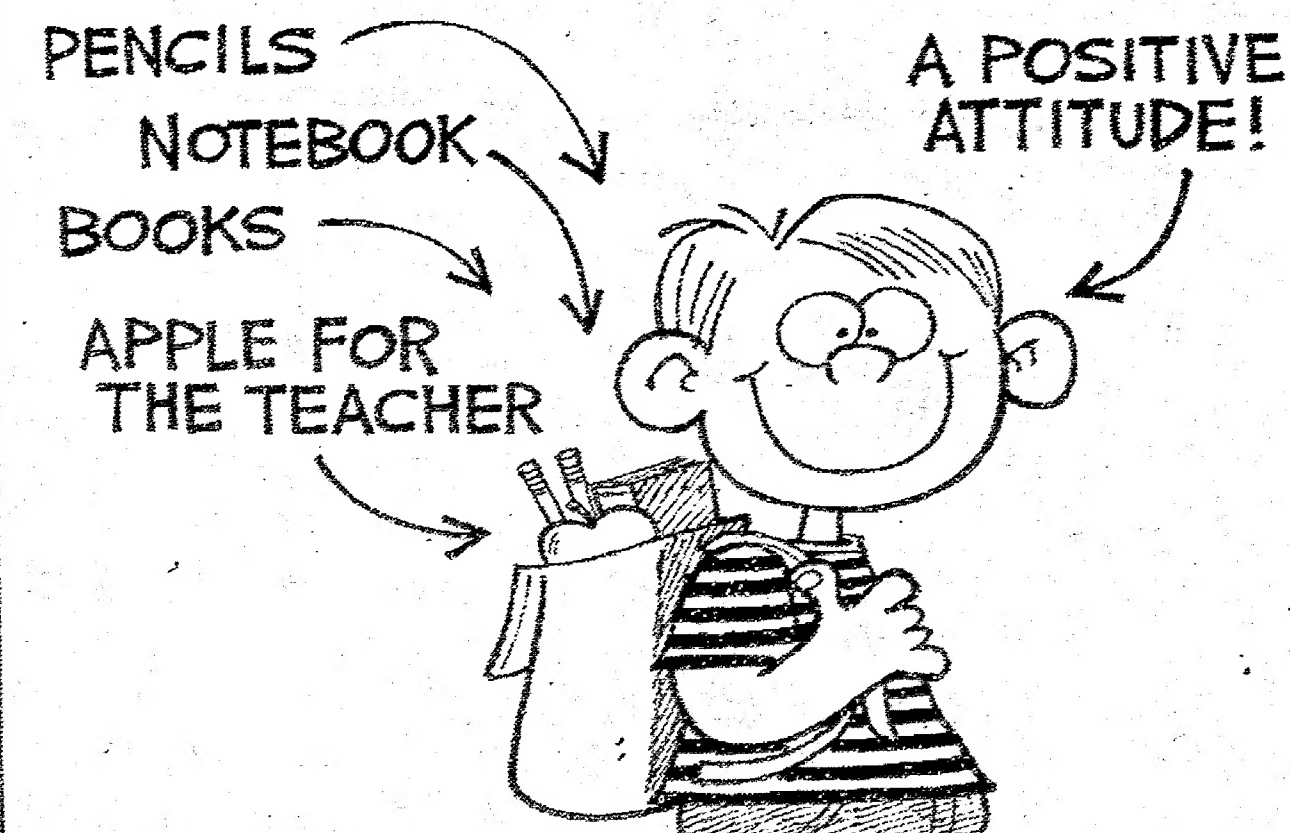
Having learned lessons from the last reconstruction project when students and workmen spent months side by side at the middle school and high school, QV officials are happy to provide uninterrupted school days all under one roof to their young charges.

Just last week children and their parents got to ride buses into Ambridge and to tour the building. The special event met with good response — as it needs to if a successful year of learning is to occur.

Parents and kids visited the buildings in a steady stream, reported Carol Egenlauf, Edgeworth building secretary. They inspected classrooms and viewed the gym/auditorium and cafeteria. Caring teachers already had painted and decorated their rooms. A few teachers even volunteered that day to help meet and greet the parents.

The kids were excited, Egenlauf said,

ITEMS TO PACK IN YOUR BOOKBAG:



and the moms and dads had their questions answered.

Some families still may feel a little out of their comfort zone — the buildings are not the same and the travel time has increased, but the Edgeworth staff and faculty have worked diligently over the summer to prepare the old building for its new use.

Yet, walls and floors, stairwells and hallways are not the primary ingredients for learning.

Along with the notebooks and pencils, parents of any school-age child should

tuck a little something extra into their children's backpacks this week or next: a positive attitude about the educational adventure that awaits them.

In the company of the teachers whom they know and trust, the children will study and play, just as they always have, only a few more miles from home.

A little note in a zippered pocket reading: "Do your best and have a fun day" can help ease some of the anxieties of the first day of school.

LETTERS TO THE EDITOR

Auxiliary president sends note of thanks

Dear Editor,

I would like to extend my most appreciative thanks to everyone who so generously contributed or participated in the "Fun in the Park" Day at Wolcott Park on July 16, a celebration of the 100th anniversary of the Auxiliary of Sewickley Valley Hospital.

I know those first ladies are looking down with joy to see there are still people who care about their community enough to spend a scorching July day to celebrate their efforts and keep the Auxiliary of Sewickley Valley Hospital alive and growing.

You don't know how important all of you are. A big thank you to Ice Works, Party Ants, Rick Brown, Brian Parker, Toodles the Clown, all the many hands and hearts of the ladies of the auxiliary and their friends and the teenagers help as well.

My heartfelt thanks to all!

Charlotte Bober, president,
Auxiliary of Sewickley Valley Hospital



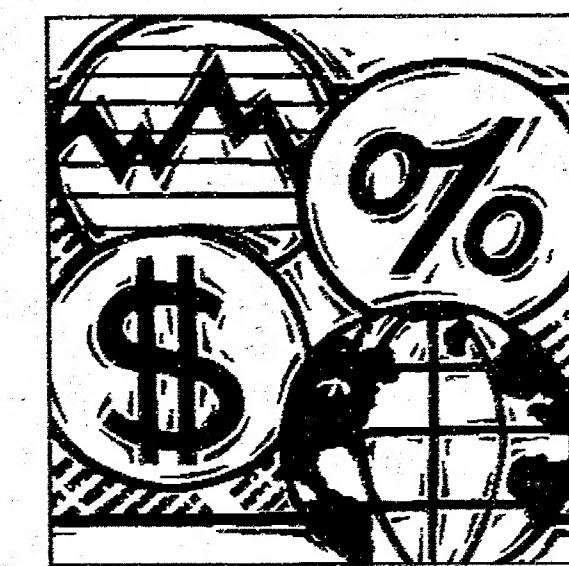
CHARLOTTE BOBER takes a souvenir photo with Toodles the Clown.

Economics query: When is too much enough?

Dear Editor:

As Sen. Hollins remarked in 2002, "There's too much consuming going on."

The ill-advised consumer is buying too many large cars and sports utility vehicles causing the cost of fuel to rise; consuming the wrong kinds of food and smoking, which result in increased medical costs for everyone; prefers to shop at Wal-Mart and it is "documented" Wal-Mart causes traffic jams, flooding, air pollution, low wages, etc.; buying homes



they cannot afford; engaging in excessive use of their credit

cards... the list goes on describing all of the errors, faults and poor judgement of the consumer.

On the other hand, seldom does a day go by when economists do not express concern that consumer spending may not continue at its present level, which would result in our economy receding.

An algorithm is needed to solve this problem, which is way beyond my skill level.

R. Barbour
Sewickley

STUDENT LETTERS

Cdr. Benedict leads Reservists' mission

Cdr. Tom Benedict of Sewickley, commanding officer of Surgical Company Alpha, 4th Med Battalion, 4th FSSG, MARFORRES, led Operation Lonestar, a combined Navy and Marine Corps humanitarian operation in the Rio Grande Valley, Texas.

Now in its seventh year, Lonestar offers free medical and dental services to the underserved.

Teaming together, 47 members of the Navy Reserve and Marine Corps Reserve joined members of the Texas National Guard, Texas State Guard and dozens of civilian volunteers from state and private public health services provided general medical care, sports physicals, immunizations, pharmacy services and dental care as

well as screenings for diabetes, cholesterol, tuberculosis, bacterial meningitis and blood pressure.

More than 4,000 patients, many of whom lined up as early as 1 a.m. outside the three schools, were served July 23 to Aug. 3.

"It's the opportunity for military members to get real-world joint medical training that they can use in both war and peace time while also giving back to their country," said Benedict.

Medical and dental teams were integrated with Navy and Guard corpsmen and dentists working closely together while providing patient care.

Prescriptions were written and filled for diabetes and blood pressure medication for

those who couldn't afford to purchase medication.

To help over the long term, corpsmen gave patients information on resources for getting their medications affordably.

Lonestar turned classrooms into exam rooms, complete with dental chairs and exam tables.

Gymnasiums were sectioned off for screenings, scales and play areas for children who were watched over while their parents saw Lonestar's medical professionals.

Many reservists involved with Lonestar are back from deployment in support of Operation Iraqi Freedom and still find the time and enthusiasm to volunteer for humanitarian exercises like Lonestar.

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EDGEWORTH Man killed in accident

By Laura Halleman
Staff writer

The Allegheny County Coroner's office has ruled the death of a man killed in Edgeworth on Monday, Aug. 15, as accidental.

Douglas Wikert, 20, of Sarver, died of blunt force trauma to the head after being hit in the head by a backhoe.

Sarver, an employee of Brandt Paving, Inc., was working at a home at 7 Way Hollow Road in the borough of Edgeworth at around 3:15 p.m. on Aug. 15.

Workers were loading a backhoe onto a trailer when the backhoe slid forward, striking Wikert in the head.

He was pronounced dead at the scene at 3:27 p.m.

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Dangerous intersection receives federal funding

By Laura Halleman
Staff writer

With five roads meeting at one traffic light and a railroad crossing that poses danger to motorists trying to cross it, the borough of Osborne may finally get some relief in restructuring the Route 65 intersection.

OSBORNE

Osborne council member Catherine Susko announced last week that \$1.72 million of the Federal Transportation Bill has been allotted for the Haysville intersection at Route 65.

"We continue to have accidents and we have had fatalities there.... We've got to finish it," said council president John Hayes.

"It took a long time to get to this point."

The alignment of the intersection that includes Beaver Street, Route 65 and Haysville Road has caused heavy traffic congestion over the years and several accidents and crossing



FEDERAL FUNDS have been made available to restructure this dangerous intersection at Rt. 65.

Photo by Laura Halleman

the railroad tracks is the only access to several homes along the banks of the Ohio River.

Hayes said the most desirable solution would be to remove the railroad crossing and one of the first steps is to involve Norfolk-Southern in any plans for the intersection.

"Norfolk-Southern does want to get rid of the intersection and whether PennDOT likes it or not, we have to get Norfolk-Southern involved," he said and added that removing the railroad crossing would reduce liability for the train company, but more importantly, stop accidents there.

Council discussed a possible flyover at the intersection or possibly relocation of the railroad crossing; however, Susko said the \$1.72 million is insufficient for such projects.

Although a left turn lane at the intersection and traffic light was considered several years ago, PennDOT concluded that, due to the geography of the intersection, which includes a retaining wall along Beaver Street and the railroad crossing, it could not be done.

Susko said that the dangerous conditions at the intersection needed to be alleviated as soon as possible and planned to discuss the issue further with PennDOT and the Southwestern Pennsylvania Commission.

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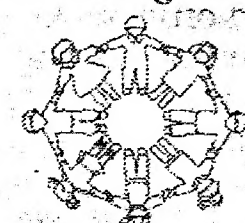


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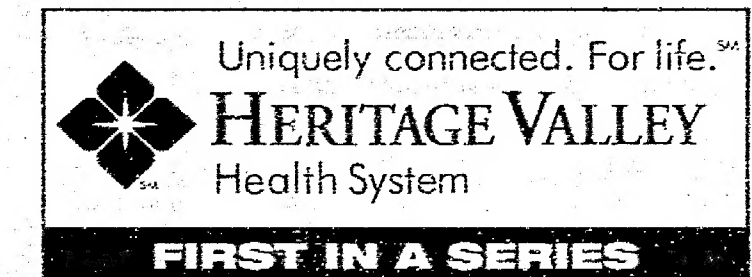
SEWICKLEY VALLEY HOSPITAL

Upgrade of 1977 emergency department eyed

By Zandy Dudiak
Staff writer

It would be difficult cramming 100 passengers in a bus that seats 50, 16 people at a table for eight or four people on a bicycle built for two.

Yet, that's exactly what Sewickley Valley Hospital's Emergency Department has been doing.



FIRST IN A SERIES

The hospital's emergency department was built in 1977 to handle 22,000 patient visits a year. Over the last several years, the numbers have nearly doubled — to serving more than 40,000 patients annually.

"To use a phrase coined by the hospital, these are "critical moments in a tradition of caring."

"There's not enough space for us to function well," says Linda Homyk, the hospital's critical care/emergency services director.

There have been Band-Aids on the situation — utilizing nooks and crannies and using technological advances to move patients through more quickly without sacrificing the level of patient care.

But hospital officials realize the time has come where a more permanent solution is needed to best serve patients.



THE EXTERIOR of Sewickley Valley Hospital might not change much, but the inside will.

So, for the first time in more than a quarter century, Sewickley Valley Hospital Foundation has launched a capital campaign with the goal of raising \$8 million to renovate and expand the emergency department.

The foundation is reaching out to patients — past, present and future — to support the cause by making a contribution. The hope is that public support alone can bring in \$4 million.

"The challenge is we still have to see 42,000 patients or more during construc-

tion," says Dr. Tom Pangburn, emergency department medical director. "More than 50 percent of our admissions come through the emergency department."

In designing the new department, such factors as comfort, access, privacy and communication have been taken into consideration, says Dr. Dan Brooks, Sewickley Valley Hospital chief operating officer.

Freeman-White, a nationally-known architectural firm that specializes in

emergency department projects, has simulated the volume of patient flow to assure department functions efficiently with the new design.

"We've looked at every process we do with a patient," says Homyk.

A big change will be having two triage areas instead of one, enabling the staff to get patients back into rooms more quickly.

Registration will be done in the triage

Continued on Page 11

FYI

Six phases for hospital construction project, completion in 2007

The construction project will be completed in six phases to enable the emergency department to continue functioning around the renovations, which are expected to be completed by the end of 2007.

The emergency department space will grow from its current 8,800 to 23,000 square feet after construction.

■ In the first phase, office space will be converted into a psychiatric emergency area with a separate entrance, rooms and offices.

■ Staunton Clinic, which handles outpatient behavioral health issues, will be converted into a new emergency department registration and outpatient testing center during the second phase.

■ A new entrance corridor will be constructed during phase three.

■ In phase four, the current main lobby and registration area will become treatment rooms, and a new registration area and part of the new nursing station will be built.

■ Phase five replaces the current psychiatric holding area, ambulance entrance and resuscitation areas with additional treatment rooms and a large nursing station in that space.

■ The current nurse station area and waiting area will become an EMT work area, security area, a decontamination room, triage, reception and remainder of the waiting area during phase six.

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What's stopping you from being active?

(NUI) - Have you ever started a physical activity program but stopped after a week? What made you stop?

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It also may help you avoid type 2 diabetes, high blood pressure, heart disease, stroke and some forms of cancer.

Figuring out what prevents you from getting your 30 minutes or more of moderate-intensity physical activity a day can help you stay with a program for the long term.

These tips from the Weight-control Information Network

(WIN) may make it easier for you to become and stay physically active:

* If you do not have time to be active, try doing 10 minutes of physical activity three times a day or planning activities that get your family moving - like a softball game or a walk through the zoo.

* If you do not feel safe in your neighborhood, try forming a group of people to walk, jog or bike together; working out with videos in your home; or taking a class at a nearby community center or fitness center with a friend.

* If you do not have child care, try walking, biking or playing tag with your child.

* If you do not want to ruin your hairstyle, try a natural hairstyle; a short haircut; braids, twists or locks; or a hairstyle that

can be wrapped or pulled back.


* If you do not like to exercise, try taking a class like dance or yoga, or being active with a friend or group.

Use these ideas to help you beat the roadblocks that prevent you from being active.

And work toward a goal of doing at least 30 minutes of moderate-intensity physical activity on most days of the week, preferably every day.

For more ways to add physical activity into your life, eat better and have a healthy weight, contact WIN at 1-877-946-4627 or www.niddk.nih.gov/health/nutrit/nutrit.htm.

WIN is an information service of the National Institutes of Health (NIH), which is part of the U.S. Department of Health and Human Services (DHHS).



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SEWICKLEY VALLEY HOSPITAL

Goal for door-to-doc time to be 30 minutes or less

Continued from Page 9

area for walk-ins or bedside for those brought in by ambulance, cutting down the time between arrival and seeing a medical professional.

"That way we're not bottlenecking upfront," says Homyk.

Also important is getting the first patients seen back and treated as quickly as possible so patient traffic doesn't back up as the day goes on. Pangburn says the bedside registration will help prevent situations that he likens to having I-79 taken from four lanes to one as the day progresses.

Another feature will be the new X-ray unit with digital imaging, eliminating the need to wait for films to be developed.

"As quickly as it's shot, I'll be able to view it on my screen," Pangburn says.

The role of the emergency department has changed over time, from treating mostly accidents and critical illnesses to providing 24-hour services for almost any medical complaint, says Brooks. The new emergency department will be able to allocate separate spaces for specific illnesses, such as treatment for eyes, to provide better managed care.

"People want real-time diagnostics, medical decision-making and treatment," says Pangburn.

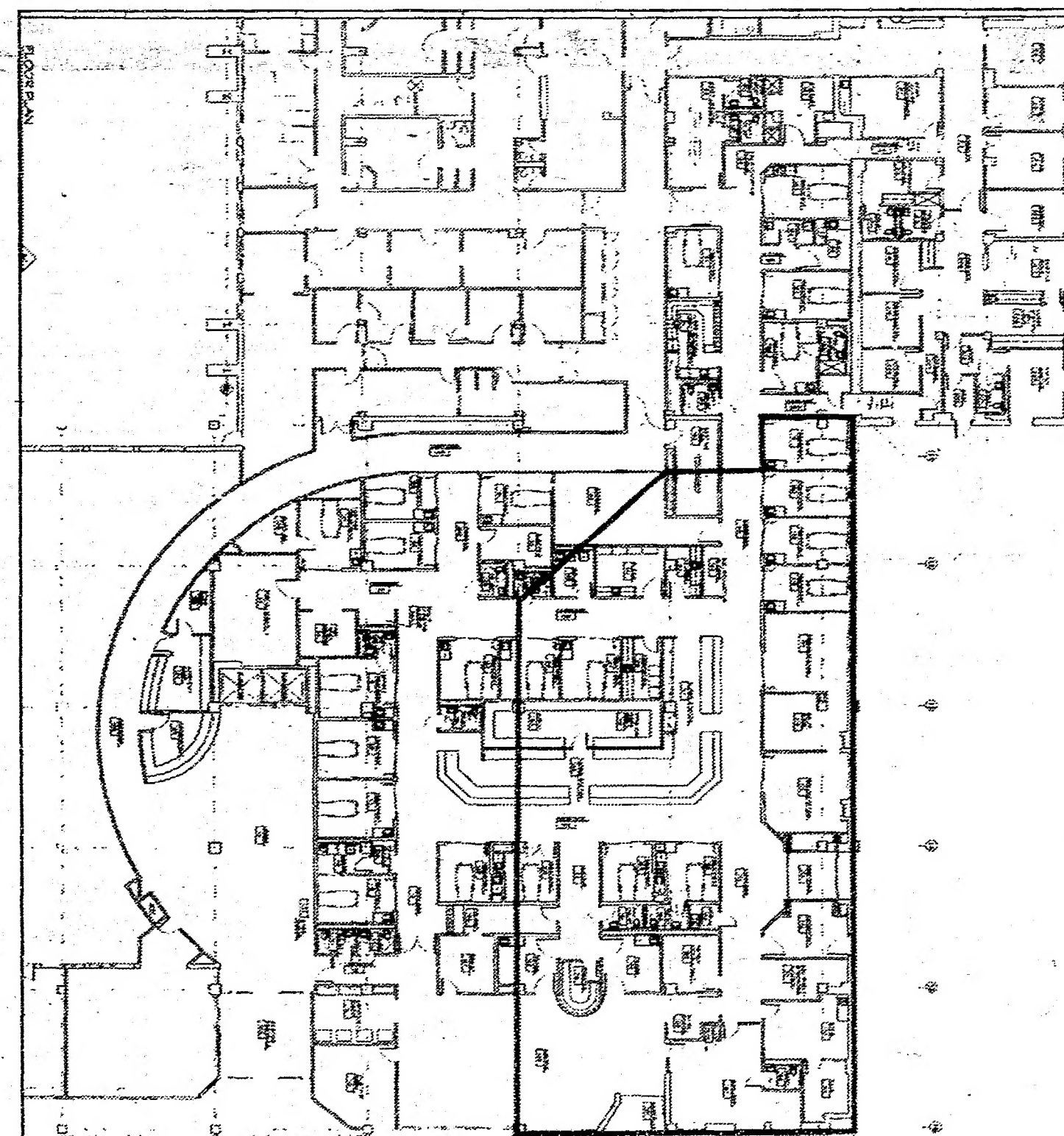
"People want in and out in an hour of time for something simple. Our goal is to have patients 'door-to-doc' time 30 minutes or less."

The importance of the emergency room has grown as medical advances have taken hold. For instance, a one-dose treatment for pneumonia is more likely to be given in the emergency room as are clot-busting drugs for heart attack victims and CAT scans upon arrival for stroke patients.

Such treatments decrease morbidity, mortality and the length of hospital stay. In fact, Sewickley Valley Hospital ranked in the top six percent of 2,765 hospitals for quality management of pneumonia cases, according to a Centers for Medicare and Medicaid Services study done by Total Benchmark Solution.

Construction is expected to begin next spring, but the emergency department isn't waiting to implement some changes that will increase efficiency. An electronic system is now in place that tracks patient movement in the emergency department in the way FedEx tracks movement of packages across the country, Pangburn says.

"The family type empathy our staff does well today will not be replaced by technology," Pangburn assures, noting that, in fact, technology will free up more time for hands-on patient care.



THE CURRENT emergency department, outlined in black, will be expanded into the space shown on this architect's drawing.

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4) Letters to the editor must include signature of author and

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No unverified letters will be printed.

Letters are subject to editing for space constraints and content considerations.

HONORS

Rotary awards members

John A. Conte Jr. of Sewickley was presented with the Paul Harris Fellowship Award by the Crafton Ingram Rotary on behalf of the Trustees of The Rotary Foundation.

The certificate states that Conte has been named a Paul Harris Fellow "In appreciation of tangible and significant assistance given for the furtherance of better understanding and friendly relations between peoples of the world."

Conte exhibits a sincere commitment to Rotary's common goals of world understanding and peace.

Chuck Snyder, president, Neville Metals and current Ohio Valley General Hospital Board Member said, "John is extremely focused, community service minded, and a great asset to Ohio Valley and the Crafton Ingram Rotary."

He has been instrumental in securing a \$2,000 scholarship for the Ohio Valley General Hospital School of Nursing from the Downtown Pittsburgh Rotary. In relation, he also was influential in fulfilling the requirements of sending used hospital equipment to those in need in Nicaragua.

Conte is the marketing representative for BusinessFit, the Occupational Medicine Program at Ohio Valley General Hospital.

Since joining Ohio Valley in 2002, Conte has worked diligently at securing accounts for the hospital.



John Conte Jr.

About the Paul Harris Award

The Paul Harris Fellowship is named for Paul Harris, who founded the Rotary with three business associates in Chicago in 1905.

The fellowship was established in his honor in 1957 to express appreciation for a contribution \$1,000 to the humanitarian and educational programs of The Rotary Foundation.

Those programs include an array of projects that save and invigorate the lives of people around the world and enhance international friendship and understanding. Rotarians designate a Paul Harris Fellow to recognize another person whose life demonstrates a shared purpose with the objectives and mission of the Rotary Foundation to build world understanding and peace.

Brown earns Sewickley honors

The Quaker Valley Rotary Club awarded a Paul Harris Fellowship to Robert H. Brown of Sewickley on June 29.

This annual award is for his efforts and participation in church, civic and volunteer organizations in or around the Quaker Valley area.

Retired after 35 years at American Bridge Co., he married Caroline Jean Morris in 1950. Bob and Jean have two children, Timothy and Tracy Ann (Bickelhaupt) and three grandchildren, Chad, Kyle and Justin (Bickelhaupt).

He is member of St. James Church and is very involved with church activities including the food bank, St. Vincent De-Paul Society and a charter

member of The Knights of Columbus.

He was a Cub and Boy Scout leader, Little League manager, Union Aid volunteer, and he helped with the Child Health House Tour.

Brown is a member of the Senior Men's Club of Sewickley and involved with more than 30 volunteer organizations and clubs in the Sewickley area.

Approximately 35 friends, relatives and Rotarians joined the couple at The Sewickley SpeakEasy for dinner and this special award presentation.

Richard Lebovitz, a Quaker Valley Rotarian, also was awarded a Paul Harris Fellowship at a prior meeting.

Out and About

Cooksburg

Outdoor pursuits aplenty along Clarion River

By Alan Wallace

Gateway editor

Whether they just want to enjoy scenery and a picnic, or are eager for more active pursuits on water, hiking trails and horseback, those who love the outdoors will find what they're looking for along the Clarion River near Cooksburg.

Situated where Forest, Clarion and Jefferson counties converge, much of the area sits within Cook Forest State Park, which boasts four stands of old-growth trees — some of which are nearly 350 years old.

The park, which has the river as its eastern boundary and its office on River Road, just off state Route 36, has hiking trails, a scenic overlook, tent and trailer campsites, cabins and a swimming pool.

The trails offer a range of lengths and difficulty, but by picking one that suits their abilities, visitors can broaden their experience by getting away from the paved public roads and into Cook Forest, itself.

And those who venture along these trails can find plenty of shade below the leafy canopy, hear the breeze whisper through the trees, take in the beauty of sunshine dappling the forest floor and get some enjoyable exercise.

A brisk hike may well leave visitors wanting to cool off, and the park's pool is a good option. But for many, the place to get wet is in the Clarion River.

A gentle, fairly shallow river, the Clarion is popular for fishing, canoeing and — among those who prefer to simply go with the flow — tubing. The water tends toward dark brown, but that's not because of pollution; rather, it's the result of tannic acid from decaying evergreen needles.

Visitors can bring their own canoes and tubes, but many find it convenient to rent those items from private outfitters.

The outfitters, based near the bridge that carries Route 36 over the river, drive clients upstream several miles. Canoeing and tubing enthusiasts enter the water there, then paddle and float downstream to the outfitters' bases, where they return their rental items.

Another activity in the area, one that's increasingly popular, is geocaching, in which people use electronic Global Positioning System units and clues to find hidden "treasures" — usually small, inexpensive items — in all sorts of places.

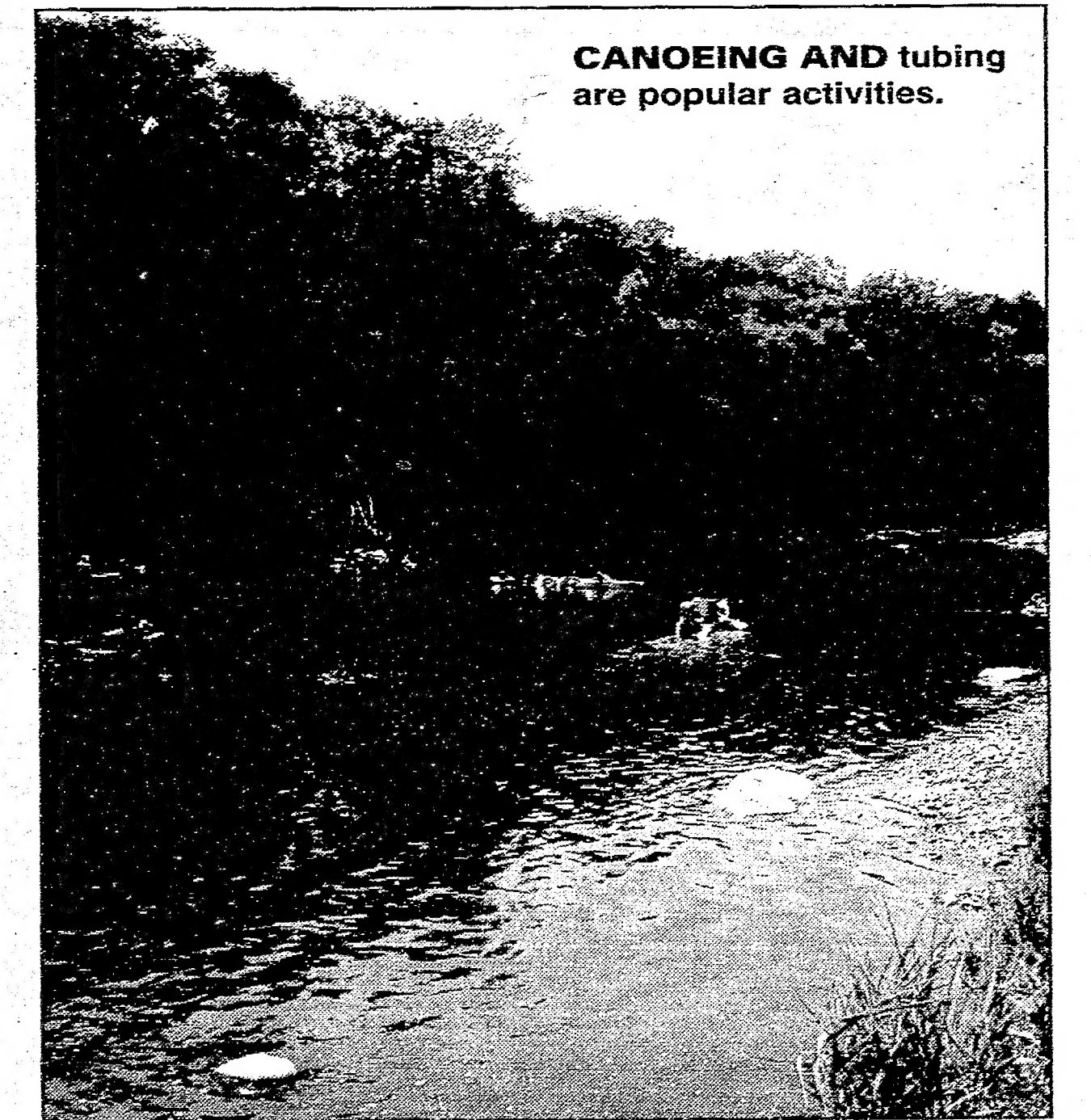
There are at least two such caches in Cook Forest. For more information on geocaching in Cook Forest, visit www.geocaching.com and enter the Zip code 15828.

One of the nicest features in the Cooksburg area — and not just because usage is free — is the large number of picnic tables with grills, most of them well-shaded, that line River Road in the park.

Visitors can park their cars beside the road,

Continued on Next Page

CANOING AND tubing are popular activities.



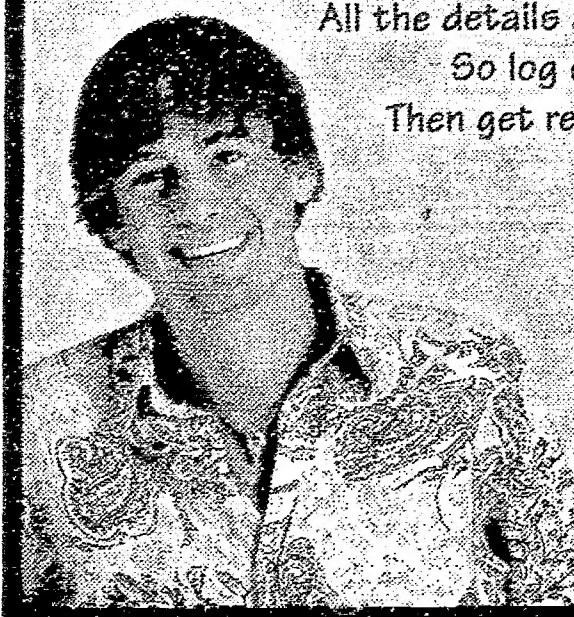
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SPECTACULAR VIEW of the Clarion River far below from private balconies makes Clarion River Lodge's Riverview Suites like "skyboxes" for nature.

Clarion River

unload their picnic provisions and watch the canoes and tubes go by from vantage points just a few yards above the shoreline.

Another of the area's lures is its low-key character. While there are several businesses near the bridge that can provide all the necessities for visitors, Cooksburg isn't a place where you'll find multi-lane, traffic-jammed, neon-lined highways, and that adds immeasurably to the area's charm.

The lack of wide expanses of pavement and garish commercial corridors also means there's far less artificial light obscuring the night sky. If you've only viewed the heavens after dark from suburban Pittsburgh, a clear night along the Clarion River will leave you amazed and delighted at the number and brilliance of visible stars.

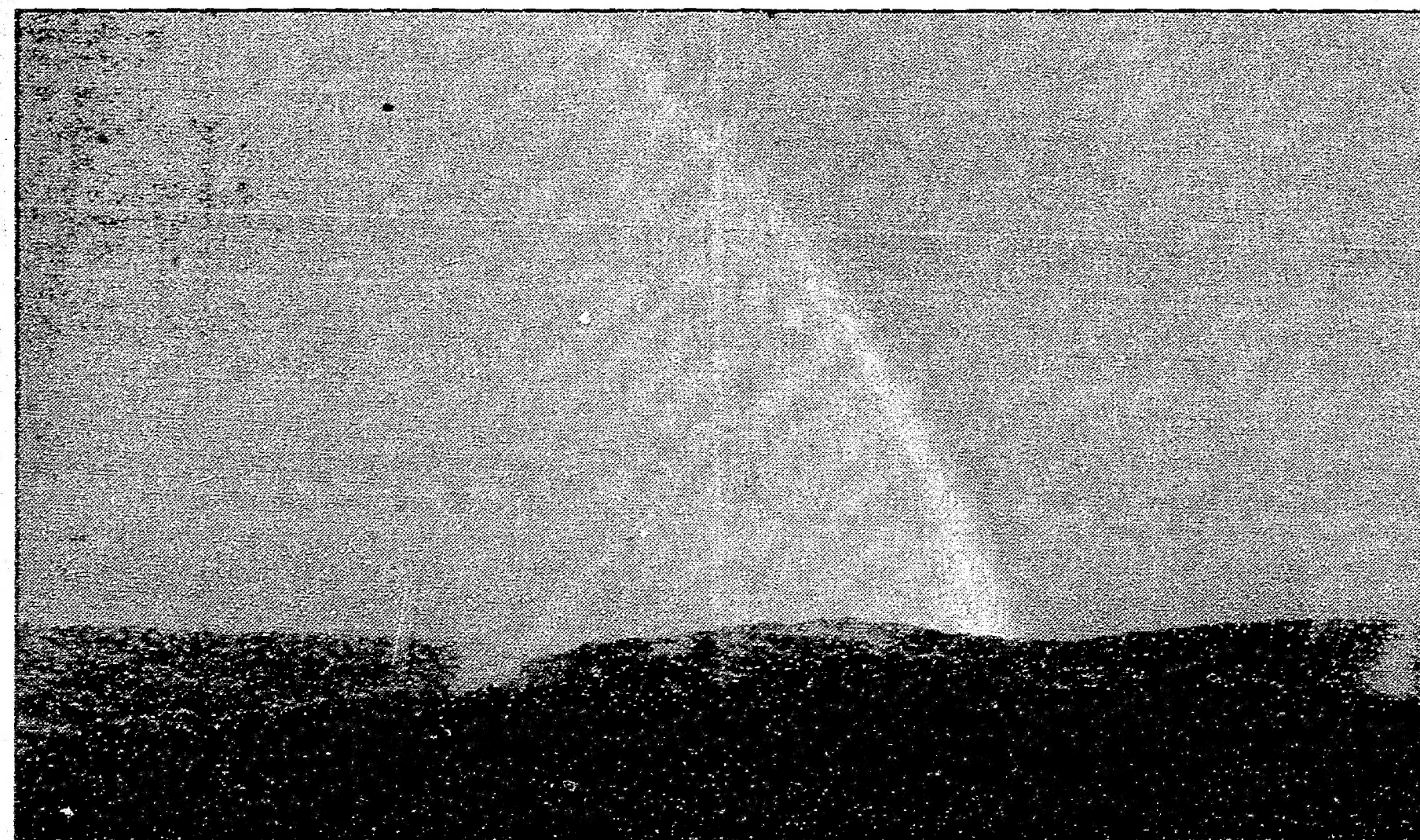
Options for accommodations range widely, from tent camping to cabins, but the "top of the line" is the Clarion River Lodge, which is off River Road about 5 miles upstream from the bridge.

Guests can stay in the main lodge or the Riverview Suites, which perch high on a hill above a bend in the river and provide spectacular views from private balconies.

The Clarion River Lodge also offers spa services and an Irish pub, but its River Room Restaurant — open to both lodge guests and the general public — is the place for sit-down, full-menu, full-course dining, yet the atmosphere is anything but stuffy. You won't need formal attire to feel comfortable at a table.

The river, of course, is the center of action and attention, but there's much to see and do beyond its immediate vicinity. In Cook Forest State Park, you'll find the following:

- The Forest Cathedral Natural Area, a



DOUBLE RAINBOW forms above the hilltops surrounding the Clarion River after a midsummer thunderstorm has passed.

National Natural Landmark and one of the state's largest old-growth forests of white pine and eastern hemlock. Some of these trees are nearly 200 feet tall and about three centuries old, which means they began to grow in the time of William Penn.

- Bridle trails for horseback riding.
- Bicycle routes.

Continued on Page 19



IT'S EASY to get close to the Clarion River, as this view from just below the River Road picnic tables in Cook Forest State Park shows.

There's also a special pond, stocked with trout and near the park office, that has a level grass bank and is intended especially for children age 12 or younger and people with disabilities.

■ Environmental education and interpretation programs from March through December, including hands-on activities, guided walks and evening programs.

■ The site of a camp built in 1934 for Civilian Conservation Corps workers — participants in one of then-President Franklin Delano Roosevelt's New Deal employment programs. The 200 CCC workers housed at the camp built cabins, trails and roads and helped preserve forest resources before the camp was razed in 1937.

Some of the structures built by the CCC in the park still stand, including cabins in two areas that are on the National Register of Historic Places and were constructed of American chestnut wood salvaged from the blight that killed such trees.

Besides the park's offerings, some small-scale amusement and water parks, craft shops and the like are scattered around the area, too, providing opportunities for short side trips.

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Whenever you visit, keep in mind that the Cooksburg area is home to much wildlife, including native black bears.

So keep food secured except when it's actually in use and refrain from the impulse to feed wild animals.

Continued from Page 14

■ The Sawmill Craft Center and Theater, which houses a non-profit group that offers craft displays, a gift shop, demonstrations, classes and summer-time entertainment.

■ Fishing in the river, which yields trout, warm-water game fish and panfish, and in a 2.5-mile stretch of Tbm's Run that is stocked with trout.

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SPECTACULAR VIEW of the Clarion River far below from private balconies makes Clarion River Lodge's Riverview Suites like "skyboxes" for nature.

Clarion River

unload their picnic provisions and watch the canoes and tubes go by from vantage points just a few yards above the shoreline.

Another of the area's lures is its low-key character. While there are several businesses near the bridge that can provide all the necessities for visitors, Cooksburg isn't a place where you'll find multi-lane, traffic-jammed, neon-lined highways, and that adds immeasurably to the area's charm.

The lack of wide expanses of pavement and garish commercial corridors also means there's far less artificial light obscuring the night sky. If you've only viewed the heavens after dark from suburban Pittsburgh, a clear night along the Clarion River will leave you amazed and delighted at the number and brilliance of visible stars.

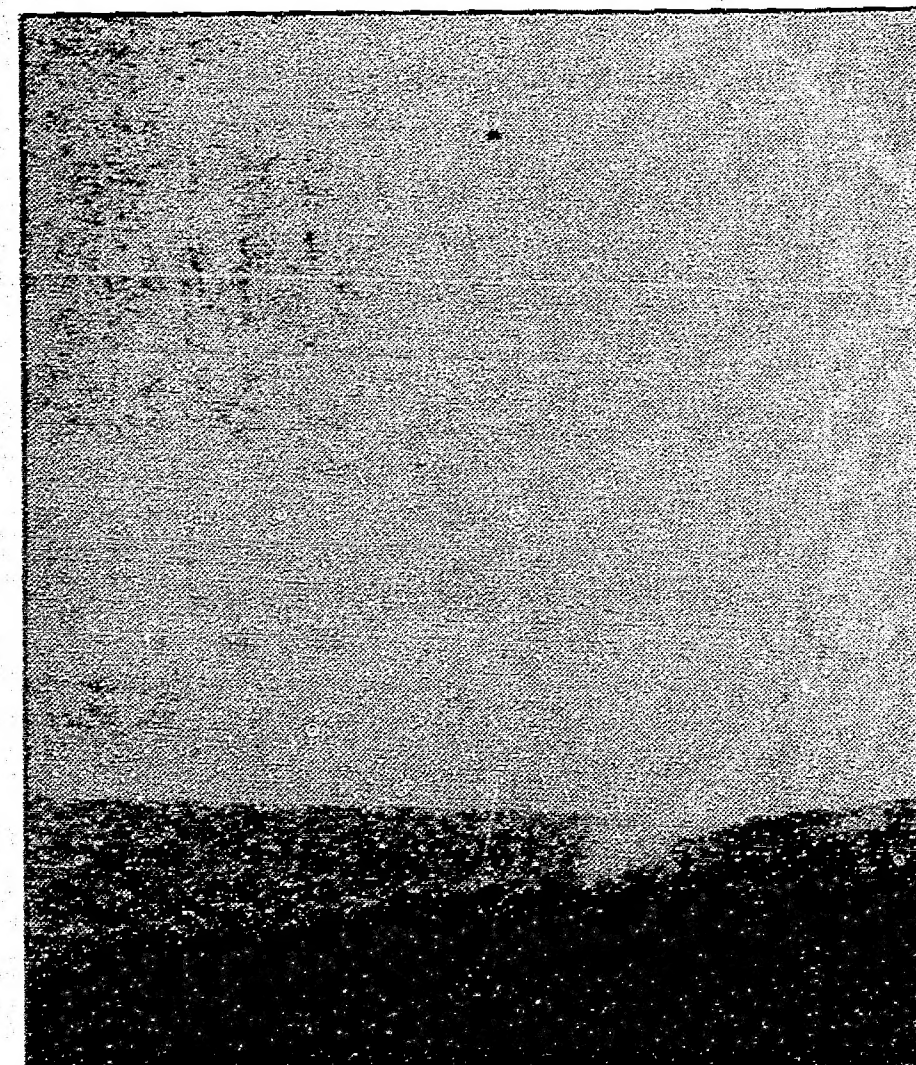
Options for accommodations range widely, from tent camping to cabins, but the "top of the line" is the Clarion River Lodge, which is off River Road about 5 miles upstream from the bridge.

Guests can stay in the main lodge or the Riverview Suites, which perch high on a hill above a bend in the river and provide spectacular views from private balconies.

The Clarion River Lodge also offers spa services and an Irish pub, but its River Room Restaurant — open to both lodge guests and the general public — is the place for sit-down, full-menu, full-course dining, yet the atmosphere is anything but stuffy. You won't need formal attire to feel comfortable at a table.

The river, of course, is the center of action and attention, but there's much to see and do beyond its immediate vicinity. In Cook Forest State Park, you'll find the following:

- The Forest Cathedral Natural Area, a



DOUBLE RAINBOW forms above the hill midsummer thunderstorm has passed.

National Natural Landmark and one of the state's largest old-growth forests of white pine and eastern hemlock. Some of these trees are nearly 200 feet tall and about three centuries old, which means they began to grow in the time of William Penn.

- Bridle trails for horseback riding.
- Bicycle routes.

Continued on Page 19

Farewell to a Sewickley icon



Smiles, tears mark B.G. Shields' departure

By Dona S. Dreeland
Editor

She's moving east in the direction of another sunrise. At month's end, B.G. Shields will be making a new home in Lamont, Pa., just minutes from her son, Daniel, and his young family.

After decades of community involvement here as editor of the Sewickley Herald from 1972-1987 and executive director of the Sewickley Valley Historical Society until this summer, she's leaving town.

"Time and tide in the affairs of men," they say," she explains. "It's just time."

This moment of leave-taking is buoyed by millions of others, reflected in copy and photos. Cataloged or not,

each picture calls to mind the early days of the town or her many connected careers.

"Everything I've done, I've enjoyed doing," she remembers.

Her ultimate work progressed from a position as a public relations secretary at Westinghouse after Miss Conley's School in the East End of Pittsburgh set the course for her later life with pen and paper.

A scholarship to the University of Pittsburgh then focused her love of history.

Later through a retail venture in upscale children's clothing, she honed her business skills and was introduced to Sewickley — and the man she would build a life with, Leet Shields.

They married in 1953 in a Lutheran

Church on Grant Street.

"Leet and I were philosophically attuned. He loved geography. I loved history."

From her birth in Oklahoma and her education in Butler, B.G. came to call Sewickley "home."

"I loved the Shields family," she says. "They embraced me."

She remembers her husband going out of his way on business trips to explore each natural landscape. She, of course, had family history to discover right at The Homestead in Edgeworth.

The house was large and worthy of landmark designation as the home of one of Sewickley Valley's first families.

As their only son grew, B.G. began giving talks for the Western Pennsylvania Conservancy throughout the

region.

Native trees was a favorite topic, so she began to record these talks and Village Garden Club notes for the Sewickley Public Library.

Having earned her first byline under Herald editor Ross Buck for an article on a storm's destruction and the need to replant trees, her column, "Out in the Open," soon connected her to a growing, appreciative readership.

For two years, she wrote for the joy of writing. Then when she recognized the truth of Samuel Johnson's quote: "Only a fool writes for nothing," she approached her new editor, George McMillan, for a paycheck.

He agreed.

As society editor, a role she didn't

Continued on Page 16

FOND FAREWELL

Decades of historic work here will be remembered

Continued from Page 15

ask for, she acquainted herself with the men and women who shaped the town.

The society page, a record of the triumphs and travels of Sewickley's prominent folks, led to a weekly feature titled "Sewickley Valley People and Events."

The 1970s was her decade, a time captured in the 2003 publication, "Sewickley Up Front: A Decade in Black & White."

This hometown history, which she wrote and compiled in honor of the paper's centennial, featured front-page photographs from the Herald in the 70s. All of the Quaker Valley School District communities were part of the mosaic of Smalltown, USA, in its pages.

Among the pictures of celebrations and ordinary days were the decade's biggest stories, including the saving of the Sewickley Bridge.

B.G. and her staff followed the rebuilding of the 1911 span week by week. When news came that residents would have to cross the Ohio River via the new I-79 bridge at Glenfield, Sewickley organized.

The Committee to Save the Sewickley Bridge was a memorable "use of the influence, wealth and leadership here."

In two years, the new bridge was opened.

"It's people who move history," she says — those who serve on boards and are active in community work.

In the mid-'70s, 11 local events marked the nation's bicentennial, and the Herald covered every one. She marks this year-long community-wide patriotic celebration as the second biggest story in her newspaper career.

Seasons passed and news ebbed and flowed. The highway, railroad and river brought visitors and stories to the Herald's front door.

The school calendar, council debates and social events set the pace for her reporters.

Big stories were followed by little ones. She remembers a few with delight: birds making a nest on the Herald building; a parrot loose on Hill Street.

When trees were felled or planted, the Herald was there.

"The Sewickley Herald is the major source of history for this town," she reflects.

And Sewickley Valley Historical Society is the repository of archived snippets from the paper now 102 years old.

Her work there in the Old Sewickley



THE 1970s was a decade of change in the nation and on the local landscape. B.G. and her Herald staff members covered it all.



ONE OF her favorite memories was her trip aboard the Delta Queen in 1971 with Captain Wagner.

Post Office Building on Broad Street has kept her in touch with the publication affirming a bit of wisdom she recalls from an editors conference: "Don't neglect the middle part of history or you'll be left with pictures of old men with long beards."

Of course, there are photos of those bearded men within the historical society's now 5,000 catalogued items.

B.G. was among the founders of the society in 1976.

The organization, created "to save papers and to collect books," now boasts a computer accessible biogra-

phical files.

She is proud of the small group of dedicated members who have survived and built its collection staying true to its mission statement: "... to promote, to record, collect, preserve and document the history of the Sewickley Valley."

"With Harton and Susan, this historical society will come of age," she says. Harton Semple Jr., "a natural historian," as B.G. describes, is now executive director. Susan Holton will continue to lend her expertise to the society as assistant to the executive director.



B.G. PARLAYED love of nature and history into two careers.

Never having aspired to be a writer, editor or an executive director, B.G. is content.

"Very few people get to do what they want and love to do."

Next on her agenda, after some time for unpacking and getting comfortable in her new apartment, is spending time with her grandchildren, Willie, 8, and Betsy, 6.

They have promised to assist her as she sorts her collection of postcards saved since she was 21.

By dates and countries, she'll tell them stories and teach a little history and geography, lasting legacies of the senior Shieldses.

"I will miss the people, my good friends, my niece (Margie Shields Gilfillan), this building (SVHS headquarters), the railroad and river," she affirms.

... and the tangible memories of her friend and mentor Captain Fred Way, singular events and noteworthy people she has written into history — the opening of Heinz Hall, trips aboard the Delta Queen, rafting at Ohio Pyre, an interview with congressional candidate John Heinz, visits with war veterans — the stories behind each photo or inside each person, the beauty of the landscape, the comfort of community, the challenge of significant work.

Aug. 31 will dawn and B.G. plans to be at her desk once more cataloguing some last items for the SVHS files.

A last drive around town will take her to Sewickley Cemetery for a last look at the valley, a quiet goodbye "and maybe some tears."

SPOTLIGHT

Katelyn Pippy in season finale

By Kyle Adams

Herald intern

Although Katelyn Pippy is as a state senator's daughter, she is giving people another reason to recognize the family name.

The 12-year-old actress has appeared in numerous theater productions and now finds herself in one of television's acclaimed comedies.

She will appear in the season finale of the popular USA Network show "Monk" on Friday, Aug. 26, and her picture can be found in this week's TV Guide.

Following in the footsteps of today's most recognizable actors, including Natalie Portman and Zach Braff, Katelyn attended Stagedoor Manor, a theater arts camp in the Catskills this summer.

The actors in the camp, age eight to 17, spent three weeks rehearsing 11 shows and then performed them for the public at one of the five Stagedoor theaters.

Katelyn performed the role of Delores the Waitress in Stephen Schwarz's musical "Working" in July.

Her theatrical resume includes a performance as Pepper in the Pittsburgh CLO's production of "Annie" and the



Katelyn Pippy

lead role in the same production at Cranberry's Contra Theatre.

She continues to expand her repertoire beyond the stage, appearing in "Maybe It's in the Water," a short film starring Tony Shalhoub and Donna Bullock.

She is working on an episode for the Disney Channel series, "The Suite Life of Zack and Cody."

The Pippys make their home in Moon Township, but Katelyn's father serves as senator for Pennsylvania's 37th district, which includes communities in the Sewickley Valley.

Send ideas for feature stories to the Sewickley Herald. E-mail us at sewickley.herald@gatewaynews-papers.com or mail to: Sewickley Herald, 1964 Greentree Road, Pittsburgh, PA 15220.



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Ella McArdle celebrates 90th birthday

Ella Balog McArdle of Moon Township celebrated her 90th birthday with a series of social events.

CELEBRATION

The two days of activity began with a dinner party on Friday evening at the Sewickley Heights Golf Club that featured a large number of Mrs. McArdle's closest friends and family, as well as a magician, DJ and other activities.

Saturday's itinerary included a swimming party at the Edgeworth Club, which was followed by a barbecue in Franklin Park.

Mrs. McArdle is the widow of James A. McArdle (deceased) and the mother of Kathy Swenson of St. Paul, Minn., and the late Patricia McArdle Cullen.

Mrs. McArdle has three grandchildren: Amy Cronin of Franklin Park, Nancy Graves of Cotopaxi Colorado and J. Cullen of Bradford Woods; and six great grandchildren: Jeff and Jake Cronin of Franklin Park and Katie, Carolyn, Sean and Ella Cullen of Bradford Woods.

Also in attendance at the weekend's activities were Mrs. McArdle's four siblings: Mary Regotti (85) of Rochester, N.Y., Joe Balog (80) of Moon Township, Tom Balog (75) of Rochester, N.Y., and Andrew Balog (70) of East Islip, N.Y. Throughout her career Mrs.



ELLA MCARDLE receives a birthday greeting from her great grandchildren.

McArdle spend nearly four decades with the Moon Area School District and continues to be very active in a number of non-profit and charitable organizations throughout the region.

She is an active member of the Auxiliary of Sewickley Valley Hospital, the St. Margaret Mary Women's Guild

and the Moon Democratic Committee.

The list of numerous past organizations that she's assisted also includes the Robert Morris Independents and the Traveler's Aid Society at Pittsburgh International Airport.

Mrs. McArdle was born Aug. 9, 1915.

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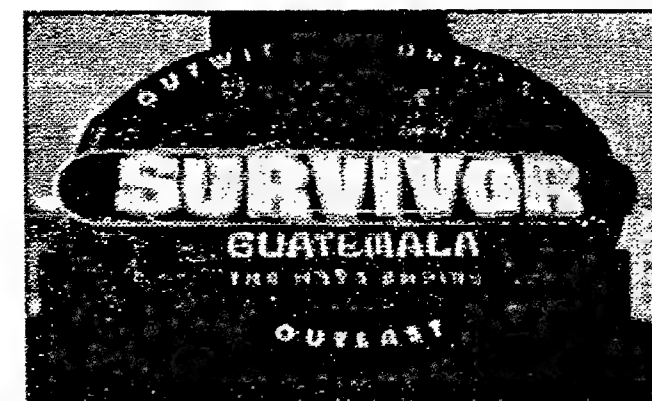
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SPOTLIGHT



Academy grad in next 'Survivor'

By Kyle Adams
Herald intern

When he was voted "most likely to appear on 'Survivor'" by his Sewickley Academy classmates in his senior year yearbook, Rafe Judkins was a promising rising freshman at Brown University.

Most chuckled at the prospect of him appearing on the CBS reality series, knowing it made sense, but refusing to believe such a seemingly outlandish idea.

Now, four years later, Judkins, 22, is a Brown graduate with a degree in anthropology and biology and a minor in creative writing. But it's not that accomplishment that defines his newsworthiness at this point.

He is one of the 18 contestants on the newest "Survivor" season set in Guatemala, fulfilling a high school yearbook prophecy and a personal aspiration.

Aside from the yearbook connection to the show, Judkins also wrote an extensive and humorous piece in the school newspaper playfully pillorying various teachers by placing them in a mock "Survivor" scenario.

Judkins not only has the unique and warm persona any reality show would key in on, but also a history of outdoor activity. At school, he became involved in the Brown Outdoor Leadership Training during his sophomore year.

As a gay Mormon, Judkins said he expects to be underestimated. But, combining this with his experience in the outdoors, he expressed confidence in his chances during an interview with CBS.

"They won't expect that I will probably be the smartest person out there, that I have a ton of outdoors' experience, and that I really know how to play this game," he said in his pre-show interview that can be found on the CBS News Video site.

His Mormon faith stresses focus on family life and as a testament to that familial support, his brother Landon, also a recent Academy graduate, has a Web site dedicated to his brother.

The 11th season of "Survivor" is set to debut Sept. 15.

JOY OF THE HARVEST



EACH SATURDAY from 9:30 a.m. to 1 p.m., the Farmers Market at St. James Church is open through October for those seeking the freshest of produce, flowers, farm-cured meats and cheeses, and other products. The market, coordinated by Rob Jancart, can accommodate more vendors. (Above) the Schaarsmiths sell fruits from McConnells Hill Farm to Roxann Martini of Cranberry. (At right) Paige Hall, 5, of Sewickley, does some browsing on her own.



MEMBERS OF the Little Athen's Restaurant family offer Greek specialties to enjoy at home. Photos by D.S. Dreeland



HELEN AND Stanley Mazur bring fresh cheese from New Castle.

EXHIBIT

Sewickley Gallery presents Castonguay's work

The Sewickley Gallery invites all to a new exhibit of paintings, drawings, and pastels by Elizabeth Myers Castonguay called "Colors of Light." The opening reception is Friday, Sept. 2, from 6 to 9 p.m. at Sewickley Gallery, 549 Beaver St.

A second reception will be held Saturday, Sept. 10, from 6 to 9 p.m. The show will run through Sept. 24 with gallery hours Tuesday - Saturday, 10 a.m. to 5 p.m. and Wednesday from 10 a.m. to 7 p.m.

Castonguay explores the physical and metaphysical relationships of nature and humanity in regard to the perceptible and iconological world of light.

In keeping with the artists' passion for the diversity and similarity of humanity, Castonguay's work searches for the visual and spiritual unity between nature and the human race.

Selected work from the artist's traveling exhibits, "America the Flavorful" and

"Portrait of Us" also will be on display.

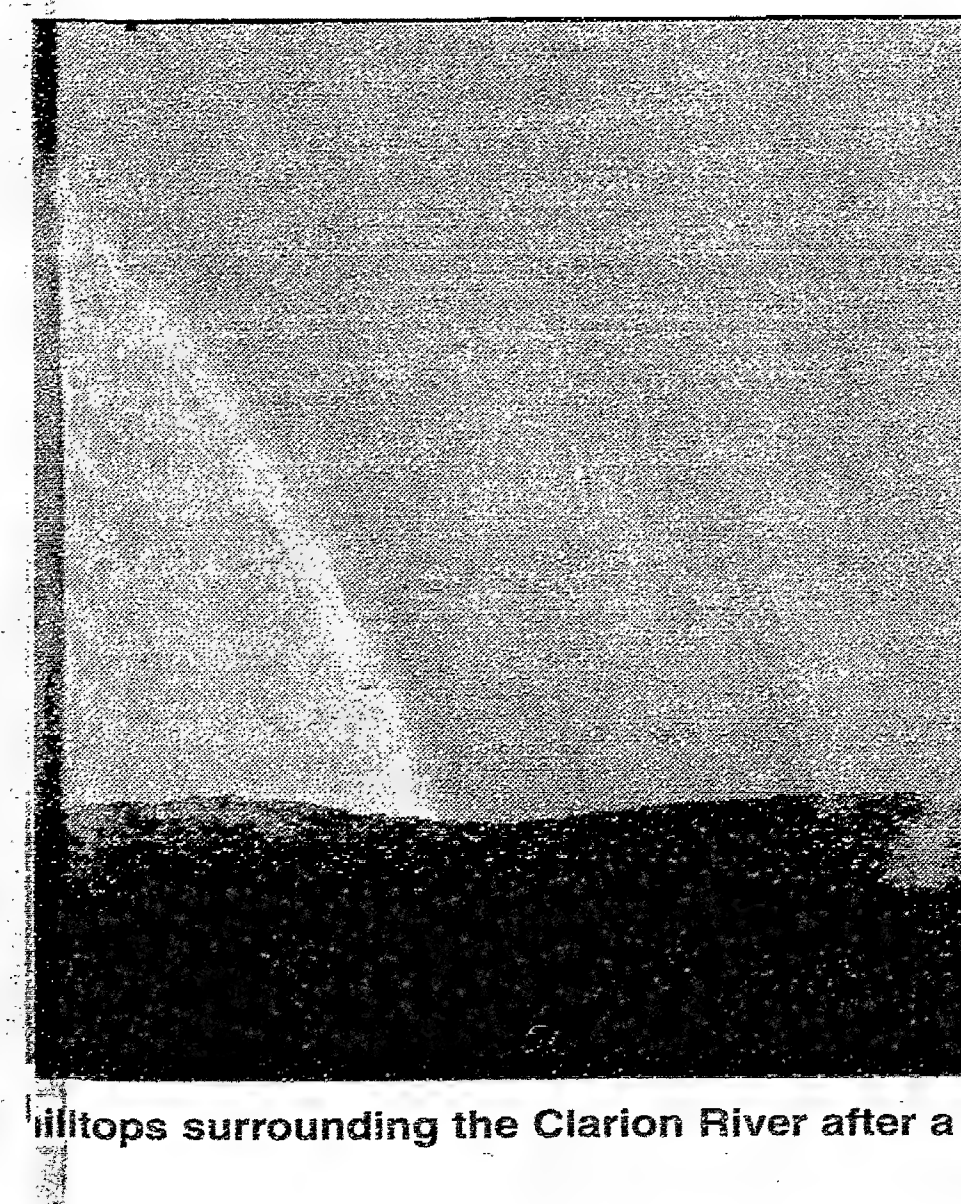
Castonguay holds BFA and MFA degrees in painting and drawing.

She exhibits throughout the country in juried shows annually and has solo exhibits of new work on a biannual basis.

Castonguay teaches adult figure drawing and painting at the Carnegie Museum of Art, Carnegie Mellon University's pre-college program and semi-private lessons at her studio in the South Hills.



IT'S EASY to get close to the Clarion River, as this view from just below the River Road picnic tables in Cook Forest State Park shows.



Hilltops surrounding the Clarion River after a

Continued from Page 14

■ The Sawmill Craft Center and Theater, which houses a non-profit group that offers craft displays, a gift shop, demonstrations, classes and summer-time entertainment.

■ Fishing in the river, which yields trout, warm-water game fish and panfish, and in a 2.5-mile stretch of Tom's Run that is stocked with trout.

There's also a special pond, stocked with trout and near the park office, that has a level grass bank and is intended especially for children age 12 or younger and people with disabilities.

■ Environmental education and interpretation programs from March through December, including hands-on activities, guided walks and evening programs.

■ The site of a camp built in 1934 for Civilian Conservation Corps workers — participants in one of then-President Franklin Delano Roosevelt's New Deal employment programs. The 200 CCC workers housed at the camp built cabins, trails and roads and helped preserve forest resources before the camp was razed in 1937.

Some of the structures built by the CCC in the park still stand, including cabins in two areas that are on the National Register of Historic Places and were constructed of American chestnut wood salvaged from the blight that killed such trees.

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So keep food secured except when it's actually in use and refrain from the impulse to feed wild animals.

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Clarion River

Following is a list of some of the places to stay and sites to visit in the area where the Clarion River flows through Cooksburg and Cook Forest State Park.

For more information and additional listings, visit www.cookforest.com, the Web address for the Cook Forest Online site.

ACCOMMODATIONS

■ Clarion River Lodge — 1-800-648-6743; www.clarionriverlodge.com.

■ Cook Forest State Park (camping, cabins) — 1-814-744-8407; www.dcnr.state.pa.us.

■ Deer Meadow Campground — 1-814-927-8125; www.deermeadow.com.

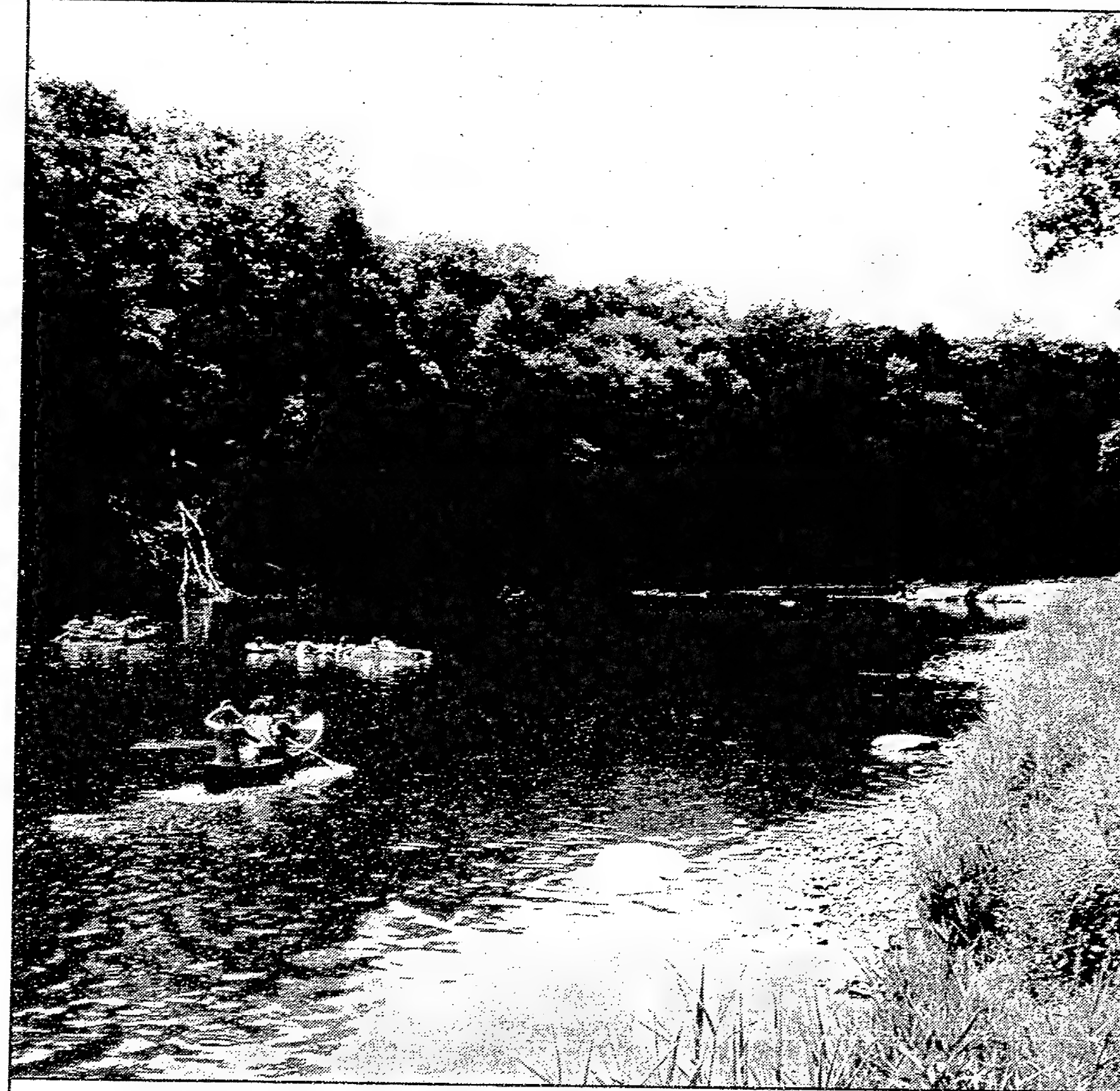
■ MacBeth's Cabins (includes campground; general store, gas pumps) — 1-800-331-6319; www.macbethscabins.com.

■ Cook Riverside Cabins — 1-800-680-0160; www.cookriverside.com.

OUTFITTERS

■ Cook Forest Canoe Rental — 1-800-699-0712; www.cookforestcanoe.com.

■ Pale Whale Canoe Fleet — 1-800-680-0160; www.cookriverside.com.



MANY ADVENTURERS take to the Clarion River for recreation.

Photos by Alan Wallace

IF YOU'RE GOING

Follow I-79 north to I-80 east. Take exit 60 off I-80 to state Route 66 north and drive 16 miles to Leeper.

In Leeper, turn right on state Route 36 south and follow Route 36.5 miles into Cook Forest State Park. Turn left onto River Road just before the bridge across the Clarion River to reach the park office.

If you enjoy "power shopping," the Prime Outlets complex near Grove City is an attractive "halfway" stopping point along this route.

NEARBY ATTRACTIONS

■ Cook Forest Fun Park (go-karts, bumper boats, miniature golf, waterslide, arcade, picnic grounds) — 1-814-744-9404.

■ Double Diamond Deer Ranch (whitetail deer park) — 1-814-752-6334.

■ Jesse's Dream Park (indoor maze, golf driving range, batting cages) — 1-814-752-6447.

■ Quiet Creek Herb Farm & School of Country Living — 1-814-849-9662.

■ Silver Stallion Stables (horseback rides) — 1-814-927-6636.

■ Wet and Wild Park (water park) — 1-814-752-2208.

Old Economy celebrates Gertrude Rapp's 198th birthday

On Sunday, Aug. 28, from 12:30 to 4:30 p.m. the 198th birthday of Gertrude Rapp will be celebrated at Old Economy Village.

Gertrude was the granddaughter of Harmony Society Founder, George Rapp and is portrayed by Emily Lapisardi.

Stop by the bake oven and sample Gertrude's famous ginger cake recipe. Hear the original music of the Harmonists in the historic Feast Hall. Meet with Gertrude as she strolls through the village and talks about her life in Economy.

Gertrude Rapp was also a businesswoman and managed the society's very successful silk manufactory. An interpreter will show visitors each step in the silk fabric-making process, from silk-worm to silk fabric.

Children visiting the site will be able to attend a class on theorem painting and may make one to take home with them. Theorem painting, painting on velvet, was just one of Gertrude's pastimes.

Tours of some historic structures on site also will be available throughout the day.

Admission will be charged: Adults (18

ON THE CALENDAR

years and older), \$7; Youth (6 years - 17 years), \$5; Senior Citizens (60 years and older), \$6; Under 6, no charge.

Persons with disabilities who need special assistance or accommodation should call 724-266-4500 in advance to discuss their needs.

Pennsylvania TDD relay service is available at (800) 654-5984.

For further information, call 724-266-4500 or e-mail HYPERLINK "mailto:ra-oldeconomy@state.pa.us" ra-oldeconomy@state.pa.us.

Nature guides wanted

Do you hear the outdoors calling? Tapping maple trees, catching grasshoppers and hunting for salamanders are all part of discovering the natural world through a child's eyes.

If you enjoy the company of children and like the outdoors, consider Little Sewickley Creek Nature Guides.

As a volunteer, you will be among a dedicated group of parents and community members who know the importance

of a direct experience with nature.

Please join us for our fall orientation on Thursday, Sept. 1, at 10 a.m. at Fern Hollow Nature Center, 1901 Glen Mitchell Road, Sewickley.

For more information, call 412-741-6136.

Classes at Sweetwater

Fall registration for classes at Sweetwater Center for the Arts has begun.

A new season of classes and workshops begin Sept. 24.

Sweetwater continues to offer programming including ceramics and sculpture, a variety of painting disciplines, jewelry and metal working, photography, cooking and private music instruction; along with their ever-popular themed children's classes that introduce children starting at age 3 to skills that significantly contribute to their developmental process.

Along with a new program to provide art instruction for children who are home-schooled, and their recent Friday Night Workshops, there are many new opportunities to get your creativity flowing.

Upcoming ia "Acrylic Painting: working with the Landscape" for ages 16 & over: A one-day workshop will provide an overview of acrylic techniques

• "Wah lum kung fu" for ages 11 & over: Experience the traditional Chinese martial art that aids in the development of strength, flexibility and coordination.

• "Sewing spectacular" ages 6-10 with an adult. Learn basic stitches by hand and create awesome, high quality purses and gift bags!

• "Acting" ages 6-10, and 11-15: This new 3-part class will introduce children to basic acting fundamentals and professional acting situations, as they will study an adaptation of "Henry: by Thomas Kilroy, hear a lecture from an actor in the play, and then finally work on their own adaptation of Charles Dickens' "Christmas Carol," which will be performed for family at the conclusion of the class.

Call the center, located at 200 Broad St., Sewickley, for more information or to register at 412-741-4405.

Call for a free catalog or visit www.sweetwaterartcenter.org

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Nellie Alt Baumgartel, former nurse at SVH

Nellie (Alt) Baumgartel of Sewickley died Aug. 16, 2005. She worked as a registered nurse for 15 years at Sewickley Valley Hospital.

Preceding her in death were her husband, James Baumgartel; brothers, Herman and Clinton Alt; and a sister, Opal Nave.

Surviving are her children and their spouses, James and Sallie Baumgartel of Robinson Township, and Patricia and James Willshier of Mifflinburg, Pa.; a sister, Mabel Howsare of Bedford; and grandchildren, James Baumgartel III, Mark Baumgartel and James Willshier III.

Friends were received in Richard D. Cole Funeral Home, Inc., Sewickley, where services were held.

Interment was in Fairmont Presbyterian Church Cemetery.

Anne McBain Dye
Born in Sewickley

Anne McBain Dye, 76, of Pensacola, Fla., died on Aug. 15, 2005.

She was born in Sewickley in 1929, a daughter of the late Alexander and Isabella (Bunch) McBain.

IN MEMORY

Mrs. McBain attended school in Coraopolis, graduated from Montefiore Hospital School of Nursing in Pittsburgh and earned a bachelor's degree in nursing education from University of Pittsburgh.

She worked at Montefiore, Presbyterian and Sewickley Valley hospitals in various capacities including staff nurse, emergency room head nurse, assistant instructor in nursing arts and clinical instructor.

She also served as an air evacuation flight nurse in the United States Air Force Reserve.

She worked as a nursing instructor wherever she and her husband lived as they moved with his duty with the United States Air Force.

She obtained her school nurse certification from Glassboro State College (now Rowan University) and retired from Sterling High School in Somerdale, N.J. after serving as a high school nurse for 10 years.

Although retired, Mrs. McBain continued to love and care for her family and an

ever-increasing circle of friends.

In November 2003, she moved to Azalea Trace retirement community in Pensacola.

She was a member of Faith Presbyterian Church in Medford, N.J. and the Daughters of Scotia.

Her life of unselfish nurture and unconditional encouragement were magnets that endeared her to others.

In addition to her parents, preceding her in death were her husband, Howard Dye Jr., and brother, Robert McBain.

Surviving are four children and their spouses: Jean and Robert Andolsen of Cleveland, Ohio, and Palm Bay, Fla.; Judy and Ken Schaeffer of Chalfont, Pa.; Craig and Linda Dye, Eglin Air Force Base, Ft. Walton Beach, Fla.; and Laurie Steltz of Hershey, Pa.

Also surviving are sister-in-law, Nancy McBain; seven grandchildren: Dennis Schaeffer, Waken Orser, Jonathan Snyder, Cory Dye, Alexandra Dye, Dillon Steltz and Megan Steltz; and three great-grandchildren, several cousins and an aunt in Scotland.

Friends were received in Copeland's Coraopolis Funeral Home, where services were held with the Rev. Dr. Donald Scandrol officiating.

Interment followed in Coraopolis Cemetery.

Memorial contributions may be made to the American Cancer Society.

Mary Gwaltney

Member of St. Stephen's

Mary Gwaltney, 85, of Sewickley died on Aug. 8, 2005, at her residence.

She was born Nov. 10, 1919, in Atlanta, Ga., to the late Reimer and Lucy (Preston) Luetje.

She was the beloved wife of 64 years to Perry Gwaltney and loving mother of Anne (Steve) Peck of Seattle and Mary (Steve) Heines of Nashville.

She is the grandmother of Jessica and Peter Heirst and Will and Hadley Heines; and sister of the late Katherine Smith.

Mrs. Gwaltney was a 51-year resident of Sewickley, a member of St. Stephen's Episcopal Church, where she was a Sunday School teacher and a flower arranger.

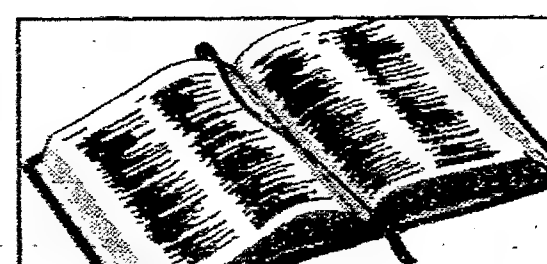
She was president of the Village and Grapevine Garden Club, a member of the Junior League and an ardent bridge player.

A memorial service was held yesterday (Tuesday) at St. Stephen's Episcopal Church with the Rev. Laura Theis officiating.

Memorial contributions can be made to the Garden Club of America or St. Stephen's Church, Sewickley.

Arrangements were handled by the Copeland Funeral Home of Sewickley.

FELLOWSHIP



Public invited to Sunday worship

Antioch Baptist Church, 332 Elizabeth St., Sewickley, holds Sunday School at 9:30 a.m., followed by morning worship at 10:45.

Bible Study and Prayer Service is held Wednesdays at 7 p.m. For more information or to register, call 412-741-7688.

Ministry fund-raiser

The Rev. John Guest, senior pastor at Christ Church at Grove Farm, will be the dinner speaker for the North Hills Youth Ministry fund-raising event on Monday, Aug. 29.

His topic will be "How to Maintain A Healthy Family Life in Today's World."

All proceeds of the 14th annual Golf Classic and the reception will benefit the programs and services of the ministry.

The cost is \$50 per person.

A silent auction also will be held.

For more details, visit www.nhymcc.org. Reservations can be made at this site.

Christ Scientist

First Church of Christ, Scientist, Sewickley, holds its Sunday service and Sunday school at 10:30 a.m.

Wednesday evening testimony meetings are held at 7:30 p.m. The Reading Room is open Tuesday and Friday from 10 a.m. to 1 p.m.

The Lesson-Sermon for Sunday is titled "Christ Jesus" and will open with a quotation from I John: "And we have seen and do testify that the Father sent the Son to be the Savior of the world."

The church is located at 222 Beaver St., Sewickley.

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Thought for the Week

Do you consider yourself an 'average person'? Is there such a thing as an average person? If there is, he most certainly is a phenomenon. No two people in the world are exactly alike... not even identical twins... identical twins may on first glance seem to be interchangeable but there is a difference. No one's mind is ever completely and always in tune with the mind of another. Everyone of us has an individual destiny.

We are all children of God... but that does not mean we are all alike with common faults, common likes, or common goals. Those who try to classify man in mass conformity face an impossible task. No one should ever think he or she is only part of a multitude. In God's eyes every man and woman is an individual. He has given us a world that is characterized by diversity. Only as individuals can we improve ourselves. Only as individuals can we make our world a better place to live in. No one else can do it for us...



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SPORTS

SPORTS BRIEFS

QV Crew gets boost from Child Health

The Quaker Valley Crew Club starts its fall season with help from Child Health Association of Sewickley. A grant from Child Health awarded in late May will help the team cover the cost of busing the team from the high school to Washington's Landing, where the team rows out of the Three Rivers Rowing boathouse.

The CHA of Sewickley is an all-volunteer organization dedicated to raising funds to help children in Western Pennsylvania. The association has made grants of over 3 million dollars in Western Pennsylvania, funding educational, medical, social, and recreational programs and services.

The fall rowing season starts with the beginning of school, and any high school student interested in rowing may contact crew parents Randi Morgan at 412-741-6655 or Susan Hyjck at 412-741-6574.

The team is still small and all newcomers, whether freshman or senior, are welcome.

Season Passes

The Quaker Valley High School Athletic Department has announced that season passes for all varsity football and boys and girls soccer and basketball games for the 2005-2006 school year are available through the athletic office at a cost of \$40 each. The passes are not valid for any play-off games.

QV has also decided to discontinue shuttle service between Edgeworth Elementary School, Quaker Valley Middle School and the high school for the four home football games this year. Game dates are September 3, September 16 (homecoming), October 7 and October 14.

Golf Outing

The Sewickley Academy Hockey Association will be holding its annual Golf Outing at Connoquenessing Country Club (Elwood City, PA) on Aug. 31.

A Continental Breakfast will be served at 9 a.m. followed by a shotgun start at 10 a.m.

All proceeds benefit the Sewickley Academy Hockey Association.

The entry fee is \$125 for one adult golfer or \$500 for a team of four.

For more information, contact Carol Limbach at: (412) 741-5045 or carollimbach@comcast.net

Mighty Midgets



QUAKER VALLEY Midget Football players participate in running and tackling drills at Osborne Elementary field last week during the 2005 preseason. The midget team, stunted by a new QV Middle School program that attracted most of its 13-year-old athletes, is comprised of mostly 11- and 12-year-old players who come from a championship QV Termite team that has been undefeated for three consecutive seasons.

Photo by Tim Edmonson

Young athletes packing stellar record

Midgets lose most 13-year-old players to restructured Quaker Valley Middle School program

By Jon Paul Creese

Sports editor

A restructured football program that effectively slashed every experienced veteran from the roster of 11 through 13-year-olds would have spelled disaster (with a capital D) for almost any other midget football team in the conference.

But for the Quaker Valley Midget Football Team, it is merely a setback.

Though losing all but one of its 13-year-old players to a newly formed QV Middle School Team made up of eighth graders, which replaced the school's 9th Grade Football Team, the midgets retain a slew of players that brought the QV Termite Football Team to the fore-

front of Western Pennsylvania youth football. The team is also supplemented by a polished group of 11-year-olds that led the termites to a third consecutive championship last year.

Head coach Brian Sommers, who also comes to the midgets from the stellar termite team, said his boys may be young, but if any team can compete in the 11-13 league with only one 13-year-old on the field, that would be the QV Midgets.

"To go into the season with such a young team, it's good that I have such great kids," Sommers said. "If any kids can compete in this scenario, we can do it."

After practicing in full pads last week, Sommers was optimistic.

"It's going really well," he said. "We're installing a new offense. There is some learning involved, but we're keeping enough of the old offense, so

they are familiar enough."

Sommers said the main reason for a new offensive approach is the team's youth and size.

"We're implementing a few new blocking schemes because we are smaller," he explained. "We're compensating for our size."

Defensively, the Quakers are strong, Sommers said, noting "some really aggressive, hard hitting players like middle linebackers Cory Benson and Nate Pawlik."

He also expects a lot from Eric Urda at defensive end and Nate Schneider on the line.

Offensively, Sommers says running backs Kyle Taylor and Ben Greene will carry the load along with quarterback Jeffrey Fecko.

Kyle Benson, at wingback, is the biggest, fastest player on the team, Sommers said.

KARATE

Shotokan athletes qualify for USA National Team

By Jon Paul Creese
Staff Writer

Years of hard work have paid off for members of the Pennsylvania Shotokan Karate Club. Three of the school's long-time students, Brandon Duckworth, Christine Jehle and Sereen Askari, won spots on the USA Junior National Karate Team.

All three have trained with Sensei Dustin Baldis, chief instructor of the PSKC located in Sewickley, since they were children.

They represent three of the four students in the school's 13-year history to qualify for the team.

"These guys started at six or seven," Baldis said, explaining



PENNSYLVANIA SHOTOKAN KARATE Club members Sensei Dustin Baldis, chief instructor, and USA National Team qualifiers Brandon Duckworth, Sereen Askari and Christine Jehle pose for a picture outside of the club's Chadwick Street location. Duckworth and Jehle, a Quaker Valley student, will compete at the Pan American Championships in Montevideo, Uruguay Aug. 30 through Sept. 4. Baldis was selected to the USA National Coaching Staff.

that, since he moved the Pittsburgh-based school to Sewickley in 1994, a large crop of competitors have begun to emerge. "They are the first of a long run."

Baldis, who enjoyed a 12-year stint on the USA National Karate Team from 1989 to 2000, was named to the USA National Coaching Staff this year, enabling him to accompany Duckworth, of Penn Trafford, and Jehle, of Edgeworth, to Montevideo, Uruguay, for the Pan American Championships Aug. 30 through Sept. 4.

Askari has a prior commitment and will not compete.

"They are both very gifted athletes," Baldis said of Duckworth and Jehle, adding the two black belts have different

styles that are both effective.

"Brandon is more aggressive," he noted. "He tracks down his opponent, waits for them to make a mistake and then counterattacks."

Jehle, who also trains with her father, Mike, who is also a black belt, is more evasive, Baldis said.

"She moves around a lot," he explained. "I think they both have a fairly good chance."

Duckworth, who will be making his second appearance at the championships, won a Pan Am bronze medal in Vancouver, B.C. in 2003. This year, Duckworth will compete in the 16-17 year old minus 55 kilogram class. He has been a member of the USA Team since

2003.

"I expect hard competition," Duckworth said. "I need to get my mind in the game and, hopefully, come back with a medal."

Jehle will compete in the 14-15 year old minus 50 kilogram. Last year, Jehle made the team but withdrew due to a stress injury.

She said she is excited to compete in a foreign country. "I can't say what I will do scorewise," she said, but stressed her intention of giving 100 percent.

"I will do the best I can and, hopefully, come home, if not with a medal, with good memories and something to work on."

Jehle is a Quaker Valley sophomore.

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JAKE TROVATO, 9, of the three-time championship Quaker Valley Termite Football Team runs an option during a 2005 pre-season practice.

Photo by Tim Edmonson

Termites hope to retain champ status

By Jon Paul Creese

Sports editor

These boys have one thing against them. They don't know how to lose.

But if recent history is any indication, they don't need to.

The Quaker Valley Termite Football Team has gone undefeated on the way to claiming three consecutive championships.

"It looks good," Assistant coach Jim Trovato said before a preseason full-pad practice at Osborne Elementary field last week. "We're coming back as reigning champs."

But that in and of itself will create some challenges for the champs.

"We have a lot of work to do," Trovato explained. "Everyone will be gunning for us."

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TERMITE FOOTBALL

Trovato says the key to continued success lies with their strong core of returning 9-year-olds and other veteran returns.

These include Rocco Brown, 10, offensive guard and defen-

sive tackle, Austin Braksick, tight end, Kees Elling, OL, Isaac Gettleman, fullback, and Jack McGarry, wingback, to name a few.

"Our 9-year-olds are in key

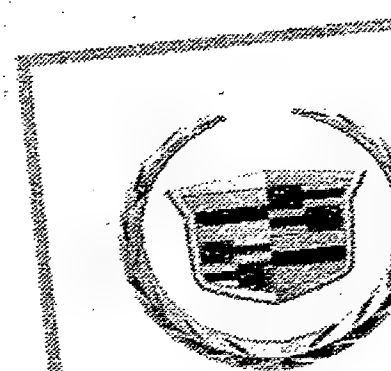
positions like quarterback and halfback," Trovato said. "It's really going to be a challenge."

"They have to step up and be leaders," he said, "even though they are only nine."

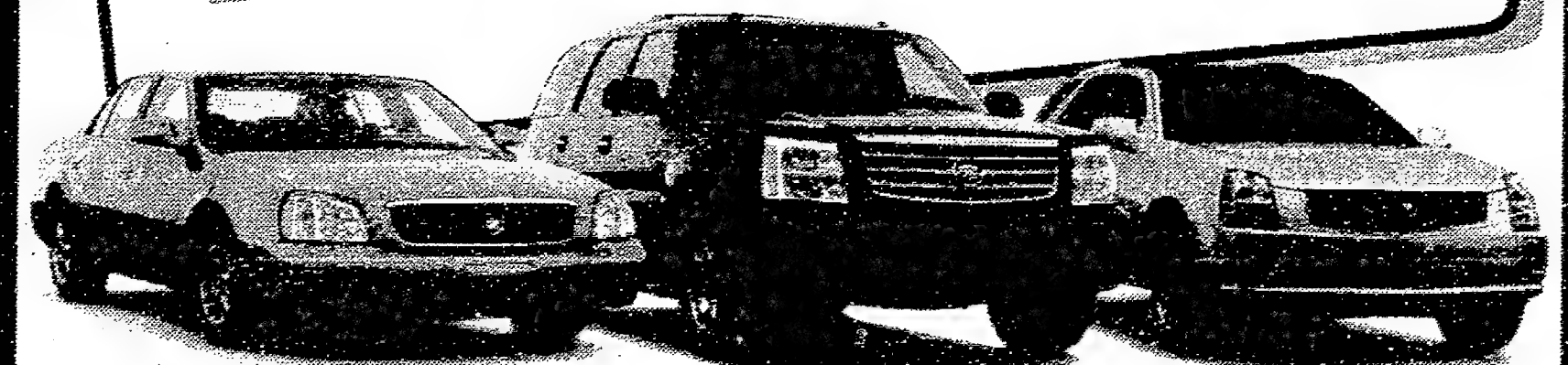
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WPCCSA RESULTS



EDGEWORTH/ALLEGHENY swimmers (from left to right) Julia Stinson, Alexa Lemieux, Andrea Littlefield and Julie Dierker, of the girls' 8-under 100-meter freestyle relay advanced to the championships at Hillcrest Country Club.



FRANK CULLO (left) and **BOBBY FRANCIS** (center) advanced to the finals and finished third in the 15-17 50-meter free (Cullo) and 9-10 25-meter free (Francis). Fazden competed in the 8-under 25-meter free.



MICHAEL FOLEY, Peter Heres, Amos Luptak and Cameron Fazden advanced to the championships in the 8-under 100-meter free relay and finished fourth.



THE WOODLANDS Swimmers from left to right are: Amber Miller, Ben Walker, Natalie DiCenzo, Ben Farnan, Kevin Baker, Harry Harkins, Anna Farnan, Jack Farnan, Laura Kuo, Rachel Kuo, Anthony Guy, Sarah Plese, Tice Harkins. The group swam to raise money to save the 70-year-old pool located on Woodland Road Extension in Edgeworth.

Woodland swimmers make effort to save historic pool

Story contributed

Woodland Swim Club in Edgeworth has completed their very successful Swim-a-thon.

SWIMMING

Pool members swam nearly three thousand laps in one week in an effort to raise money to rebuild the aging facilities. The record for the most laps was set by eight-year-old Tice Harkins, who swam 600 laps in seven days.

The youngest swimmer to participate was four-year-old Ben Farnan, who aimed to swim five lengths of the pool.

Laura Kuo's entire family participated, but, she says, "My sister Rachel and I both swam more than twice as many laps as my mom did!"

Everyone from kindergarteners to

long time members in their sixties joined together to keep the lap lane busy all week.

Swim-a-thon participants were sponsored by friends, neighbors, and businesses.

Proceeds will go toward a campaign to rebuild the 70 year old pool. Woodland Swim Club, located in a wooded grove at the end of Woodland Road Extension, is open to everyone on a space available basis.

Community members are encouraged to make donations to help save this historic pool.

Anyone interested in requesting a membership application or making a donation to the Swim-a-thon can write to Woodland Swim Club, PO Box 534, Sewickley (checks to Woodland Swim Club).

For more information contact Jerilyn Scott at 412-749-9127 or 412-818-5218.

Send sports feature ideas, results and accomplishments to:
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SEWICKLEY REAL ESTATE

HOME OF THE WEEK

New home construction comes with river view

Amenities abound in this four-bedroom, 2.5-bath home in Ben Avon.

The grand entry features an oak-trimmed staircase and marble floor.

The large living room has decorative columns and leads to a private deck with a fantastic view of the Ohio River.

The dining room has elegant crown moulding, a chair rail and hardwood flooring.

Yards of gleaming hardwood enhance the family room, which also has a gas fireplace and another private deck.

Enjoy cooking in the natural maple kitchen, boasting numerous cabinets and a mosaic tile floor.

Upstairs, the master suite opens with double doors from



the main hall.

Continue through another set of double doors to the luxurious

master suite with jet tub, shower and double vanity, all set in travertine tile.

The 12'x11' walk-in closet could hold all your clothes and be used as a dressing area.

Laundry facilities are located in the upstairs hallway.

Three more bedrooms with ample closets and a full bath with travertine floor fill the second floor.

The basement is partially finished and could easily be made into a gameroom.

With a two-car garage and great curb appeal, this new home is a delight.

This home is being offered for \$399,900.

For more information or to schedule an appointment, call Robin Ross at Coldwell Banker in Sewickley at 412-741-2550, Ext. 214.



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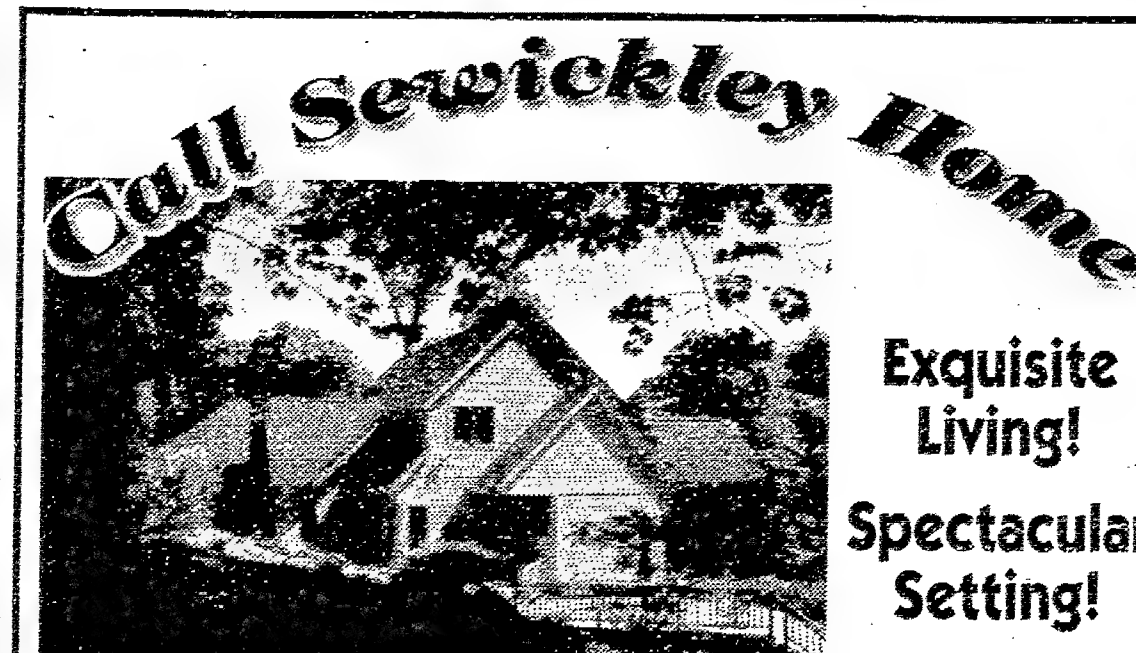
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REAL ESTATE TODAY

Inspections are a part of most residential real estate transactions, but because they are so common, their role is often taken for granted or misunderstood. There are some important points you should think about before ordering an inspection on a home you've offered to purchase.

Inspection Misconceptions!



Betty Moraca
ARR, CRS, GRI

Remember that a home inspection is not a witch-hunt! It's not a tool for finding flaws to allow you to renegotiate your offer. An inspection is an educational exercise that allows buyers and sellers to better understand the home's condition. An inspection can alleviate the buyer's anxiety while also providing a basis for repair suggestions.

Don't think that you won't need an inspection for new construction! Nobody wants any surprises when purchasing an older home, but imagine what could happen in a brand new one that hasn't even been lived in yet! If you're considering the purchase of a home under construction, ask about "phase inspections," which are completed at various stages in construction for your peace of mind.

Finally, don't assume that inspections are exclusively the responsibility of the buyer. Many sellers have benefited from pre-listing inspections that identify potential problems before the home is listed and the defects are discovered. Both sides can use the inspection to make smart decisions and feel more confident about the transaction. If you're still uncertain, contact a local real estate professional with your questions.

Betty Moraca is a sales associate for Howard Hanna Real Estate Services, 401 Broad Street, Sewickley. For answers to your questions about real estate, call Betty at 741-2200 Ext. 222. The Dozen's National Sales Award, Relocation Specialist, Member Pennsylvania Association of Realtors, Realtors Association of Pittsburgh, West Penn Multi-List.

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MARKET WATCH

Who's buying, who's selling

Aleppo

Rinaldo Vish sold property at Merriam Road to Elliot & MacKenzie Group Inc. for \$47,500.

Laurie Christopher sold property at 1003 Sewickley Heights Drive to Gere and Linda Grimm for \$127,000.

Virginia Simmons sold property at 404 Timber Lane to James Darby Jr. for \$310,000.

Bell Acres

Ronald Gabler sold property at 101 Oak Lane to Deborah Kitay for \$660,000.

Leet

Darren Rogers sold property at 307 Ambridge Ave. to Jeremy Suiter for \$85,500.

Ronald Beining sold property at 161 Mound St. to Theodore and Christine Baehr for \$85,000.



Sewickley

Green Tree Consumer Discount Co. sold property at 228 Chadwick St. to Edward and Renda Plumridge for \$57,500.

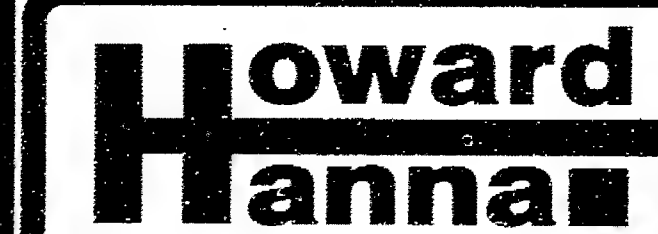
Anthony Hopkins sold property at 308 Hill St. to Aaron and Heather Ponzo for \$195,000.

Mary Lyn McGinn sold property at 521 Nevin Ave. 1 to Peter Thomson for \$155,000. William Scott sold property at 317 Peebles St. to Charles and Elaine Means for \$216,300.

Sewickley Heights

William Jackson estate et al. sold property at Pony Hollow Road to Robert and Marylee Tudi for \$850,000.

For more information, call 412-381-3880 or visit the Web site at www.RealSTATS.net.



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220 GREENWOOD AVE
OPEN SUN 1-4
TV SUN
Nicely situated on a corner lot, this three bedroom home offers many conveniences. Welcoming entry, nice living room and large kitchen make the living easy. Enclosed front porch and sun room plus a new rear deck and fenced rear yard. Detached garage. Home Warranty. Call today for additional details.
Angela Salerno 412-741-2200 \$119,000

SEWICKLEY HEIGHTS MANOR
Filled with natural light, this three bedroom town home, features a newer ceramic kitchen and appliances, and updated bathrooms and dressing area. Large living room and formal dining room. Full size deck faces the woods. Two-car garage. Experience maintenance free living, as well as, all the extra amenities of living in this town house community.
Kay Caravaggio 412-741-2200 \$149,900

306 HIGHLAND LANE
OPEN SUN 1-4
New construction in the Village. Enjoy this all new home with a huge great room with a fireplace and a spacious gathering kitchen. Main level bedroom plus two more bedrooms on the second level. Two bathrooms, hardwood floors, ceramic tile floors and wall to wall carpeting. Two car garage. A great opportunity for a new home in the heart of Edgeworth.
Betty Moraca 412-741-2200 \$249,500

CENTRAL VILLAGE COLONIAL
Beautifully maintained Colonial in the center of the Village. Spacious formal entry, living room and dining room. Updated equipped kitchen, first floor laundry room and great storage. Three bedrooms on the second floor with room for a second bathroom. Central air conditioning, welcoming front porch and newer garage. A great home, ready to be called your own.
David Dean 412-741-2200 \$250,000

CONTEMPORARY RANCH
NEW LISTING
On a beautifully manicured setting in Robinson Township, this four bedroom has it all. Country gathering kitchen in Spanish motif, formal dining room with French doors to the patio and a welcoming, open great room. Lower level finished game room. Wonderful in ground swimming pool with patio plus a poolside guest house with a fifth bedroom. A great value, close to all major routes and conveniences.
Linda X. Benson 412-741-2200 \$275,000

SOLID VILLAGE COLONIAL
A wonderful value in the heart of the Village, a two-story, solid brick, Colonial. Grand room sizes with a formal dining living room, welcoming dining room and large equipped gathering kitchen plus a family room. Four spacious bedrooms, two bathrooms and a potential guest suite. Paneling, French doors, stone fireplace and three porches. Two car garage. A great value and within walking distance of all the Village amenities.
Minta Roberts Bauer 412-741-2200 \$300,000

VILLAGE CARRIAGE HOUSE
NEW LISTING
Heart of Sewickley, thoughtfully remodeled carriage house, from the peaceful perennial flower beds to the spacious living spaces. Relaxing front porch. Foyer to the living room with hardwood floors, opening to the back porch and wooded yard. Formal dining room opening to the patio, and tucked-away den, perfect for the home office. New kitchen with a built-in eating area and keeping room. Two main level bedrooms and a full bath. Second level includes two, or three, additional bedrooms, a full bath and great storage. Detached garage. All the Village amenities are yours from this vintage beauty.
Kathe Barge 412-741-2200 \$389,000

BELL ACRES CONTEMPORARY
Incredible three level contemporary nestled on three plus acres in Bell Acres. Walls of glass capture all of nature surrounding this home, flooding it with light. Grand living room with fireplace, dining room, updated kitchen and family room, as well as a den and game room. Five bedrooms including a 400 square foot master suite. The center atrium overlooks the deck and distinguishes this home. A wonderful cul-de-sac setting and two car, attached garage. Truly a home of distinction, call today for all the details.
Angie Haskell 412-741-2200 \$495,000

EDGEWORTH CLASSIC
Built just 10 years ago, this three-story brick Colonial in the heart of Edgeworth shines. Hardwood floors on all three levels plus crown molding, French doors, high ceilings, bright windows, and an updated granite kitchen. Living room with built-in bookcases, family room with paneled wall and fireplace, breakfast room, formal dining room, towering oversized 5-car garage with studio above. Five bedrooms and 3.5 bathrooms including a grand master suite. Lower level game room and ample storage. A wonderful home in a great neighborhood. Call today for details.
Guen Larson 412-741-2200 \$685,000

103 LEE ROAD
OPEN SUN 1-4
Commanding a panoramic view from the 6+ acre setting, this rocky Mountain style cedar home captures all the surrounding nature. Vaulted living room with doors to the deck overlooking the pool, dining room and family room with a fireplace adjacent to the deck. Professional kitchen with tile counters and top appliances. Main level master bedroom suite with vaulted ceilings, jet tub, shower, double sink and access to the deck. Four second level bedrooms and two baths. Lower level game room with bookshelves, fireplace, office, laundry room, wine cellar, and studio, all with pool access. A great retreat just minutes to the Village.
Betty Moraca 412-741-2200 \$875,000

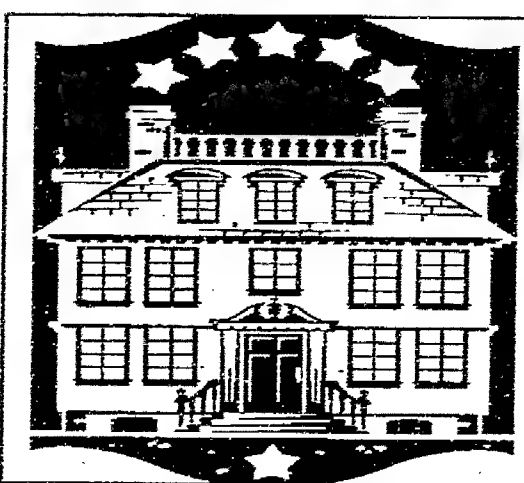
SEWICKLEY HEIGHTS CONTEMPORARY
Outstanding two-story estate, the finest in contemporary design. Towering gallery entry paralleling the expansive living room and dining room joined by an open stone fireplace. Equipped kitchen with adjoining breakfast room. Open, glassed family room with entertainers wet bar and spiral stairway to the game room. Open stair to the second level and the balcony hallway to the bedrooms. Five bedrooms and 5.5 bathrooms including a guest suite. Three car garage and 9+ acres. Sited in a wonderful setting.
Betty Moraca 412-741-2200 \$1,050,000

SEWICKLEY HEIGHTS PROVINCIAL
NEW LISTING
Nestled in the seclusion of Sewickley Heights, this bright Provincial is complete with every amenity for today's lifestyles. Warm and airy entry to the cathedral ceiling living room with a fireplace and the formal dining room. Professional chef's granite kitchen with new appliances and separate breakfast room, all adjoining the spectacular family room with fireplace, deck and breathtaking views. Grand master suite with dressing room and spa-like bathroom, stairway to private gym. Media room plus a game room with bar and full kitchen. Five bedrooms, 4.5 bathrooms and three-car attached garage. Five acres with endless tree lined and valley views. A magnificent home in a great neighborhood. Call today for details.
Mia Kail-Bojalad 412-741-2200 \$1,075,000



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Real Estate Numbers



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Coldwell Banker
412-741-2550;
Corporate office,
412-366-1600.

Howard Hanna
412-741-2200;
Keller-Williams Realty
412-741-7464;
Northwood
412-741-0111;
Prudential
412-741-6312.

Prudential Preferred Realty
412.741.6312
Virtual Tours at PrudentialPreferredRealty.com

Visit us in **Sewickley** at 421 Broad Street

<p>ALEPPO TOWNSHIP JUST LISTED Exceptional townhome located on a pretty cul-de-sac and bordered by woods. The living area includes a large living room, formal dining room, wonderful eat-in-kitchen, family room with fireplace and a first floor master suite with a remodeled bath including hardwood floors, granite counters and a large shower. There are two additional bedrooms and a den on the upper level. Large deck off the family room. 2 car garage and much more. \$369,000</p>	<p>SEWICKLEY NEW PRICE Located in the central Village, this three story Victorian style home has much to offer. Features of this fine home include a new, well equipped kitchen, a large living room, formal dining room, 4 bedrooms and 2.5 baths. Finished third floor, rear staircase, original pine floors and new windows. Wonderful wrap around porch and fenced yard with arbor add to the charm of this lovely home. \$349,000</p>	<p>SEWICKLEY OPEN SUN 1-4 911 Nevin Avenue - This handsome three story home is well located in the Village area and offers many fine features. Recently remodeled, this home features a beautiful Merril kitchen, lovely hardwood floors, pocket doors and decorative fireplaces. There are 4 bedrooms and 2 full baths. Wonderful full length front porch. Dir: Beaver St. to Nevin Avenue. \$245,000</p>
<p>ALEPPO TOWNSHIP OPEN SUN 1-4 125 Veshio Drive - This wonderfully spacious ranch style home has much to offer. There is a large living room with a fireplace, separate dining area, eat-in-kitchen, family room and 3 bedrooms. Integral garage. Large, nicely landscaped lot just minutes from the Village. Dir: Beaver Rd. to Glen Mitchell Rd., R. Weber Rd., L. Veshio Dr. \$189,000</p>	<p>BEN AVON OPEN SUN 1-4 6619 Virginia Ave. - Recently renovated, this home is in perfect move-in condition. Large living room with gas log fireplace, formal dining room with bay window, a new kitchen and enclosed porch on the first floor. There are 4 spacious bedrooms and 2 full baths. Other improvements include new Pergo floors, carpeting and fresh paint inside and out. Great location. Dir: Rt. 65 to Dickson Ave., R. on Church, L. Walnut, R. Virginia Ave. \$169,000</p>	<p>LEET TOWNSHIP NEW LISTING This one year old home is located in the "Quaker Heights" neighborhood and is only minutes from Sewickley Village. Features of this home include a bright eat-in kitchen, first floor laundry, formal dining room and family room with a gas log fireplace. There are 4 spacious bedrooms and 2.5 baths 2 car integral garage and more. Call today for an appointment or more information. \$299,000</p>
<p>BELL ACRES NEW PRICE Exceptional stone and cedar contemporary situated on 1.3 acres with beautiful tired gardens. This bright and sunny home offers approximately 3,000 sq. ft. of living space and includes a spacious living room with a fireplace, a formal dining room, well-equipped eat-in kitchen with granite counters and a comfortable family room. There are 4 large bedrooms and 3 full baths. Open floor plan with vaulted ceilings. 3 car garage and more. \$469,000</p>	<p>SEWICKLEY OPEN SUN 1-4 615 Harbaugh St. - Beautifully maintained brick Victorian style home in convenient Village location. Features of this inviting home include a large living room with a gas log fireplace, a formal dining room and equipped kitchen. There are 5 bedrooms and 2 full baths. Wonderful full length covered porch. Level lot. Close to schools, shopping and transportation. Dir: Rt. 65 to Chesnut St., R. Harbaugh St. \$299,900</p>	<p>BELL ACRES NEW CONSTRUCTION "Charleston Square" This inviting new neighborhood is conveniently located only minutes from historic Sewickley Village. Visit our model home - This stunning "French Country" design offers soaring ceilings and a handsome stone fireplace which accentuates the "great room" that leads to the gourmet kitchen through a rounded archway. There is also a first floor master suite and den \$799,000. Dir: Beaver St. to Campmeeting Rd., L. into Charleston Square Packages from the \$700's</p>
<p>OSBORNE This attractive two story Colonial style home is situated on a nicely landscaped level lot at the edge of the Village area. Features of this wonderful home include a bright eat-in kitchen and a first floor laundry room. There are 3 bedrooms and 2.5 baths. The inviting rear patio is the perfect place to relax on summer evenings. Covered breezeway and 2 car attached garage. \$365,000</p>	<p>EDGEWORTH This beautifully maintained home is tucked away on pretty lot in the heart of Edgeworth and convenient to schools, shopping and busline. Features of this home include a large living room with a fireplace, formal dining room, eat-in kitchen and family room on the first floor. There are 3 bedrooms and 1.5 baths. Ready to move-in! \$139,900</p>	<p>BELL ACRES This exceptional brick Colonial is situated on a beautiful 2 acre wooded lot along a peaceful cul-de-sac in a wonderful neighborhood. Features of this fine home include a large living room with a gas log fireplace, a handsome dining room, maple kitchen and cozy family room. There are 4 large bedrooms and 2.5 baths. Recent updates include new windows, furnace, central air conditioning, garage doors/openers and bathrooms. Magnificent views and a well landscaped yard with specimen planting \$539,000</p>

BUYING? SELLING? CALL ...
 Coldwell Banker 412-741-2550; Corporate office, 412-366-1600.
 Howard Hanna 412-741-2200; Northwood 412-741-0111;
 Keller-Williams Realty 412-741-7464; Prudential 412-741-6312.

SCHOOL BUS

Don't Miss the Quaker Valley Bus

881 Thorn Street
\$249,900
 • 2 Bedrooms and
 • Reading Loft
 • Fabulous English Gardens
 • New Parquet Flooring
 MLS# 576987

1300 Beaver Street
\$624,900
 • 6-7 Bedrooms
 • New Granite Kitchen
 • Sewickley Village Location
 MLS# 556159

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COLDWELL BANKER
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 pittsburghmoves.com
 Airport/Sewickley Regional Office

Beautiful custom built home in the new development of Sturbridge Court in Franklin Park. It features 4 bedrooms, 3.5 baths, granite counter tops, 2nd floor laundry, 2 fireplaces.

Jay Hopay \$599,900

Beautiful home with soaring entry, 1st floor office and laundry, tray ceiling and bay window in dining room. Hickory kitchen, huge family room and fenced yard. Located on a non-through street.

Robin Ross \$342,500

Six bedroom, 2 bath Victorian on a fenced corner lot in Sewickley. Refurbished hardwood floors, pocket doors, sunroom and built-in china cabinet. Garage and off-street parking. Beautifully refinished!

Robin Ross \$358,000

Three bedrooms, 2 full baths. Updated kitchen & baths. Fenced in yard with a large side yard and a 20X13 rear deck. One car garage and a carport.

Kim Zipparol/Lynne Geiger \$95,900

SEWICKLEY REAL ESTATE

DESIGN OF THE WEEK

Stanbury features contemporary look

The contemporary ranch-style Stanbury has an open, welcoming look.

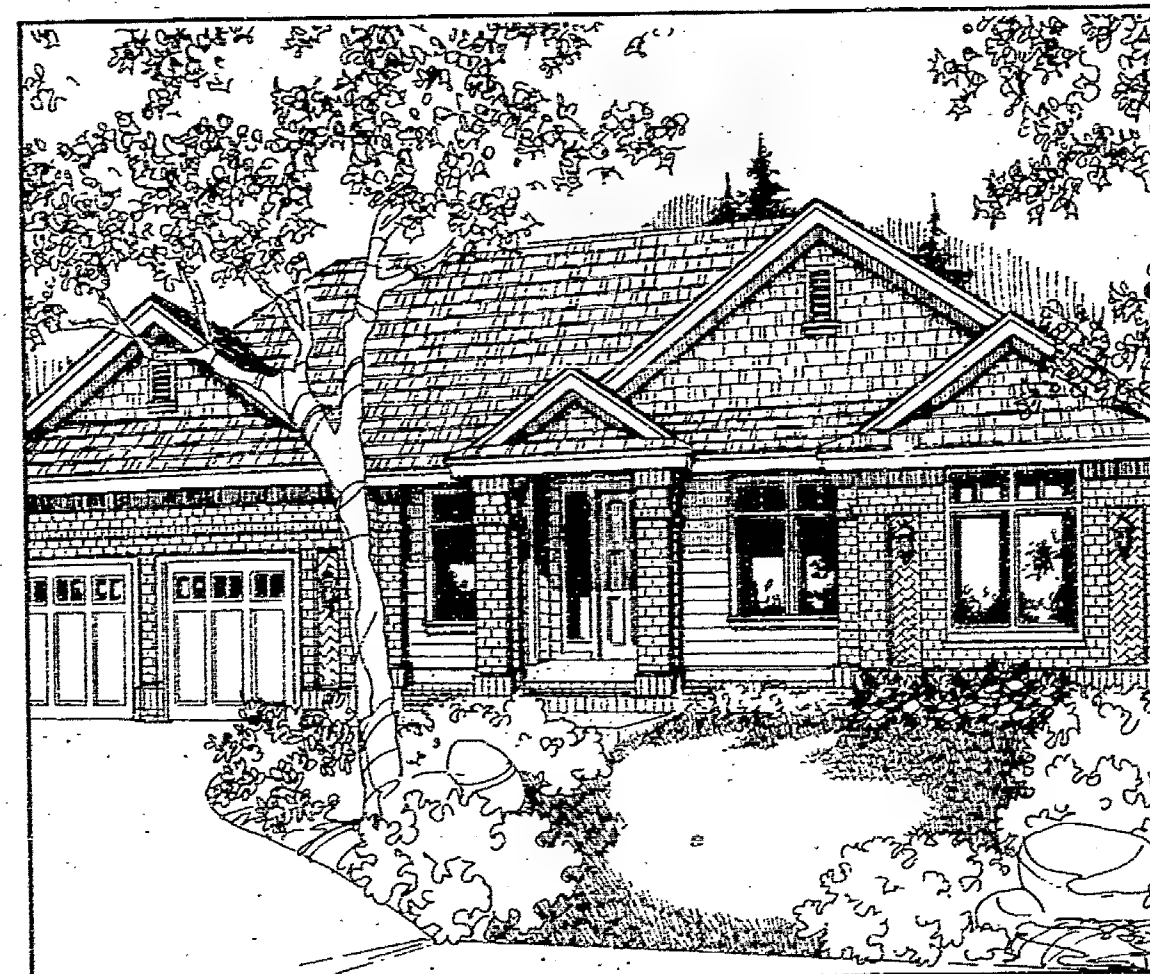
Sidelights flank the door, and a wealth of additional windows sparkles across the front.

Shake-textured siding accents the upper triangles of each of its four front gables, while brick veneer columns and cladding bespeaks permanence. Each of the four shining coach lights is backed by a framed rectangle of custom brick, set in an intriguing heringbone pattern.

This single-level plan is traditional in the placement of a living room and dining room, accessed via mirror-image arched openings off the foyer. Built-in hutch flanks the living room's mess-free gas fireplace, while another long hutch in the dining room fills about half of one side wall.

A nearby opening feeds into the hallway and kitchen.

Day-to-day family living takes place in the core rooms at the rear. The family room is almost entirely open to the kitchen and nook. A gracefully arched opening marks the boundary, in tandem with a raised counter and eating bar.



Working at the built-in cook top, your eyes can take in almost every corner of the family living area, along with much of the patio and rear landscape.

A sliding glass door fills the widest wall of the bayed nook, so this space is naturally bright. It also boasts an abundance of counters and cupboards.

A second gas fireplace serves as a focal point in the family room. Light washes in through slender windows on both sides.

A wide window bay expands the Stanbury's master suite. Outfitted with a couple of easy chairs, this quiet retreat is a great place to relax, or even doze off. Both walk-in closets are roomy.

For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$25 to Associated Designs, 1100 Jacobs Dr., Dept. W, Eugene, OR 97402.

Specify the Stanbury 30-500 and include a return address when ordering.

A catalog featuring more than 400 home plans is available for \$15.

For more information, call (800) 634-0123, or visit our website at www.associateddesigns.com.



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SEWICKLEY REAL ESTATE

HOME & GARDEN

Tips for drying garden flowers

When picking flowers for drying, choose only the best flowers, since drying will emphasize imperfections.

Pick late in the morning when plants are dry but not wilted from heat and sun and select flowers at different stages of development, from buds to fully open blossoms.

Blue, orange and pink flowers retain the best color when dried.

■ For air drying, all you need to air dry your flowers is a warm, dry place with adequate air circulation.

Attics, potting sheds and garages are ideal.

■ Nature printing is an art form that can be framed and displayed but is also a craft that can be used to decorate linens, wearables, walls and furnishings.

Moreover, nature printing is a science as exhibited by the beautiful volumes created by herbalists, physicians and botanists through the 19th century.

Most plants dry best when tied in bunches and hung upside down. Make sure the plants are dry, then tie them and remove all leaves, unless they also dry well.

Tie six to 10 stems together about two inches from the stem ends or use a rubber band to fasten them together. Your plants are thoroughly dry when the stems snap easily. This can take up



to three weeks.

Chinese lanterns, baby's breath, poppy seed-heads and globe thistles dry better right-side up. Simply place the plants in a wide-mouth jar.

When drying ageratum, hydrangeas, yarrow, alliums, bells-of-Ireland and heather, place them right-side up in a container with about 1/2-inch of water in the bottom. As the plants dry, the water will evaporate.

Because they are top-heavy, it's best to dry fennel, dill, Queen-Anne's-lace and edelweiss by placing the stems through the holes in 1/4-inch hardware cloth. The cloth will support the heavy heads, while the stems hang loosely below.

To strengthen your dried flowers, spray them with clear lacquer, hair spray or clear craft spray.

■ For microwave drying, test a few plants to determine the drying time. Two minutes set on "high" is a good starting point.

Put the plant material inside folded paper towels and place a dish on top of them to keep the leaves and petals from curling.

Place a small dish of water in the microwave with the flowers.

From www.gardenguides.com

SEWICKLEY HEIGHTS
\$1,550,000
OPEN HOUSE
Sunday
August 28
1-4 P.M.
 YOU WON'T FIND ANOTHER HOME QUITE LIKE THIS ONE!

403 Hillside Farm Road

A 150 yard winding drive and over 5 acres create a magnificent entrance to this exceptional home. It features 7 BR, 7+ baths, pool and pool house, attached guest house, unique and luxurious 2-story master suite, stylish, top of the line kitchen, formal LR and DR, family room, spacious finished game room, 4 floors and over 10,000 sq. ft. of living space! Please stop by to tour on August 28, or call Joe Larkin for more information.

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REAL ESTATE, INC.

Joe Larkin
 Cell: 412-860-6625
 Office: 412-366-1600, ext. 256
joe.larkin@pittsburghmoves.com • www.JoeLarkin.net

BEST SUMMER BUYS

QUAKER HEIGHTS
 3 bedroom, 2-1/2 bath, 3 level split/2 car grg. Lovely L shaped living-dining room. Eat-in kitchen. Newer paint & carpet. Many updates. Call BL#49345

Penny Bobincheck \$174,900

QUAKER HEIGHTS
 4 bedroom, 2-1/2 bath, 2 story. Ceramic tile flrs, an Oak Kitchen/all appliances, 1 10'x16' partially covered deck, and a whirlpool tub are just some of the updates. Must see! BL#40735

Penny Bobincheck \$179,900

HARMONY TWP.
 Custom built 3BR Cape Cod/integral garage. HW flrs, plaster walls & archways. Living rm/stone FP, formal DR & galley kitchen/attached breakfast nook are part of the charm. Not a drive by! BL#48035

Penny Bobincheck \$139,900

LEETSDALE
 3 bedroom, 1 bath, Victorian home with eat-in kitchen, formal dining room, & living room/built-in bookcases & dec. fireplace. Large front & back porches. 1 car garage & large side lot. Needs some work. BL#56295

Penny Bobincheck \$85,000

SEWICKLEY
 A 2 car garage in Sewickley Village! 4BR, 2 bath home/newer windows, furnace & AC. 9' ceilings, decorative fireplaces, & original woodwork. Walk to everything! Must see! BL#57285

Paul Adomshick \$269,900

SEWICKLEY AREA
 A nature lover's dream! Absolute peacefulness. Close to everything, yet secluded. Breathtaking View! Sits on 10 acres. BL#55585

Jack Wuenstel \$260,000

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BOROUGH OF SEWICKLEY
OFFICIAL NOTICE

The Zoning Hearing Board, Borough of Sewickley, will hear the following appeals and/or variances for the same on September 6, 2005 at 7:30 P.M., at the Municipal Building, 601 Thorn Street, Sewickley, PA 15143.

Jon Hur, owner of the property at 338 Henry Ave. Block & Lot # 506-D-248, in the R-1A Zoning District, propose to expand a deck and seeks relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 208 Table 2 (Dimensional Requirements) & Part 5 Section 501 (Non-Conformities).

Guy Asper, agent for the owner, Mario Lemieux, of the property at 630 Academy Ave., Block & Lot # 507-H-22, in the R-1 Zoning District, propose to relocate an existing driveway and seeks relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 208 Table 2 (Dimensional Requirements).

Robert Nikel, agent for the owner, the Sewickley Car Store, of the property at 119 Kramer St., Block & Lot # 506-M-224, in the C-2 Zoning District, propose to erect an addition and seeks relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 206 #1 (Lot Area Requirements) & Part 3 Section 302 (Off-Street Parking).

Mark Zappala, agent for the owner, Beaver Hall Associates, LP, of the property at 808 & 820 Beaver St., Block & Lot # 421-F-297 & 421-F-307, in the R-2 Zoning District, propose to erect a multi family complex and seeks relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 208 Table 2 (Dimensional Requirements), Part 2 Section 206 #1 (Lot Area Requirements) & Part 3 Section 305 Table 3 (Off-Street Parking).

People who wish to comment, may do so at the above scheduled public hearing. A copy of the Sewickley Borough Zoning Code is available for public use at the Sewickley Public Library or at the Borough Manager's office. The Building Permit application is available for review at the Office of Building Inspections.

Michael M. Lyons
Zoning Hearing Board
Borough of Sewickley

(768 8-17, 8-24-05, 2T)

BID ADVERTISEMENT
CONTRACT NUMBER: 30-67-94
FURNISHING AND INSTALLATION OF
RADIO READ METERS AND TRANSMITTERS

Sealed Bids are requested by the Findlay Township Municipal Authority at the Authority Office located at 1271 Route 30, P.O. Box 409, Clinton, PA 15026 until 4:00 P.M. prevailing time, Friday, September 23, 2005 for Contract No. 30-67-94. Bids will be opened publicly and read aloud immediately after the closing time for receipt of Bids. This Project consists of furnishing and installing radio read system meters and transmitters.

Interested parties may view the Profile and Bid Schedule for this Project on the internet at: www.niraengineers.com.

Copies of the Bid Documents may be examined at the office of the Authority located at 1271 Route 30, P.O. Box 409, Clinton, PA 15026 or at the office of NIRA Consulting Engineers, Inc., 950 Fifth Avenue, Coraopolis, Pennsylvania 15108. Copies thereof may be obtained from the office of NIRA Consulting Engineers, Inc., upon payment of a non-refundable sum of \$40.00. An additional charge of \$10.00 will be required for mailing of Bidding Documents and Specifications. Checks are to be made payable to NIRA Consulting Engineers, Inc. Bids must be submitted on the forms provided, and completed in strict accordance with the instructions provided. Each Bid must be accompanied by a Bid Bond, in the form of a Certified Check or Corporate Surety Bid Bond, in the amount of ten percent (10%) of the Bid Proposal made in the favor of the Findlay Township Municipal Authority.

A Performance Bond, Labor and Material Payment Bond, and Maintenance Bond in the amounts specified within the Contract Documents will be required of the successful Bidder.

Bidders on this work will be required to comply with the Provisions of the Pennsylvania Prevailing Wage Act 442. The Prevailing Wage Scale is included in these Specifications.

Adherence to Instructions to Bidders is required.

No Bid or any part thereof shall be withdrawn by Bidder for a period of sixty (60) days subsequent to the Bid Opening.

The right is reserved by the Owner to reject any and/or all Bids, totally or in part, or to waive informalities in any Bid.

Howard Theis, Manager

(798 8-24-05, 1T)

PUBLIC NOTICE
NORTH FAYETTE TOWNSHIP

The Zoning Hearing Board of North Fayette Township will hold a public hearing on Thursday, September 8, 2005 at 7:30 p.m. in the Municipal Building Meeting Room, 400 North Branch Road, Oakdale, PA 15071 to hear the following application:

Fayette Farms LP is requesting the following special exception to Zoning Ordinance #380 for property located at 551 Donaldson Road, Oakdale, PA 15071 with the Tax ID# 9929-X-82528:

1. Article VIII, Standards and Criteria for Uses by Special Exception, Section 802.7, Public Utility Buildings and Transmission Facilities. Public utility buildings and transmission facilities shall be permitted as a use by special exception subject to the following minimum standards and criteria:

A. Uses involving distribution equipment, which is not enclosed by a building or structure, shall be secured by a fence, which is at least eight (8) feet in height with a self-latching gate. The fence shall have a minimum capacity of eighty percent (80%).

B. Uses involving distribution equipment which is not enclosed by a building shall be adequately screened by a buffer yard as defined by § 205 of this Ordinance along all lot lines adjacent to an existing residential use or Residential Zoning District.

C. Uses involving towers or other distribution structures which exceed the height limitations of the district shall be required to increase the clear clearance required for the structure by one (1) foot for every two (2) feet in excess of the height limitations of the district.

James Morosetti
Zoning Hearing Board, Chairman

(804 8-24, 8-31-05, 2T)

KENNEDY TOWNSHIP
ALLEGHENY COUNTY
INVITATION TO BID

Notice is hereby given that Kennedy Township, Allegheny County, 340 Forest Grove Road, Coraopolis, PA 15108 will accept sealed bids for the following contract until 12:00 p.m. prevailing time, Monday, September 12, 2005, to be opened at 7:00 p.m. prevailing time, Monday, September 12, 2005 at the Township Municipal Building immediately following the caucus session.

2005 ROAD RESURFACING PROGRAM

The project consists of resurfacing various sections of twenty-four Township roads within a 1-1/2' depth of ID-2 bituminous wearing course. Project includes miscellaneous tack coat, binder leveling course, driveway adjustments and valve box and manhole grade adjustments.

Bidding Documents, including Drawings, Project Manual and Bid Forms may be viewed or obtained at the office of Herbert, Rowland & Grubic, Inc., 280 Executive Drive, Cranberry Township, Pennsylvania 16066, after August 16, 2005 at a non-refundable cost of Thirty-Five Dollars (\$35.00). Documents will be mailed first class at an additional cost of Ten Dollars (\$10.00) for a total of Forty-five Dollars (\$45.00). Checks shall be made payable to Herbert, Rowland & Grubic, Inc. and must be paid in advance.

Each bid shall be accompanied by a Certified Check or Bid Bond in an amount of not less than ten percent (10%) of the bid total. Successful Bidder shall be required to provide Performance and Payment Bonds each in an amount equal to 100 percent (100%) of the Contract Price.

All bids shall be irrevocable for Sixty (60) days after the bid opening date as provided by the Act 317 of 1978 approved November 26, 1978.

Bidders must comply with all State anti-rigging regulations pertaining to work associated with this project, and are required to submit an executed non-collusion affidavit with the Bid.

The estimated cost of this project is greater than Twenty-Five Thousand Dollars (\$25,000.00) and the Pennsylvania Prevailing Wage Act shall apply. Bidders should refer to provisions of federal and state statutes, rules and regulations dealing with the prevention of environmental pollution and preservation of public natural resources that affect the project, said provisions being pursuant to Act No. 247 of the General Assembly of the Commonwealth of Pennsylvania, approved October 26, 1972.

Kennedy Township reserves the right to waive any defects, errors, omissions mistakes, informalities to accept any bid or

combination of bids that are deemed to be in the best interest to the Township and to reject any or all proposals.

KENNEDY TOWNSHIP
BOARD OF COMMISSIONERS
Gary R. Vituccio
Township Manager

(772 8-17, 8-24-05, 2T)

LEGAL NOTICE
BOROUGH OF SEWICKLEY HEIGHTS
PLANNING COMMISSION

Notice is hereby given that the Planning Commission of the Borough of Sewickley Heights will meet on Thursday, September 8, 2005, at 5:00 P.M., at the Borough Hall, Country Club Road.

The Planning Commission will consider the Anderson Revocable Land Trust Plan, a subdivision of property into two lots by Raymond P. Parker, Trustee, on Pink House Road.

The Planning Commission may consider other matters.

The Borough of Sewickley Heights
By: William P. Roche
Borough Manager/Secretary
(805 8-24, 8-31-05, 2T)

BOROUGH OF SEWICKLEY
PUBLIC NOTICE

Sewickley Borough Council will hold a Council Planning Retreat on Thursday, August 25, 2005 at the Edgeworth Club from 8:00 p.m. to 9:00 p.m.

BOROUGH OF SEWICKLEY
Kevin M. Flannery
Borough Manager/Secretary
(808 8-24-05, 1T)

ADVERTISEMENT OF SALE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property. The undersigned will sell at public sale by competitive bidding on 9-8-05 at 11:00 a.m. at:

EXTRA SPACE STORAGE
110 KISOW DRIVE
PITTSBURGH, PA 15205

The personal property heretofore stored with the undersigned by:

Unit # Name
421 Henry Greco

Purchases must be paid for at time of purchase in cash only. Sale subject to cancellation in the event of settlement between owner and obligated party. AU-001211
(792 8-24, 8-31-05, 2T)

NOTICE OF INTENT
TO AUCTION
ABANDONED VEHICLES

1993 Chevrolet Corsica
VIN# 1G1LT53T4PY122842
1995 Pontiac Bonneville
VIN# 1G2H2K52K354296402

Thursday August 25, 2005
Jarry's Auto Wrecking
176 Flougherty Run Road
Coraopolis, PA 15108
10:00 A.M.

(801 8-24-05, 1T)

115
SCHOOLS/INSTRUCTION

EDUCATION POSITIONS
Cornell Abraxas I Arlene
Lissner High School, a
year round licensed private
school servicing grades
9-12, is accepting applications
for the following positions:

-Special Education Teacher
-Art Teacher
BS degree in educational field is required as well as PA certification. Must be 21 yrs. of age and have a valid driver's license. If interested in these opportunities please submit a cover letter/resume to:

bleonhardt@cornell.com or fax to 713-335-9124. Please include "Marienville" in subject line.

THE BRADFORD AREA School District has the following anticipated teacher opening for the 2005-2006 school year: Middle School Math. Appropriate PA Teacher Certification is necessary. Applications must be turned into the Human Resources Office, 150 Lorana Ave, PO Box 375, Bradford, PA 16701 prior to the close of the day on Friday, September 2, 2005 EOE

217
HEALTH CARE
EMPLOYMENT

HOUSEKEEPING & LAUNDRY

Full time Housekeeper, daylight (7:00 am to 3:30 pm), rotating weekends & holidays. Mop & buff, removal various trash, outside grounds work, on weekends assist w/laundry duties. Exp. preferred but not necessary. H.S. diploma or GED. We offer a generous benefit package which includes: Healthcare, Dental & Vision insurance; paid vacation, sick & holidays; retirement program. Part Time Laundry, (9:00 am to 1:00 pm) M-F. Please apply on-line, fax resume, or fill out an application at:

Ohio Valley General Hospital
Attn: H.R.
25 Heckel Road
McKees Rocks, PA 15136
(412) 777-6218
Fax: (412) 777-6804
www.ohiovalleyhospital.org
EOE m/f/d/v

PHLEBOTOMIST

P.T., daylight position to perform blood draws both in/out patient locations. High school graduate or equivalent. Previous blood drawing experience or graduate of a Phlebotomy class. Computer experience to order pt. tests & generate label specimens. Please fax, apply on-line or send cover letter & resume to:

Ohio Valley General Hospital
Attn: H.R.
25 Heckel Road
McKees Rocks, PA 15136
(412) 777-6218
Fax: (412) 777-6804
E-Mail: HR@ohiovalleyhospital.org
EOE m/f/d/v

114
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NEEDED

For established Pittsburgh area plant. Candidates must be experienced in metal fabrication, and have knowledge of diesel engines, hydraulics, plumbing, and conveyer systems. May include some shifts work. Flexible interview hours. E.O.E.

Send Resume to
Box 685
C/O Gateway Newspapers
610 Beatty Road
Monroeville PA 15146

UP TO \$1750 WEEKLY INCOME!! Now Accepting Applications!! PT/FT No Experience Necessary!! \$50 Cash Hiring Bonus. Guaranteed in Writing!! 1-800-480-9440 Ext 411

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Now Hiring

Looking for fast, fun and friendly people to work on our

4:00 A.M. STOCKING TEAM
4:00 A.M. BACKROOM

• Employee Discounts
• Flexible Hours

Apply In Person:
600 Chauvet Dr.
at the point
412-867-6553

New real-life TV series seeking shopaholics, gamblers, steroid users, bullies, gang members, cult members, or any others struggling with an addiction or compulsion. www.newdocudrama.com

WONDERING WHY THERE'RE CALLED Green Miles? Pay up to \$.50/mile to company drivers and \$.13/mile to Owner Operators! Still Wondering??? Heartland Express 1-800-441-4953 www.heartlandexpress.com



Service Link, a nationwide provider of mortgage related services, has openings for the following positions at our corporate headquarters.

CLOSING COORDINATOR - Experience in working with Real Estate Closing Attorneys, preparing HUD statements, securing payoffs and coordinating the flow and execution of closing documents.

BILINGUAL SERVICE REPRESENTATIVE - Fluent (Spanish/English) customer service oriented individual will be trained to handle mortgage related products and services.

TYPIST - Strong word-processing and data entry experience required. Speed and accuracy a must.

TITLE SEARCH COORDINATOR - Requires ability to effectively communicate with Real Estate Property Title Abstractors nationwide.

TITLE UNDERWRITER - Title search and examination experience preferred. Salary commensurate with experience.

Shifts available are 10:30am - 7:00pm and 11:30am - 8:00pm.

Only Resumes with salary requirements will be considered.

Service Link is located in the Hopewell Office Park one-half mile from route 60 and minutes from Pittsburgh International Airport. We provide, at not cost to the full-time employee, a benefits package that includes: Health/FX, Dental and Vision insurance, liberal paid vacation, paid holidays, sick and personal leave, 401k Savings Plan with substantial Company matching of funds and a casual work environment. Send your resume and salary requirements to:

Service Link
4000 Industrial Boulevard
Aliquippa, PA 15001
Attn: Human Resources
Fax: 800-707-5328
E-mail: HR@servicelinkp.com
AN EEOC EMPLOYER

418442G535

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LABORER

For Nursery/Garden Center. Must have valid license. Bobcat experience preferred. Heavy lifting and drug testing required.

Apply in person on Tues/Wed/Thurs 8am to 6pm only inches Nursery
Stoops Ferry Rd
Moeh Twp, PA 15108

eBay Workers Needed. \$\$\$\$ Weekly. Use Your Home Computer/Laptop. No experience Required. Call Online Supplier 1-800-693-9398 ext 8170

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Qualifications:

- 21 years or older
- Clean driving record
- No felony convictions
- Drug screen and physical required
- Customer Service Skills
- Driving/delivery experience recommended
- No equipment necessary

Contact Matthew Miller
2702 Neville Road
Pittsburgh, PA 15225 or
e-mail resume to
matthew.miller2@fedex.com

222
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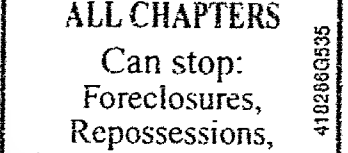
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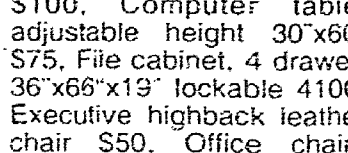
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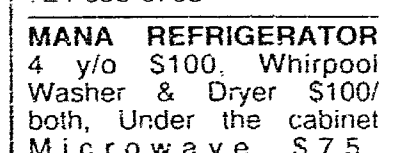
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466 AUCTIONS/PUBLIC SALES

HILL VIEW MANOR NURSING HOME AUCTION 2801 Ellwood Rd. New Castle, Pa 16101 September 24th at 9:00 am visit www.audiarealestate.com for multiple exterior photos, plus trade fixtures and inventory. 65,000 Square Foot Building, 35+ acres, Real Estate and complete contents priced at \$1.5 million. Auctioneer Duke Whiting Lic #AU003437-L. No co-broke offers accepted after Sept. 1, until auction. Call For Terms

AUDIA REAL ESTATE SERVICES 724-658-8330

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468 GARAGE SALES

BELLEVUE: Huge Multi-Family, Everything Must Go!!! 123 Sheridan Ave. off Riverview and Lincoln. Sat. Aug. 27th, 8am-7pm

CORAOPOPOLIS Aug. 27th, 8a-1p, 612 & 614 Wood St. off 5th Ave. Kitchen table and chairs, 30W Mountain bike, luggage, avon, jewelry, household, decorative, misc. items

Advertise your estate sale in the classifieds. Call 412-372-7923

CORAOPOPOLIS Fri-Sat, Aug. 26-27th, 9a-2p, Couch, Desks, TV Unit, Nintendo GameCube and 64, Wood bunk bed, Antique Mantle, Dressers, Scrapbook and Craft Supplies, Toys: Beanie Babies, household items, No Junk!!! 930 Ridge Ave.

CORAOPOPOLIS Huge Yard Sale!! Aug. 27 & 28th, 8a-3p, 417 Mt. Vernon Ave. make first right on Chess St after Dairy Queen on 5th Ave. Toys, household items, clothing and much much more!!!! Everything must go!!!!

CRAFTON Aug. 27th, 8a-2p, 2300-1325 Preston St. Nobels Town to Bartow, Designer clothes, furniture, misc.

KENNEDY Multi-Family!! Sat. Aug. 27th, 7am, 1065-1067 Fiddleback Dr. off Clever Rd. Furniture, clothes, toys, GREAT items Big & Small!!!!

Advertise your estate sale in the classifieds. Call 412-372-7923

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3 Dimes Dr 2 BR, Alum Siding House, Everything Updated! Reduced \$79,900

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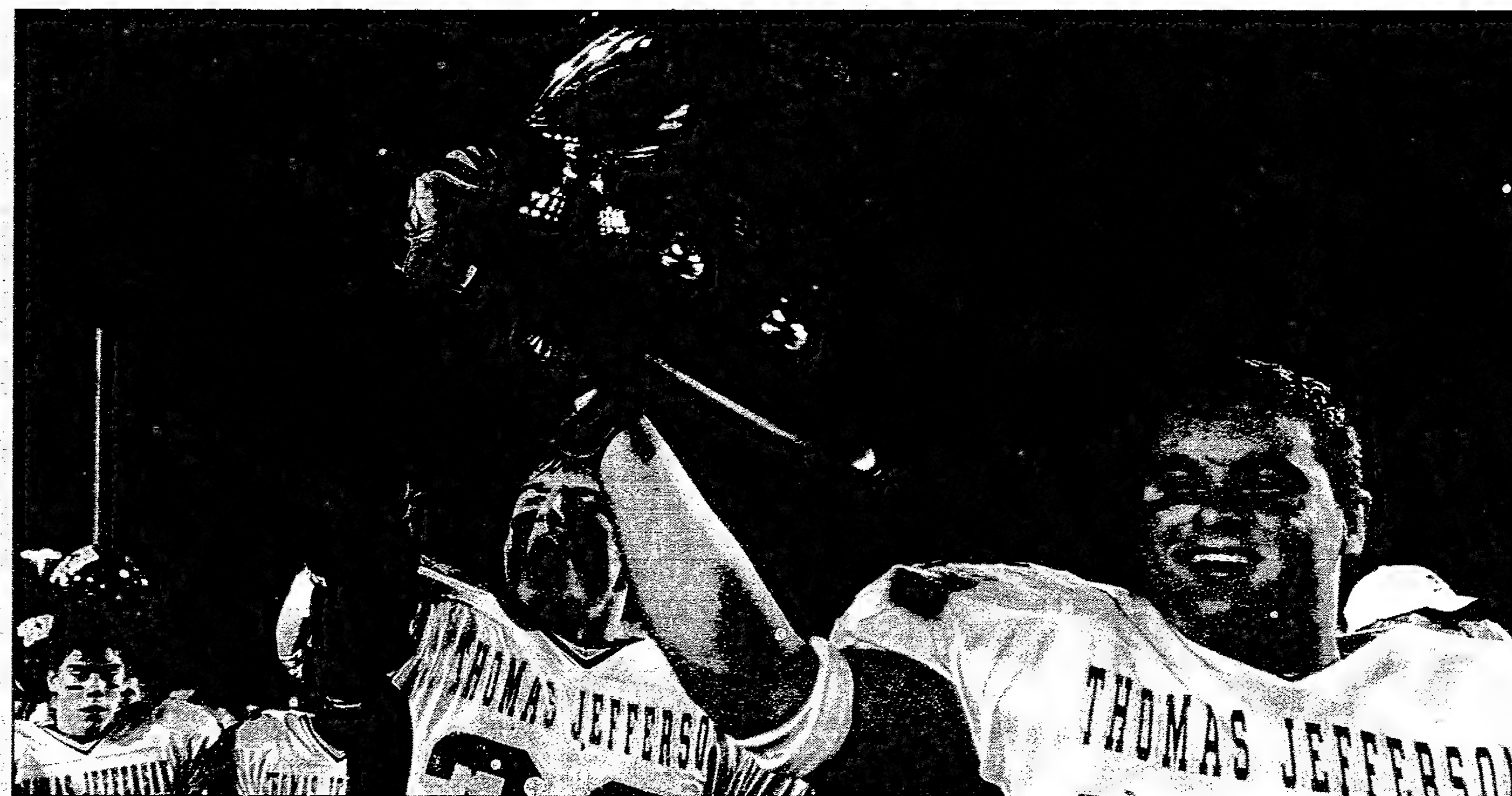
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Baldwin Fighting Highlanders

- Head Coach: Mike Silianoff
- 2004 Record: 4-6
- Conference: Quad East

Baldwin switching to spread offense in 2005

By Ray Fisher

Sports editor

Baldwin is batting 1.000 in the Mike Silianoff coaching era.

Silianoff, who is now in his third year as head coach at Baldwin, guided the Fighting Highlanders into the WPIAL Quad A playoffs in each of his first two seasons at the helm.

2005 Schedule

Aug. 26	at Mt. Lebanon
Sept. 2	Upper St. Clair
Sept. 9	at Woodland Hills
Sept. 16	Penn-Trafford
Sept. 23	at Hempfield
Oct. 1	at Norwin
Oct. 7	Connellsville
Oct. 14	Penn Hills
Oct. 21	at Central Catholic

"We're optimistic about this season in that we think we have a nucleus of talented people. We've been trying to build a supporting cast around them, and we think we're starting to do that," said Silianoff.

"We've got numbers. We had 70 kids come out this year. We're trying to fortify ourself to be two deep at positions. With the (Quad A) schedule we play, an injury or two can really make a difference in your season."

Baldwin has ended its season in similar fashion the past two years.

The Fighting Highlanders have advanced to the WPIAL playoffs in both years, only to lose at Bethel Park in the opening round.

Baldwin dropped a gut-wrenching 36-25 overtime decision to Bethel Park in



GETTING SERIOUS for their senior season at Baldwin are two of the team leaders in 2005, (l-r) Justin Hargrove and Jason Pinkston, who are both University of Pittsburgh football recruits.

2003. And it was another close call in '04, as the Blackhawks muddled their way to a 14-7 victory.

The local squad wound up with a 4-6 overall record last season, after finishing fourth in the Quad East Conference.

"We're very optimistic about the team we've got," said Silianoff. "We're trying to climb to the top of the mountain, just like everybody else. We'll take it one day at a time."

One of the individual highlights in '04 was the aerial show of Justin Schmotzer, a senior quarterback who connected for

1,443 yards and 12 touchdowns last season to rank among the leading passers in the WPIAL.

Schmotzer, an all-conference selection in 2004, completed 94 of 196 tosses, averaging 14.4 yards passing per game and 15.4 yards per completion.

"We're looking for a big year out of him (Schmotzer). We believe the way he goes is the way the team goes," said Silianoff. "He believes in himself. He's very confident he will be able to lead us."

Schmotzer has been receiving recruiting interest from Division I-AA schools,

as well as schools from the Patriot and Ivy leagues.

Two players at Baldwin — Cart Kelly and Julian Pinkston — tied for the team lead in receptions last fall with 31 catches apiece.

Kelly, who had 31 receptions for 553 yards and two touchdowns in 2004, is back in 2005. He is a senior wide receiver/defensive back this time around.

Pinkston, who had 31 catches for 478 yards and six TDs, is not back. He is a graduation loss.

Silianoff believes the wide receiving corps is one of the strongest and deepest positions for the Fighting Highlanders — which led to a change in the team's offensive philosophy for 2005.

The local squad will operate with a more wide-open attack — utilizing a spread offense — this fall.

"Because we have so many receivers, that's why we kind of went to a spread offense. It's something we studied and worked on the whole off-season," said Silianoff. "We're not a big as we were (last year) but we have some skill kids, and Schmotzer can throw. We also have some quarterback prospects for the future."

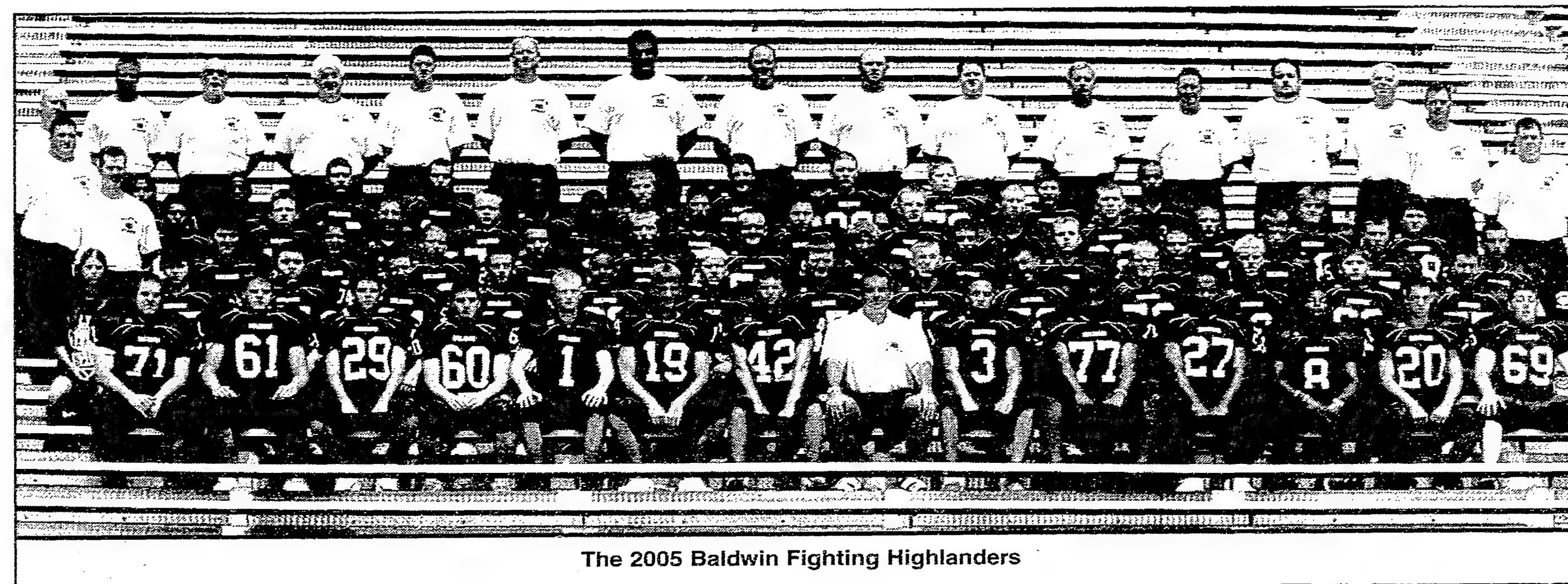
"I think that's what makes it interesting about high school football. You can't go out and recruit players. You're kind of monitored by what you have available."

Kelly is the headliner in a stable of talented wideouts on the Baldwin roster.

Other top receiving threats include a group of seniors in John Englert, Matt Chilleo, Shane Recker, Damon Henry and Mike Catania, a pair of juniors in Dan Joyce and Matt Sunseri, plus sophomore Jeff Joyce, who has been recuperating from a preseason injury.

The Fighting Highlanders will set up

Continued on page 6



The 2005 Baldwin Fighting Highlanders

Season ticket packages for 2005 schedule available at Baldwin athletic office

Baldwin High School varsity football season tickets are on sale at the athletic office at a discounted rate for the 2005 four-game package.

The Fighting Highlanders' first home game of the year is slated for Friday, Sept. 2, at 7:30 p.m. in a non-conference

matchup against an old South Hills area rival, Upper St. Clair.

They will play at home twice in September and twice in October.

The three other visitors to Baldwin Stadium on the 2005 varsity schedule are: Penn-Trafford (Sept. 16), Connells-

ville (Oct. 7) and Penn Hills (Oct. 14).

The Fighting Highlanders are members of the WPIAL Quad East Conference again in 2005.

Other teams in the conference are Woodland Hills, Hempfield, Norwin and Central Catholic — all road games for

the Fighting Highlanders this season.

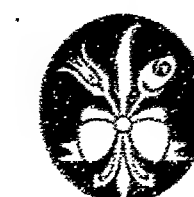
Baldwin football tickets are available at the athletic office Monday-Friday between 7 a.m. and 3:30 p.m.

For ticket prices, or other information about the 2005 season ticket package, call the athletic office at 412-885-7515.



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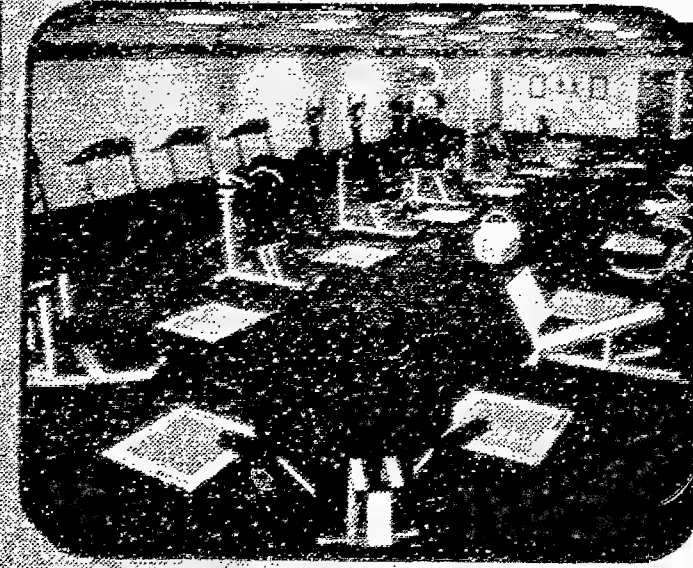
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Fighting Highlanders going with a spread attack

Continued from page 4

its passing attack behind a solid running game, thanks to the return of seniors Justin Hargrove and Shawn Fraser.

Hargrove, a University of Pittsburgh recruit, missed most of last season due to an injury. But he is considered one of the top athletes in the WPIAL.

Hargrove wound up with a 409-yard rushing total on 70 carries last season, good for a team-leading 5.59 yards per attempt average.

Fraser rushed for 394 yards on 92 carries, or 4.28 yards per attempt.

Baldwin's offensive line is anchored by senior guard Jason Pinkston, who will be joined by four first-year senior starters in Jake Alex, at guard, Ryan Brophy and Steve Reihley, at tackle and Dan Manning, at center.

Nadeem Farah, a junior and another first-year starter, and Recker will see action at tight end.

One of the team's highlights last season was a three-game stretch in which the Fighting Highlanders shut out three consecutive opponents by an 82-0 overall margin — Hempfield (27-0), Norwin (27-0) and Connellsville (28-0).

Baldwin also held Central Catholic, which went on to win WPIAL and PIAA titles in Class AAAA, to its lowest point total of the regular season in a 16-14 loss at home.

Central Catholic was ranked seventh in the country in the "USA Today" high school football rankings at that time.

The catalyst on the Baldwin defense is, again, Jason Pinkston, who like Hargrove is a Pitt recruit.

Pinkston, who is rated among the top high school defensive linemen in the country, wound up with the team lead in total tackles (88), individual tackles (59) and sacks (three) last season.

"Jason's excited about his decision (to attend Pitt). He was getting tired of the recruiting process," said Silianoff.

"He and his family did a lot of research. They came to the conclusion that Pitt was in his best interest."

Three other top defensive players on last year's squad — linebackers Frank Berta, Jamar Williams and Sean McDonough — graduated last spring.

However, Chillico, another leading defensive player on the 2004 team, is back for his senior season.

Chillico, who mans a linebacker position on defense, was credited with 50 total tackles in 2004.

He will be joined at linebacker by Hargrove, Fraser, junior Shane Petrilli and senior Kevin Cornell.

"Justin (Hargrove) started at defensive end as a sophomore. Last year, we moved him to linebacker. It helps to be that big and run the way he does," said Silianoff.

Silianoff has been building a defensive line from among the following players: Pinkston, Hargrove, Farah, Brophy, and juniors Tim Rice and Khory Lion.

Pinkston and Kelly were all-conference selections on defense a year ago.

Kelly, the only returning starter in the secondary, paced the squad in interceptions last season with six. He also had four deflections.

Others who have been vying for playing time in the defensive secondary include: Recker, Joyce, Catania, senior Rick Storino, who will be Schmotzter's at quarterback, and sophomore Ian Wild.

"Ian has been really popping people. It's really been noticeable," said Silianoff.

The kicking duties this fall will be handled by sophomore Drew Hofbauer, who also is a member of the boys' varsity soccer squad at Baldwin.

Central Catholic earned first place in the Quad East Conference and went on

to win the WPIAL Quad A crown in 2004.

Five other teams in the conference advanced to the playoffs, thanks to a three-way tie at fourth place.

Central Catholic (6-0) was followed by Penn Hills (6-1), Penn-Trafford (5-2) and Baldwin, Connellsville and Woodland Hills, who were all 3-4 in league-play, in the final standings.

"I think Woodland Hills is reloaded. They have three top Division I recruits. Penn Hills seems to be talented again. They just keep producing over there. And Central Catholic is the defending champ. Those three are the teams to beat, and Penn-Trafford also has a 2,000-yard quarterback," said Silianoff. "It's going to be a strong conference again."

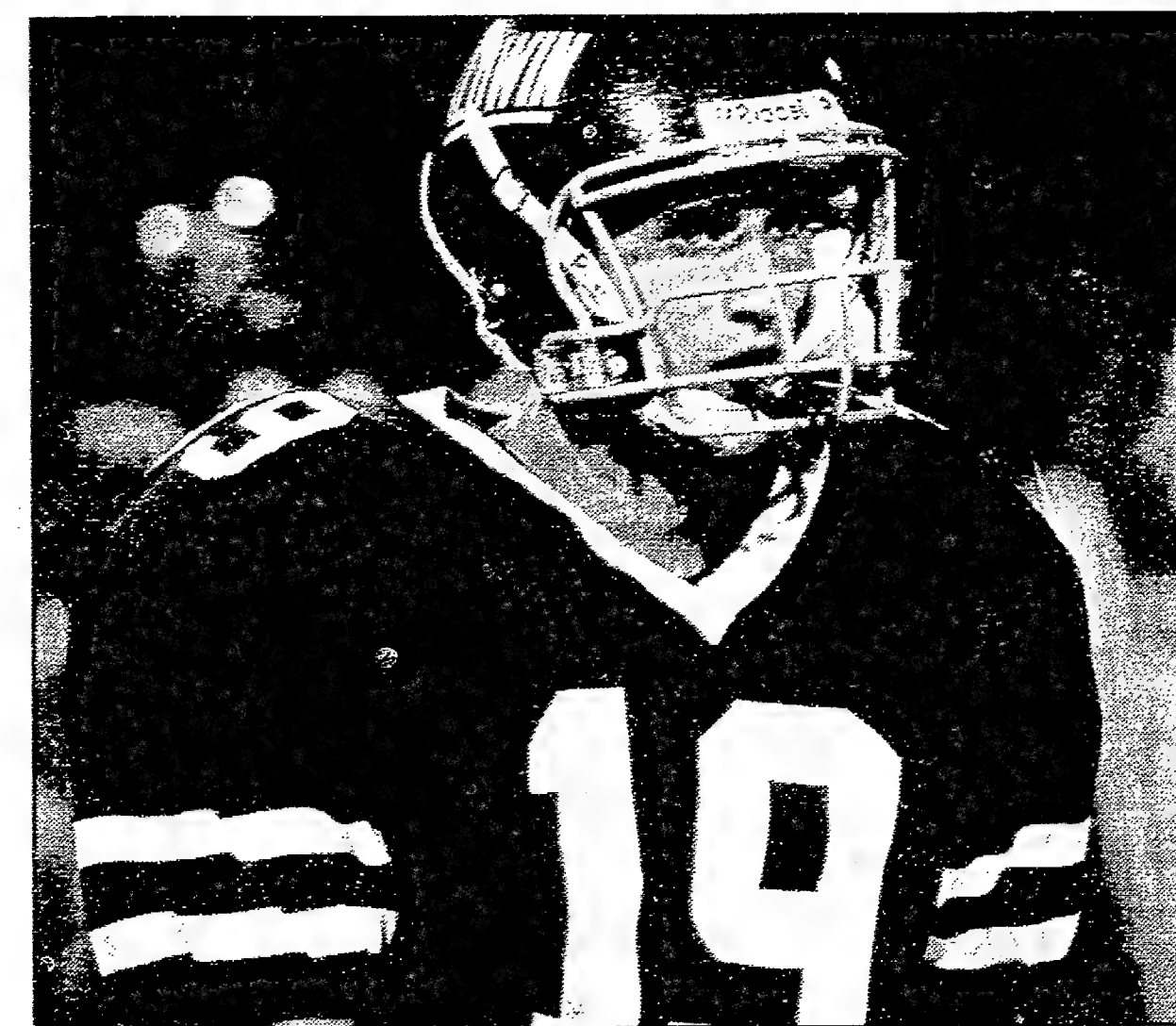
Baldwin's affable field boss isn't ruling out his team from being a playoff contender.

"We really believe we're a playoff caliber team. We're working toward that goal," said Silianoff.

"Our goal is what I believe every high school team's in Western Pennsylvania should be — to win a WPIAL championship."

Baldwin will kick off its season this Friday, Aug. 26, at Mt. Lebanon, followed by its home opener next Friday (Sept. 2) against Upper St. Clair.

ALL-CONFERENCE



JUSTIN SCHMOTZTER, one of three returning all-conference players on the Baldwin football team, is looking for a big year in 2005. Schmotzter, a senior quarterback, completed 94 of 196 passes for 1,443 yards and 12 touchdowns last season.

Baldwin roster

#	NAME	HT	WT	POS	CLASS	49	Mike Rosso	6-0	185	TE/DE	Jr.
71	Jacob Alex	6-0	235	OL/DL	Sr.	11	Matt Sunseri	5-6	135	WR/DB	Jr.
70	Eric Bomer	5-11	205	OL/DL	Sr.	81	Mike Wagner	6-0	140	WR/DB	Jr.
52	Ryan Brophy	6-2	272	OL/DL	Sr.		Juan Acker			WR/DB	So.
20	Mike Catania	5-10	140	WR/DB	Sr.		Andrew Baker			TE/DE	So.
95	Matt Chillico	6-0	165	WR/LB	Sr.		Tyler Balsom			OL/DL	So.
43	Kevin Cornell	5-7	180	RB/LB	Sr.		Jacob Brande			OL/DL	So.
1	John Englert	5-2	141	WR/DB	Sr.		Ben Cleary			OL/DL	So.
46	Shawn Fraser	5-10	175	RB/LB	Sr.		Mike Coleman			WR/DB	So.
27	Justin Hargrove	6-3	220	RB/LB	Sr.		Dylan Dankowski			QB/LB	So.
8	Damon Henry	5-10	175	TB/DB	Sr.		Ed Estes			WR/DB	So.
3	Carthide Kelly	6-0	165	WR/DB	Sr.		Alex Farah			OL/DL	So.
83	Dan Manning	5-5	169	OL/DL	Sr.		Drew Hofbauer			K	So.
69	Cory Onda	5-8	235	OL/DL	Sr.		Chris Homo			WR/DB	So.
77	Jason Pinkston	6-5	292	OL/DL	Sr.		Mike Huston			OL/DL	So.
24	Shane Recker	5-11	160	WR/DB	Sr.		Jesse Huston			RB/DB	So.
61	Steve Reihley	6-0	215	OL/DL	Sr.		David Jenkins			OL/DL	So.
19	Justin Schmotzter	6-0	162	QB/DB	Sr.		Jeff Joyce			QB/DB	So.
29	Ricky Storino	6-1	145	TE/DB	Sr.		Steve Kimmell			OL/DL	So.
23	Mike Dettis	5-9	170	TB/LB	Jr.		Dave Lauterbach			OL/DL	So.
89	Keith Donnelly	6-1	145	WR/DB	Jr.		Pat Lucas			QB/DB	So.
15	Alex Dzieminski	6-0	130	QB/DB	Jr.		Craig Lydon			OL/LB	So.
5	Nadeem Farah	5-11	187	OL/LB	Jr.		Matt Mason			OL/DL	So.
32	Steve Fetter	6-1	215	OL/DL	Jr.		Joe Malaskovitz			TE/LB	So.
16	Dan Griener	5-9	135	QB/DB	Jr.		Pat Murray			OL/DL	So.
56	Zach Hillgartner	6-0	185	TE/LB	Jr.		Nedjoja Nedic			OL/DL	So.
	Guyton Johnson			WR/DB	So.		Matt Nix			OL/DL	So.
33	Dan Joyce	5-8	136	RB/DB	Jr.		Zlatan Omeragic			OL/DL	So.
63	Khory Lion	5-10	220	OL/DL	Jr.		Matt Parola			WR/DB	So.
12	Dylan Myers	6-0	155	QB/DB	Jr.		Ryan Schleicher			WR/DB	So.
67	Frank Naughton	5-6	173	OL/DL	Jr.		Jim Smoyer			OL/DL	So.
40	Shane Petrilli	5-10	160	RB/LB	Jr.		Brian Taylor			OL/DL	So.
54	Zach Petrilli	5-9	186	OL/DL	Jr.		Lamar Valentine			WR/DB	So.
58	Tim Rice	5-11	215	OL/DL	Jr.		Ian Wild			RB/DB	So.

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Brentwood Spartans

- Head Coach: Kevin Kissel
- 2004 Record: 5-5
- Conference: Century

Kissel: 'Fastest team since I've been head coach'

By Kevin Ritchart
Editor

You can't teach speed. You either have it, or you don't. And the Brentwood Spartans have it. "This is the fastest team we've had since I've been head coach," said ninth-year field boss Kevin Kissel.

2005 Schedule

Aug. 26	South Park
Sept. 2	at Sto-Rox
Sept. 8	Seton-LaSalle
Sept. 16	at South Allegheny
Sept. 23	Steel Valley
Sept. 30	at Carlynton
Oct. 7	Northgate
Oct. 14	at South Fayette
Oct. 22	at Bellaire (Ohio)

Leading the way for Brentwood will be speedy junior Da'von Moore, who will play both running back and wide receiver this season.

Moore, a third-year varsity starter, is the school's record-holder in both the 100 and 200 meters.

"He's going to be the fastest kid on the field," Kissel said.

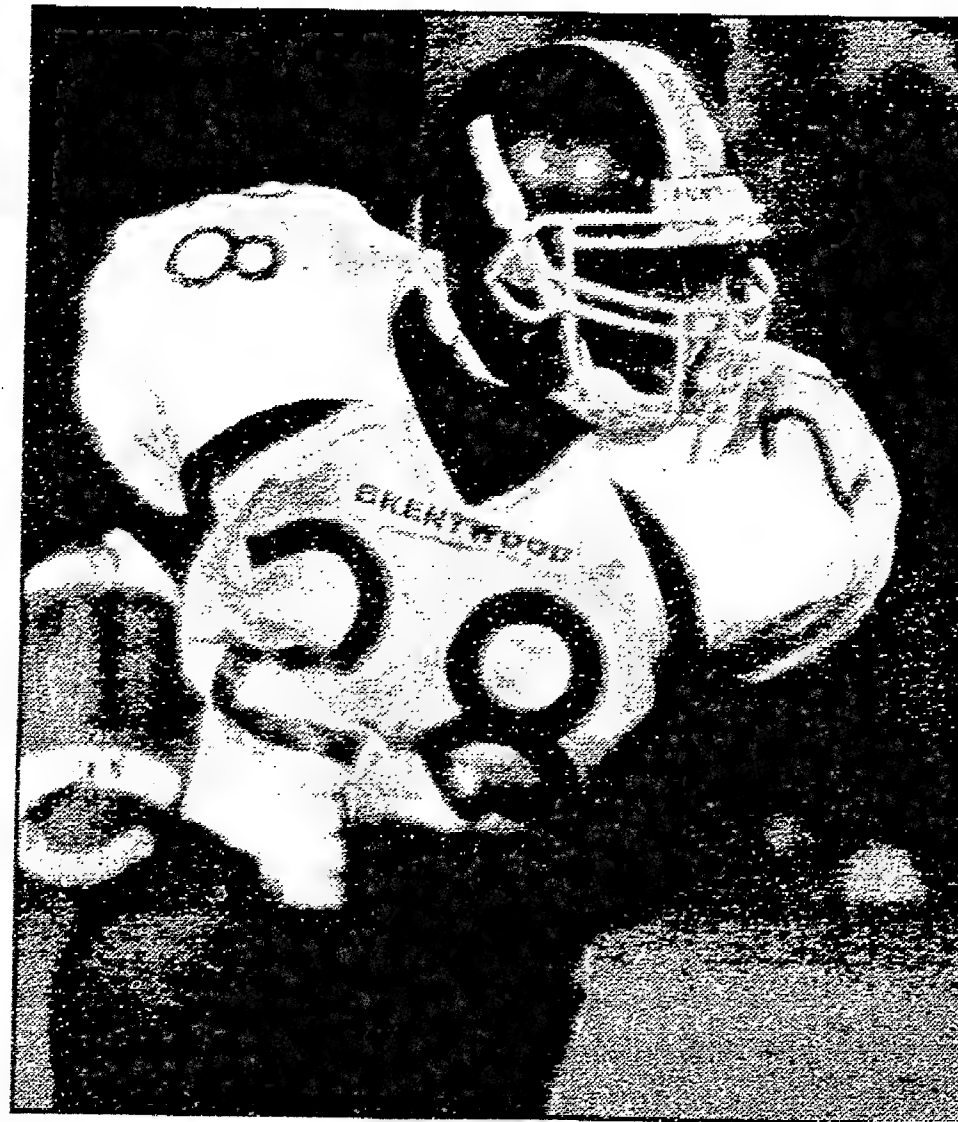
Da'von's brother, sophomore Akeem Moore, will start at one of the wide receiver spots.

Both Da'von and Akeem will be starters in the defensive backfield as well.

One of the biggest changes in the Spartans' offense this year will be at the quarterback position, where sophomore Eric Coxon will step into the spotlight.

Coxon and junior Steven Hubsch were competing to replace the departed Andy Lauterbach, and Coxon earned the start-

DYNAMIC DUO



TWO OF the top players on the Brentwood varsity football team are the Moore brothers: (l-r) Akeem, a sophomore wide receiver/defensive back, and Da'von, a junior running back/defensive back.

ing role during preseason drills.

"Eric is going to be our quarterback of the future," Kissel said.

Even with a new quarterback, Kissel will not hesitate to put the ball in the air.

"Our strength is our skill people," Kissel said. "We're going to feature that. We're going to throw the ball more than

we did last year."

Hubsch will start opposite Akeem Moore at wide receiver, but will also see some time at quarterback.

"Steven is more mobile," Kissel said. "When he's in there, we can move him around, roll him out."

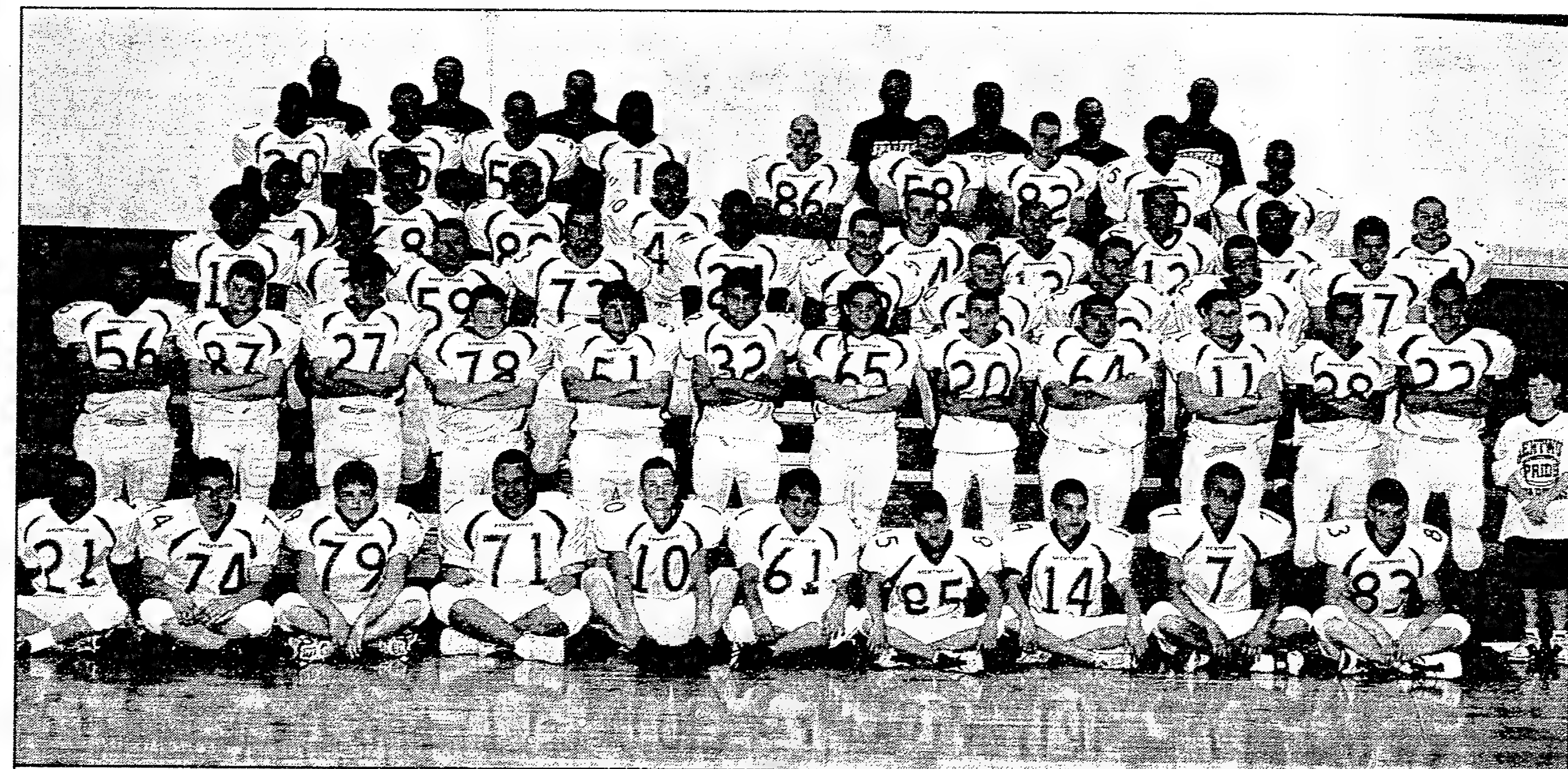
Jesse Gonzalez, a junior, is another

wide receiver for the Spartans.


Joining Da'von Moore in the backfield will be juniors Steve Sikora and Collin Stefanowicz.

Only one varsity starter — junior center Steve Donaldson — returns on the offensive line.

Continued on page 10



The 2005 Brentwood Spartans

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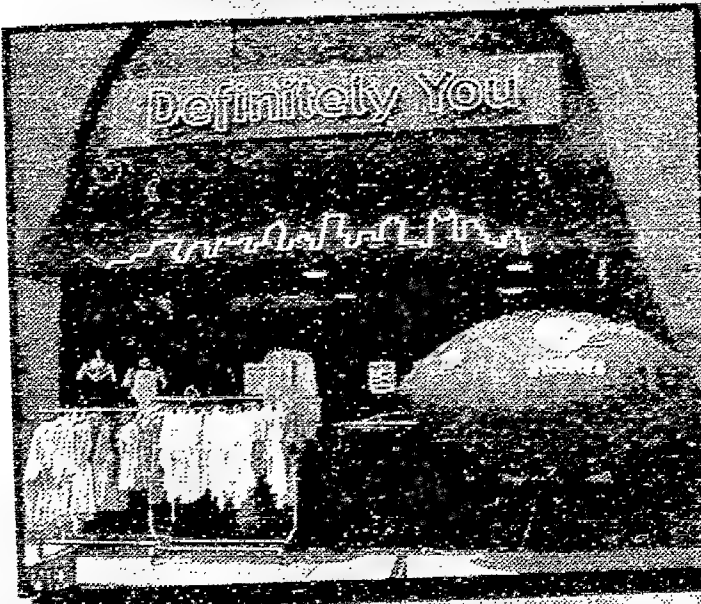
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Spartans, Moore tandem look to run by opponents

Continued from page 8

This year's starting guards — seniors John Gyure and Tony Mingone — were both fullbacks last year.

At tackle, the starters are expected to be David "Bubby" Stover on the right side and Joe Maskiewicz on the left side. They're both juniors.

Billy Reed, another junior, will start at tight end in a mostly blocking role.

Mingone, a three-year starter at middle linebacker, sets the tone for the Spartans defensively. He is the team's leading returning tackler.

Gyure, an all-conference choice at defensive tackle in 2004, will move to defensive end. He will be joined by junior Nick Fields.

Donaldson and Stover will start at defensive tackle, while sophomore Brandon Lindy will step in at linebacker.

The Moores, Hubsch and Gonzalez will patrol the Spartans' secondary.

Senior Ryan Deasey, who also plays soccer, will do all the kicking this year.

Special teams, in particular the return game, is an area that Kissel says

will be a strength this season.

Da'von Moore was one of the most dangerous kick returners in the Century Conference last year, taking two back for touchdowns.

Though the Spartans enter this season with a lot of young players, Kissel is hopeful that last year's playoff experience against Aliquippa will be something for his team to build on.

"A lot of our kids were shell-shocked," Kissel said of facing the eventual Class AA runner-up Quips. "As the game went on, they found out they could compete with them. Our kids found out exactly what to expect from themselves and exactly what it takes to get where a team like Aliquippa is."

For the Spartans, in their first year in Class AA, there was no shame in that 48-29 loss to Aliquippa.

"The kids found out they can play with anybody," said Kissel. "They don't have to fear anybody."

Kissel looks at South Park, Seton-La-Salle and South Fayette as the top teams in the Century Conference in 2005.

"There are no off-weeks. Every week, you're going to be scrambling," he said.

COACHING STAFF



THE BRENTWOOD varsity coaching staff is gearing for another WPIAL Class AA playoff run this season. The Spartans advanced to the WPIAL playoffs as a wild-card team in Class AA last season, and finished with a 5-5 overall record.

Brentwood roster

#	NAME	HT	WT	POS	CLASS	#	NAME	HT	WT	POS	CLASS
1	Akeem Moore	6-0	170	WR/DB	So.	53	Matt Schaaf	5-9	170	G/DT	Jr.
3	Jim Kwiatkowski	5-11	140	WR/DB	Fr.	54	Justin Walker	5-10	215	OL/DT	Jr.
5	Eric Coxon	6-2	200	QB/S	So.	55	John Gyure	6-2	230	G/DE	So.
7	Ryan Deasey	6-2	200	K	Sr.	56	Dave Kwiatkowski	5-10	205	OL/DL	So.
10	Charlie Hickey	5-9	165	RB/DB	Jr.	57	Brandon Lindy	5-11	185	G/LB	So.
12	Jesse Gonzalez	6-0	170	WR/DB	Jr.	58	Steve Donaldson	5-11	210	C/DT	Jr.
13	Steve Hubsch	5-6	150	QB/DB	Jr.	64	John Donofrio	5-7	210	OL/DT	So.
14	Paul Rawick	5-9	130	WR/DB	Fr.	65	Kaitlin Niedermeyer	5-8	165	OL/DT	Fr.
15	Evan Minahan	5-9	150	QB/DB	Fr.	68	Joe Maszkiewicz	6-0	210	OL/DE	Jr.
17	Nick Novack	5-9	170	RB/LB	Sr.	70	T.J. Ward	5-6	180	G/DT	Jr.
20	Mike Widig	5-7	125	RB/DB	Jr.	71	Zinoun Obaid	5-10	200	OL/DT	Jr.
21	Brandon Moran	5-2	115	RB/LB	So.	72	Adam Snyder	5-11	240	OT/DT	So.
22	Ryan Scott	6-1	150	WR/DB	So.	73	David Stover	6-0	255	OT/DT	Jr.
23	Donnie Russ	6-0	180	TE/DE	So.	74	Roy Garfold	5-8	190	OL/DT	So.
24	D.J. Clark	5-11	180	RB/LB	So.	75	Dennis Coxon	5-11	200	OT/DT	Fr.
25	Michael Luddy	5-6	150	RB/LB	Jr.	76	R.J. Kunkel	5-10	185	C/LB	So.
27	Jesse Palatucci	5-9	150	QB/DB	So.	77	Jake Winkland	6-2	240	OT/DT	Sr.
28	Brandon Brown	5-9	125	WR/DB	So.	78	Vince Wobb	5-5	155	OL/DL	Fr.
30	Da'von Moore	5-10	185	RB/DB	Jr.	82	Billy Reed	5-11	170	TE/DE	Jr.
32	Stephen Sikora	5-9	170	RB/LB	Jr.	83	Mike Burdelsky	6-0	175	TE/DE	So.
34	Collin Stefanowicz	5-9	175	RB/LB	Jr.	84	Justin Morgano	5-10	160	RB/LB	So.
40	Nick Fields	6-0	190	FB/DE	Jr.	85	Stephen Hornyak	5-4	115	RB/DB	So.
44	Cory Newman	5-7	150	RB/DB	Jr.	86	Chuck Pickens	6-4	180	TE/DE	Jr.
50	Steve Milus	5-8	190	OL/DL	Fr.	87	Chris Fargorstein	5-8	130	RB/DB	So.
51	Josh Payne	5-9	190	C/DL	Fr.	88	Tim Lammert	5-11	180	TE/LB	Sr.
52	Tony Mingone	5-9	180	G/LB	Sr.						

SENIOR LEADERSHIP



THE SENIOR class at Brentwood is represented by the following players on the 2005 varsity football team: (front, l-r) Nick No-vack, a running back/linebacker; Tim Lammert, a tight end/linebacker; Matt Schaaf, an offensive/defensive lineman; Tony Min-gone, a guard/linebacker; (back) Dave Kwiatkowski, an offensive/defensive lineman; John Gyure, an offensive guard/defensive end; Jake Winland, an offensive/defensive lineman; and Ryan Deasey, a kicking specialist.

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Bishop Canevin Crusaders

■ Head Coach: Bob Jacoby
 ■ 2004 Record: 8-3
 ■ Conference: Black Hills



The 2005 Bishop Canevin Crusaders

Fiesty Crusaders coming off successive 8-3 seasons

By Bill Hartlep

Sports editor

If the past three seasons are any indication of the program, Bishop Canevin football is on the verge of competing for a WPIAL title for several years to come.

After reaching the playoffs in each of the past three seasons, coach Bob Jacoby and his team have set their sights on a return trip to the postseason.

The veteran coach, entering his 33rd year as Crusaders' top man, will guide his team into the Black Hills Conference schedule as a favorite to repeat as section champion, although there will be challengers.

"I think that the conference is stronger because I think that Beth Center is a stronger team than last year. Charleroi will be strong and Fort Cherry. Bentworth is also a much improved program. So, overall I see the conference being a lot stronger this year than it was last year. There were a lot of good, young players in the conference last year."

Last season's 8-3 record included a 6-1 section tally, a first round victory over Riverview (14-0) and a quarterfinal loss to WPIAL Champion Rochester (35-18). After falling to conference foe Beth Center in the fourth week of the season, the Crusaders went on a six-game winning terror. During the streak, they outscored opponents 209-46, including a 63-6 pounding at Avella.

Many of the skill players responsible

2005 Schedule

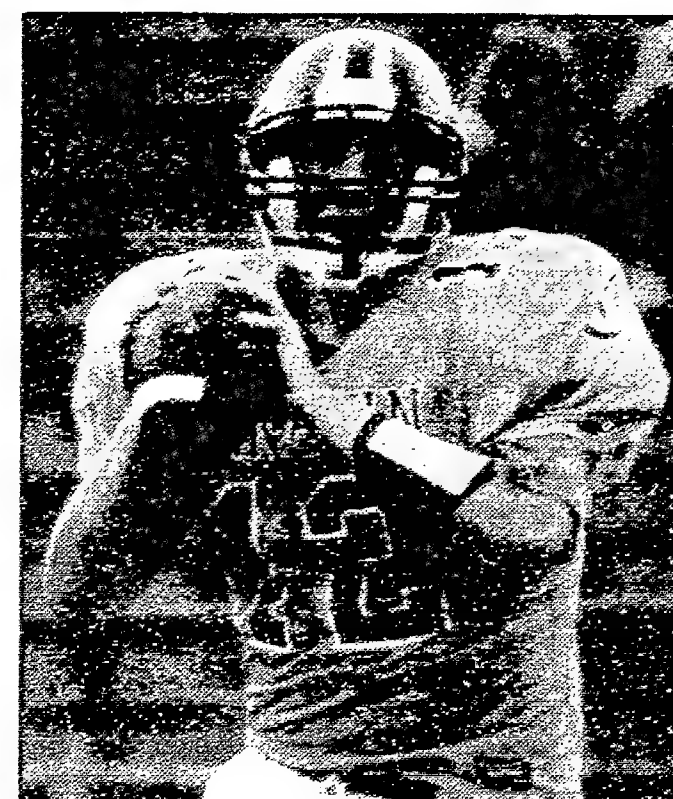
Aug. 26	at Nashannock
Sept. 2	at Monessen
Sept. 10	Burgessstown
Sept. 16	at Beth Center
Sept. 24	Charters Houston
Sept. 30	at Fort Cherry
Oct. 8	Avella
Oct. 14	at Bentworth
Oct. 22	Charleroi

for that offensive output have returned for BC, but the depth in the trenches has graduated. Jacoby said that the team is set at the skill positions, secondary and linebacker spots, but will need to rely on some younger players and first-year starters to anchor the lines.

"It's the offensive and defensive lines that we have to concentrate on," Jacoby said. "We have some good size. Our big size is young. They're not going to be ready yet, but there is some size there."

Taking the snaps again this year will be senior quarterback and co-captain Robert Eberlein, who threw for 1,375 yards and 18 touchdowns last season while leading the team to the playoffs.

His main targets will be his twin brother Richard, who will line up at tight end and senior wide receiver and co-captain Casey Quinn, who boasted 32 catches last season for 552 yards and eight scores.



Robert Eberlein

Leading the ground attack will be junior running back Matt Walter, who led the Crusaders in rushing in 2004 with 728 yards and 12 scores, despite missing three games due to illness.

"Matt would've had a really great year last year had he not been sick and missed three games," Jacoby said. "I'm looking for an explosive year out of him. And, the passing combination of Eberlein to Quinn should be pretty outstanding. Both have great size and two years of experience under their belt."

Providing the protection and opening the holes for the offense will be return-

ing starters Marcus Amaroso and Ryan Garbin, both seniors. Seniors Matt Mancuso, Curtis Valent and Nick Maocchi and juniors Tony Lutz and Nick Kulback will also see time.

The defensive line will be anchored by Richard Eberlein - the only returning starter. Others will be taking on two-way duty with the O-line.

Three starters return at linebacker in the 4-4 format. Amaroso, Rob Eberlein and junior Matt Schwartzmiller, who led the team with 114 tackles in '04, will be joined by junior John Francis and senior Ryan Gratchick.

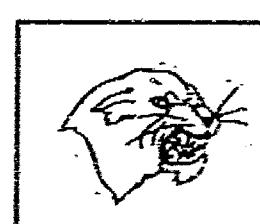
The secondary will include returners Quinn and Richard Eberlein, along with senior Lucas Amorose and juniors Walter, Dave Wodarczyk and Dan Gustine.

"I'm very optimistic," said the coaching vet. "If we can build these offensive and defensive lines, I think that we're going to be very good, because we have good skill people on offense, a good secondary and a good linebacking core."

Beth Center, the only conference team to defeat Canevin last year, is expected to be the toughest competition for the Crusaders this season, and the week four showdown will be crucial.

The Crusaders start the 2005 campaign on Friday, Aug. 26, in anon-league matchup at Neshannock.

The home opener at newly-renovated Dormont Memorial Stadium is set for Saturday, Sept. 10 against Burgessstown.



Carlynton Cougars

■ Head Coach: Ryan Gevaudan
 ■ 2004 Record: 2-8
 ■ Conference: Century

Familiarity with system could result in more victories

By Bill Hartlep

Sports editor

Last season's Carlynton Cougars may not have lit up the scoreboard all season, and may not have won a ton of games, but they went out on a high note with a 48-0 victory over Langley.

2005 Schedule

Aug. 26	South Allegheny
Sept. 2	at Steel Valley
Sept. 10	at Linsley (W. Va.)
Sept. 16	at Northgate
Sept. 23	South Fayette
Sept. 30	Breniwood
Oct. 7	at South Park
Oct. 14	Sio-Rox
Oct. 21	at Seton-LaSalle

The win gave first-year head coach Ryan Gevaudan a 2-8 record overall. The team also won their first game of the season against South Allegheny, 25-7.

"We doubled our win output in two years," Gevaudan said. "It's a baby step, and it's nowhere where we want to be, but it is improvement."

The previous two seasons, the Cougars were 1-17. They did however reach the playoffs in 2001.

"Last year, we didn't talk about wins at all, and this year that's the first thing we're talking about," said the second-year coach.

"I always knew it was tough to win, but now I think that I believe it even more. I now know why we struggled for a couple of years. We ended with that 48-0 victory against Langley and that's something to hang our hat on. Two wins is two wins and that's improvement."

Gevaudan set three goals for his team last season, and he feels that they are now beginning to make progress in building a team around them - work hard, play as a team and be disciplined.

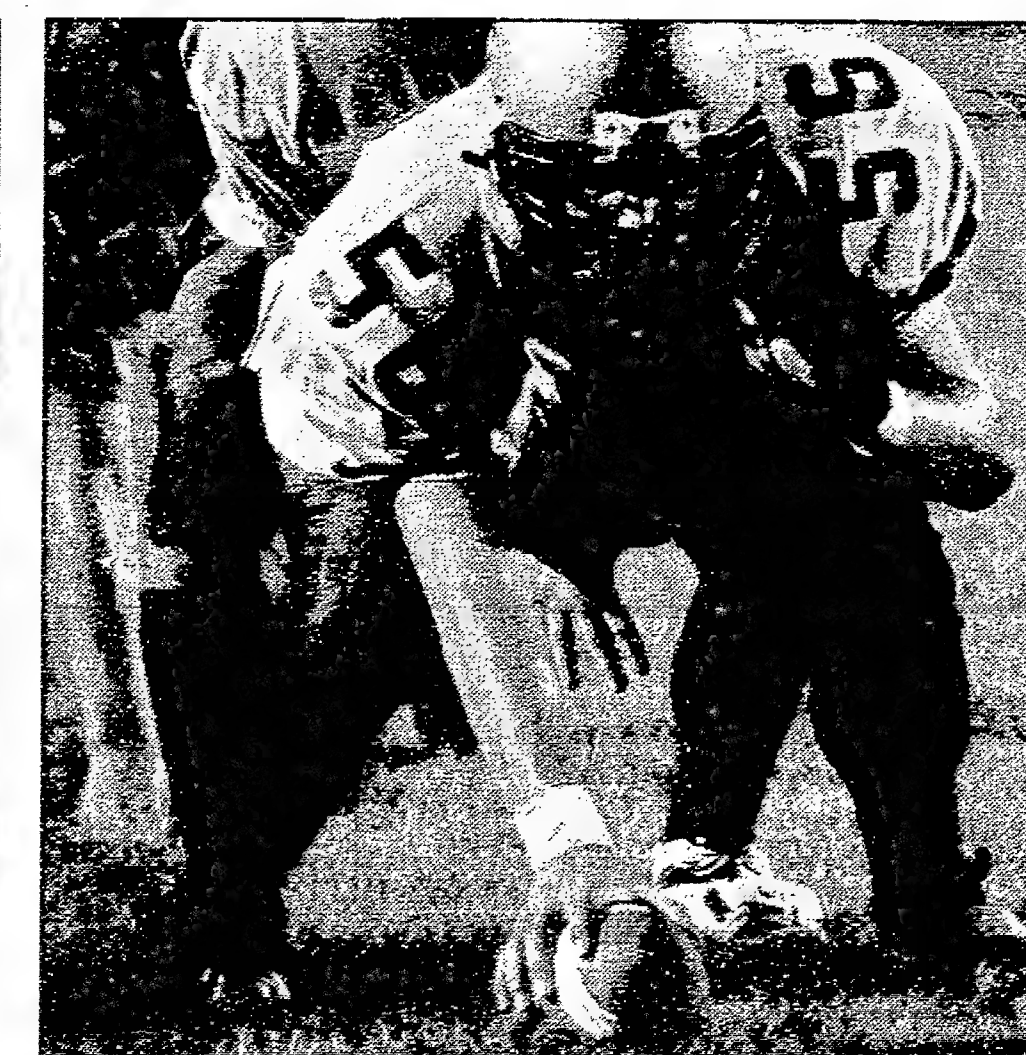
"We're definitely more of a team and we know what level we need to be in order to compete week in and week out. Of course, if you're going to be involved in our program, you're going to be disciplined, and I think all the kids realize that. It's an easier transition for them."

The 2005 Cougars will be led by senior quarterback Bruce Goolsby, a third-year starter. He threw for 1,197 yards last season and is close to setting a school passing record.

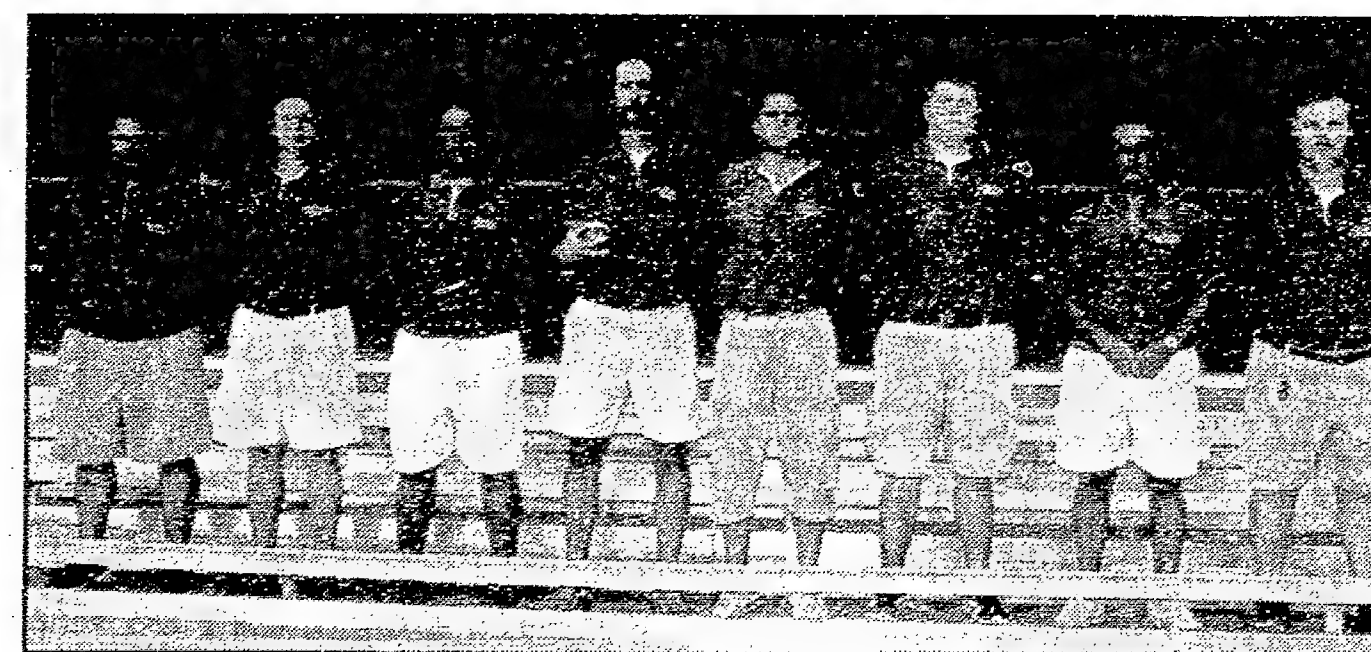
In the off-season, Goolsby added 35 pounds to his bench press to aid his chances at staying in the pocket and



A THIRD-YEAR starter at quarterback, Bruce Goolsby can beat you with his versatility.



JUNIOR JASON Bertocchi will help to anchor the offensive line from the center spot.



HEAD COACH Ryan Gevaudan (fourth from left) and his staff.

shrugging off defenders.

Senior Rich Seder will handle the bulk of the running duties this season with the help of three other teammates that will rotate into the lineup - juniors Chad Dodd, Deon Summers and Mike Carpelotti.

"We thought he (Seder) was too valuable to be a backup quarterback, so we moved him into our slot position," Gevaudan said.

Carpelotti, one of the most versatile players on the team, will also move to wide receiver in some offensive sets. He led the team in receiving last year with 24 catches for 342 yards. Junior Lavar

Dawson and seniors Phil White and Nick Lecki will also catch some balls.

"Our strength is our depth in the backfield and at receiver," Gevaudan said of his team that lost just five seniors. "We have a couple of guys that can mix it up."

The offensive line will be made up of seniors John McMasters and Jake Dulick, juniors Jason Bertocchi and Anthony Sappie and sophomore Ron Herman.

Sappie, McMasters and Carpelotti will line up on the defensive line, along side a rotation of seniors Mike Franklin, Brian Silofau and John Celli.

Celli will also see time at linebacker next to Dodd, Seder and senior Ricky White. The secondary will consist of Goolsby, Phil White, Summers and junior Lee Yochum. Junior Charlie Dagnal will handle all of the kicking and punting needs for the Cougars. This year's team captains are Seder and Dulick.

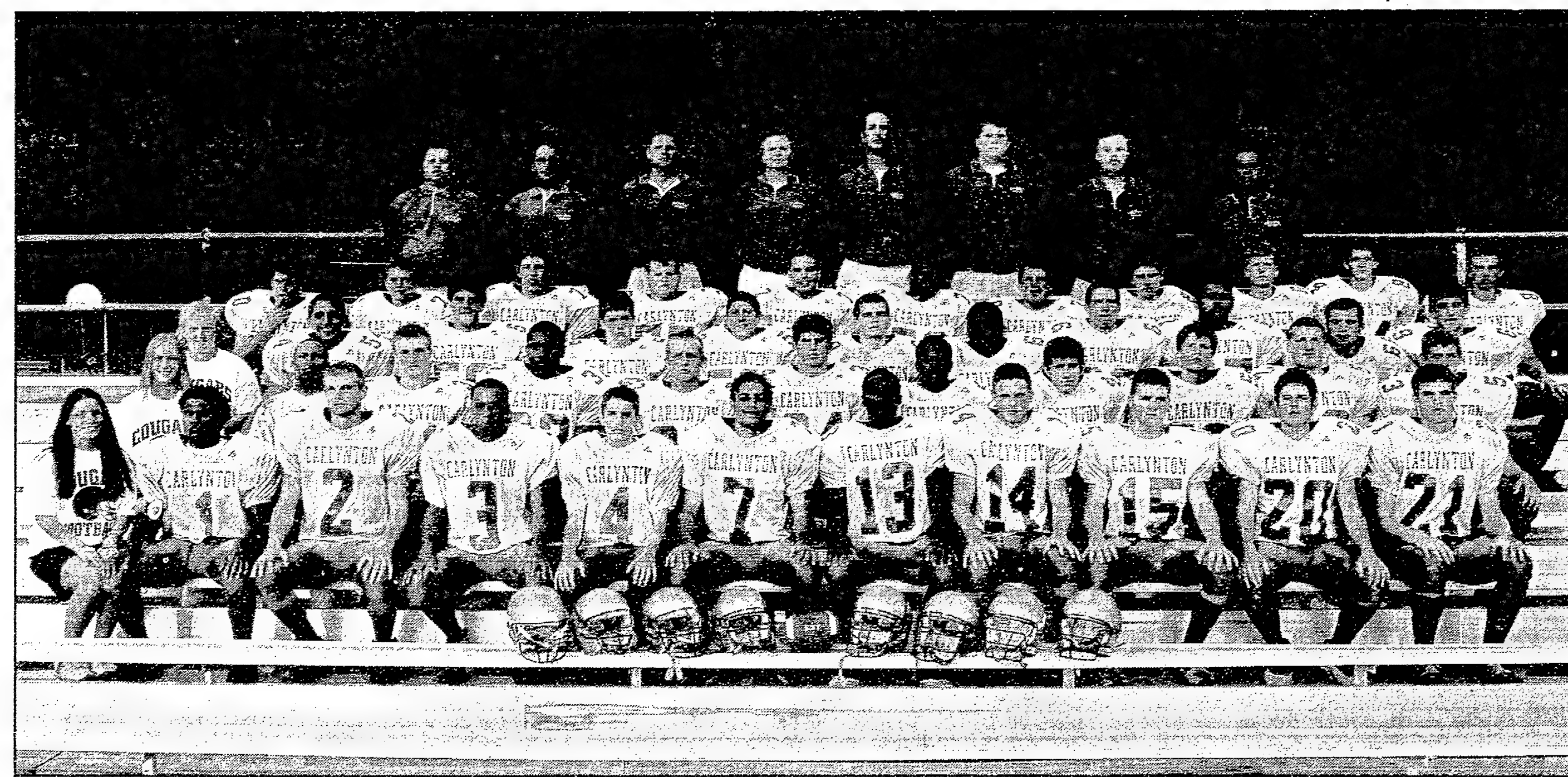
"We want to improve our record from last year," said Seder, who moved to running back from the backup quarterback position this season. "We look real good this year, a lot better than the past few years."

With just 44 guys on the roster, the team is usually out-manned against some of the bigger teams in AA, a major reason for the past several losing seasons.

"Our weakness is that we have to overcome the losing. We aren't there yet. We don't know how to win. We need to change our approach things - how we approach the off-season, how we approach game time and practices. These kids have never won at a high school level. I still feel that's one of our major weaknesses. We need to get on a roll, have some success early and build on it."

Despite the tough conference and a streak of losing seasons that leads back to 1997, Gevaudan has groomed his team to work hard and get past losing. He

Continued on page 15



The 2005 Carlynton Cougars

Carlynton roster

#	NAME	HT	WT	POS	CLASS				
1	Dean Summers	5-7	145	RB/DB	Jr.	56	Jason Bertocchi	6-1	210 OL/DL Jr.
2	Mike Carpelotti	6-1	195	SE/DE	Jr.	57	Jacque Haygood	5-11	265 OL/DL Fr.
3	Phil White	5-11	155	RB/SE/DB	Sr.	58	Albert Dufrense	5-11	185 OL/DL So.
4	Jordan Trombetta	5-7	135	QB/DB	So.	59	Jeffrey Gamble	5-6	180 OL/DL So.
7	Bruce Gochsby	5-11	165	QB/DB	Sr.	60	Mark Williams	5-6	165 OL/DL Jr.
13	Lavar Dawson	5-11	155	QB/SE/DB	Jr.	62	Andrew Walbert	5-11	205 OL/DL So.
14	Rich Seder	6-0	185	QB/RB/LB	Sr.	66	Jacob Dulick	6-2	180 OL/DE Sr.
15	Ricky White	5-11	160	SE/LB	Sr.	67	Brian Salsau	6-1	295 OL/DL Sr.
20	Gary Davis	5-9	155	RB/LB	Fr.	68	Anthony Sappie	5-11	205 OL/DL Jr.
21	Charlie Dagnal	6-2	190	K/P	Jr.	70	Anthony Kaufman	6-0	215 OL/DL Fr.
24	Gerry Howard	5-6	135	SE/DB	Sr.	71	Josh Pruss	5-6	185 OL/DL So.
31	Jason Hoover	5-11	190	QB/FS	So.	73	Jordan Roussos	5-11	200 OL/DL Fr.
32	Tyrone Coleman	6-0	205	RB/DE	So.	74	Ron Herman	6-1	215 OL/DL So.
33	Ryan Curtin	5-11	160	SE/DB	So.	75	Mike Franklin	5-11	330 OL/DL Sr.
34	Chadd Dodd	6-1	185	RB/LB	Jr.	77	Patrick Sheridan	5-11	215 OL/DL Jr.
48	Vince Butera	5-6	160	C/LB	Jr.	78	Kyle Brookins	6-0	190 OL/DL Jr.
50	Zack Mallow	6-0	150	OL/LB	Jr.	80	Ryan Reaghard	5-11	150 SE/LB Jr.
51	Paul Matz	5-7	150	OL/LB	Fr.	82	Lee Yochum	6-0	165 SE/DB Jr.
52	John McMasters	6-0	260	OL/DL	Sr.	83	Brandon Jones	6-0	150 SE/DB Jr.
53	Joe Grondziowski	5-11	185	OL/DL	Fr.	84	Nick Leddie	5-7	134 SE/DB Sr.
54	John Celli	5-11	215	OL/DL	Sr.	85	Brian Bogats	6-0	175 SE/DB Jr.
						88	Ryan McGrogan	5-11	160 QB/FS Fr.

Cougars seek to be competitive weekly

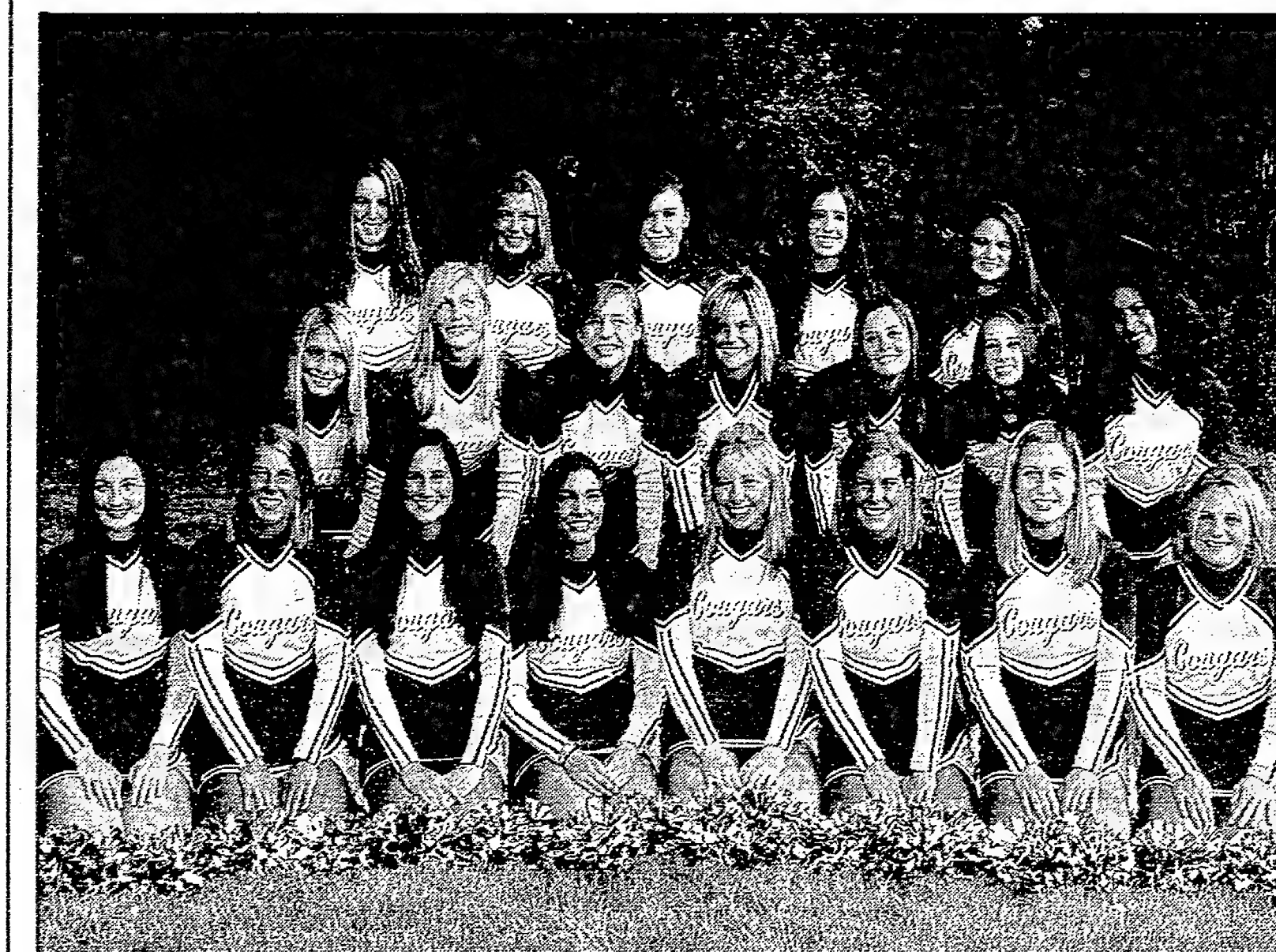
made each player sign a pledge that stresses, "make no excuses and finish all plays."

"This year, one our goals is just to compete. Last year, our games with South Fayette,

South Park and Seton-LaSalle, they weren't very close. So, we hope to close the margin, if not do better than that. We want to be competitive week in and week out."

Carlynton is home to South Allegheny on Friday, Aug. 26.

COUGAR PRIDE



The 2005 Carlynton cheerleading squad



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Charleroi Cougars

- Head Coach: Nick Milchovich
- 2004 Record: 6-4
- Conference: Black Hills

Cougars enter season with something to prove

By Stephen Dusenberry
Staff writer

The goal is simple for the Charleroi Cougars according to standout senior defensive tackle Greg Karlowksi.

"We want to play at Heinz Field," Karlowksi said. "We've got the talent to go that far, we just need to stay healthy and play well," he continued.

2005 Schedule

Aug. 26	Monessen
Sept. 2	of California
Sept. 9	Beth-Center
Sept. 16	of Fort Cherry
Sept. 23	Burgettstown
Sept. 30	Bentworth
Oct. 7	at Charliers-Houston
Oct. 14	Avella
Oct. 21	at Bishop Canevin

Sounds simple on paper.

The reality is, the Cougars have good reason for such lofty expectations. Picked by the MSA Sports Network to win the Class A Black Hills Conference and still stewing over last year's controversial playoff loss to South Side Beaver, the Cougars are ready to pick this up where they left off last season...a little older and wiser.

"We've got a focused team now," explained coach Nick Milchovich. "We have a lot more experience and feel we are a more consistent team."

The Cougars are hoping to see consistency on both sides of the ball.

Among the bright spots on the Cougars' offense is senior running back Randy Taylor.

Taylor, who provides a major offen-



ROUNDING THE 2005 Charleroi Cougars into shape for a run at the playoffs this season are the Cougars' coaches, led by head coach Nick Milchovich.

sive burst for the Cougars, explained that both he and the team have grown a lot in the off-season and are hoping their confidence and continuity will make an impression around the WPIAL.

"We've gotten a lot more mature," Taylor explained. "Not only have I gotten a lot faster, but I think we've all got

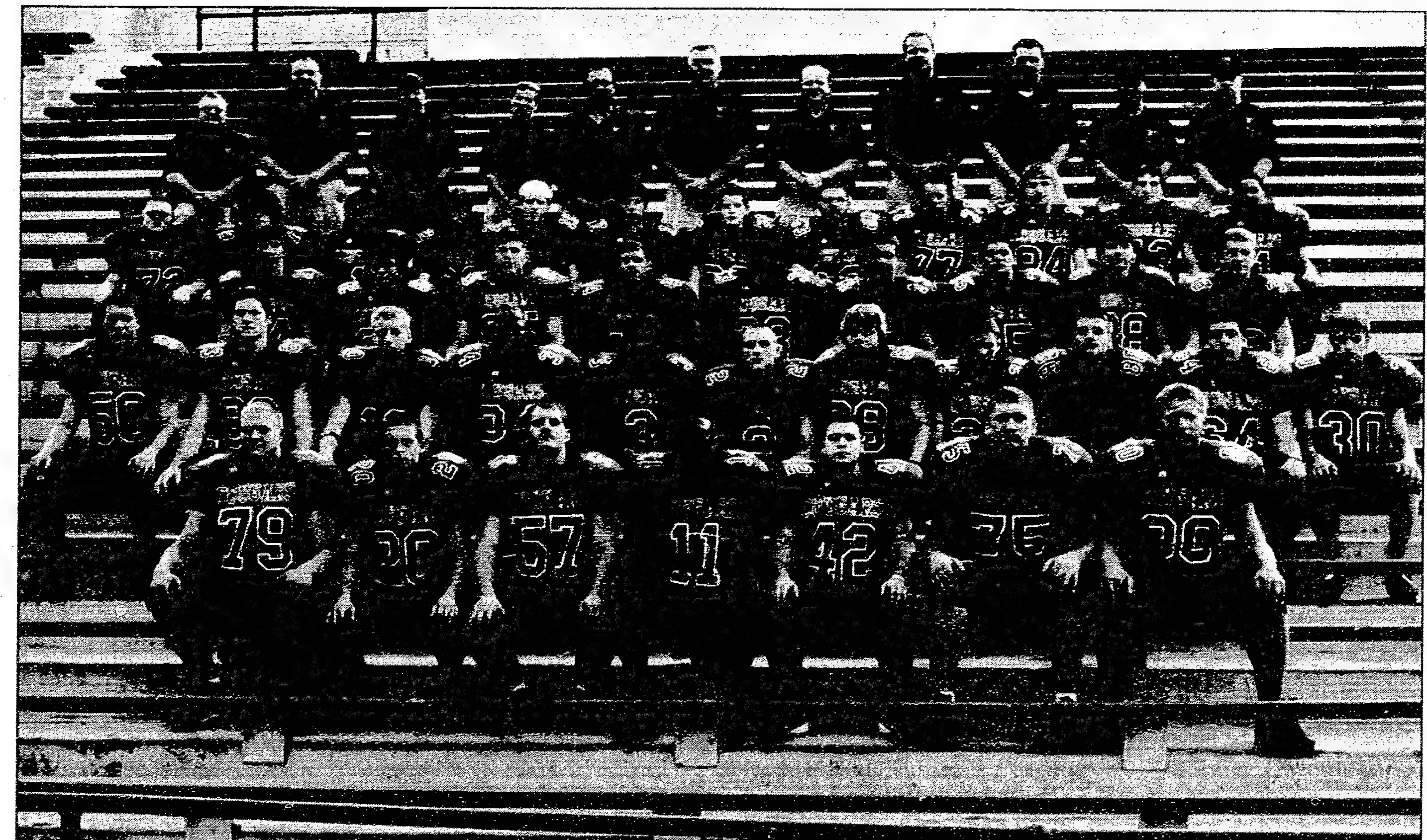
a lot more experience this year, so I think we can really start to make some noise."

On the other side of the ball, the Cougars defense will be led by the massive attack of Karlowksi.

Karlowksi, at 6-5 and 275 pounds, is among the bright spots on the Cougars

roster this year. Karlowksi, fresh from football camp at Indiana University, one of several Division I schools bidding for his services, explained that the intense training at Indiana will greatly contribute to his work on the field with the Cougars.

Continued on next page



The 2005 Charleroi Cougars

Karlowksi leads hungry Cougars into 2005 season

Continued from page 16

"I really gained a lot of experience at Indiana," Karlowksi said. "There were a lot of great players up there, and I can apply what I learned there to what we're

trying to do this season."

The Cougars are hoping a more experienced roster will position them well in the conference.

"There's a lot of tough competition in our section so we really need to play

hard this year," Milchovich said. "We've got strong teams like Canevin in our section that we need to be ready for."

Trying to erase last season's heartbreaking playoff loss to South Side Beaver, the Cougars are focused on

making another run at the postseason tournament.

With a healthy and more experienced roster, Charleroi could make noise in the section and quickly become a competitive force in the WPIAL.



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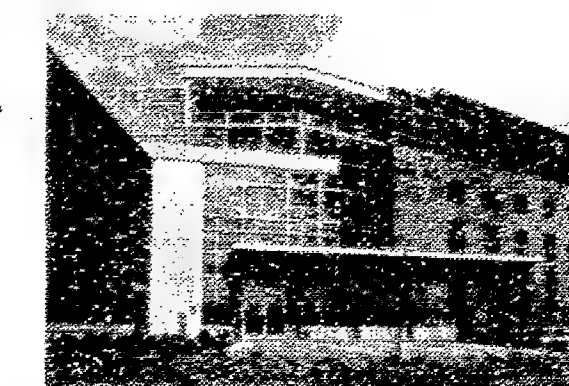
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Chartiers Valley Colts

- Head Coach: Chris Saluga
- 2004 Record: 5-5
- Conference: Big Seven

Saluga aims to end on better note this time around

By Bill Hartlep
Sports editor

For the past two years, the Chartiers Valley Colts have advanced to the WPIAL playoffs only to be sent home in the first round by the Moon Area Tigers.

Coach Chris Saluga has challenged his team to not only return to the playoffs this season, but to also challenge for a WPIAL title.

2005 Schedule

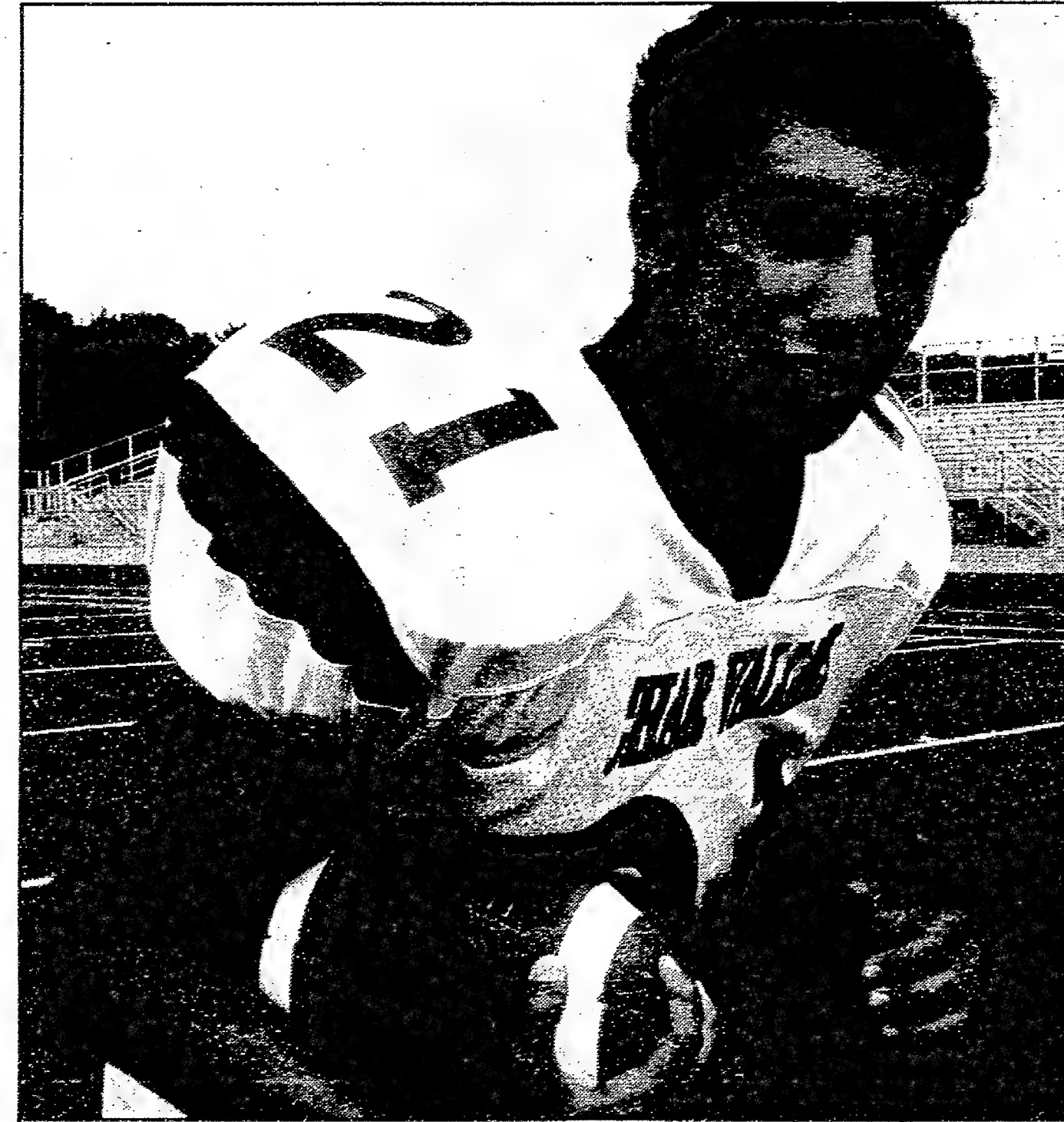
Aug. 26	Montour
Sept. 2	Keystone Oaks
Sept. 9	West Mifflin
Sept. 16	at Ringgold
Sept. 23	Canon-McMillan
Sept. 30	at Peters Township
Oct. 7	Elizabeth Forward
Oct. 14	at Thomas Jefferson
Oct. 21	at Trinity

"We've challenged this year's team to take us to the next level," Saluga said. "We want a team that can win games in the playoffs. So, we've challenged them to take our program to a higher level and to play with a higher intensity this year."

The 2004 Colts squad won the first four games of the season, outscoring opponents 74-6 in the process and not giving up a point until the fourth week of the season.

In the final six games, though, the team went 1-5 and was overshadowed 188-72 in the scoring department.

"There were some positives," Saluga said. "We made back to back playoffs for the first time since '82. We had back to back winning regular seasons for the first time since '82. We had the highest



MUCH OF the offensive load will fall to Robertino Coury, a fast, shifty running back.

number of players in decades with 66, and we're up to 71 this year. We continue to grow. We continue to improve."

Nineteen seniors have graduated from last season's roster including

standout leaders Nick Hursky, who led the team with 547 rushing yards and 65 solo tackles, quarterback Todd Horan who led the team in passing, and receiver Bill Poletti, who was among the lead-

ers in receptions and tackles.

"We're a really inexperienced team," said the head coach, who lost all but four starters. "But, we're not that young. We're the type of program now that's going to be a senior team almost every year, and we're going to replace every year. We have a lot of veteran guys, but not a lot guys with starting experience."

Saluga is encouraged by his returning starters and several seniors that will step into starting roles to replace their teammates from a year ago.

First-year starter Brian Castello, a junior who also excels on the hardwood, will quarterback the Colts this season.

Lining up behind him will be senior fullback and co-captain Jason Figorski, who started at tight end and defensive end last year and is entertaining a scholarship offer from Townsend.

There will also be three speedy senior tailbacks getting some carries this year — Robertino Coury, Brian Becker and Dan Bachner.

Coury had 476 yards rushing and two TDs last season to go along with a team-leading 251 yards receiving. He ran 61 yards for a TD against Montour.

Wide-outs for CV will be senior Alex Plumb and junior Jim Kuntz, as well as seniors Ryan Mannella and Jeff Woodring.

On the offensive line will be returning senior starter Zack Elwarner, accompanied by seniors Mike Falleroni, Mike Paravati (co-captain), Reed Enrietti and junior Jared Walls.

Elwarner will see double-duty on the defensive line, flanked by Figorski and senior Andrew Vietmeier, junior Joe Thorton and sophomore Dan Utchel.

Continued on page 21



The 2005 Chartiers Valley Colts

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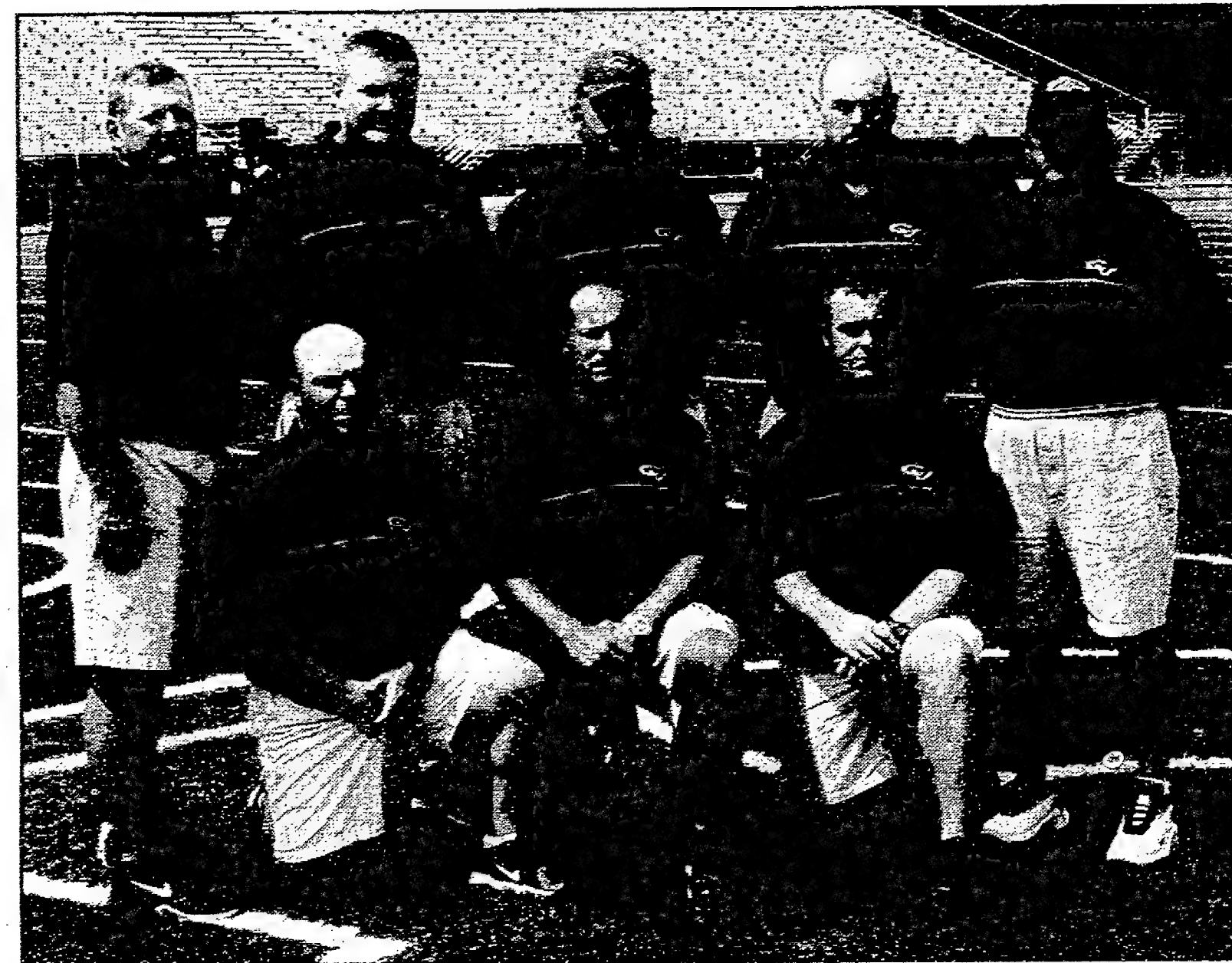
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Chartiers Valley roster

1 Michael Moses	5-8 160 QB/CB	So.	43 Chris Tranter	5-6 140 SE/CB	So.
2 Pat Riley	6-0 180 SE/OLB	Sc.	44 Paul Zuccaro	5-9 180 FB/LB	Fr.
3 Andrew Roman	5-8 155 SE/OLB	Jr.	45 Jason Figurski	6-3 235 FB/DE	Sc.
4 Alex Plumb	5-10 160 SE/CB	Jr.	47 Josh Robinson	5-9 160 SE/LB	Jr.
5 Brandon Fischbach	6-2 190 QB/FS	Jr.	50 Dan Uchel	6-0 210 OG/DE	So.
6 Jim Kuntz	6-0 180 SE/FS	Jr.	51 Zack Elwamer	5-10 210 OG/DT	Sc.
7 Brian Buncick	5-7 160 SE/CB	Jr.	52 Mike Falloroni	6-2 230 OT/DT	Sc.
8 Anthony Palati	6-1 165 SE/FS	So.	53 Mike Paravati	6-0 220 OC/DT	Sc.
10 Brian Costello	6-1 180 QB	Jr.	54 Justin Blacke	6-1 235 OG/LB	Sc.
11 Zack Barkhimer	5-11 155 SE/CB	Jr.	55 Reed Enrietti	5-11 210 OG/DT	Sc.
12 Chris Conway	5-10 165 RB/CB	So.	56 Mike Noon	6-2 195 OT/DE	Sc.
13 Joe Davila	5-10 165 SE/CB	Jr.	57 Tyler Lynch	6-0 190 OG/DE	So.
14 Dylan Lindsay	5-8 160 SE/CB	So.	59 Terry Nguyen	5-10 185 OG/LB	Sc.
15 Joe Kelly	6-0 185 K/P	Jr.	60 Marco Giunlini	6-1 200 OC/DT	Jr.
16 Mike Meglan	5-11 175 FB/OLB	So.	61 Joe Thornton	6-2 245 OT/DE	Jr.
17 Santino Coury	5-9 160 QB/CB	Fr.	62 Greg Kelly	5-8 200 OC/DT	Jr.
18 Jeff Woodring	6-3 175 SE/CB	Sc.	63 Andrew Viestmeier	5-11 215 OG/DT	Sc.
20 Justin Burda	6-0 165 SE/FS	So.	64 Jason Hinds	6-1 190 OT/DE	So.
21 Roberto Coury	5-10 175 RB/OLB	Sc.	65 Mike Missionak	5-8 210 OG/DT	So.
22 Ryan Neary	5-5 160 RB/FS	Sc.	66 Eric Kush	6-2 185 OT/DE	So.
23 Tim Muhrtill	5-11 160 SE/FS	So.	67 Sammy Ismael	5-5 205 OG/DT	Sc.
25 Ryan Monnello	5-7 170 SE/OLB	Sc.	68 John Wisniewski	5-9 160 OG/DE	So.
26 Rich Jones	5-10 165 RB/OLB	So.	70 Tim Hanley	6-3 260 OT/DT	So.
28 Greg Mikus	5-9 170 RB/CB	Sc.	71 Dan Wetzel	6-1 190 OT/DE	So.
31 Dan Bachner	5-9 165 RB/CB	Sc.	72 RJ Riggs	6-2 260 OT/DT	Jr.
32 Brian Becker	5-11 175 RB/CB	Sc.	73 Ron Fobac	6-3 270 OT/DT	Jr.
33 Devin Greene	5-11 205 FB/LB	So.	74 Franklin Liang	5-9 180 OG/DT	Jr.
34 John Zuccaro	5-11 185 SE/LB	Jr.	75 Sam Yurchak	5-10 250 OT/DT	So.
35 Shane O'Brien	5-7 155 FB/LB	Sc.	76 Joey Patterson	6-0 335 OT/DT	So.
38 Casey LaVelle	6-0 185 RB/LB	Jr.	77 Anthony Gropelli	5-8 275 OC/DT	So.
39 Casey Jesiolowski	5-9 165 SE/LB	Jr.	78 Jared Walls	6-2 275 OT/DT	Jr.
40 Matt Wilps	5-10 170 RB/OLB	So.	79 Brian Patter	6-0 200 OG/DE	So.
41 Colin Bonnett	5-9 195 FB/LB	Jr.	81 Lee Rhiarichk	5-6 160 SE/CB	So.
42 RJ Slater	6-1 175 SE/OLB	Sc.	82 Corey O'Patichen	5-8 150 SE/CB	So.

COLTS' COACHING STAFF



HEAD COACH Chris Saluga (front, center) and his staff at Chartiers Valley.

CV attempts to reach higher level

Continued from page 18

The linebacking core consists of seniors Justin Blake, R.J. Slater (co-captain) and Coury, junior John Zuccaro and sophomore Devin Greene.

Roaming the secondary will be Kuntz, Becker, Plumb, Bachner and junior Brandon Fischbach. Handling the kicking and punting will be returning starter Joe Kelly, a junior.

"We think we're as good as most positions," Saluga said. "We're going to be bit of a different team this year. We're not very big, but we're a much faster and more athletic team than we have been. This is the quickest team that I've had in my five years here at CV."

"We're expecting to do a lot better than last year," Paravati said. "Our guys are a little bit smaller, but more athletic. I'm sure we'll have a pretty good season."

As usual, the Big Seven Conference will provide for several heated battles during the season, especially with Thomas Jefferson, the defending WPIAL and PIAA champions lurking.

"It's strong, very strong. Every year, I say the same thing, but it's the truth," Saluga commented. "The defending state champs are in our conference, and they return almost all of their starters."

West Mifflin is always good and was in the WPIAL championship last year. There's no easy wins in our conference. We have to be ready to play every week."

"We don't have a lot of returning starters, only four," added Slater. "Last year, our defense got a lot of recognition. This year, our defense has a chance to be a lot better. On offense, we have a lot of speedy people in the backfield."

Despite the lack of experience, Saluga is optimistic about his 2005 squad, especially his senior leaders.

"Our senior class has set a goal that they would be the first CV class to qualify for playoffs all three of their years. We want to reach the playoffs and win in the playoffs. There's no doubt about it."

"We are at the level now where we expect to make the playoffs every season. This team has been challenged to elevate Char Valley to the next level."

When Saluga and his staff took over five years ago, CV was a 4-25 football program with 38 guys on the team. The team now has 71 players and is a realistic playoff contender.

Figurski summed up the philosophy: "Our goal is always to make the playoffs, but we set our standards higher. We're trying to get farther and make the program the best we can every year."

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Cornell Raiders

- Head Coach: Denny Shazer
- 2004 Record: 4-6
- Conference: Big Seven

Late-season surge bodes well for Raiders in '05

By Harry Bradford

Staff writer

Cornell goes into the 2005 season with a three-game winning streak and hopes of earning one of four playoff spots in the rugged Big Seven Conference.

2005 Schedule

Aug. 26	at Chartiers-Houston
Sept. 2	Serra
Sept. 10	at South Side Beaver
Sept. 16	North Catholic
Sept. 24	at Western Beaver
Sept. 30	Rochester
Oct. 7	at Farrell
Oct. 14	Monaca
Oct. 21	at Avonworth

The Raiders (4-6 last season) lose quarterback Matt Joy, defensive back Brandon Zieger and running back Tyler Ashner to graduation, but have experience on the offensive line in the form of seniors Steve Ferguson, Nick Kraynak, Chris Sheppard and David Young. The junior class provides depth on the line in the form of Andrew Pappas, Chad Quigley and Darrin Cole.

"We want to get a rotation going and keep them in shape so they don't get tired," said Cornell head coach Denny Shazer. "This is the deepest we've been in years and it will be interesting going into the season. We have good depth on the chart."

Cornell will also use four tight ends this season, with three seniors returning — Horace Bell, Gary Hutsler and Brian Davison. Sophomore Kyle Pawuk will also be in the mix.

"I want to use as many of them as I



PROVIDING LEADERSHIP for the 2005 Cornell Raiders will be this talented group of seniors.

can and they may all see action at times," Shazer said. "Bryan and Kyle will be the veterans there. There will be no problems with their blocking. Gary has not played that position since his sophomore year and he will be a little rusty. Horace will be used more for his speed."

The Raiders also have a decent corps of wide receivers led by senior David McComb and junior Torsten Brown. Junior Dom Girimonti and sophomore Sean Hunt will also receive playing time behind the starters.

"McComb did an excellent job last year," Shazer said. "He doesn't have blazing speed, but he is one of these kids

that just gets open. He has good hands and blocks well down the field. We will use Torsten as part of a full-house backfield and he will be the flanker."

The Raiders will be thin at running back with only sophomore Keith Jackson and another group of sophomores and freshmen vying for playing time at halfback and fullback.

"That will be a big question mark," Shazer said. "In all honesty, I have had some kids ask to try out for this and that, and it will be a question of who works out. It is up in the air. Keith Jackson did a great job last year, and I hope to use him again. The back-ups and fullback are up in the air. That is the weakest

position out of all of them."

Cornell will also have a new quarterback in junior Matt Linarelli, but Shazer will be hard pressed to find an immediate replacement for Joy.

"He is a totally different quarterback than Matt Joy," Shazer said. "It will be interesting to see how the offense builds around him. He doesn't have the experience Joy had. It will take a lot of hard work, and Matt provides great leadership. He recognizes his mistakes and asks questions. We will throw a little more than last year. We will open it up a little bit to keep the defenses honest."

On defense, Kraynak, Sheppard and Young return along with junior Mark Giles (6-3, 305) on the offensive line. Shazer wants to rotate as many as seven or eight players at that position as well.

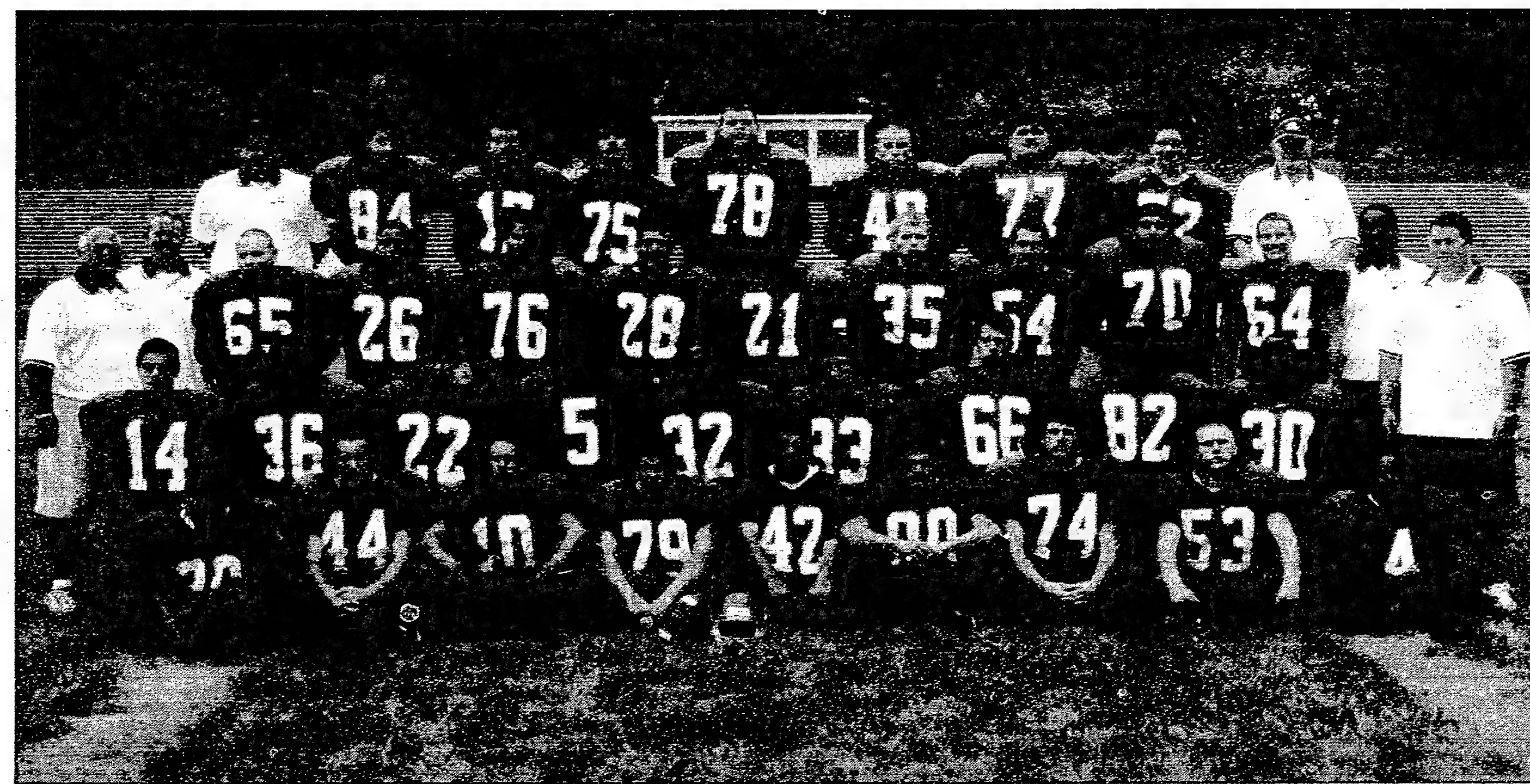
"We want to move people around," Shazer said. "Mark Giles runs a 5.7 40-yard dash. He is a big boy who can run down the line. I have kept all of the charts and he has done all of the squats. He has delicate speed and will get stronger. He has worked extremely hard."

The linebacker slots, as part of the 5-2 defense, will be anchored by Hutsler and Cole. Shazer will look to those two players to stuff the middle on run and pass coverage.

"Darrin is a great kid and a good athlete," Shazer said. "He is concentrating on football this year and this is a new position for him. He will work hard at it."

The secondary will be young with Bell, Quigley and Davison getting most of the playing time at strong safety. The cornerbacks will be young with Brown, Hunt, Pawuk and sophomore Roman

Continued on page 23



The 2005 Cornell Raiders

Cornell gunning for first winning season under Shazer

Belmonte vying for playing time.

"Brown will move to strong cornerback," Shazer said. "We will be weak at the corner and strong safety because we are young. There are some concerns on the defensive side."

Shazer has 10 players from Our Lady of the Sacred Heart High School on the roster this year and is looking to use several soccer players to handle the kicking chores.

If Cornell can solidify the running back and secondary slots from an estimated 40 players on the roster, it has a chance to contend for third place in the Big Seven Conference. Monaca, Avonworth and North Catholic are going through rebuilding seasons and the Raiders should be able to compete against South Side Beaver and Western Beaver. Rochester and Farrell are the early favorites to win the section.

"South Side, Western and Monaca are

down a little bit," Shazer said. "We should be right there with them. Anything can happen if we get good, have a little luck and stay injury free."

Cornell must play afternoon games at South Side Beaver and Western Beaver. A Sept. 30 home game against Rochester looms as a must-win situation if Cornell has any thoughts of contending for a playoff spot.

"We have to come out of the gate early and build confidence up," Shazer

said. "We are coming off a three-game winning streak and they are getting a taste of winning. We could be one of the top teams if everything falls in place for us."

Shazer said he doesn't have any outstanding individual players, who can be the difference between winning and losing. Every player will have to contribute to the cause if Cornell is going to have its first winning season in Shazer's tenure as head coach.



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Hampton Talbots

■ Head Coach: Greg Mihalik
 ■ 2004 Record: 8-3
 ■ Conference: Greater Allegheny

Improved defense needed for trip to Heinz Field

By Chris Scarnati

Staff writer

Hampton knew how to produce points in 2004. At times, the team's inflated box scores read more like basketball results.

Unfortunately, however, the Talbots also knew how to give up points. A porous defense kept a good Hampton squad from being great.

2005 Schedule

Aug. 26	at Fox Chapel
Sept. 2	Mount Pleasant
Sept. 9	Knoch
Sept. 16	at Franklin Regional
Sept. 23	Indiana
Sept. 30	at Pine-Richland
Oct. 7	at Ambridge
Oct. 14	Keystone Oaks
Oct. 21	at Highlands

In 2005, balance will be the primary focus for a Talbots program that looks to advance deeper into the WPIAL Class AAA playoffs following last year's heartbreaking 52-42 quarterfinal loss to West Allegheny.

"We were the highest scoring team in the WPIAL last year, averaging close to 34 points per game," said Hampton coach Greg Mihalik, who guided the Talbots to an 8-3 overall finish.

"We had explosive guys on offense who would flip over to defense and give up points to the point that we'd lose a few games. If anything, we need to concentrate more on the defensive side of football."

Since it isn't broken, Mihalik has no desire to fix his powerhouse offense, which returns the bulk of last season's lineup.

Junior Steve Paskorz returns after a dazzling sophomore campaign that saw him lead the WPIAL with 2,187 rushing yards. The 6-foot-2, 215 pound tailback is clocked at 4.49 in the 40-yard dash and already has Division I programs giving him attention.

"What Steve did was phenomenal last year," Mihalik said. "As a sophomore, he looked like a man amongst boys with his size, strength and speed. He has a great future in front of him."

Because of Paskorz, a first-team all conference pick, opposing teams likely will concentrate on stopping the run. Paskorz, however, is up for the challenge.



AS THE highest scoring offense in the WPIAL last year at 34 points per game, Hampton will look to improve defensively in an attempt to go after a championship.

Photo by Bethany Boats

"There's always going to be pressure when you're one of the top rushers in the WPIAL," he said. "It puts an X on your back. But this will only make me perform even better."

Joining Paskorz will be another talented junior in Bob Bartley, who will call the snaps for a second consecutive season at quarterback. Bartley passed for more than 1,000 yards en route to all-conference honorable mention honors in 2004.

Also returning are seniors Chris Beatty (offensive guard), Justin Kurkiewicz (fullback), receivers Sean Hennessey, Kevin Barberich and Zach Ingoldsby, Brad Kyle (offensive lineman) and Logan Bosiljezec (fullback, tailback), along with junior receiver Joe Cangilla.

Hennessey amassed more than 500 yards receiving last year and was

awarded an all-conference nod.

"We have a lot of good skill kids returning," Mihalik said. "We hope to compete for a conference championship and make it further in the playoffs."

The main player returning on defense is senior Mike Ward (6-feet, 220 pounds), a first-team all conference inside linebacker who led the team with more than 80 tackles last year.

Also coming back are Kyle (defensive tackle) Kurkiewicz (linebacker), Paskorz (linebacker), Anthony Piovesan (defensive end) and Derek Gooden (defensive tackle). Returning to the secondary are cornerbacks Ingoldsby and Barberich and Cangilla (free safety).

"We were letting up too many points last year," Ward said. "The only thing

missing was experience, but now we have it. This year, we have a lot of big players and our linebackers are pretty good."

The season-ending loss to the Indians gave Hampton players a new perspective on what it takes to get to Heinz Field.

"They went into games last year thinking they were underdogs," Mihalik said. "We talked after the season and everyone is determined to do better. If we come together and play as a group on both sides of the ball and we can stay injury-free, getting to Heinz Field can be reached."

But nothing has to fall into place.

"We have to have good team chemistry and our defense has to step it up a notch, because that's what wins championships," Paskorz said.



Keystone Oaks Golden Eagles

■ Head Coach: Nick Kamberis
 ■ 2004 Record: 0-9
 ■ Conference: Greater Allegheny

Good news greets Eagles in form of rehabbed stadium

By Michael Cristiano

Staff writer

For Keystone Oaks Golden Eagle football, the upcoming season is one of promise.

So long as the injury bug doesn't bite. Golden Eagles Coach Nick Kamberis, now in his sixth year as head coach, sees the upcoming season as a chance to get back to where KO football once belonged; when names like Costanzo, Dapper and Lamonda ruled, and KO football was playoff-bound.

"Our expectations are pretty high," said Kamberis. "We were pretty good last year before injuries hit us."

The Eagles come off a 0-9 season that featured the loss of eight starters to injury.

Last season, Kamberis was forced to line up 160-pound sophomores against 250-pound seniors on the opposite end of the ball.

Not this year.

"This is one of the strongest teams I've ever coached," said Kamberis. "We've got nine guys who bench press over 300 pounds."

Bulldozers, also known as Golden Eagle offensive lineman, average 250 pounds and over 6-feet tall each and will clear a path for sophomore tailback John Fuhrer or give junior quarterback Chris DeFrancesco enough time to hit his wide receivers in seniors Mike Teitz and Brad Francus, both two-time lettermen.

Kamberis considers the offensive line, made up of seniors Allen Copenheaver, Austin Hall, Nick Miller, Bill Toskey and anchored by junior Chris Jacobson at (6-3, 273), as one of KO's biggest advantages.

The tight ends, juniors Myles Caragein (6-3, 262) and Phil Fagan (6-0,



The 2005 seniors at Keystone Oaks.



Head coach Nick Kamberis

2005 Schedule

Aug. 26	at East Allegheny
Sept. 2	at Chartiers Valley
Sept. 9	Highlands
Sept. 16	at Knoch
Sept. 23	Franklin Regional
Sept. 30	at Indiana
Oct. 7	Pine-Richland
Oct. 14	at Hampton
Oct. 21	New Castle

182), figure to be key components in the running attack.

"For training camp, we tried to get tough," said Kamberis. "A little smash mouth."

Looking to undo years of dental work on the opposition is a defensive line that

will feature senior co-captain John Skrip and junior Alex Lorenzi with Caragein, Jacobson and Miller pulling double duty.

Waiting for an opening behind the defensive line will be the linebackers in juniors Adam Bush and Matt Spicuzza and sophomore standout John Kazalas.

In the secondary, seniors Rick Cristiano and Francus move from linebacker and cornerback to safety while Teitz and senior Jon Fabus round out the secondary at corner.

"All four defensive backs are very physical...it's like adding two more linebackers," said defensive backs coach James Samreny. "They can really stick."

The Golden Eagles have added cause for celebration as they will christen a revamped Dormont Stadium, renovated over the summer with seating for 3,700 people at a price tag of \$5.8 million,

against Highlands on Friday, Sept. 9.

"We're very excited for this season after last year," said team co-captain Francus.

This year will be the second for the Golden Eagles in their new division, Class AAA Greater Allegheny Conference, featuring challenges such as Hampton, Highlands and Pine-Richland.

Kamberis is coy about whether or not he believes the Eagles are a playoff team but maintains the team will have to apply lessons that came the hard way to expect success.

"One thing we learned last year was you're not as bad or as good as you think you are," said Kamberis. "We're looking for a few surprises this year, but the big thing is to stay healthy the first and second week of the season."

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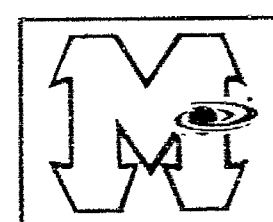
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Mars Fightin' Planets

■ Head Coach: Scott Heinauer
■ 2004 Record: 4-5
■ Conference: Tri-County

With 16 returning starters, expectations are high

By David McElhinny
Editor

With less than two minutes to play and Mars clinging to a 7-6 advantage against Mohawk, the blue-and-gold faithful at the Mars Athletic Complex could almost taste their fourth consecutive trip to the WPIAL playoffs in a win-and-your-in situation.

2005 Schedule

Aug. 26	Pine-Richland
Sept. 2	at Center
Sept. 9	Union
Sept. 16	at Laurel
Sept. 23	Summit Academy
Sept. 30	Neshannock
Oct. 8	at Shenango
Oct. 14	Riverside
Oct. 21	at Mohawk

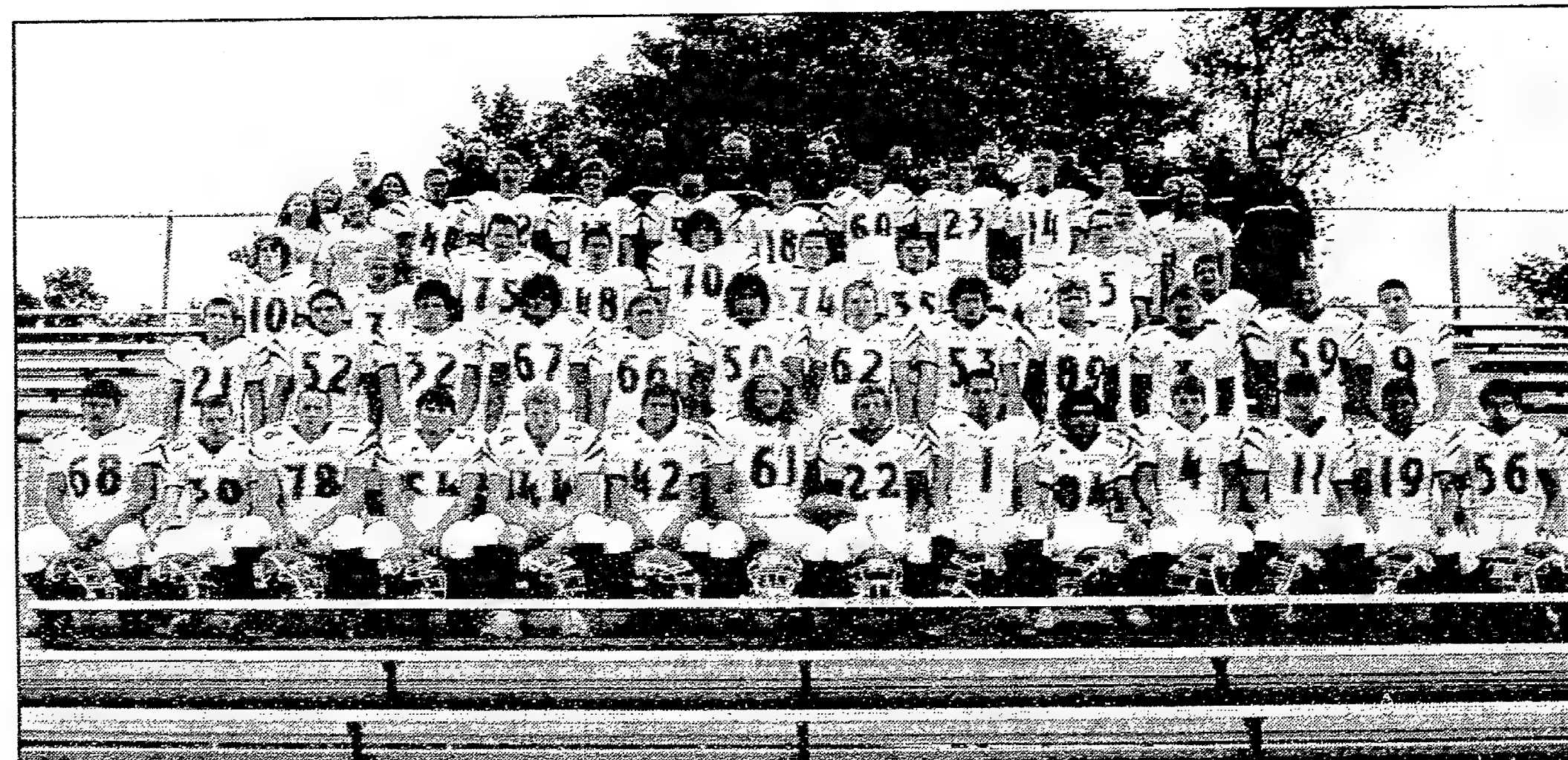
But then, in a flash it was over, as Mohawk scored on a 79-yard pass completion to end the Fightin' Planets season last year.

"That game left a bad taste in the mouths of this team," said head coach Scott Heinauer, who is entering his 14th season at the helm.

"Our guys are hungry."

With eight returning starters on offense and eight on defense, Heinauer believes that experience will be an invaluable part of this team's makeup.

"There's no question that we've got a lot of kids coming back who know our system and know what we expect. From last year to this year, there is a lot more excitement and confidence on our football team."



2005 Mars Fightin' Planets

Junior D.J. Cannon will once again be under center and an expanded play-book will have Mars relying on him to do more things this season. Last year, while splitting duty at quarterback with Josh Keil, Cannon was 29 of 74 for 468 yards passing and six touchdowns.

"We are looking for D.J. to take on more of a leadership role. He is going to have a lot more responsibility as we plan to pass the ball more than in past years."

Senior Tim Frye, a 6-foot-3 receiver and safety who missed all of last season with an injury, will pose a difficult matchup for opposing defensive backs

as his size, leaping ability and speed could provide nightmares for defensive coordinators.

However, the heart and soul of the Fightin' Planet offense will once again be senior fullback Paul Ferrese, who rushed for 1,175 yards and 15 touchdowns last year. At 5-foot-8 and a beefed up 175 pounds, the Fightin' Planets workhorse has whittled his 40-yard dash time down from 4.8 a year ago to an impressive 4.5.

"Paul is a dedicated kid who loves football," says Heinauer.

"He is fearless and has done everything we've ever asked him to do and

our offense will rely heavily on him."

Senior running back Dave Piscarcik is also a returning starter in the back-field and a nice compliment to Ferrese as he carried the ball 38 times last season for 346 yards.

And the fact that four of the six linemen in Matt Whittington (TE), Pete King (T), Corey Williams (G) and Ryan Nearhoff (G) are all back have the Fightin' Planet offense walking with a little bit of swagger.

"Our line is looking very strong," said Ferrese. "They've worked very hard in

Continued on page 27

Mars sets high goals

Continued from page 26
the offseason and are the strongest line I've seen here in a while."

Defensively, Heinauer feels that his team should be much improved from a season ago where missed tackles plagued the team and created headaches for the coaching staff.

"We really worked on tackling this year because that was a weakness a year ago. Our guys also spent a lot of time with Dale Boring, our speed trainer, and our team speed is much improved as a result. We may not be the biggest team in the area, but we are very fast and aggressive."

"What we can't do is get behind early like we did several

times last year. We gave up a lot of points early and these guys are constantly reminded of that."

But even though Mars has a host of bigger, stronger, faster and better kids returning, Heinauer realizes that winning a conference title, or for that matter, getting back to the playoffs, will not be a cakewalk.

"Laurel will be very tough and Mohawk is kind of like us in the fact that they have everybody back. We will see them (Mohawk) near the end of the season again and I expect that to be another very competitive game. What we don't want to do is put our backs against the wall like we did last year where we had to win out to make the playoffs."



SENIOR FULLBACK
Paul Ferrese will be a key element for Mars as he rushed for 1,175 yards and 15 touchdowns last season.

BRAIN TRUST



HEAD COACH Scott Heinauer (front, center) and the Mars coaching staff have high hopes for the 2005 season.

2005 Fightin' Planets

1 Tim Frye	Sr.	WR/QB/DB	6-3	190	48 Kean Berkepec	So.	TE/LB	5-11	160
2 Tim Wirtz	Sr.	K/P	6-1	170	50 Scott Bretell	Jr.	OL/DL	6-2	215
3 Josh Keil	Jr.	RB/DB	6-0	185	52 A. Howcroft	Jr.	TE/DL	6-0	190
4 Bill Cress	Sr.	WR/DB	6-0	175	53 Chris Chappel	Jr.	OL/DL	6-0	190
5 D.J. Cannon	Jr.	QB/DB	6-3	190	54 Corey Williams	Sr.	OL/DL	5-10	190
7 Eric Skandish	Jr.	RB/DB	5-8	140	55 Ben Howcroft	So.	OL/DL	5-10	210
8 Anthony Claife	So.	RB/DB	5-3	120	56 M. Ramatowski	Sr.	OL/LB	5-6	140
9 Carroll Smith	Jr.	RB/DB	6-1	190	59 Ryan Nearhoff	Jr.	OL/LB	6-1	200
10 Brian Hughes	Jr.	WR/DB	5-4	110	60 Ed Gow	So.	OL/DE	6-2	190
11 Justin Hawk	Sr.	WR/DB	5-9	170	61 Pete King	Sr.	OL/DL	6-3	225
13 Zach Zollner	Jr.	WR/DB	6-0	158	62 S. O'Donnell	Jr.	OL/DL	5-10	215
14 Ryan Schroth	So.	QB/DB	6-2	143	66 M. Eshenbaugh	Jr.	OL/DL	5-8	190
18 Bernardo Scott	So.	QB/DB	5-5	125	67 Mikey Simey	Jr.	OL/DL	6-1	210
19 Mike Fallicker	Sr.	WR/DB	5-9	165	68 D. Crouthamel	Sr.	OL/DL	5-10	220
21 Josh Bender	Jr.	WR/DB	5-8	150	70 Tyler Roche	Jr.	OL/DL	6-3	215
22 Paul Ferrese	Sr.	RB/DB	5-8	175	74 Cliff Kelly	So.	OL/DL	5-10	205
23 Billy Bairs	So.	RB/LB	5-11	175	75 Ryan Johnston	So.	OL/DL	6-3	250
24 J. Placido	So.	RB/DB	5-9	138	78 John Pastorek	Sr.	OL/DL	6-0	190
30 B. Bowes	Sr.	WR/DB	5-11	160	82 Weston Hilliges	Sr.	WR/DB	6-2	163
32 Matt Kennedy	Jr.	RB/LB	6-1	200	84 Mike Baldwin	Sr.	WR/DB	5-6	135
35 Dave Kovac	Jr.	RB/LB	5-8	175	85 Adam Kokal	Jr.	WR/DB	5-8	160
40 Ben Ziggos	So.	WR/DB	5-11	155	89 Michael Studeny	Jr.	WR/DB	6-0	150
42 David Piscarcik	Sr.	RB/LB	6-1	205	** J. Hollenbough	So.		5-10	137
44 M. Whittington	Sr.	TE/LB	6-2	195					

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Montour Spartans

- Head Coach: Lou Cerro/Dick Butkus
- 2004 Record: 1-8
- Conference: Parkway

Rebuilding effort begins, but rugged Parkway foes await

By Harry Bradford
Staff writer

First-year coach Lou Cerro has a tough assignment this fall as he begins to transform the Montour High School football team from a 1-8 club to a winning program.

Cerro, along with guest head coach Dick Butkus, have five starters returning on offense and defense, and 80 players are listed on the pre-season roster — a major improvement over past campaigns.

Still, the Spartans will have a tough time competing at the Class AAA level in the rugged Parkway Conference.

Defense is an area where the Spartans could use more size and quickness to compete against larger foes. Two-year starter Anthony Pastin (6-0, 255) will anchor one of the tackle spots along with senior Mike Maradin (6-3, 230).

Sophomore Mike Muha (6-3.5, 215) will be one of the starters at end and three players — senior Ryan Burg (6-0, 235), junior Vince Matarazzo and junior Randy Justice (6-1, 225) — could rotate at nose guard as part of a spread defense.

"Muha started as a freshman and has the experience to be a big-time player," Cerro said. "Our strong point is this will be a quick unit up front. They will be quicker than they have been in the past."

Senior Morgan Singletary returns to anchor the interior of the linebacking corps along with junior Anthony Iorio. Sophomore Gianni Ricci, juniors Anthony Iorio, Butch Kriger and Brian Smith and senior Bill Hutchinson will battle for playing time at outside linebacker.



Senior quarterback Nick Dilanni will direct the Spartan offense.

"Morgan is a heck of a player and the linebackers will interchange in and out," Cerro said. "We will run different kids out there with the same type of thing."

The lack of experience in the secondary is a major concern for Cerro, but he has a solid starter to build around in junior Brock McClelland at free safety. Cornerback slots will be contested between seniors Joe Kulik and Derrick Johnson and juniors James Teyssier and Bryce Pfeuffer.

"This is one of our weakest spots," Cerro said. "McClelland started last year before he broke his leg. He is athletic for a free safety. This is the first time Pfeuffer has played football and he has a chance to do things on both sides of the football."

Senior Ryan Welsh will handle the kicking chores while Teyssier competes against him to earn playing time as a punter.

"Ryan can put the ball in the end zone," Cerro said. "That is a strength

2005 Schedule

Aug. 26	at Charters Valley
Sept. 2	at Albert Gallatin
Sept. 9	Hopewell
Sept. 16	at Moon Area
Sept. 23	Elizabeth Forward
Sept. 30	Ambridge
Oct. 7	at New Castle
Oct. 14	Blackhawk
Oct. 21	at West Allegheny

because we should be consistent extra-point wise."

The offensive line will also be anchored by Pastin and Maradin, while Justice starts at center. Iorio will be one of the starting guards while Johnson and senior Dane Kaczynski battle for the final guard slot.

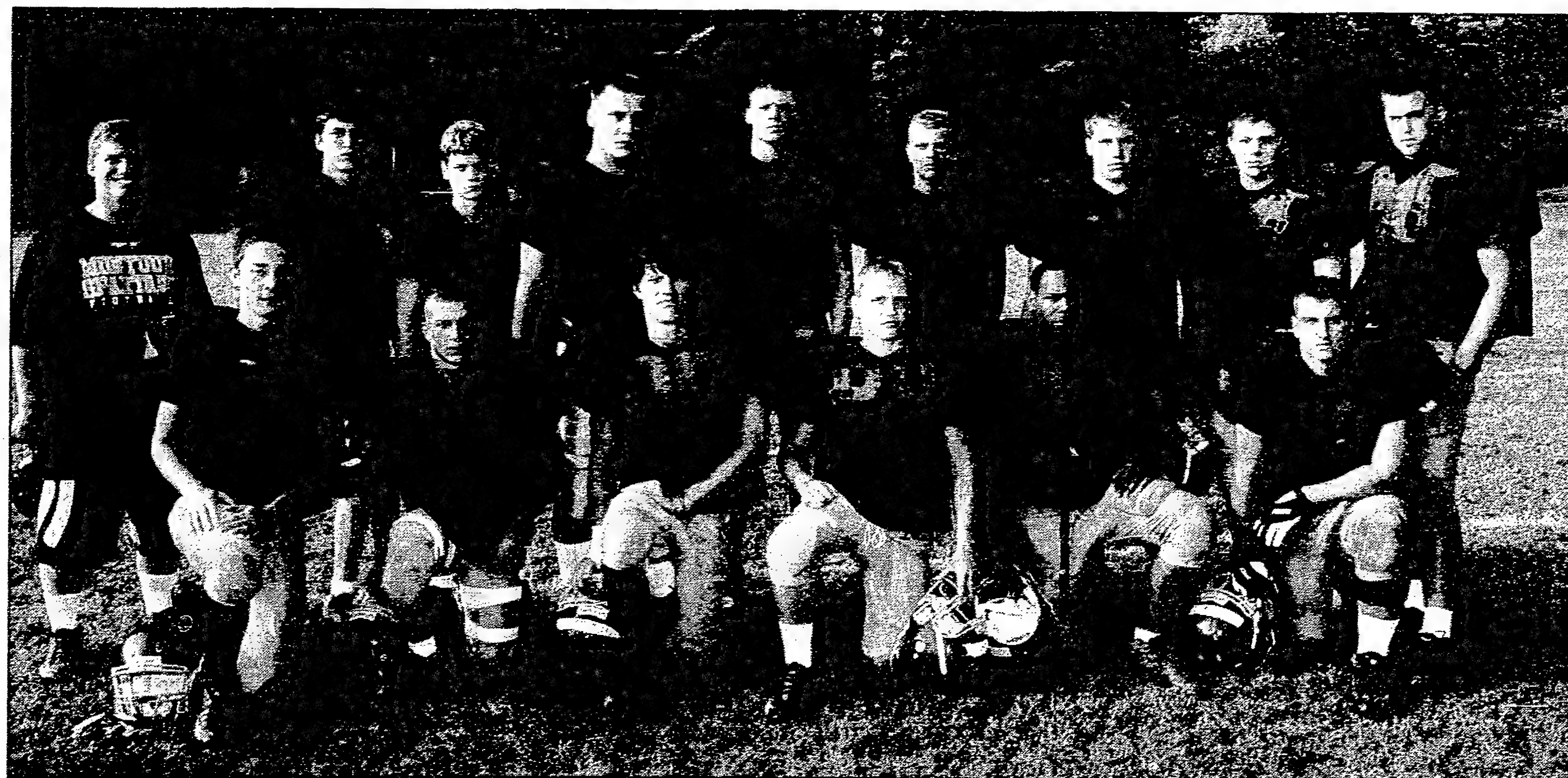
"The kids have worked hard in the off-season," Cerro said.

Muha returns to start at tight end while McClelland gets the nod at wide receiver. Johnson, senior Jeremy Buttray and Pfeuffer will battle for playing time at the other wide receiver slot.

"This group will be asked to do a lot of things," Cerro said. "We have thrown a lot of stuff at them. They have responded well. Pass patterns are intricate and they must run them precisely. We are getting there. We have some people who can catch the ball."

Sophomore Chris Wilson will start as the featured running back and Kriger, Hutchinson and Singletary will rotate at fullback.

Continued on page 30



2005 Montour Spartan seniors

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New coach begins rebuilding process

Continued from page 28

Wilson broke his leg last fall and was unavailable for most of basketball season. "There are a lot of different things we can do with Chris," Cerro said. "He is too good not to get the ball. Chris was a little tentative on the first day of practice, but once he took the first hit he was fine. He is also good at pass catching."

Senior Nick DiIanni returns as a third-year starter at quarterback in what Cerro hopes is a breakthrough season.

"He will take more of a leadership role for the whole team," Cerro said. "Nick needs to improve on his reads. He needs to be quicker at that, and at times he has looked like the greatest quarterback ever. That is all part of the process."

Cerro will also get his first taste of participating in the Class AAA Parkway Conference after leading Seton LaSalle to the Class AA title last year over Aliquippa. He will have Hall of Fame linebacker Butkus at his side as television film crews produce an eight-week series for ESPN called "Bound for Glory - The Montour Spartans."

THE MEN IN CHARGE

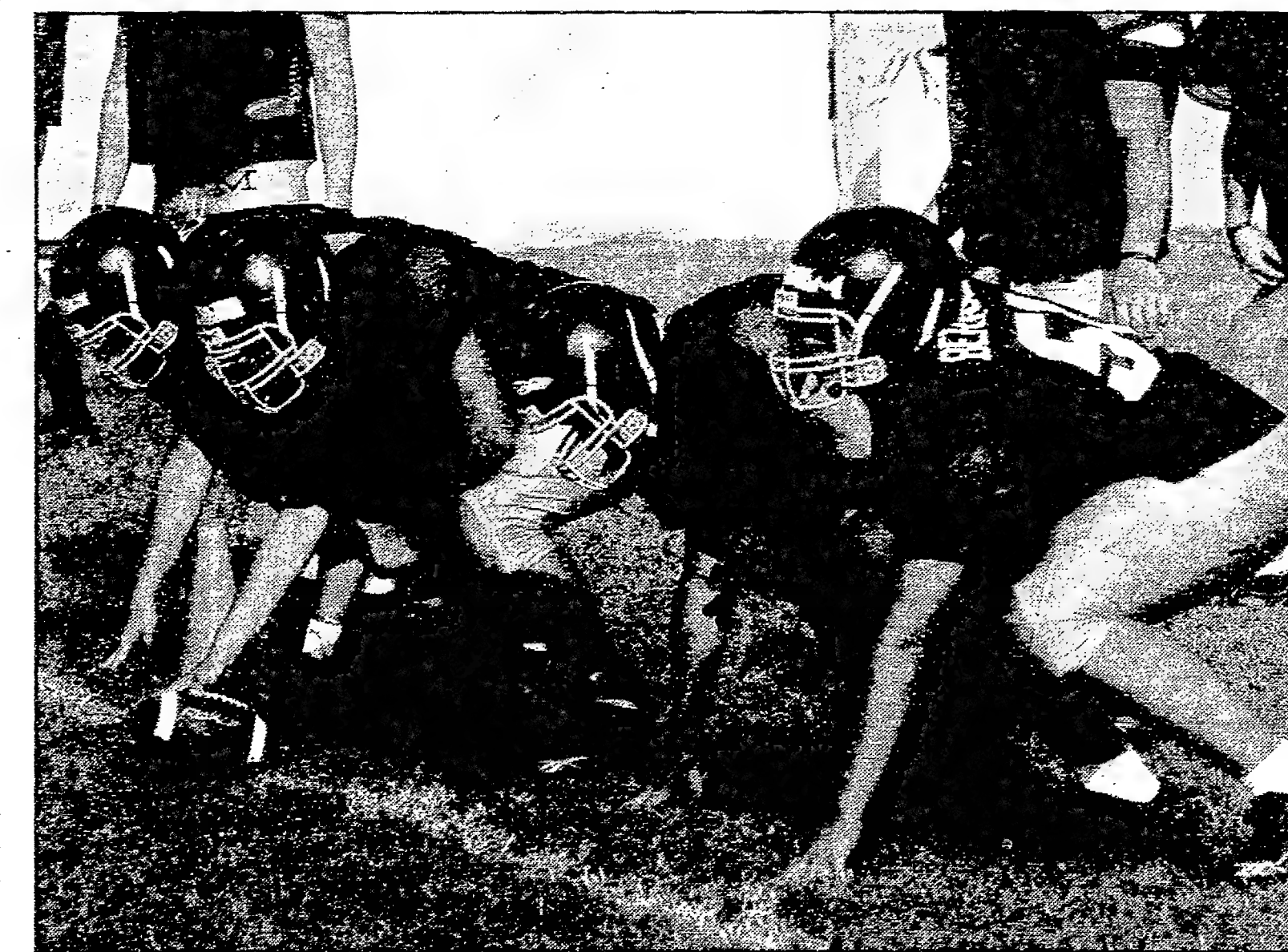


Montour Spartan varsity football coaches

2005 Montour Spartans

2 Josh Chu	Sr. WR/LB	6-3	200	43 Nick Gargaro	So. WR/LB	5-10	165
3 Chris Wilson	So. WR/DB	6-3	205	45 Jason Mitsch	Sr. WR/LB	5-11	190
4 Joe Kulik	Sr. WR/DB	6-1	185	46 Matt Lynn	Jr. OL/LB	5-10	210
6 Bryce Pfeuffer	Jr. WR/DB	5-11	185	47 Chris Meyers	Jr. KP	5-9	185
7 Gianni Ricci	So. QB/DB	5-10	180	51 Mike Berkhouse	Jr. OL/DL	6-0	220
8 Brock McClelland Jr.	QB/DB	6-2	190	52 Ryan Burg	Sr. OL/DL	6-0	235
9 Chris Vlasach	Sr. WR/DB	6-0	175	54 Randy Justice	Jr. OL/DL	6-1	225
10 Ryan Welsh	Sr. PK/P	5-10	195	55 Adam Davis	So. OL/LB	5-11	190
11 Jim Teyssier	Jr. QB/DB	6-1	170	56 Anthony Iorio	Jr. FB/LB	5-11	210
13 Nick DiIanni	Sr. QB/LB	6-2	200	58 Mike Maradin	Sr. OL/LB	6-3	230
14 Eric Murrillo	Sr. KP	5-10	170	59 Shawn O'Hara	So. OL/DE	5-11	205
17 Ryan Brophy	So. WR/DB	5-8	170	60 Matt Seiler	So. OL/DL	5-9	190
18 Jeremy Buttray	Sr. WR/DB	5-10	195	64 Brett Barrett	Jr. OL/DL	6-0	190
19 Derrick Johnson	Sr. DB/WR	5-10	170	65 Dane Kaczynski	Sr. OL/LB	6-1	220
20 Dan Durkin	So. RB/DB	5-9	170	66 Kyle Cygrymus	Jr. OL/DL	6-1	270
21 Keith Prunzik	Sr. RB/DB	5-6	160	68 Zach Plannick	Jr. OL/DL	5-11	225
22 Justin Ulizzi	Jr. TE/LB	5-11	170	69 Jeremy Barton	Jr. OL/LB	5-5	175
23 Bill Hutchinson	Sr. RB/DB	5-8	170	71 Victor Martinelli	So. OL/DL	5-10	230
24 Devon Hellman	Sr. RB/LB	5-8	180	72 Mike Robinson	Sr. OL/DL	5-10	225
25 Brent Schons	Jr. WR/DB	5-5	150	73 Vin Matarazzo	Jr. OL/LB	5-8	195
26 Randy Mongiovi Jr.	DB/WR	5-8	180	75 John Gasparovich	So. OL/DL	5-11	185
28 Cory Bottorff	Jr. RB/DB	5-7	145	78 Anthony Pastin	Sr. OL/DL	6-0	255
29 Matt Catanzarite Jr.	K/P	5-10	175	82 Jeff Homer	So. WR/DB	5-9	170
30 Morgan Singletary Sr.	FB/LB	5-9	200	84 Steve DeAngelis	So. WR/LB	5-10	185
32 D.J. O'Hara	Jr. RB/DB	5-11	170	85 Scott Ulizzi	So. WR/DB	5-11	180
33 Butch Kriger	Jr. FB/LB	5-9	180	86 Zach McElwain	So. TE/LB	5-11	170
35 Colin DiIanni	Jr. RB/DB	5-7	170	88 Dan Salvati	Jr. TE/LB	6-1	190
37 Brian Smith	Jr. RB/DB	5-10	185	89 Mike Muha	So. TE/LB	6-3	215
39 Adam Revetta	So. RB/DB	5-8	160				

IN THE TRENCHES



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From Midway to Montour, Butkus embraces any challenge

By Harry Bradford
Staff writer

The intense stare of former NFL Hall of Fame linebacker Dick Butkus unnerved many quarterbacks, running backs and tight ends during his playing days with the Chicago Bears.

Butkus was a member of the famed Bears defense in the 1960s and early 1970s called the Monsters of the Midway.

He was known for punishing anyone carrying the ball and forced enough turnovers (53) to be considered one of the greatest players ever at his position.

He traveled from his home in Malibu, Calif. to Pittsburgh earlier this month to take the lead role in a reality television series called "Bound for Glory - The Montour Spartans."

He becomes the head coach of a downtrodden football program with a rich tradition of winning championships.

Filming has been ongoing since Aug. 8, when football practices began around southwestern Pennsylvania. The first

show will air Sept. 20 at 10 p.m. on ESPN, and the series will run for eight consecutive weeks.

Montour was selected from 500 football programs because it best fit the description of a team down on its luck which is looking to revert back to winning form. Butkus becomes the catalyst of the team, but he also wants to leave a positive impression with the players.

"I sit there and I think about the last couple of years with the way the game is played and there is no respect," Butkus said.

"I see a lot of things in modern players that I don't go for. They either try to showboat themselves or make their own individual game fit their own ulterior motives."

Butkus added, "They would rather sit around and complain about it. I want to get the kids at a young age and teach them a little about character and respect for the game."

"In a way, if we win some games that will be so much better. We have a tough road ahead



Dick Butkus

and there are a lot of things we must correct.

"The main thing is the attitude and winning. If there isn't much success it is like a cancer - it is hard to get rid of. If we can get them to win that will be a challenge."

Butkus said he knew his selection as head football coach would raise some eyebrows in the region, which has produced many great college and professional football

coaches and players who could've played the role.

"They probably thought 'Why him?' or 'Whatever?' and rightfully so," Butkus said.

"I just think they might've known some things about me, but they knew more than I thought. I am the right guy for it. I want to see players give something back to the game - and believe me - this will be a challenge for me. I can only do so much. Even if we win one game or two games, there will be 100 percent improvement."

Butkus says he was always interested in coaching since he was ready to retire from the NFL in 1973.

After Butkus retired from playing pro football because of knee problems, he thought a coaching job would be automatic.

Six years after he retired, he went to the Pro Football Hall of Fame inductions in Canton, Ohio. He was offered a position as special teams coach with the Detroit Lions by former head coach Monte Clark. He decided not to take the job.

"As time went on, things changed for me. I was totally prepared for coaching and nothing else. Then I did commercials and that led to acting. I decided to go after it with some effort. I wanted to do something successfully."

Butkus appeared in 15 movies and 13 television shows. Then he became a head coach in 2001 for the Chicago entry in the XFL. He also got a chance to play a basketball coach in the Saturday morning television show, "Hang Time."

"Bound for Glory" presented itself as another opportunity and Butkus decided to travel across the country to Pittsburgh for his new job.

Butkus has become more involved as training camp has progressed.

"If I see something isn't right, I step in but I don't step on the other coaches' toes," Butkus said. "They were all supportive and I became more involved each day. Coach (Lou) Cerro has seven or eight guys who know the system."

They let me work on the staff



Moon Tigers

- Head Coach: Mark Capuano
- 2004 Record: 9-2
- Conference: Parkwa



2005 Moon Tigers

Returning starters key to making another playoff run

By Harry Bradford
Staff writer

Two starters each on offense and defense return to form the nucleus of a Moon Area High School football team expected to compete again for a playoff spot in the rugged Parkway Conference.

Coach Mark Capuano's team is coming off a 9-2 campaign in which the Tigers finished second in conference play and were eliminated in the WPIAL quarterfinals by Blackhawk.

"Last year, I thought we would go deep into the playoffs," said Capuano.

With the loss of quarterback Matt Dowdell to graduation, Moon will rely

on senior Casey Williams and sophomore Justin Fuller to fill that position. Williams is also the returning starter at tailback, where he gained more than 1,000 yards for the Tigers.

"Casey is a Division I prospect and a lot of schools such as Bucknell, Lafayette and Lehigh are looking at him," Capuano said. "I thought some schools were missing the boat, but not now."

If Williams becomes the starting quarterback, there is enough depth at halfback to compensate for position changes.

The most likely starter figures to be junior Mike Battles, but sophomore Andrew Lacy provides good depth. Time

at fullback could be split between seniors Scott Brittner and Jake Sykes.

"Casey has spent most of his time as a quarterback," Capuano said.

"He will get the ball the majority of the time in the shotgun or the option. If he runs in the tailback slot, Fuller will start at quarterback. Battles has good speed and some moves. He can run north and south even though he isn't a big kid. He is strong for his size."

The Tigers will be strong at wide receiver with the return of junior Chris Jeannot.

The other starting slot will go to junior Alex Laipple. Junior Andy Dowdell and senior Tyler Hersperger should fill

2005 Schedule

Aug. 26	at Ringgold
Sept. 2	Knoch
Sept. 9	at Peters Township
Sept. 16	Montour
Sept. 23	at Ambridge
Sept. 30	New Castle
Oct. 7	Blackhawk
Oct. 14	West Allegheny
Oct. 21	at Hopewell

in nicely for the departed Chad Trenney at tight end.

Continued on next page

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Skilled receivers a likely strength for Moon Tigers

Continued from page 23

"This is our strongest area," Capuano said. "Our No. 1 receiver is Alex Laipple at the flanker spot. He broke a school record in the 100-meter dash. He can flat out fly and he catches the ball well for a junior. Chris is a 6-foot-6 wideout and he will occasionally out-jump a defender. Dowdell and Hersperger have good size and run well."

Moon loses an outstanding offensive lineman in John Bachman, who will play for the University of Pittsburgh this fall.

The offensive line may not be as large as last year, but it does have three lettermen returning in the form of senior John Clary (6-2, 280) and junior Steve Gabert (6-1, 277) at the tackle slots and senior George Hingson (6-3, 225) at guard. Other starters figure to be senior Drew Dixon (6-1, 220) at left guard and Steve Raso (5-9, 200) at center.

"Last year, we lost a lot of good players," Capuano said. "John Bachman is going to Pitt and it is tough replacing a Division I player."

"Our kids get strong in the weight room and work hard. Raso only weighs 200 pounds, but he is one of the strongest kids on the team. We must stay healthy and that is a big key. We should be good up front."

Kicker Jon Oberdick moves on to the University of Georgia and seniors Jason Presutti and Geoff Spaulding look to share

kicking and punting duties at the start of the season.

Gabert and Clary will also anchor the defensive line while Hersperger figures to be one starter at end and junior Nick Petrelli (6-0, 245) could be the other starter.

"Tyler is at the defensive end position and he will go to the weak side," Capuano said. "He has more speed and will contain the quarterback better. Sizewise we should be okay."

Raso returns as the only experienced linebacker with seniors Scott Brittner (5-9, 195) and Hingson vying for playing time.

THE MEN IN CHARGE



Head coach Mark Capuano, (front, center), and the Moon Tiger coaching staff.

"They don't have a lot of experience, but they all have good feet," Capuano said. "They can all run and go to the football. We don't have as many linemen as in the past, but teams are running more spread offenses. This will help our coverage."

Capuano wants to rotate Hingson between the defensive line and linebacker because of his strength.

"George can bench press 405 pounds," Capuano said. "He is also a wrestler and has that leverage. He has the things that a football player needs and he will play somewhere."

The secondary has excellent depth returning in the form of seniors Fuller and Battles at cornerback, Williams at free safety and Sykes at strong safety.

"The secondary will be anchored by Casey, especially at free safety," Capuano said. "Fuller and Battles aren't tall, but they have good technique and are tough kids."

Even though Capuano lost 24 players to graduation, he is pleased with the team's penchant for working hard in the off-season.

"I like their attitude," Capuano said. "Coming into the

season, we don't know how things are going to work out. We have gotten to the point here where we expect to win."

Capuano expected the conference to be tough again, but the goals at Moon remain the same.

"The team to beat is Ambridge because they have a lot of kids back," Capuano said. "They are right on time for turning that program around and becoming good. Our first goal is to win the conference. Our second goal is to go to the playoffs and win a WPIAL championship. Our third goal is to go to the state playoffs."



North Allegheny Tigers

- Head Coach: Art Walker
- 2004 Record: 4-6
- Conference: Quad North

Walker brings history of proven success to program

By Brian A. Binder

Contributing writer

Change is the focus of North Allegheny football this season. New head coach, Art Walker, is replacing Jim Rankin, who coached the Tigers for the last 18 seasons. Walker brings a new style offense and defense to a team in need of a change.

The Tigers finished below .500 each of the last two seasons and suffered a heavy graduation loss for the upcoming season. They have set small goals to work for this year.

2005 Schedule

Aug. 26	at Penn Hills
Sept. 2	at Norwin
Sept. 9	at Mt. Lebanon
Sept. 16	Bethel Park
Sept. 23	Upper St. Clair
Sept. 30	at Butler
Oct. 8	Seneca Valley
Oct. 14	at Shaler
Oct. 21	North Hills



THE TIGERS are optimistic about their new head coach Art Walker, who brings a wealth of knowledge and back-to-back WPIAL championships to the program.

Photos by Jerry Clark

"We would like to defeat our opponents and make the playoffs," Walker said. "But it is too early to set any goals. Right now, we are just looking to improve week to week."

North Allegheny is working on coming together as a team in camp and really focusing on "team orientated drills" in camp.

The transition has been a "process" Walker claims but admits it will become easier once he is in the building and sees the kids on a regular basis.

"It's always a project starting something new," Walker said. "You can't do it in six months to a year. A team has to go through a season and growing pains to

become successful."

The team shares Walker's goals. "We would like to finish above .500," running back Billy Knight said.

"We take it one day at a time."

The team is looking at Knight to be a weapon on offense.

"We're counting on Knight to do some good things at running back and defensive back for us this season," Walker said.

Knight is willing to step up and is gunning to rush for a thousand yards for the season.

Underclassmen are also going to play a key role as the team is only returning 16 seniors.

"A lot of the juniors and sophomores are stepping up and playing well," Knight said. "(The team) is looking good so far."

Juniors, fullback/linebacker Marek Lipinski and tight end/defensive end Tom Keiser have had good summers and performed well during camp this week and could be keys for the Tigers, who are undergoing complete changes in the offensive and defensive play-

books this season.

"We started to learn the offense early," Knight said. "We like the (playbooks) on offense and defense and we really enjoy his coaching style."

On offense, Walker wants to open up the field more than the team is used to and balance the offense more between run and pass, but is waiting to see who his players are going to be to formulate a serious game plan.

Defensive positions are still mostly up for grabs as well as the players are try-

Continued on page 36

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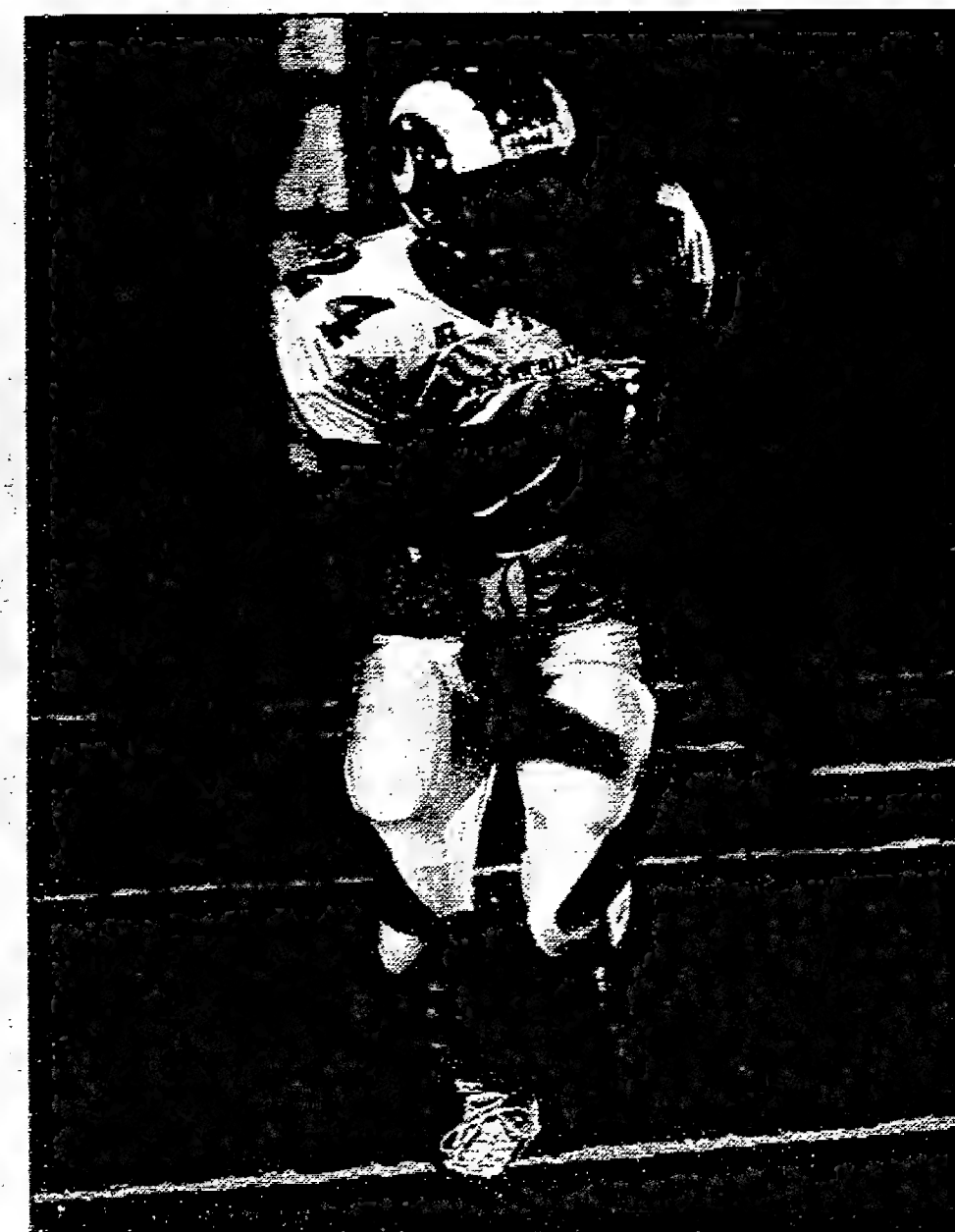
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SCHOOL SPIRIT



2005 Pine Richland Rams cheerleaders.

RAM TOUGH



MATT MARCELLO, a senior linebacker, should help bolster the Rams defense.

Young talent will have to step up for Pine-Richland

Continued from page 37

"He'll make them better and get them to win," Altemus said.

Long will not have to carry the squad alone, as a stable of young runners are vying for the tailback position vacated by Tim Newman.

Vinny Veltry is a hard-nosed runner who can get the tough yards while Landin Bodily is a balanced back who is healthy after an injury-plagued season last year.

The Rams will also have the option to hand to Central Catholic transfer Phil McKeedy, who is competing for the full back spot.

The offensive line was the hardest hit by graduation loss, as only Ben Scheerer returns, but the Rams have some young bulls in wait and they will be ready to go when called upon.

Johnny Gresser and Luke Flemming figure to protect Long and open up the running lanes, but Altemus is also counting on some of his 260-pound sophomore line-

men to fill some of the slots along the offensive line.

Much of the Rams talent is unknown to those outside Rams' camp, so the challenge for Altemus is getting the right people in the right places at the right times.

"We are deeper than ever at the skill positions," he said.

The Rams no longer have the proverbial bulls-eye on their chest that they have worn for the past three seasons. They are back to the role of hunters

rather than hunted, but that's okay with them.

"It will be different without that bulls-eye on our chest anymore," Long explained.

"We're the underdogs. I like that better."

The key to the Rams success as a whole, will be the maturation process, and how quickly it occurs.

Altemus said that by week three he'll know whether his team has arrived, or if they will finish .500.

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Football A to Z begins with ESPN and legendary Butkus

By Chris Scarnati

Staff writer

From the desolate beaches of the South Pacific to the cold, impersonal board rooms in Trump Tower, the settings have been eclectic.

But this fall, reality television's newest venue should be a little more familiar to local channel surfers...and discriminating armchair quarterbacks.

The Montour Spartans football squad will play their regularly scheduled games on Friday nights, but the rest of the nation will see them storm the gridiron each Tuesday at 10 p.m. thanks to an agreement between the school and ESPN to create "Bound for Glory: The 2005 Montour Spartans."

The series, which will feature NFL Hall of Famer Dick Butkus as head coach and pop icon Paula Abdul as head cheerleading instructor, will run eight one-hour episodes beginning Sept. 20.

"I think this will be exciting for the Montour community and WPIAL football in general," opines Montour athletic director Mitch Galiyas. "We will be able to showcase western Pennsylvania football, which is some of the finest in the land."

Like "Survivor" and "The Apprentice," cameras will capture



MONTOUR COACH Dick Butkus plays to the ESPN camera.

everything - from grueling three-a-day workout sessions during training camp to fiery pre-game sermons in the locker room.

Like "Extreme Makeover," Butkus and assistant coach Lou Cerro will confront the onerous assignment of turning an ugly program into a thing of beauty.

Or at least one that's moderately

competitive.

Last year, Montour sputtered out a 1-8 record. In doing so, the Spartans finished in the Parkway Conference cellar and failed to qualify for the playoffs for a sixth consecutive season.

In March, Galiyas wisely hired Cerro to breathe new life into the team. Cerro was coming off a brilliant campaign as

head coach at Seton-LaSalle, where he shepherded the Rebels to a Class AA WPIAL title.

Shortly thereafter, Montour was selected from a nationwide search of 500 schools to have its 2005 season chronicled on ESPN. The deal included new uniforms, equipment for coaches and cheerleaders, a \$40,000 scoreboard, renovations to the locker room, a lawn mower to maintain the field and state-of-the-art weight-training apparatuses.

"It's crazy," quips senior signal-caller Nick Dilanni. "We have vibrating plates in the weight rooms and \$20,000 treadmills. We've been getting new stuff every week. I don't even think a lot of colleges have this stuff."

The arrangement, however, also called for Butkus to fill in as head coach for the entire season and relegated Cerro to an assistant position until the end of the year.

This was met with an avalanche of skepticism, as local radio personalities and columnists took turns spewing incendiary criticism at the school board and Galiyas.

Butkus' coaching resume, after all, is quite limited, save a television role as a hoops coach on the Saturday morning TV show "Hang Time" and a brief

Continued on page 42

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THE LIST

FRIDAY NIGHT FOOTBALL A TO Z

It's a tradition around these parts and one of the few good things about summer's end. It's a game that's played on the field, but whose energy and emotions often spill into the stands. It's a game whose outcome can heat up the coldest nights, or send fans home feeling miserable on the most perfect autumn evenings.

It's the start of high school football, and the time for fans to share in their team's wins and losses both on and off the field.

So with the season kicking off this week, we present a football blueprint, a fan's primer and a peek at



what Friday nights are all about for the next nine weeks. We give you Friday Night Football, A to Z.

A — is for artificial turf, which is rapidly becoming the norm in western Pennsylvania. By mid-October, grass fields in the area are many times transformed into mud pits and the play on the field suffers as a result. Since the football field at most schools is also the main field for soccer and other activities, artificial turf fields, which hold up much better to the elements and abundant use, are becoming much more prevalent.

B — is for Butkus, as in Dick Butkus, NFL Hall of Fame linebacker, the heart and soul of the Chicago Bears' ferocious Monsters of the Midway defense for nine years and most recently the star of several forgettable movies and TV shows. Butkus has been tapped to be the co-head coach of Montour High School for the fall reality TV series on ESPN entitled "Montour Spartans — Bound For Glory." Question is, will Butkus be saved by the bell?

C — is for Coury, first name Robertino, who is expected to be Chartiers Valley's workhorse on offense. He had some notable runs last fall, even though fullback Nick Hursky produced the glistening stats. Coury's best game was the opener at Montour — 96 yards on six carries, including a 61-yard run that sealed a 28-0 win. Says coach Chris Saluga: "He has good speed and vision, and he runs hard."

D — The old saying usually holds true — defense wins championships. A strong defense often is key to going far in the post-season and, traditionally, physical, smothering defenses are what rais-



es people's excitement levels around these parts.

E — is for ESPN, which has camped out in the west and southwest suburbs of Pittsburgh, putting together material for the Montour reality show, which will be shown on Tuesday nights at 10 for eight weeks beginning Sept. 20. ESPN selected Montour out of more than 500 schools that are down and out in football after once being world beaters. Once selected, Montour has been treated royally by ESPN, receiving uniforms, shoes, exercise equipment, a new locker room, a new scoreboard and new stadium sod.

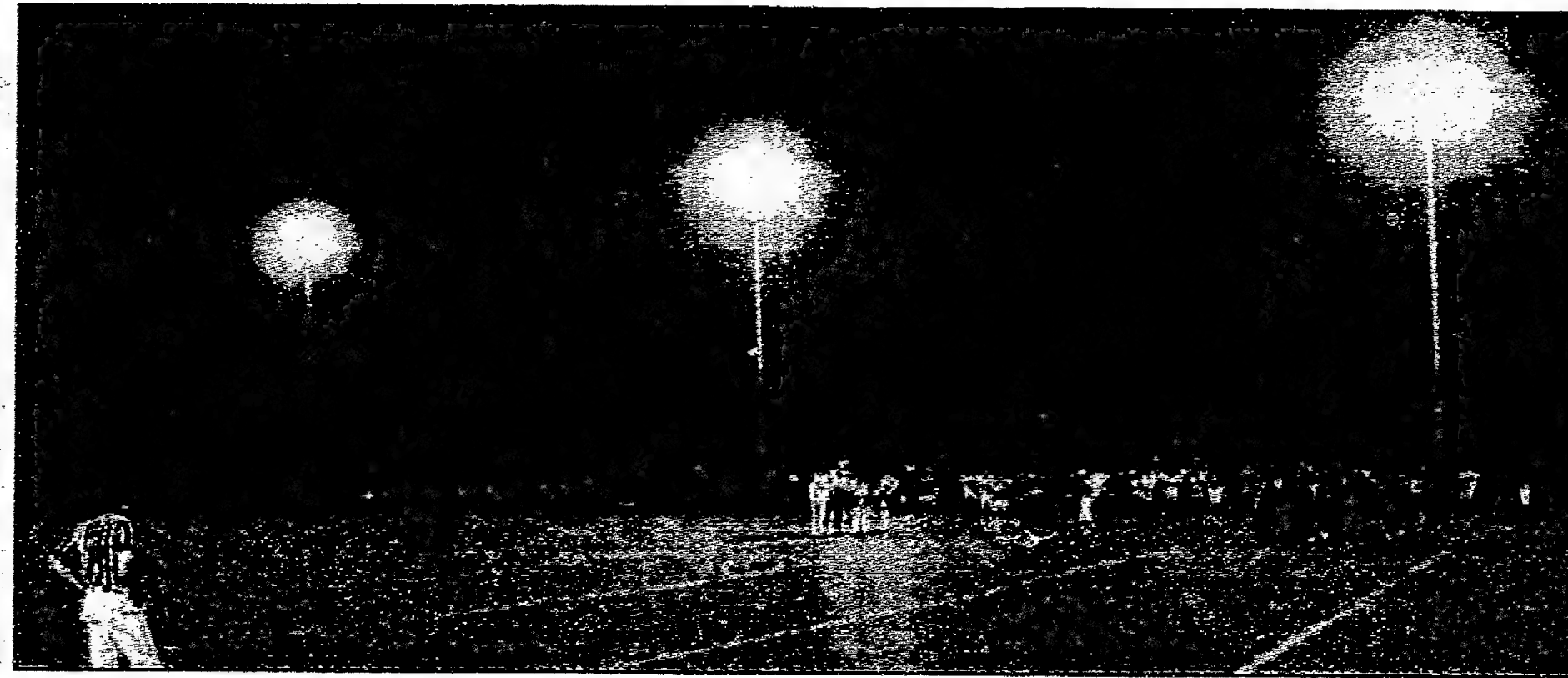
F — Frank Whitlock might not have as well-known a name as LaVar Arrington, Johnny Unitas or Dan Marino, but Whitlock had just as big an impact on high school football in Western Pennsylvania as any of them. Not only was he the star at Sewickley High School in the early 1990s, but he was the first black player in the school's history and one of the first black high school players in the North Hills period. Nicknamed "Snake Hips," Whitlock was so good he led groups of Sewickley students to wins over teams made up of college freshmen. But more important than his on-field accomplishments are the doors he opened for the generations of black football players in the area who have followed in his footsteps.

G — represents the gridiron, the actual fields where the games take place. Though often unnoticed, there's a lot of work that goes on between games to get the fields ready for the next contest. Grounds crews and maintenance workers work hard throughout the week to make sure the fields are at their best come gametime.

H — is the hard hitting that takes place among rivals in conference play. Hard hitting is most evident when bitter rivals such as North Allegheny and North Hills square off. Records are not important in games like these. Respect is, and the best way to earn respect on the gridiron is with a hard hit.

I — is for inches, as in football is a game of inches. You hear those grunts and groans coming from those big guys in the trenches? That's the sound of someone getting moved a few inches off the ball, or the running back blasting through a crack of daylight between his center and guard. Those inches mean the difference between driving for the game-winning score, or suffering a three-and-out.

J — is for jubilant fans who make the games a major event that is even covered by all of the major television networks. The fans make banners, paint their bodies and come up with clever cheers to help spur their team to victory. Without them, the Friday night experience would be dull.



K — Kicking has become a lost art of sorts in the high school game. Because football is a game of inches, teams often are separated by mere points as those last seconds tick off the clock. And it's in these waning seconds that reliable kickers often become the most valuable commodities on the team. Surprisingly, some schools still wait until the final days of practice before even thinking about trying out kickers — sometimes "recruited" from the high school soccer team — to fill that roster spot.

L — is for Lehmeier, the heart and soul of the North Hills Indians offense. No quarterback in the WPIAL possesses the ability to run and gun better than Lehmeier. The star quarterback has compiled a 17-4 record as a starter during the past two seasons and led North Hills deep into the playoffs. With him under center, the Indians are a legitimate contender for the WPIAL championship.

M — Mud. There's nothing quite like a high school football game in the mud. But many high schools these days are switching to more "practical" artificial surfaces. High school football on carpet doesn't have the same appeal. From the earliest days of football, the gridiron was painted onto grass... and mud. How many "thrill of victory" photos have you seen where a player has his arm extended in triumph and streaks of mud smeared across his face. And how many "agony of defeat" photos have you seen with a burly lineman, head hung in sorrow, and clumps of mud caked into his face mask? Mud is a major ingredient in the high school football smell. Stroll into a locker room after a game, and the odor of mud is just as pungent as sweat.

N — Nachos! Or any other concessions stand food for that matter. Even if you're not the biggest fan of soft pretzels, Swedish fish or fizzy, sugary drinks, the siren song of the concession stand simply is too great a temptation. Is there anything better than a cup of Joe or hot chocolate on a cold Friday night, or a semi-hot slice of pizza at half-time? We didn't think so.

O — is for the O-line, the unheralded, underappreciated part of a football team that might actually be most vital to a team's progress. A good offensive line can clear holes for a strong running attack. A strong running attack makes the skies a little friendlier for quarterbacks, who will be looking to connect with wide receivers down field. Even though the players on the offensive line garner little ink from local newspapers, the win-loss column might be most contingent upon their success on the field.

P — is for the people that you see at the games — family, friends and neighbors. High school football games attract people with vested interests in the team — whether their son is the star running back, or their daughter is captain of the cheerleading



squad — and also casual fans who attend a couple games each year.

Q — The game is played in four quarters, and important decisions are based on that simple fact. Coaches often determine whether to go for it on fourth down, or open up their passing games based on the amount of time left on the clock. Fans, too, often decide whether to go for it — whether it be a run to the restroom, or a visit to the snack bar — based on the time left on the clock. Making that break to the concession stand just before the second quarter ends seems to be a fan favorite.

R — though teams want to win every game, it's the rivalry games that really get the blood boiling, a handful of games that players, coaches and fans relish.

S — stands for state championship, which the Thomas Jefferson football team won in Class AAA last season for the first time in school history. In fact, the 2005 defending state champ, Manheim Central, by a record-breaking score of 56-20.

T — is for trenches, where the unsung heroes of the football team do battle. Offensive and defensive linemen, the biggest, baddest and strongest of the football players, knock heads on every play and the winner in the trenches often times leads to victory on the scoreboard. Quarterbacks, linebackers and running backs get most of the glory; however, they would not get to where they want to go without those workhorses up front.

U — Everybody loves the underdog, even more so when it's your team that's rising up to beat the powerhouse favorite. Hey, it's rare indeed that your club comes into every week as the team to beat and pulling off that big upset is what makes



games interesting, and makes scanning the late local news for scores a real treat.

V — though the game is played between the hash marks, it's the work of the volunteers that keeps the night going. Students and teachers man the snack bar, moms and dads help at the ticket booths, and residents work the sidelines all to make sure everything goes smoothly on and off the field.

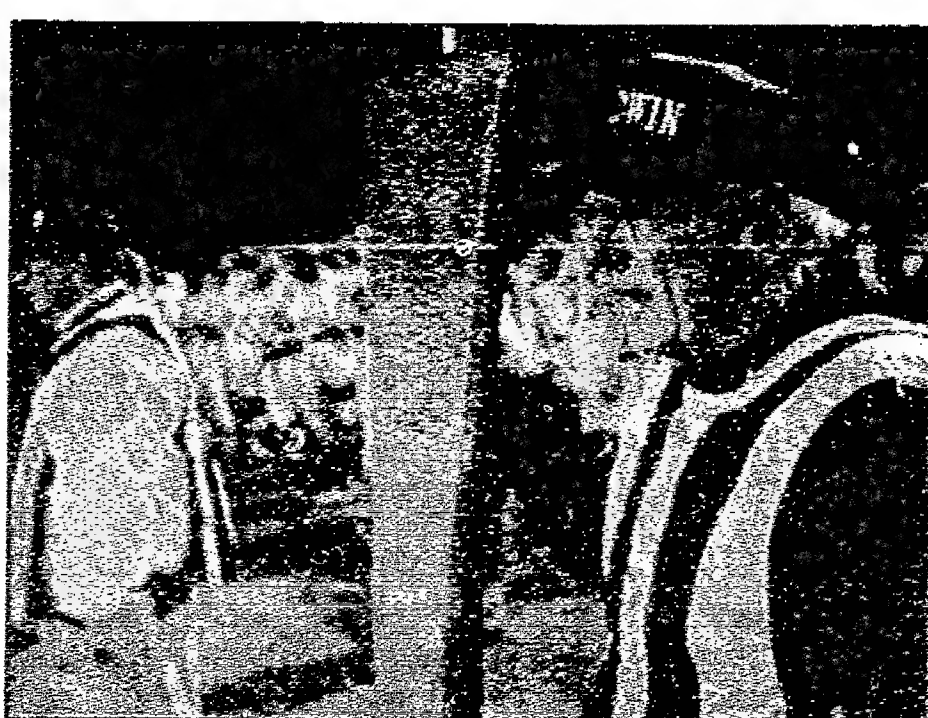
W — is for WPIAL championship, which the Seton-LaSalle Rebels have won in two of the past three football seasons and five times in school history. Seton's rookie head coach, Greg Perry, has a tough act to follow in Lou Cerro, who was involved in all five Seton titles either as a player, assistant coach or head coach. Cerro is now a co-head coach, alongside Butkus, at Montour.

X — is for the X-factors, those intangibles that some teams have and others desperately need. Though tough to explain — intangibles could be team confidence, chemistry or football intelligence — they become quite clear to players, coaches and fans as the season progresses.

Y — is for yards. It could be nothing more than one small yard — three feet, 36 inches, the length of a few footballs — that stands between a game-winning drive and a brilliant defensive stand. Each ache and pain that players nurse over the weekend is testimony to the importance of something as simple as one yard.

Z — is for the zebras. Affectionately, zebras are the officials working the games. Each week they're out there with the players and coaches and, though they may not be the most well-liked people on the field at times, they've signed on to do a relatively thankless job on a field where it's impossible to please everybody.

Compiled by: Jerry Clark, Ray Fisher, Brian Knavish, Bob Pastin, Chris Scarnati, David McElhinny and David Titmus.



Spartans anxiously await debut of reality show Sept. 20

Continued from page 39

cameo as a field boss in the football flick "Any Given Sunday."

Cerro, nonetheless, is happy with his designated role.

"I can't say anything bad about the relationship I have with him (Butkus)," he says. "The rapport we have is unbelievably positive. And I feel it's going to be great for the district and great for the future of the program."

"I don't know of any program that has loads of money sitting around to upgrade a program. Everything we get will be a big plus," Cerro says.

The players, meanwhile, have been anxiously awaiting their Friday, Aug. 26, season opener against Chartiers Valley.

"It's a reality show. There's going to be stuff on camera that we don't want people to see," Dilanni explains. "But we feel great about this. It's definitely been a different atmosphere than in the past. Everyone is working a lot harder."

Even though it's ultimately Cerro's squad, some of the players feel that they can learn a great deal from one of the NFL's most ferocious linebackers.

"From what I've heard, he (Butkus) was a hard-hitting, intense player," says senior lineman Anthony Pastin. "He hasn't coached before, but anyone with



HEAD COACH Dick Butkus and assistant head coach Lou Cerro.

knowledge of pro football has to be able to offer something. He could really help out our defense."

When asked about how he wanted ESPN to portray his team, Pastin's response was straightforward.

"We want to be seen as a team that

doesn't give up," he says. "We're small, but we have a lot of heart."

No need to worry about size. The camera is believed to add at least 10 pounds to a person's weight.

Only time will tell if it also can also add victories to the Spartans' season.



North Catholic Trojans

- Head Coach: Rich Piccinni
- 2004 Record: 5-5
- Conference: Big Seven

Football players hoping to emulate Trojannettes hoops

By Chris Scarnati

Staff writer

It isn't the '85 Bears. Nor is it the Notre Dame juggernauts of the "Roaring 20s" or even the Rochester squad that captured last season's WPIAL Class A title.

Instead, it's the winning tradition of the North Catholic girls' basketball team that coach Rich Piccinni wants his Trojans to emulate.

2005 Schedule

Aug. 26	at Fort Cherry
Sept. 2	Duquesne
Sept. 9	Rochester
Sept. 16	at Cornell
Sept. 23	Avonworth
Oct. 1	at Western Beaver
Oct. 7	at Monaca
Oct. 14	South Side Beaver
Oct. 21	at Farrell

"They have a disciplined program with great coaches," said Piccinni about the perennial superpower Trojannettes. "They're very disciplined, and we have a lot to learn from them. We need to go into games like they do. They expect to win."

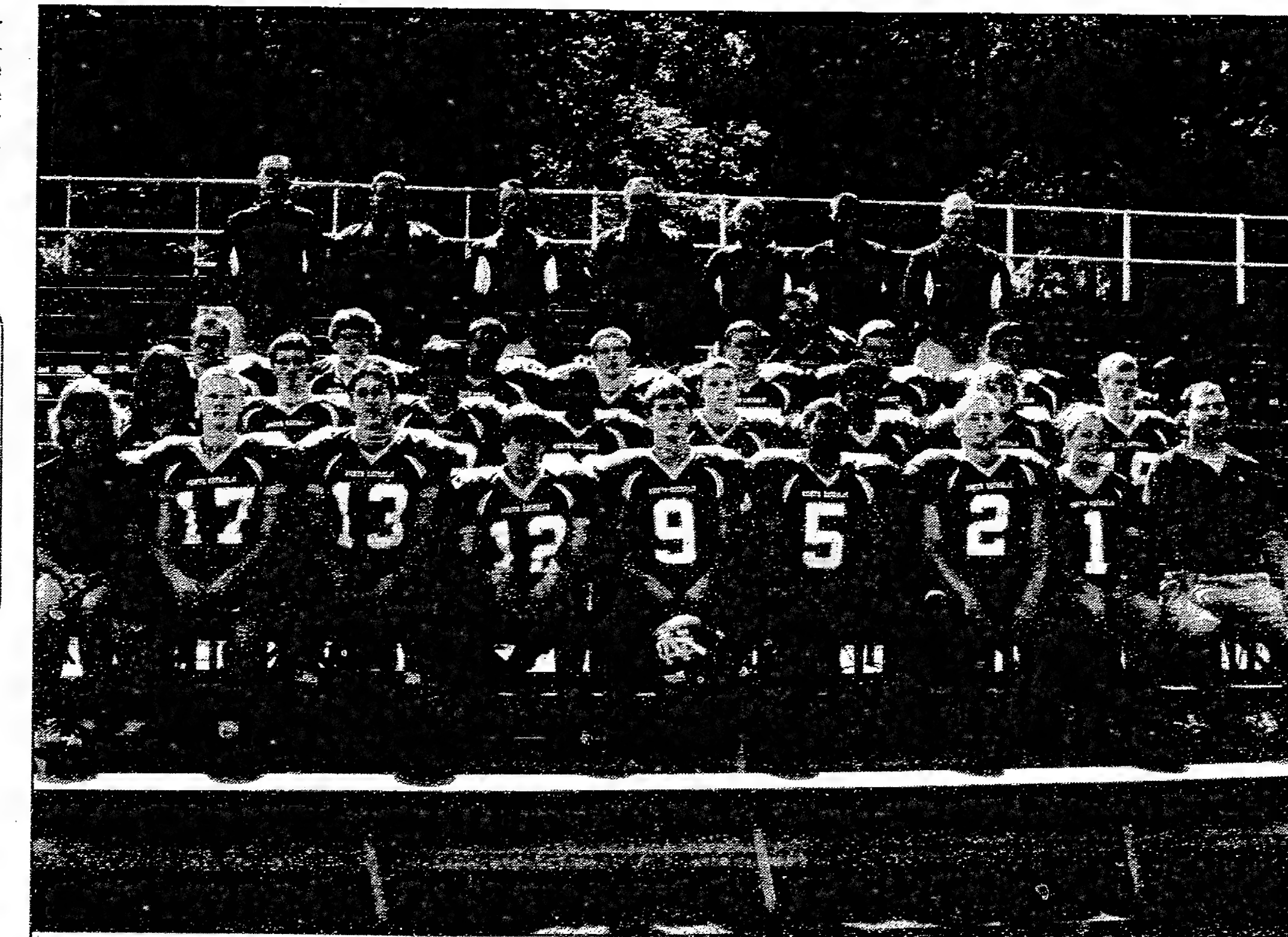
During training camp, Piccinni's players wore T-shirts bearing the words, "Expect to Win." But after graduating 17 players from 2004 — including star quarterback Jason Schanbacher (2,309 passing yards, 20 touchdowns), wideouts Peter Gaertner and Andy Hodanich (102 combined receptions) and lineman Matt Meeder (100 tackles) — a more fitting mantra might be "Try to Survive."

"We lost 50 percent of our roster," Piccinni said. "We're definitely a younger team."

If the North Catholic football team hopes to elevate its program to upper-echelon status, new faces and a small list of returning starters will have to lead the way.

It all begins with quarterback Aaron Smetanka, who transferred into the district from Hampton. Smetanka (6-foot-5, 185 pounds) knows Schanbacher left him with a tough act to follow, but the lanky junior is also eager to call the snaps.

"I can't wait for the season to start," he said. "We have a young team, but it's good because we will usually be the underdog. Everyone will be looking at an easy game, so



The North Catholic Trojans

when we win it will be even better." Piccinni thinks Smetanka will be a good fit.

"He has size, athletic ability, and he's very smart," Piccinni said. "He's a very coachable player. He and Jason might be very similar."

Smetanka will have a capable target in Ron Hughes (6-foot-1, 165), who returns to wide receiver. Junior Brandon Morris, son of former NFL running back Mercury Morris, should also take pressure off Smetanka. The 6-foot-1, 185-pound tailback was clocked at 4.5 seconds in the 40-yard dash.

At fullback, Piccinni is expecting big things out of junior newcomer Adam Beatty (6-feet, 175).

Returning to the offensive line will be junior guard Andrew Fill (5-foot-10, 200) and sophomore center Kerrigan Sweeney (6-foot-1, 240).

Defensively, North Catholic will

feature Beatty at linebacker, Morris at defensive back and twin brothers Shea and Sean Craig (both 5-foot-9, 165) at the corners. Everyone else will fight for open positions.

"We hope we can continue to put up the kind of offense we did last year, but we have an athletic, fast defense," Piccinni said. "We hope to continue being an offensive powerhouse, but we also want to be able to win games on defense this year."

The Trojans closed out their 2004 campaign with a lopsided loss to South Side Beaver. At 5-5 overall and 3-4 in the Big Seven Conference, it kept them one game away from a playoff berth.

The players were upset. Tears were shed. But lessons were learned.

"We set a lot of goals last year, and we accomplished a lot of them," explained Piccinni, who watched North Catholic drastically improve from their 1-9 overall mark in 2003.

"We missed the playoffs by one game. That was the only goal we missed, but that was also the biggest goal. So I turned it into a positive, and told them that if they were achieving all of their goals, then they weren't setting them high enough. There should always be something you're still reaching for."

Added Beatty, "The seniors were especially heartbroken because it was their last game. But we have a great coach, and he kept us up. He always keeps us up."

And like any great coach, he remains optimistic that his Trojans will one day establish a winning tradition that rivals the one created by the Trojannettes.

"We're young, but we expect big things from this team," Piccinni said. "We want to continue the momentum we had from last year and make it to the playoffs."



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North Hills Indians

- Head Coach: Jack McCurry
- 2004 Record: 8-3
- Conference: Quad North

Lehmeier leads North Hills in search for WPIAL title

By Jerry Clark
Sports Editor

The North Hills Indians slid under the radar during the early part of last season, a luxury they will not have heading into this season.

Expectations run high in the Indians locker room, especially with a healthy Ryan Lehmeier under center. Lehmeier suffered an injury down the stretch last season and North Hills was not the same without him, falling in both games he missed.

2005 Schedule

Aug. 26	McKeesport
Sept. 2	Central Catholic
Sept. 9	Shaler
Sept. 16	at Seneca Valley
Sept. 23	Butler
Sept. 30	at Mount Lebanon
Oct. 7	Upper St. Clair
Oct. 14	Bethel Park
Oct. 21	North Allegheny

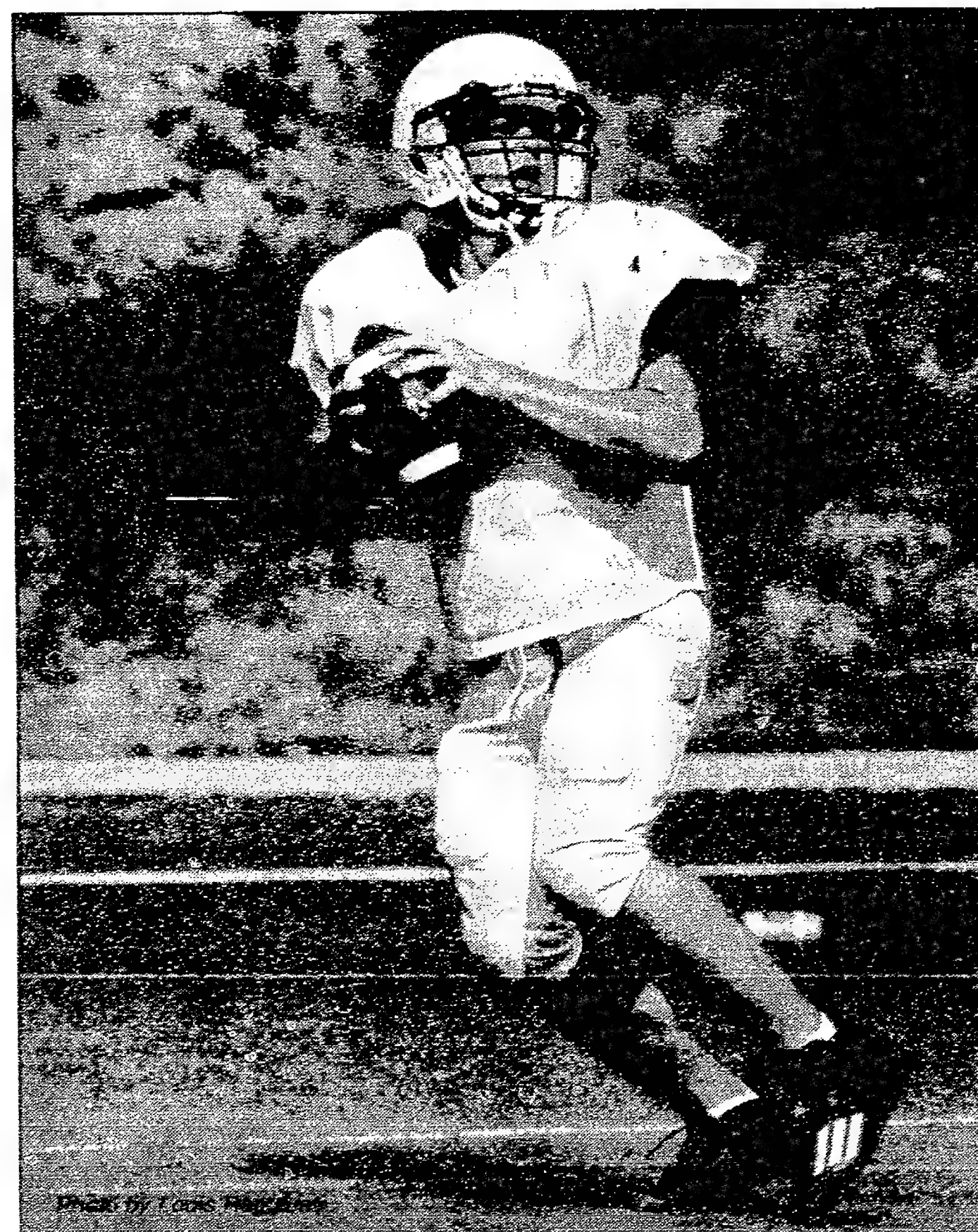
"I'm in the best shape I've ever been in," said the senior signal caller, who is 17-4 during the past two years.

As Lehmeier goes, so does the Indians offense. The same can be said for Indians linebacker Jordan LeViere.

LeViere missed much of the season last year with an injury, and is ready to step up and be the leader of one of the WPIAL's most feared defenses.

"I'm going to try my hardest," LeViere said. "The defense has progressed a lot with technique and skill. I'm looking forward to hitting some people."

Lehmeier's savvy and LeViere's killer instinct will be the cornerstone



NORTH HILLS quarterback Ryan Lehmeier has the ability to lead the Indians to the WPIAL and state Championships.

for which the 2005 Indians have been built.

Indians head coach Jack McCurry feels good about the talent he has back. He also has a new group of youngsters looking to make an impact as well.

"We have a lot of athletes. We just have to get the ball in their hands," Lehmeier said.

On offense, Brad Hill figures to fill the No. 1 receiver position that was vacated by Matt Zangaro. Hill has the speed to stretch the field and should be Lehmeier's go-to receiver. P.J. Castellano will move to the tight end position and give Lehmeier a big target in the middle of the field.

North Hills often runs a balanced offense, and this year will be no different. Connor Corcoran will likely be the leader of a crowded yet very talented backfield.

Corcoran will likely be the workhorse, Michael Rainey-Wiles, Matt Timko and Marty Muller give McCurry several options when a running play is called.

"We are fortunate to have a lot of skill," McCurry said about his backfield.

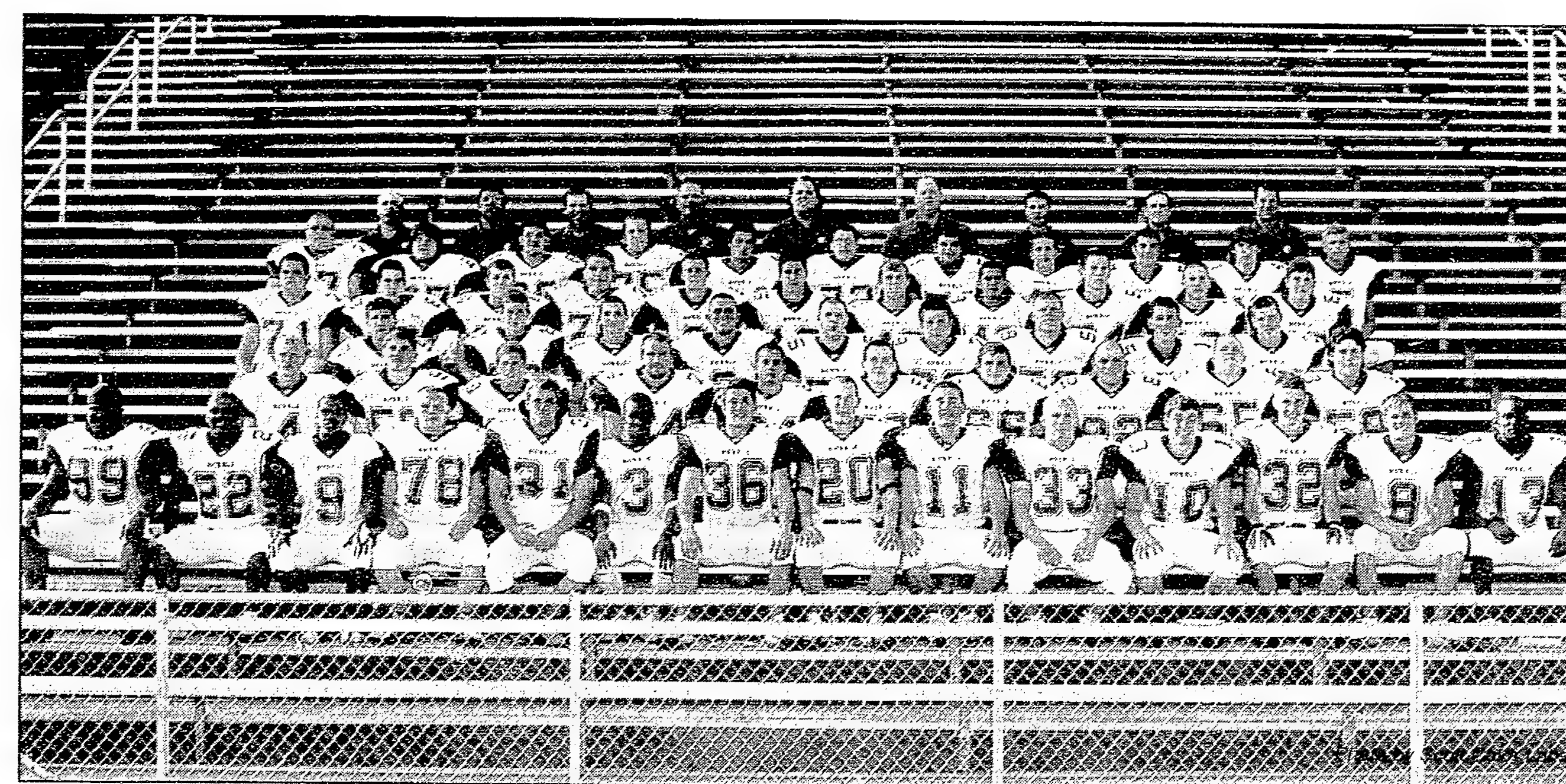
No matter who is lugging the rock, they will have a solid group of linemen to run behind. Jeff Bisesi, Curt Yunk and Andrew Doerr provide stability and give the Indians a base to build from.

"It is vital to have them back," McCurry said.

A solid nucleus on offense could make the job of one of the WPIAL's premier defenses a little easier.

Pat Carey, North Hills' defensive coordinator, is thrilled to have LeViere

Continued on page 46



2005 North Hills Indians



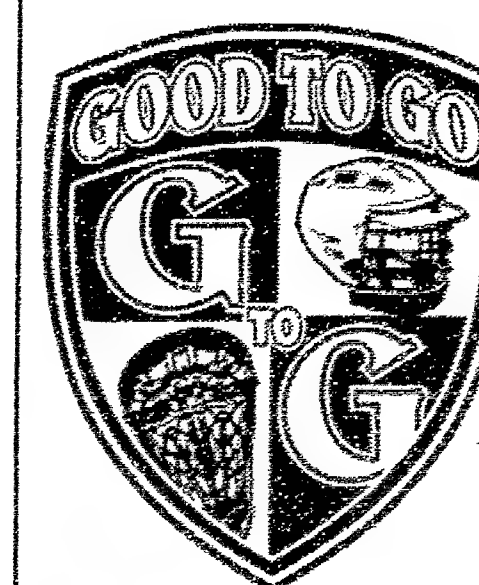
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Defense will again be powerful

Continued from page 45

back. "He is the heart and soul of the defense," Carey said.

"He has been a quality defender for the past three years and he gives the defense a lift."

The defense has the benefit of having about half of last year's starters back.

Yunk will move from defensive end to defensive tackle and will be a key component to the success of the defense. Mike Bosiljevac is battle tested and can come up with a big stop if called upon.

This year's Indians defense will have a slightly different look, as this unit will rely a little more on speed than in previous years.

"Our linebackers are aggressive runners," Carey said. "They are a tough group."

Both McCurry and Carey agree that linebacker Duncan Falk is a player who could step in and have an impact this year.

Having a few players step up will be key, as depth could be the Indians' biggest enemy heading into the season.

The secondary will have a few new faces this season, as Lehmeier will man the safety position.

"Safety is like playing quarterback on defense," Lehmeier said.

Andrew Heck will also see time at defensive back.

Carey said that Heck has been playing well in camp.

"Our expectations are for a great defensive team," Carey said. "This team has the makeup to hold up that tradition."

McCurry agreed, "We've had a great defense for years. We have a lot of pride and great defense gives you a chance to win every Friday."

Holding up that tradition will be a challenge this year, as the Indians are playing their toughest schedule in several years.

"Our first two games are against ranked teams," McCurry said. "Those games will be a good indicator (McKeesport and Central Catholic), it should be interesting."

Scheduling aside, the players believe that this is it.

"This is our year," Lehmeier said. "The state title is our goal, I feel it. Practices are upbeat and we are playing together and having a lot of experience back helps."

The Indians' season begins at home against McKeesport on Friday, Aug. 26.

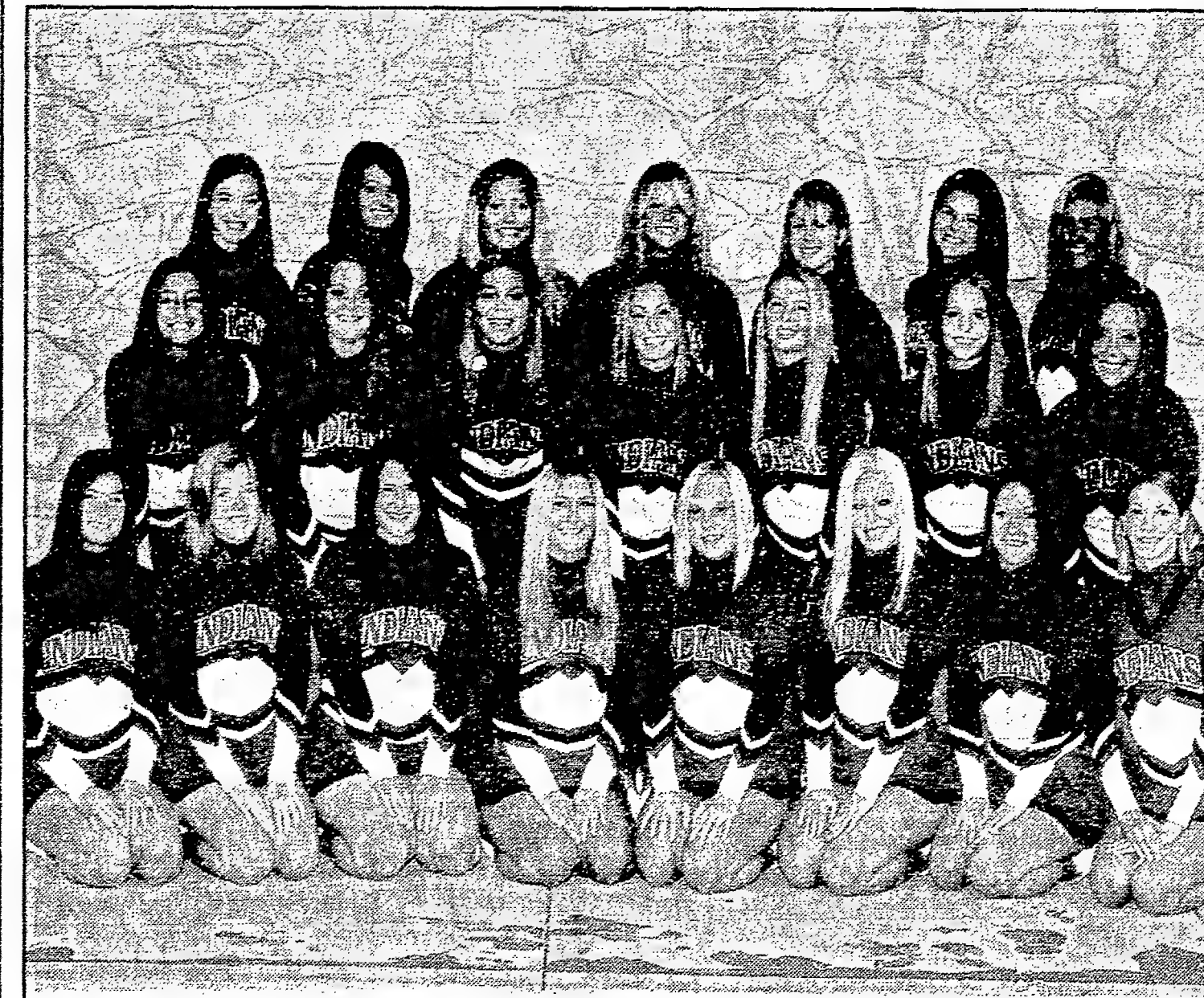
INDIAN PRIDE



HEAD COACH Jack McCurry (back center) and his staff have the Indians ready for the season.

Photo by Scott Color Labs

SCHOOL SPIRIT



The 2005 North Hills cheerleading squad

2005 North Hills Football

10 John Beorer	6-2 190 RB/LB	Sr.	40 Sean Gallagher	6-0 170 WR/LB	Jr.
55 Jeff Bisesi	6-1 200 OL/DL	Sr.	04 Andrew Heck	6-2 180 QB/DB	Jr.
33 M. Bosiljevac	5-10 205 FB/LB	Sr.	24 Kyle Henry	5-11 145 WR/DB	Jr.
53 David Carey	6-1 210 OL/DL	Sr.	75 Shawn Huerbin	6-2 228 G/T	Jr.
36 Peter Castellano	6-0 195 WR/DB	Sr.	54 Zachary Lutz	6-4 190 LB/TE	Jr.
22 Mike Cechley	5-9 180 RB/DB	Sr.	56 Geoffery Lyons	6-0 190 C/DE	Jr.
15 C. Corcoran	6-2 200 RB/DB	Sr.	71 Joseph Merlino	6-1 255 T/T	Jr.
82 Andrew Doerr	6-1 240 TE/LB	Sr.	72 Kevin Moser	5-10 230 T/DT	Jr.
08 Evan Euler	6-0 170 QB/DB	Sr.	62 Chris Perry	5-8 170 OL/LB	Jr.
32 Rege Gapsky	6-2 165 WR/DB	Sr.	67 Brad Ragghianti	5-11 235 OG/DT	Jr.
84 Adam Gianella	5-11 198 LB/TE	Sr.	9 M. Rainey-Wiles	5-8 235 WR/DB	Jr.
03 Brad Hill	5-0 160 WR/DB	Sr.	68 Billy Sarver	6-0 225 OG/DT	Jr.
65 Sean Jameson	6-2 260 OL/DL	Sr.	35 Zack Sayers	5-10 170 RB/LB	Jr.
11 Ryan Lehmeier	6-0 200 QB/DB	Sr.	14 Drew Schellhass	6-0 225 RB/LB	Jr.
31 Jordan LeViere	6-2 200 FB/LB	Sr.	12 Rob Schubring	5-8 150 K	Jr.
20 Marty Muller	6-1 165 WR/DB	Sr.	45 Brad Scallion	5-10 140 WR/DB	Jr.
66 A. Premski	5-9 240 OL/DL	Sr.	49 Chris Serwatka	5-9 172 RB/LB	Jr.
13 Joel Quinerly	6-0 175 WR/DB	Sr.	50 Kris Sweeny	5-10 140 WR/DB	Jr.
74 Joe Scheller	6-1 221 DL/OL	Sr.	51 James Thomas	6-3 182 OT/DT	Jr.
78 Jesse Schultz	5-10 195 OL/DL	Sr.	06 Zach Tives	6-2 235 OT/DT	Jr.
99 D. Withrow	6-0 240 LB/FB	Sr.	79 Matt Timko	6-3 180 RB/LB	Jr.
59 Curt Yunk	6-1 245 OL/DL	Sr.	79 J. Trembulak	5-11 195 OL/DL	Jr.
77 Ryan Bucklad	6-4 375 OL/DL	Jr.	83 Matt Turek	5-9 160 WR/DB	Jr.
05 Anthony Carriato	5-10 130 WR/CB	Jr.	76 R. Wiednerhofer	6-1 300 OL/DL	Jr.
02 D. Dougherty	6-3 190 LB/LB	Jr.	42 B. Wisniewski	5-10 150 WR/CB	Jr.
89 Duncan Falk	6-4 210 WR/DE	Jr.	16 A. Wyzanski	6-2 175 QB/DB	Jr.
58 Randall Freedman	6-4 270 OL/DL	Jr.			
88 Ben Friday	6-1 138 WR/DB	Jr.			

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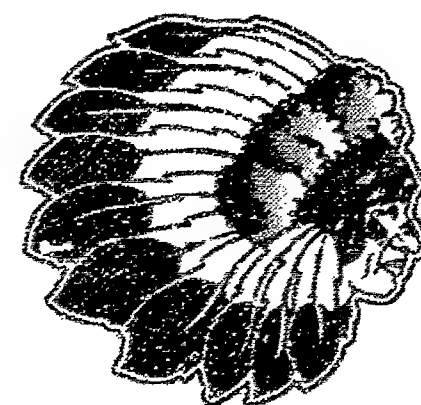
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Quaker Valley Quakers

- Head Coach: Art Parker
- 2004 Record: 0-10
- Conference: Midwestern

Humble Quakers look to shed perennial underdog role

Parker determined to get 100-percent return from QV after '04 disappointment
By Jon Paul Creese
Sports editor

If there is one thing Quaker Valley head coach Art Parker and the rest of the Quakers can hope for this year, it's a win, especially since the team has gone 0-10 each of the last two seasons, coming out on the short end of several shutouts.

But Parker, ever the optimist, expects more ... a lot more.

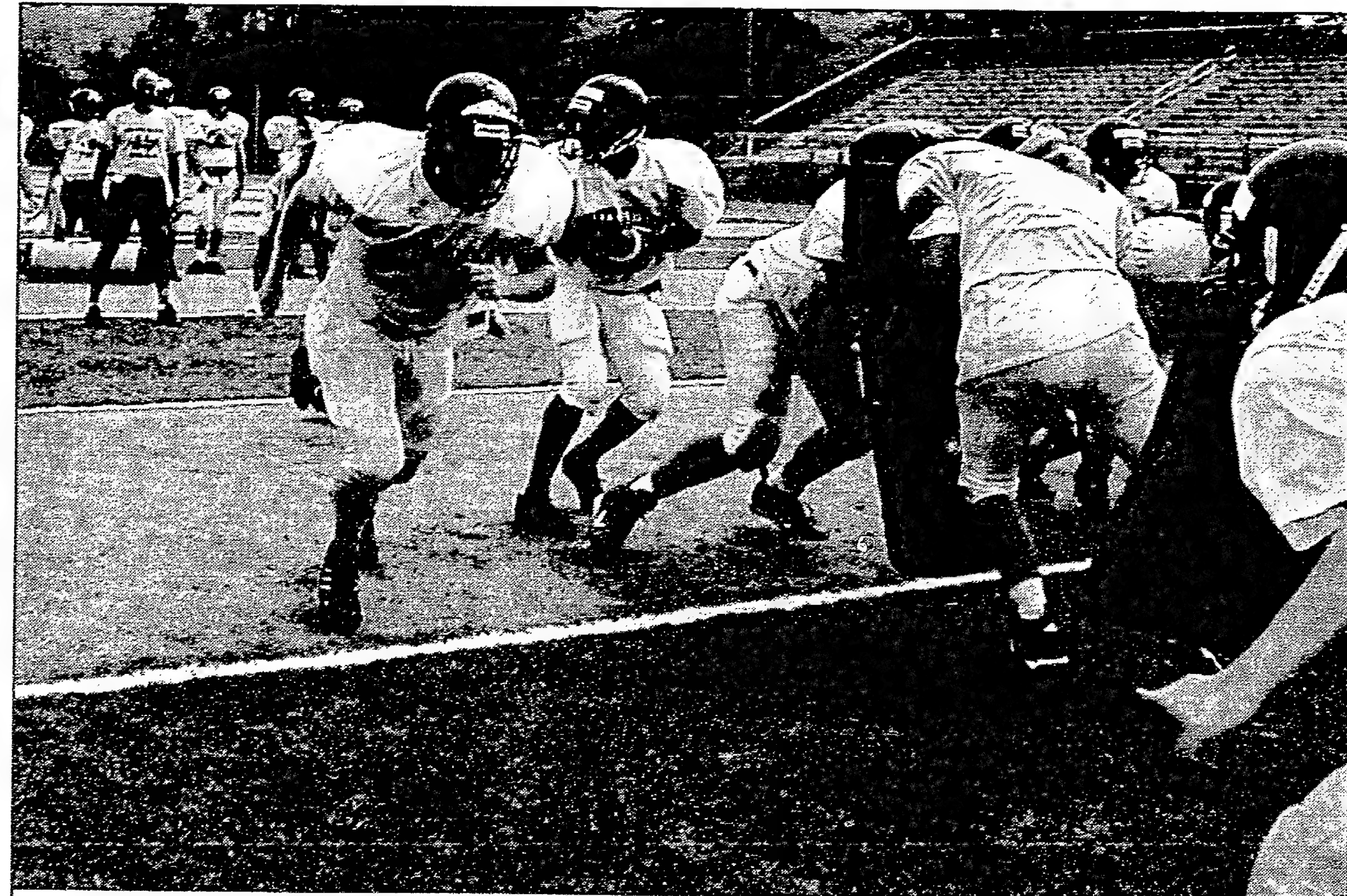
2005 Schedule

Aug. 27	at Shadyside
Sept. 3	Union
Sept. 9	at Center
Sept. 16	Beaver
Sept. 23	at Ellwood City
Sept. 30	at Beaver Falls
Oct. 7	Freedom
Oct. 14	Aliquippa
Oct. 21	at New Brighton

"Win or lose, if we don't play all out for 48 minutes, we'll never win," he said after the team's first afternoon practice at Chuck Knox Stadium in McNamara Park. "There is something to say about losing but still feeling good, because you know you are able to look yourself in the mirror."

Parker is fully aware of the stigma that attaches itself to impressionable, young players joining what may be perceived as a perennially weak football team.

"These kids have been beat down so



THE 2005 Quaker Valley Quakers warm up for the season with some scrimmage drills at Chuck Knox Stadium in McNamara Park.

much, physically and mentally," he said.

"How do you overcome that?"

Parker answered his own rhetorical question.

"You keep plugging away until you figure out a way to get that first win," he

said.

And Parker feels he has the right bunch of players this year to get the job done.

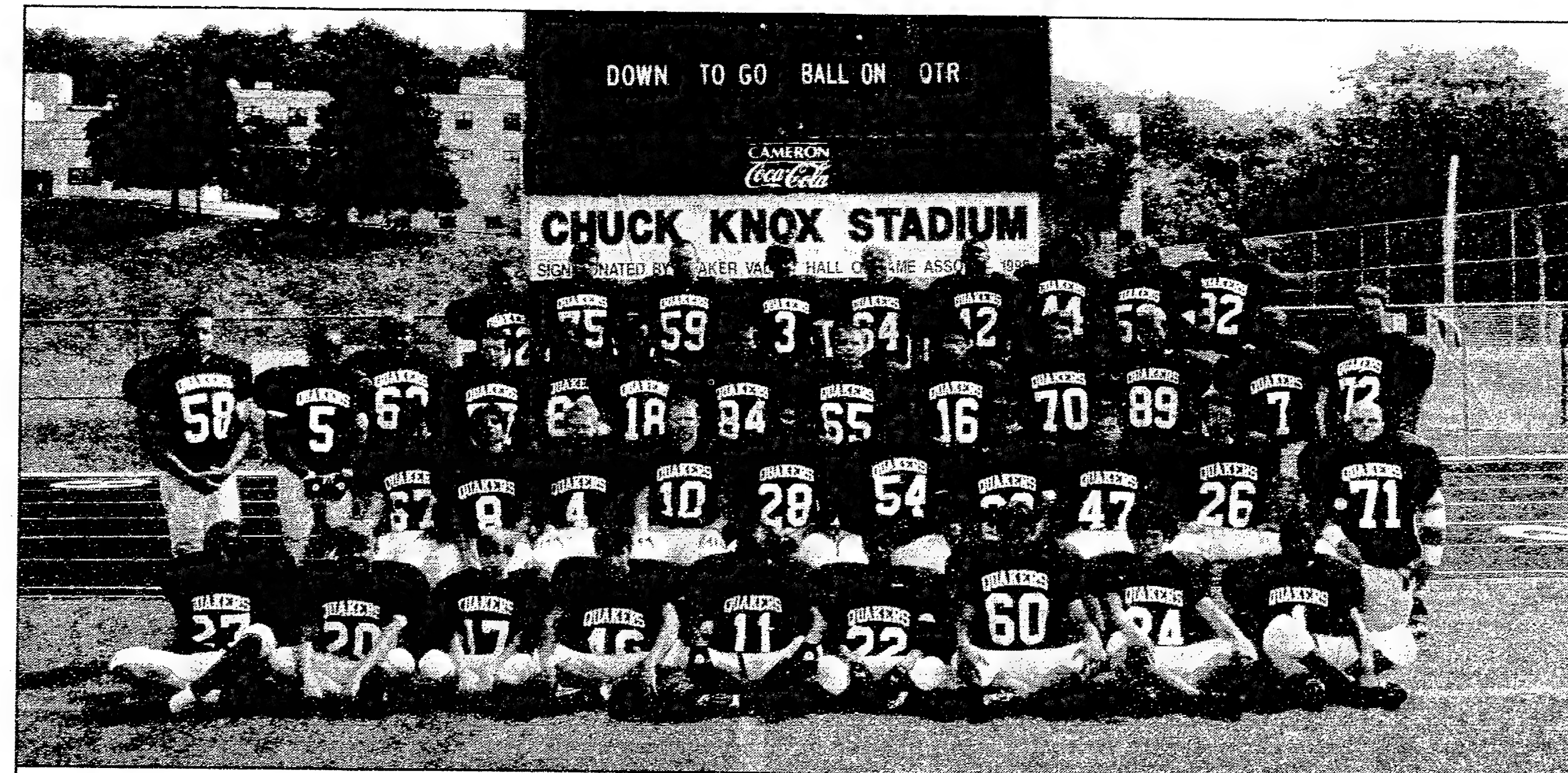
"Enthusiasm and participation are up," he said, noting the 42 athletes on the

varsity roster, many of whom are seniors returning from 2004.

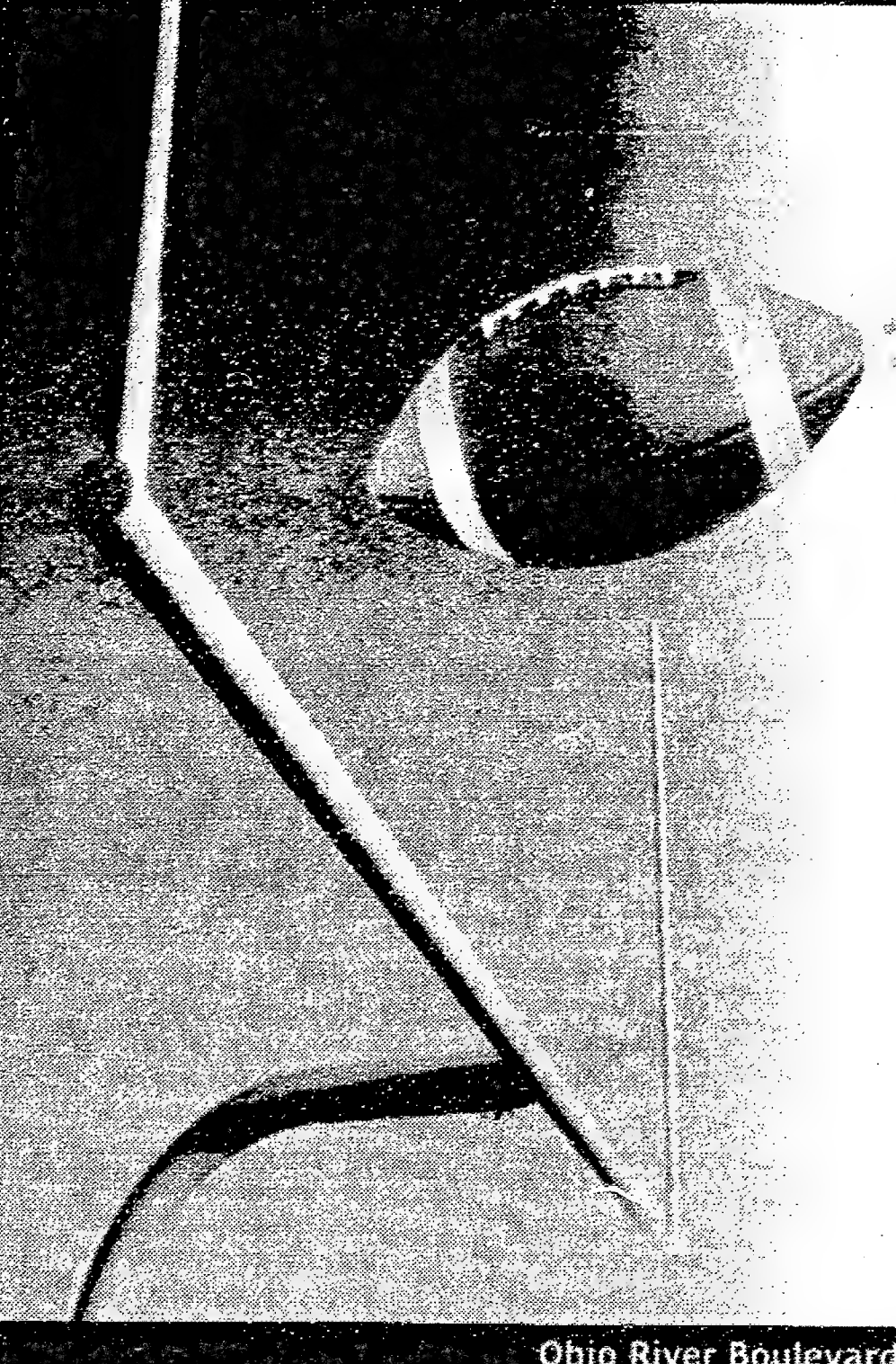
"That's a credit to these kids.

"They are willing to say, 'We're willing to give this one more shot,'" he

Continued on page 50



The 2005 Quaker Valley Quakers



Good Luck Quakers!

From Your Friends at...

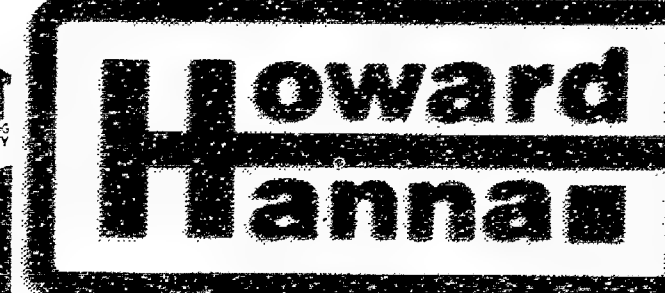
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Art Parker settles into second season with QV

Continued from page 48

said.

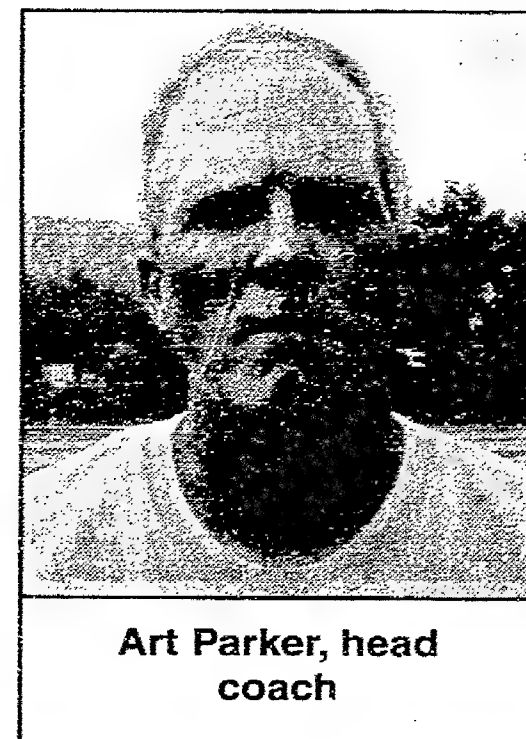
Parker's sentiments echo last year's hype, but there is something else that may give his words some extra weight, a breath of fresh air.

That may be just what the doctor ordered, and QV got one with a reorganization of its football program, a move Parker says will make QV more effective on every level.

The program now consists of a middle school team for seventh and eighth graders, and a varsity team for grades 9-12.

Parker said this will allow QV to play a full junior varsity schedule this year, as opposed to the one JV game in 2004.

"It keeps the kids interested," he said. "You can't expect them to come to practice every day [if they don't see playing



Art Parker, head coach

time]. That's where you really learn and grow."

A.J. Fleig, senior offensive tackle who earned an honorable mention last year, said the ability to practice with a full squad will help the team make positive gains this year.

"We're a lot better this

Continued on page 52

OFF THE SNAP



ANDREW HANCHULAK snaps the ball to quarterback **Darren Rogers**. Hanchulak, a senior, moved to center after playing tight end for the Quakers last year.

Quaker Valley roster

No.	Name	Height	Weight	Pos.	Class
1	Quentyn Davis	5-8	130	RB/DB	So.
3	Paul Coury	5-11	145	QB/DB	Fr.
4	Matt Skocz	5-11	160	QB/LB	So.
5	Chris Sligh	6-0	170	RB/DB	Jr.
7	Dorian Goosby-Dean	6-0	145	E/DB	Fr.
8	John Burgh	5-9	160	RB/LB	Sr.
10	Joe Scherer	6-0	200	RB/LB	Sr.
11	Bakari Bacon	5-6	150	RB/DB	Jr.
12	Darren Rogers	6-1	185	QB/DB	Sr.
16	Hayden Swegal	5-9	160	RB/LB	So.
17	Jeff Besong	5-1	100	RB/DB	Fr.
18	Aaron Williams	6-0	145	E/DB	So.
20	Ivan Shylahovsky	5-7	145	RB/DB	So.
22	Zack Turner	5-4	115	RB/DB	Fr.
24	Dennis Redmond	5-8	145	RB/LB	So.
26	Phil Diemert	5-10	165	RB/LB	So.
27	James Hopkins	5-11	165	E-DB	Jr.
28	Kortez Martin	5-11	190	RB/LB	Fr.
33	Mike Hermes	5-9	155	RB/LB	Fr.
44	Jermaine Jolly	6-2	180	E/DB	So.
46	Keegan Turner	5-8	140	RB/DB	Jr.
47	Aaron Klavon	5-11	155	RB/LB	Jr.
52	Moe Eichenberger	5-10	200	OL/DL	Fr.
53	Grant Sevin	5-10	210	OL/DL	Fr.
54	Ian Richards	5-9	250	OL/DL	Jr.
57	Joe Pawlik	5-9	185	OL/DL	So.
58	Paul Benson	6-2	210	OL/DL	Sr.
59	Nick O'Neill	245	245	OL/DL	Jr.
65	Mike Vaccaro	5-8	170	OL/DL	Fr.
68	David Hickman	6-2	240	OL/DL	So.
64	Geoff Snyder	6-0	190	OL/DL	Sr.
65	Andy Tuite	5-10	205	OL/DL	Jr.
67	Josh Hays	5-9	190	OL/DL	So.
70	John Sutter	5-10	200	OL/DL	Jr.
71	Clyde Zimmerman	5-10	290	OL/DL	Jr.
72	Andrew Hanchulak	6-4	270	OL/DL	Sr.
74	Jamie Brooks	6-2	230	OL/DL	Sr.
75	A.J. Fleig	6-1	240	OL/DL	Sr.
82	Vince Miltenberger	6-3	180	E/DL	Jr.
84	Jermaine Jolly	6-2	170	E-DB	So.
86	Quay Sligh	5-11	160	E-LB	So.
89	Eric Noyes	6-0	150	E/LB	Fr.

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Left to Right in Photo:
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Leslie Devens, Shirley Barker,

Honey Freeble, Absent from Photo

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Rogers hopes to help Quakers over the losing hump

Continued from page 50

year," he said. "We have more players and more confidence. We can have a full practice now."

Fleig, who participated in the Joe Butler talent camp this summer and worked out in the gym all year, said the Quakers have opened up a lot with speed and size with at least three returning seniors on the offensive line.

"We just need to keep our heads up," he said. "Not to get down if something bad happens is our main goal."

Fleig will attempt to open holes for the likes of Joe Scherer, senior running back who has played football for more than six years, starting as a running back for the Quaker Valley Midget Football Association.

"The team looks good," Scherer said, echoing Fleig's comments. "Our numbers are up and pride is high."

"People seem like they want

"He wants the ball in his hands. I'll let him run an option now and then and let him catch the ball."

— Art Parker, head coach on QB Darren Rogers

to be here," he added.

Scherer said QV's best hope is to employ a straight-forward rushing game with few surprises and not to be intimidated by section heavyweights like Aliquippa.

He knows a thing or two about being the underdog.

Scherer played pitcher and catcher for the successful 2005 Quaker Valley baseball team that, until making the playoffs this year, had several mediocre seasons at best.

He knows it takes courage and talent. It doesn't hurt to have a star quarterback who has received several Division I scholarship offers going into his

Quarterback Darren Rogers, who had several Division I offers before the start of his senior year, will try to bring cohesion to a struggling QV team.



senior season.

The underdog Quakers, though long on confidence, may seem a little short on the dollar, but can take one check straight to the bank. His name is Darren Rogers.

Rogers is the Quakers' returning quarterback and Parker plans to rely on him for even more this year.

"I'm intent on trying to find ways to get him the ball," he said.

"He wants the ball in his hands. I'll let him run an option

now and then and let him catch the ball."

Parker noted Rogers' all-around athleticism, explaining that many colleges and universities are looking to recruit him as a general purpose athlete.

Rogers says he is trying to determine the best fit for him, academically, as well as on the field. He plans to major in architectural engineering or a related field.

Off the field, Rogers is a model student. On the field, he continues to prove his worth.

Parker said the key is to make the opposing defense adjust to Rogers.

He plans to use the 6-1, 185-pound QV track and field star's sprinting ability.

Rogers has good hands and fancy feet to boot.

Parker is working with two younger, promising quarterbacks, who he will rely on to fill the void when Rogers is being utilized in other areas.

"One of them is going to come in and throw Darren the ball," he said.

Parker may have found the key to success this year.

He said he is more comfortable with the team and believes the kids have grown accustomed to his and the rest of the coaching staff's "old fashioned" ways.

"We've developed stricter training rules," Parker said. "If you're late, you run hills; if you show disrespect, you run hills."

"The kids need it," he added. "They look for you to be tough."



Ringgold Rams

■ Head Coach: Russ Moore

■ 2004 Record: 3-7

■ Conference: Big Seven

Moore hopes to engineer Rams' turnaround in '05

By Stephen Dusenberry

Staff writer

Ringgold is looking to make an impact around the WPIAL this year. Though the Rams finished last season at 3-7, coach Russ Moore feels the team has the personnel to have a sharp turnaround.

2005 Schedule

Aug. 26	Moon
Sept. 2	at Laurel Highlands
Sept. 9	at Thomas Jefferson
Sept. 16	Charters Valley
Sept. 23	at West Mifflin
Sept. 30	West Allegheny
Oct. 7	Canon-McMillan
Oct. 14	at Peters Township
Oct. 21	Elizabeth Forward

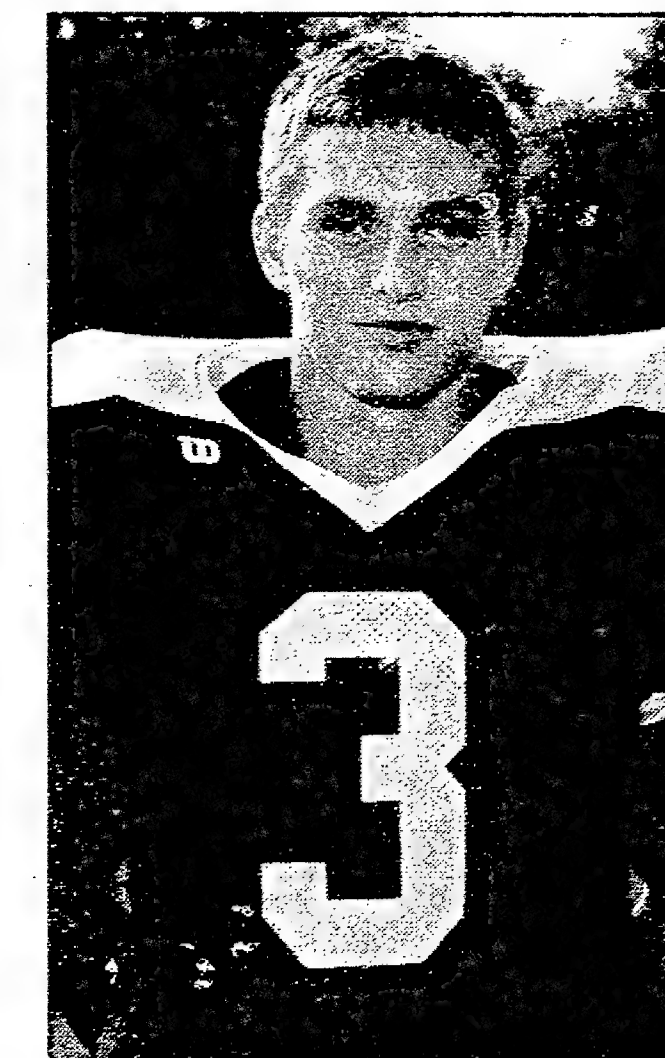
"Our goal is to have a winning season," Moore said. "I really think we're a much stronger team."

"We've got more experience, great senior leadership and a strong commitment, which I think is going to help us a lot," he continued.

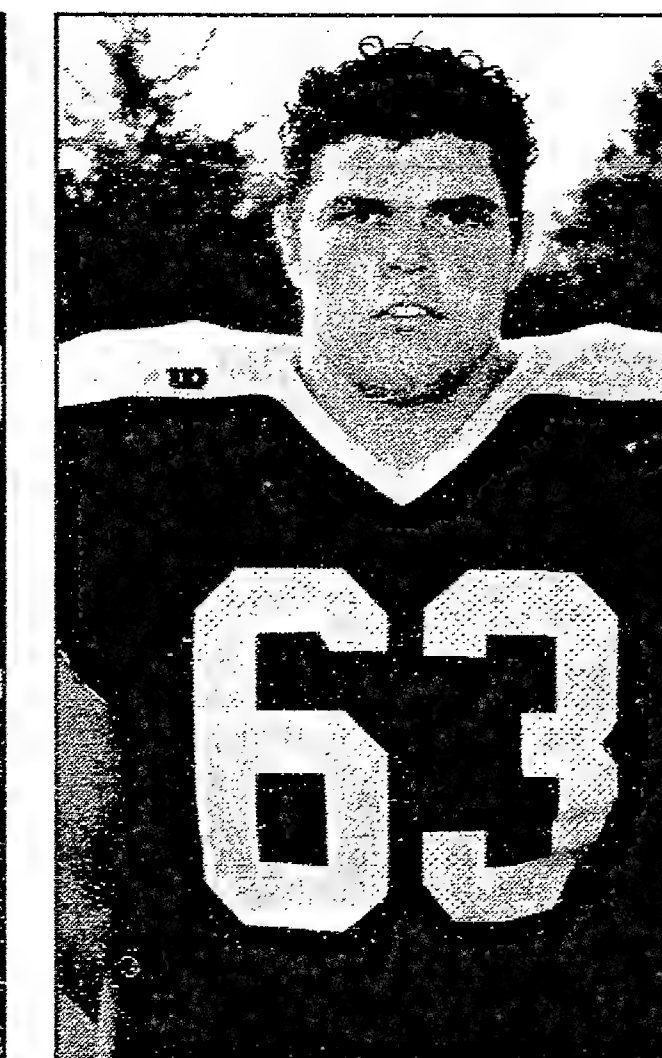
Among the players Moore is looking to for a combination of leadership and performance is senior running back Robert Heller. Heller, otherwise known as "Bean" by his Ram coaches and teammates rushed for 1,545 yards and 14 touchdowns last year.

"He's the best back in the WPIAL," Moore exclaimed. "He's going to be doing some big things for us this season."

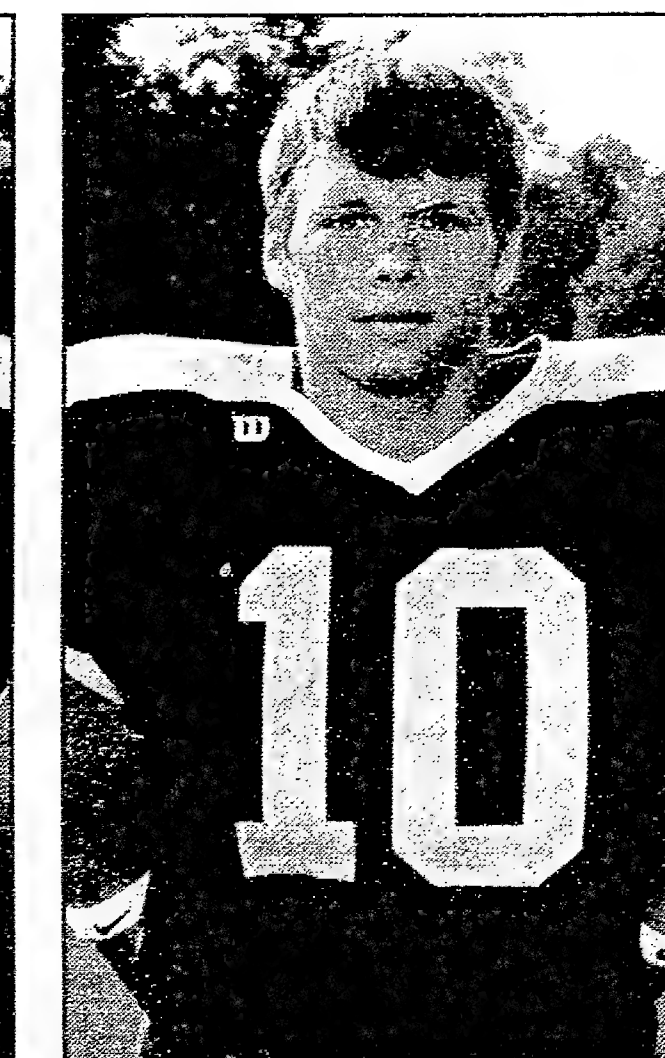
Bean knows a thing or two about doing big things as a 3 sports standout. His contributions to both the basketball



Robert Heller



Dan Ring



Ed Rosenfeld

and baseball teams are something Moore believes help his ability to guide the team.

"We're really looking to him as a leader for us," he said. "He's someone on the team we've always been able to go to."

With Bean hoping to put more points on the board, the Rams are looking to fellow seniors Ed Rosenfeld and Dan Ring to support a stout defense, keeping opponents out of the end zone.

Ring at 6-4 and 255, is someone who can make life miserable for offenses around the WPIAL.

"We have a lot of size on defense," Moore explained. "If everyone can stay healthy, we can really have a strong defense this year," he said.

The Rams hope to see maturity and leadership translate into a more fluid performance throughout the season.

"What we really want to start with is more consistency and better execution," Moore said. "We're going to be playing with more intensity and aggression this year."

The Rams will have to keep the intensity up all season as they face crucial games against rivals Thomas Jefferson

and West Mifflin in the heart of the season.

"We've got to keep our intensity up all season to keep our momentum going," he explained.

Moore understands that Rome wasn't built in a day.

"We're really taking baby steps right now," he said. "We've got the foundation to have a really competitive team which is what we're looking for," he said.

Whether is by crawling or clawing their way back to glory, the Ringgold Rams are starting to make their way back to the top of the WPIAL food chain.

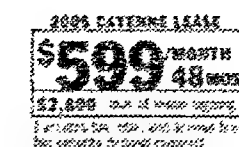


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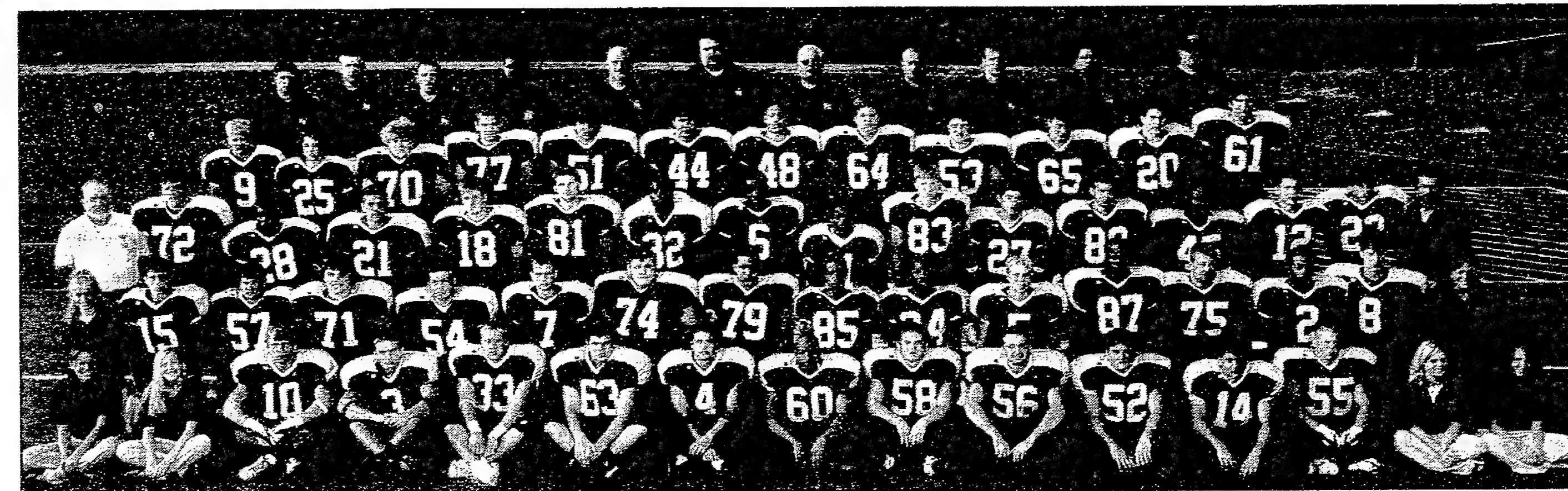
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The 2005 Ringgold Rams Photos courtesy of Savarino's Studio of Photography in Monongahela

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2003 North Penn	1995 Penn Hills	1995 Berwick Area	
2002 Parkland	1994 McKeesport Area	1994 Berwick Area	
2001 Neshaminy	1993 North Hills	1993 Allentown Central Catholic	
2000 Erie Cathedral Prep	1992 Cumberland Valley	1992 Berwick Area	
1999 Central Bucks West	1991 Central Bucks West	1991 Strong Vincent	
1998 Central Bucks West	1990 North Allegheny	1990 Bethlehem Catholic	
1997 Central Bucks West	1989 Upper St. Clair	1989 Perry Traditional Academy	
	1988 Central Catholic	1988 Berwick Area	

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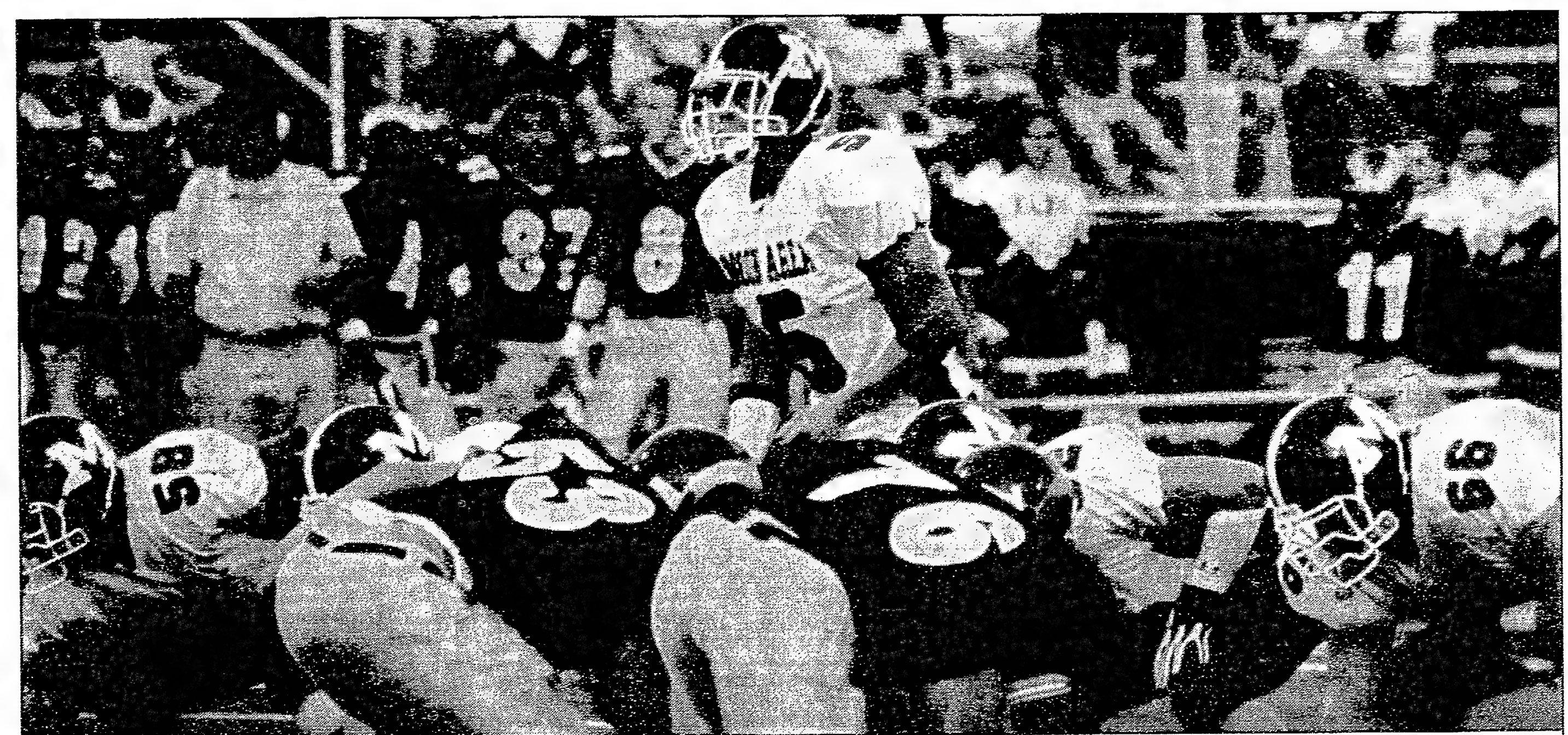
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RINGGOLD OPENS the 2005 season against the Moon Tigers from the Parkway Conference on Friday, Aug. 26, at 7:30 p.m. The Tigers got the best of the Rams last year at Moon Stadium, 29-6.

Rams' coach chooses to play just one scrimmage

By Brian Herman
Valley Independent sports editor

Aug. 13 marked the first scrimmage for area high school football teams.

There was one exception, however. The Ringgold Rams did not go up against another WPIAL team.

Russ Moore, the Rams' second-year coach, prefers one scrimmage instead of the customary two.

"I hate that first scrimmage," admitted Moore at Ringgold's annual picture day last Thursday. "You have to rush

things and the first scrimmage is usually the hardest hitting because players are pumped to see new meat."

What did Moore and his assistants do that Saturday morning?

They scouted Moon, their opening-game opponent, at home against New Brighton.

Only one scrimmage is nothing new for Moore.

He did it for most of his 13 years coaching in West Virginia as well as several seasons during his four-year stint at

Waynesburg.

The Rams' lone scrimmage was last Friday night at Uniontown.

Moore's first Ringgold team scrimmaged two Quad A teams - Trinity and Connellsville - a year ago.

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McKeesport at North Hills (Aug. 27), South Fayette at Seton-LaSalle (Sept. 3), West Allegheny at Ambridge (Sept. 10), Center at Beaver Falls (Sept. 17), Central Catholic at Penn Hills (Sept. 24), Yough at Belle Vernon (Sept. 29),

Blackhawk at Hopewell (Oct. 1), Duquesne at Springdale (Oct. 8), Belle Vernon at Greensburg-Salem (Oct. 14) and North Hills at North Allegheny (Oct. 22).

Black Hills pick is . . .

The MSA Sports Network, which is billed as the WPIAL's official Internet network, picks Charleroi to win the Class A Black Hills Conference ahead of Canevin, Beth-Center, Chartiers-Houston, Bentworth, Burgettstown, Fort Cherry and Avella.

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Seneca Valley Raiders

Butschle optimistic about turning program around

By Craig Rice
Staff writer

After starting the 2004 season with nine straight losses and finishing 1-9, Seneca Valley is looking to rebound.

And the Raiders may have the tools to do so — a second-year coach who is attempting to repeat his success at turning around a losing program and a healthy senior who is Dave Wannstedt's and the University of Pittsburgh's only quarterback recruit of 2006.

2005 Schedule

Aug. 26	Penn Trafford
Sept. 2	Kiski
Sept. 9	at Bethel Park
Sept. 16	North Hills
Sept. 23	at Mount Lebanon
Sept. 30	Shaler
Oct. 7	at North Allegheny
Oct. 14	Upper St. Clair
Oct. 21	at Butler

"We have to execute and we have to be better prepared and we have worked over the past nine months to get that done so I am anxious to see how all our hard work is going to pay off," said Raider coach Ron Butschle.

Over the course of a four-year tenure at Sto-Rox, Butschle transformed a team that went 3-7 and 3-6 his first two years into one that contended for the Class A WPIAL championship in 2003.

Now, after spending more than a year as head of the Raiders football program, during which time he forged strong relationships with several returning athletes, Butschle is attempting to again cultivate a soil once rough.

"It takes a little bit of time for the kids to adapt to your philosophies, for us



NATE BRADLEY, a junior, and his Raider teammates are poised to make big improvements from a year ago.

here, and the same thing at Sto-Rox. It is more of an attitude change — not accepting losing," Butschle said.

"If you accept losing, you are going to lose and that is something that we started working on the past year. In the off-season we really worked hard to get a new mentality."

Another striking similarity that may help this rebuilding Raider team is positioned behind center.

Like at Sto-Rox, where Butschle coached the WPIAL's all-time pass leader and one of the best athletes to

come out of the Pittsburgh area in Adam DiMichele, a dangerous Seneca Valley quarterback has emerged (seemingly out of left field) and will be "taking every snap this year," the coach said.

Senior Kevan Smith, who verbally committed to the University of Pittsburgh after dazzling several Division-I coaches during summer camps, is the "unquestioned leader of this offense," Butschle said.

Smith, at 6-foot-3, 220 pounds, is what many have described as a pure passer.

However, an injury to his left wrist at

- Head Coach: Ron Butschle
- 2004 Record: 1-9
- Conference: Quad North

the beginning of last season left him watching all but the last eight quarters of the season from the sideline until he, along with teammate Zack Duggan, cut his cast off (with his mother's permission, of course).

Smith returned to play with a light brace in the last two games. He threw for five touchdowns and more than 500 yards while completing half of his 60 attempts.

Other than those two games, Smith holds only junior varsity quarterbacking experience under his belt. Larger universities were hesitant from recruiting him because of his greenness, Smith said.

Butschle and Smith had a talk about staying focused on the coming season after he committed to Wannstedt and Pittsburgh. Butschle said it has not been mentioned since. "(Smith) is focused."

Scholarship offers often do not come without attachments — expectations in Smith's case.

"I think I can live up to them if we get the blocking and everyone does their jobs. We need 11 players and we all need to be working on the same page, and when that happens, it will work," Smith said.

"I have a lack of experience, but I am really working hard on the field out there. I think I can live up to it, but I have to get my bearings a little bit first and get the feel for it."

Smith will always have a hard-nosed option to look for in Duggan, the Raiders top wide receiver from last year.

Duggan returns as a senior and will be positioned to have a repeat performance and before the season is out, could be the all-time leading pass catcher at

Continued on page 57

Seneca Valley looking to turn things around

Continued from page 56

the school.

Nine starters are returning on offense and eight on defense.

The offensive line, an area that most needed to improve last year, is bigger, stronger and better fundamentally Butschle said. And they have gained the support of the man they most protect.

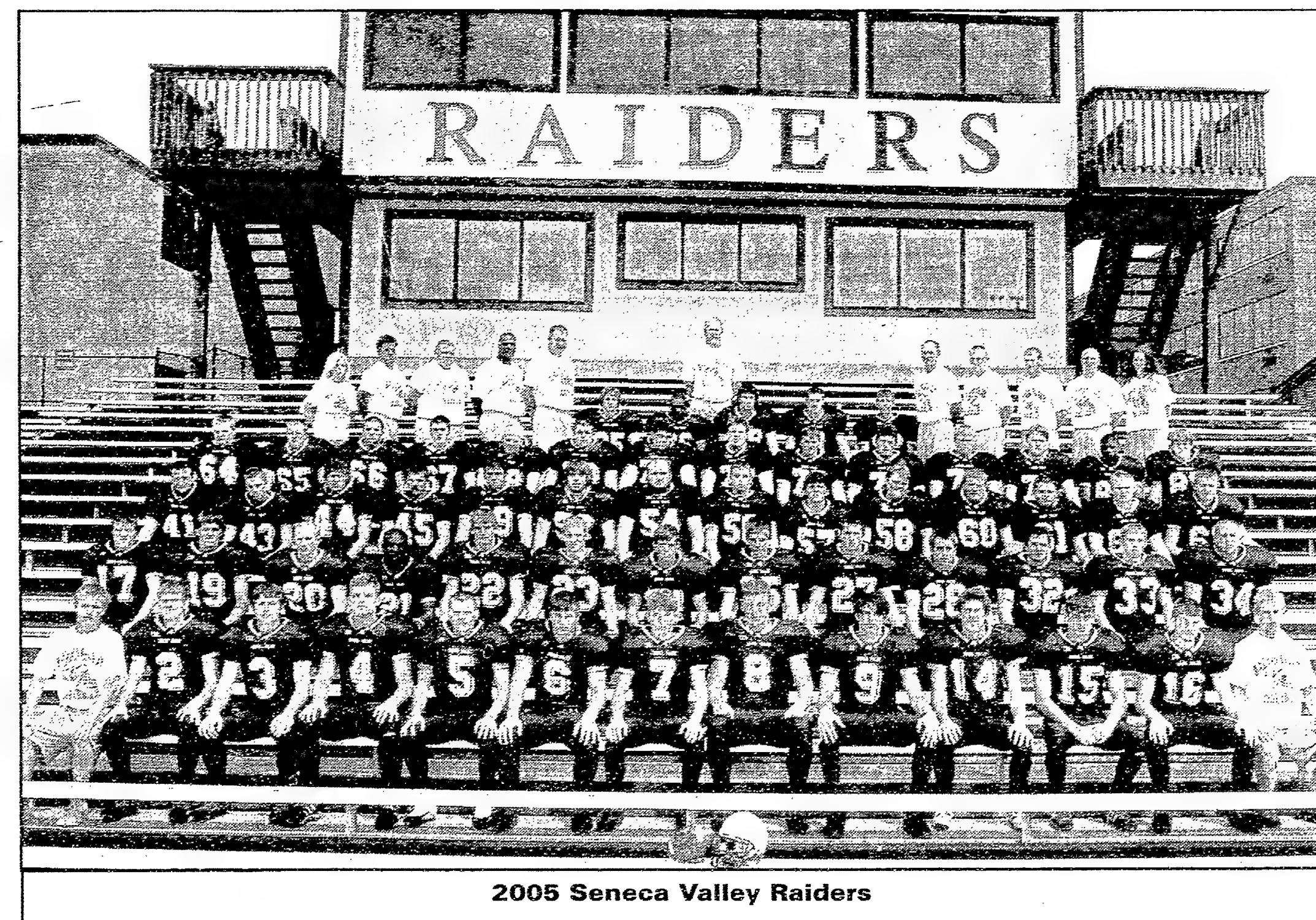
"I feel like my line is the biggest line in WPIAL right now," Smith said. "They definitely know their assignments."

On defense, the Raiders will play a 4-4 and concentrate on stopping the run — a physical activity that may be a little easier this year at Raider Stadium.

A new artificial turf is in the process of being installed and expected to be completed just three days before the home opener on Aug. 26 against Penn-Trafford.

Conference play, which is always tough in the Quad-North, begins at Bethel Park on Sept. 9.

"There isn't one week where you can take a breath," Butschle explained.



2005 Seneca Valley Raiders

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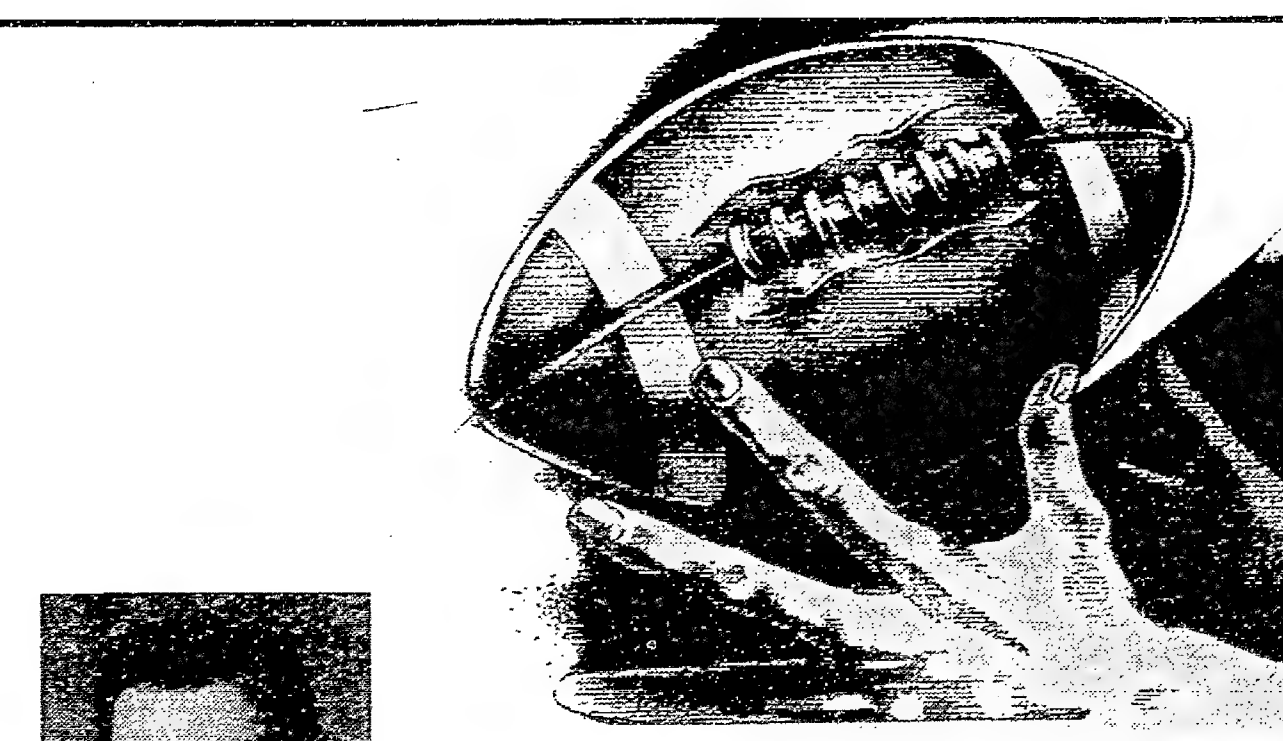
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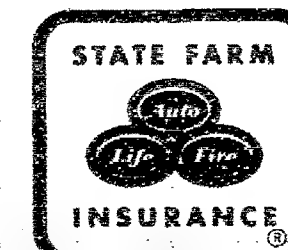
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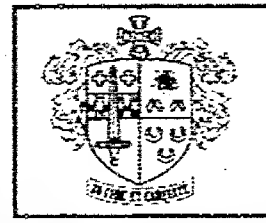
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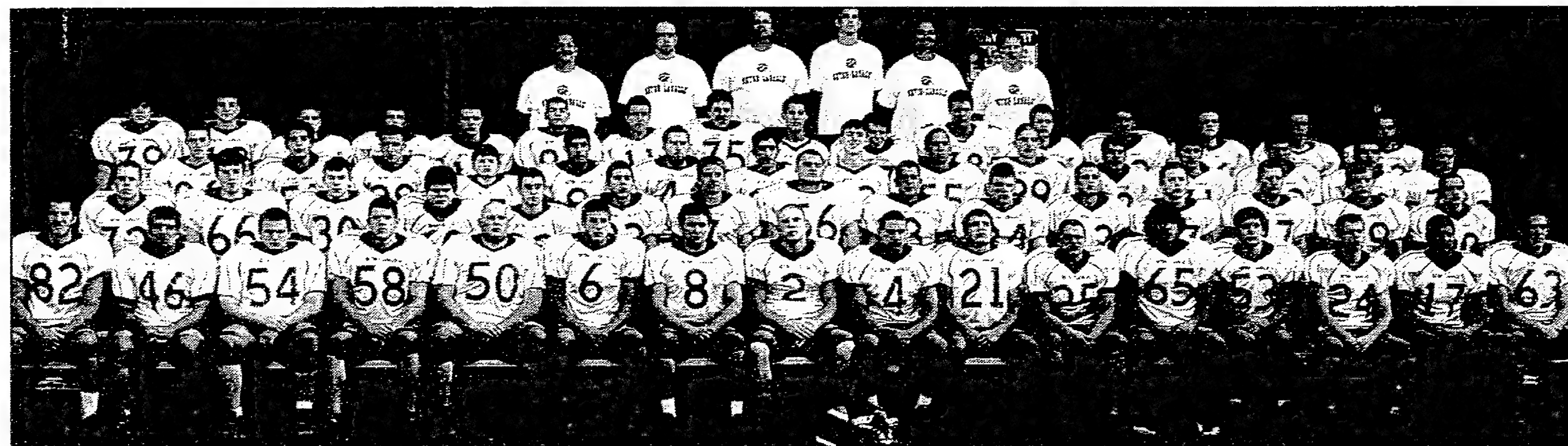
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Seton-LaSalle Rebels

- Head Coach: Greg Perry
- 2004 Record: 13-1
- Conference: Century



The 2005 Seton-LaSalle Rebels

Perry era begins for Seton-LaSalle this fall

By Kevin Ritchart

Editor

Some of the names might have changed, but the philosophy stays the same.

That's the situation for the defending WPIAL Class AA champion Seton-LaSalle Rebels as the 2005 high school football season approaches.

Greg Perry takes over as the head coach of the Rebels. He replaces Lou Cerro, who left Seton to become head coach at Montour.

Perry, the Rebels' longtime offensive coordinator under Cerro, will have a new quarterback to work with this season in junior Matt Rodgers.

Rodgers steps into the record-setting shoes of the graduated Bill Stull, who threw for WPIAL-record 3,310 yards and 41 touchdowns during the Rebels' 2004

championship season.

Stull, who is now at the University of Pittsburgh, was the third straight all-state signal caller from Seton-LaSalle, following in the footsteps of Anthony Doria and Bruce Gradkowski.

And Perry has no doubt that Rodgers has the skills to become the next great Seton quarterback.

"He has the potential," Perry said of Rodgers. "He has a nice arm, nice poise and he's a leader."

"There's no reason he can't be the fourth in a row."

Rodgers saw some time under center last season, completing 11 of 20 throws for 143 yards and a touchdown.

The other position where the Rebels have a lot of production to replace is at wide receiver.

In 2004, Carmen Connolly was practi-

2005 Schedule	
Aug. 26	at Northgate
Sept. 2	South Fayette
Sept. 8	at Brentwood
Sept. 17	South Park
Sept. 23	at Sto-Rox
Oct. 1	Schenley
Oct. 7	South Allegheny
Oct. 14	at Steel Valley
Oct. 21	at Corbynton

cally unstoppable. He caught a state-record 116 passes for 1,589 yards and 15 touchdowns.

This season, Perry has a trio of wide-outs — seniors Nate Totino and Joe Rotunda and junior Bo Hodgkiss — that

should be productive.

"Those three might catch 40 (passes) each," Perry said of his receiving corps. "We're going to spread the ball around."

One X-factor heading into the 2005 campaign is the eligibility of junior Eddie Beveridge, a transfer from nearby Keystone Oaks.

"If we get him eligible, boy is he a weapon," Perry said of Beveridge.

Keystone Oaks School District is appealing Beveridge's transfer with the WPIAL.

One familiar face in the Rebels' offensive backfield will be senior tailback Brandon Bogdanski.

Last season, Bogdanski racked up 2,169 yards from scrimmage (1,577 rushing, 592 receiving) and scored 26 touchdowns.

Continued on next page

Bogdanski expected to be workhorse for Rebels

Continued from page 58

Bogdanski will be a workhorse for Seton once again this season.

"He (Bogdanski) has a great work ethic," Perry said. "He's the most explosive player we've ever had."

And there's no need to question Bogdanski's speed, toughness or desire to succeed.

"He runs a 4.47 in the 40," Perry said. "But he doesn't have to run around you. He'll run through you."

"He's a step-up, go-to type of player. If the situation is tough, he wants the football."

One new facet of Bogdanski's game that will be on display this fall is an increased role on defense. He will play a lot at an outside linebacker spot.

"We want to use his speed and power coming off the corner," Perry said. "We expect big things from him (while on defense)."

Three starters — seniors Tony Poerio and Billy Kuczinski and junior Gino Gradkowski — return to anchor the offensive line.

Poerio, an all-conference selection in 2004, will play center, with Kuczinski and Gradkowski manning the guard positions.

Both tackle spots were up for grabs with the departure of last year's starters Steve Buller and Corey Teitz. Perry was looking at a few sophomores to fill those positions in preseason drills.

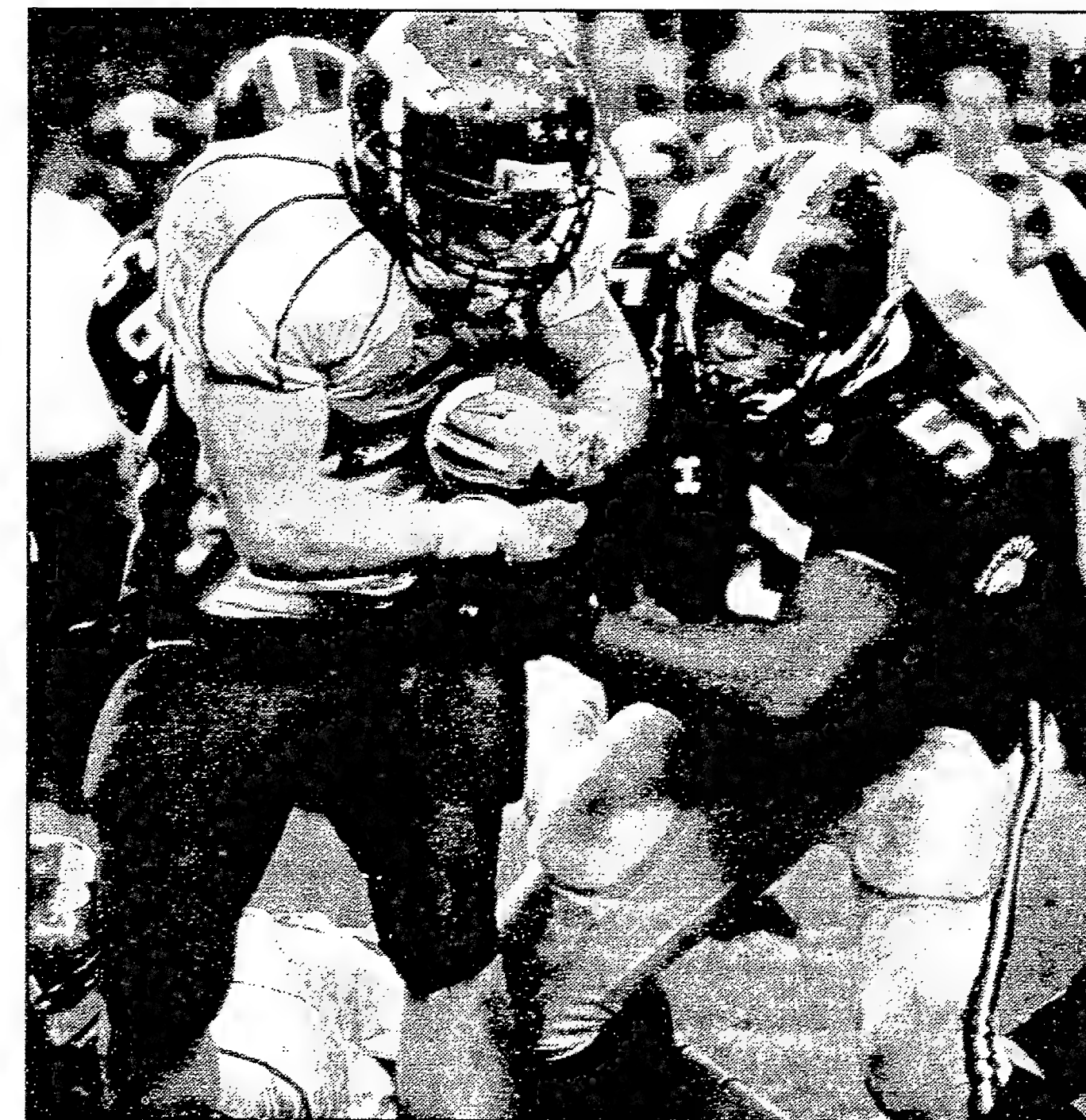
"We'll go as far as the offensive line takes us," Perry said.

On defense, Seton's rookie field boss wants to get his players into an attack mode.

"We want to fly to the football and be aggressive," Perry said.

Poerio, Kuczinski and Gradkowski will anchor the defensive front.

At linebacker, seniors Joe Murtagh and Brad Woleslagle, along with Bogdanski, are the starters.



SENIOR TAILBACK Brandon Bogdanski accounted for 2,169 yards offensively — 1,577 rushing, 592 receiving — and scored 26 touchdowns for Seton-LaSalle last season.

Leading the way in Seton's deep and speedy secondary is cornerback John Guthrie, a three-year varsity starter.

"We have seven kids back there who can run," Perry said of his defensive backfield.

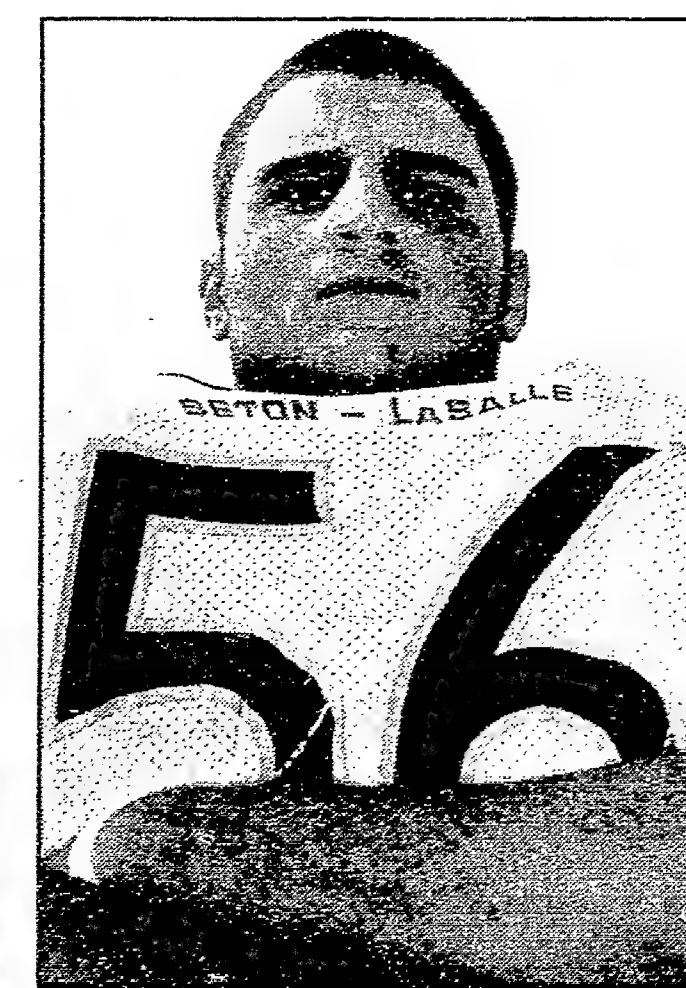
The Rebels' place-kicking duties will be handled by junior Terrence Boland once again this fall.

Repeating as the Century Conference

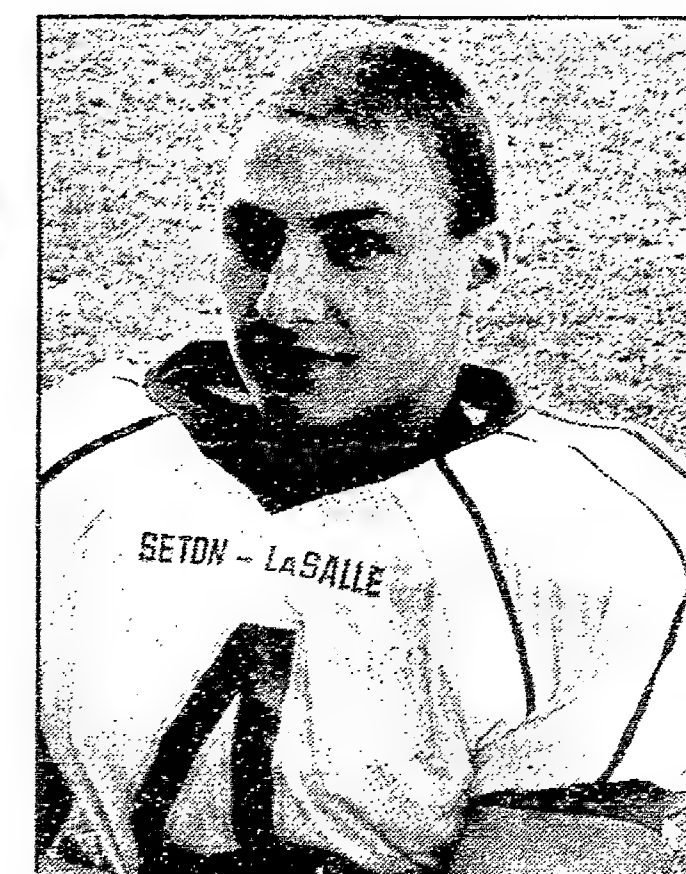
champ will be a daunting task for Seton-LaSalle in 2005.

Perry believes South Park, last year's conference runner-up, is the team to beat this season. He also said that South Fayette will be in the hunt for a playoff berth.

The Rebels will begin defense of their WPIAL title on Friday, Aug. 26, in a conference game at Northgate.



Gino Gradkowski



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South Fayette Lions

- Head Coach: T.J. Plack
- 2004 Record: 7-3
- Conference: Century

Hot starts have ended in late-season disappointments

By Bill Hartlep
Sports editor

Last season, the South Fayette football team lost in the first round of the WPIAL playoffs to Laurel, 28-14, after starting the season 7-1.

In 2003, the Lions lost in the first round of the WPIAL playoffs to Ford City, 42-27, after starting the season 7-0.

2005 Schedule

Aug. 26	Sto-Rox
Sept. 2	at Seton-LaSalle
Sept. 9	South Allegheny
Sept. 16	at Steel Valley
Sept. 23	at Carleton
Sept. 30	Northgate
Oct. 7	Cornick
Oct. 14	Brentwood
Oct. 21	at South Park

This season, coach T.J. Plack and his 71-member squad have designed a slogan for the year, "Start fast. Finish strong."

Over the past two seasons, South Fayette has been a challenger in the loaded Century Conference, and this season they hope to get over the hump and deeper into the playoffs.

"The last two years, just moving up to AA, our goal has been to do well in the regular season," said Plack, a SF graduate. "Let's get to the post-season and go from there. It's a new season."

"We have hopes and dreams of being a WPIAL Champion."

To do so, the Lions will rely on the experienced arm of four-year starting quarterback Andrew DiDonato, who is nearing the WPIAL career passing record of 6,741 yards set by Sto-Rox's Adam DiMichele.



FOUR-YEAR starter at quarterback Andrew DiDonato.

"Andrew's a great kid, accurate passer, smart, intelligent, very coachable," Plack said. "I think that he's going to open some eyes this year, more so than he has in the past. He's getting looks from every level. The kid's phenomenal."

DiDonato has amassed 4,497 yards through the air, including 1,777 yards and 17 touchdowns last season. He needs 2,300 to break the WPIAL record.

"His goal is that he wants his name under the championship," said the fourth-year head coach. "In order to win that championship, there's all those extra games. If we get that far, I think

he'll do it."

To get there, DiDonato will have to find a replacement for his main target, all-conference wide receiver Dante Capozzoli. The Lions will also miss leading rusher Shane Rooney, plus wide receivers Andrew Lavin and Kevin Bleil. South Fayette does, however, return nine starters to the lineup.

Replacements are available both in the backfield and the slots. Senior Matt Alward, a big, yet quick runner, will get the bulk of the carries this season. The aerial attack will be led by senior Martin Yater, who was the leading receiver during the home stretch last



HEAD COACH T.J. Plack

season. Senior R.J. Frye and junior Shane Bartolomeo will also catch some balls.

Senior tight end Pat Taglianetti and junior tight end Rob Urbassik will flank a line of large, experienced seniors - Phil Conroy (3-year starter), Bill Collins (2-year), Nic Mazza, T.J. Brown and Nick Goettman (2-year).

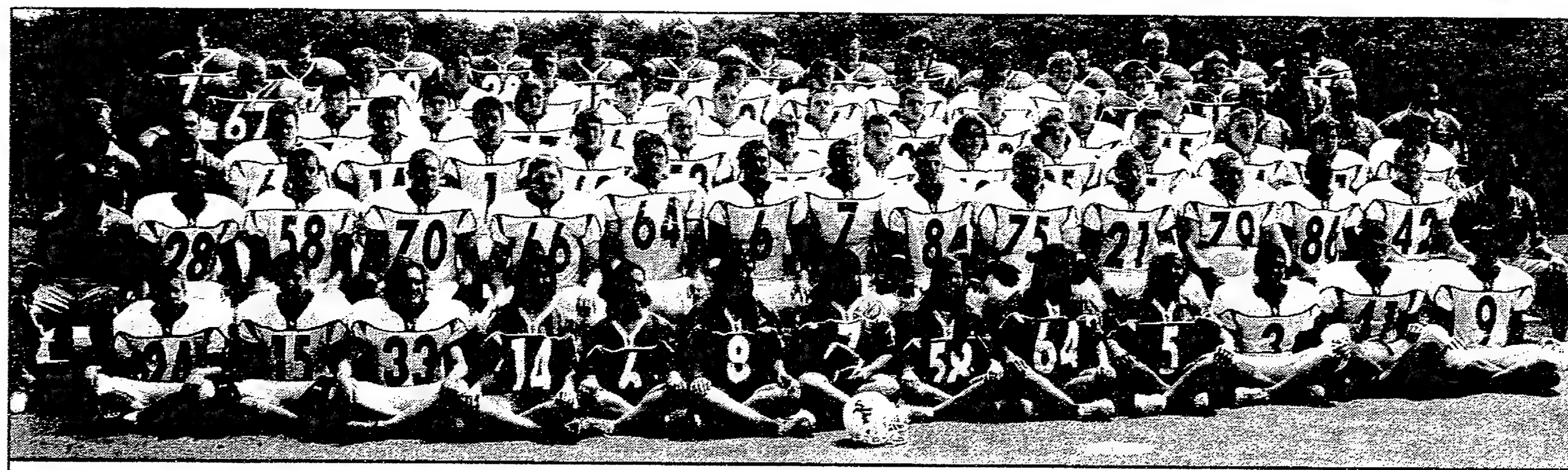
Conroy, Urbassek, Collins and junior Joe Pietracatello will get the trench time on the defensive line, while Taglianetti, and senior Ryan Boynes, and juniors Steve Ondek and Lou Casale will line up behind them at linebacker in the 4-4 defense.

The secondary will consist of Alward, Frye and Yater, and sophomore Drew Hareza will handle the kicking and punting duties.

This year's captains are DiDonato, Taglianetti, Conroy and Frye.

"Strength is in our senior class. Most of those guys are starting for us, which

Continued on next page



The 2005 South Fayette Lions.

Senior leadership has vast experience vs. Century Conference

Continued from page 60

we really haven't had in the past couple of years. Our O-line is probably better than we've had in a long time here at South Fayette. And, obviously the quarterback position and our skill players. They're still pretty good."

The senior leadership has vast experience against teams from the Century Conference, which is shaping up to be

one of the strongest sections in the WPIAL, with powerhouses South Park, Seton-LaSalle and Steel Valley always in the hunt.

"I expect us to win our conference," Plack said. "I really like the makeup of our team. We've been pretty small on the line the last couple of years, and I think that's where we ran into trouble in the playoffs."

"The conference is always tough.

Take the top three teams in our conference every year and they're going to go far into the playoffs."

If all goes to plan, SF will host their Century foes at their newly constructed, but not quite finished, stadium on the high school campus. Last season, the team was forced to play their home games at neutral sites, including Heinz Field and Chartiers Valley.

The new state of the art field is tenta-

tively scheduled to be completed by the first game of the season, but plans have been made to play at CV and Peters in week three just in case.

"It's just nice to have a home," Plack said. "It's going to be beautiful. It will rival any stadium around here when it's done."

The Lions will attempt to get their fast start on Friday, Aug. 26, at home against Sto-Rox.

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West Allegheny Indians

- Head Coach: Bob Palko
- 2004 Record: 11-1
- Conference: Parkway

Pitt recruit Dickerson leads Indians into season

By Harry Bradford
Staff writer

Defending Parkway Conference champion West Allegheny (11-1) was only one point away from a date at Heinz Field to play eventual Class AAA state champion Thomas Jefferson for a WPIAL title.

2005 Schedule

Aug. 26	at Laurel Highlands
Sept. 2	Highlands
Sept. 9	at Ambridge
Sept. 16	New Castle
Sept. 23	at Blackhawk
Sept. 30	at Ringgold
Oct. 7	Hopewell
Oct. 14	at Moon Area
Oct. 21	Montour

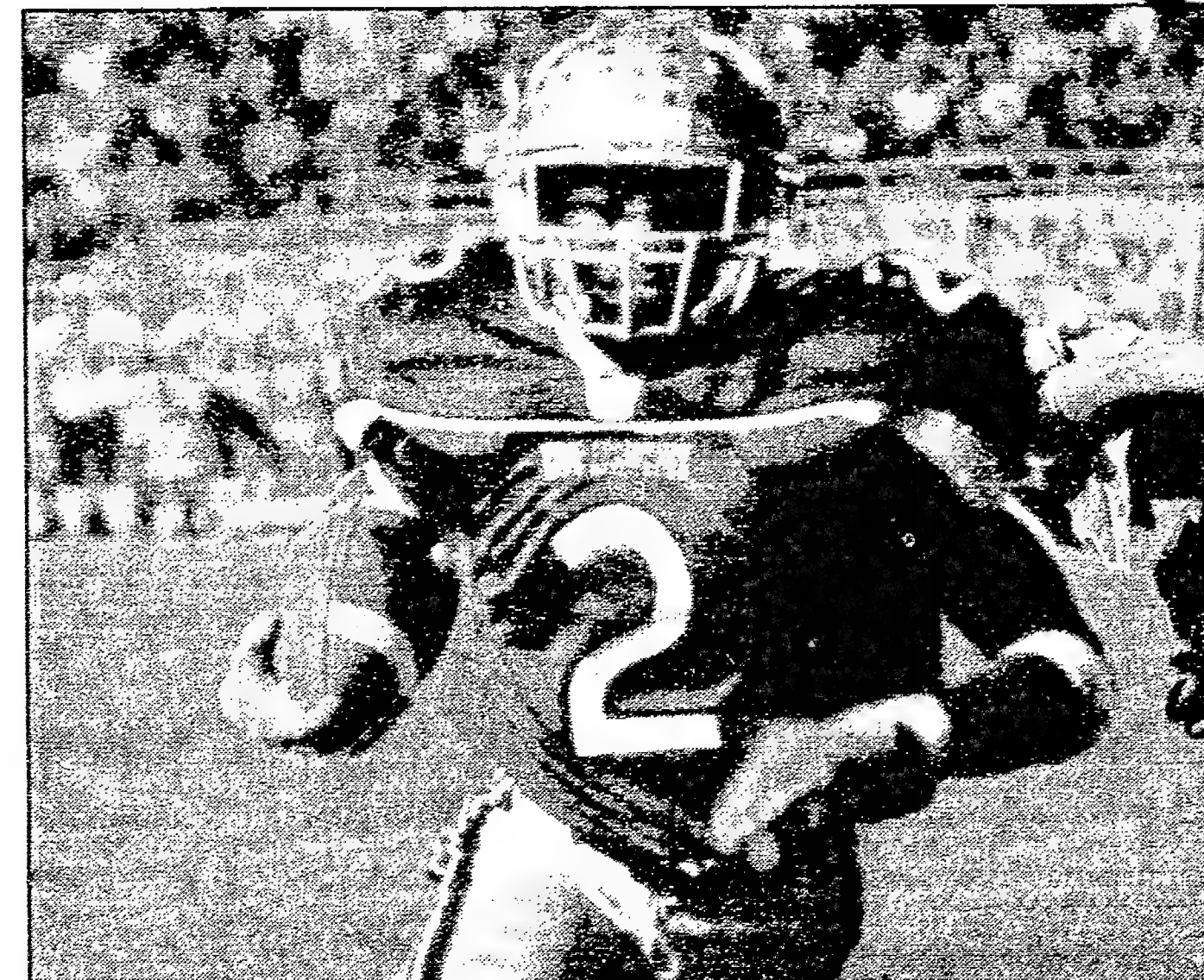
Surprising West Mifflin ruined the party by upsetting the Indians in the semifinals and forcing coach Bob Palko to begin plans for the 2005 season.

The Indians lose 15 seniors including quarterback Greg Marshall, running back Josh Shelton, linemen Steve Cooney and Greg Dalby, defensive back Rob Giles and running back Scott Ruperto.

Palko is looking forward to developing more depth and using more players.

"There will be competition," Palko said. "We will see what we do well. If we can do it, we will do it. If we can't do it, we won't do it. We will be as multiple as we can. If we cannot be, we won't be. It's just like a glove - we have to see if we can fit the scheme to the personnel."

West Allegheny does return the top wide receiver and most highly recruited



SENIOR DORIN Dickerson will be one of the most explosive players in the WPIAL again this season.

player in the WPIAL in the form of all-purpose back Dorin Dickerson. After mulling over scholarship offers from 21 colleges, Dickerson said he was going to stay home and play for Pitt and new coach Dave Wannstedt.

Joining Dickerson at wideout will be seniors Vince Cherico, Brandon Fisher and Tyler Roche. Juniors Darren Bollman, Ryan Huebner, Patrick Rupert and sophomore Max Midgley will also divide playing time with a rotation sys-

tem.

The Indians lose senior Jack Seifert at tight end and will look to sophomores Ryan Revtai and Rich Devereaux and junior Shane Annesi to vie for playing time.

The battle at quarterback goes to senior Mike Clemens while junior Luke Silveira and sophomore Zak Sinclair will be back-up signal callers this season.

"He is a winner and a throwback," Palko said. "He has stood out and will

play quarterback. I like having someone who is a tremendous field general and he takes charge. He isn't the flashiest player, but he will have an array of guys behind him. We will look at some young guys down the road."

Senior Justin Keally will compete against seniors Josh Diven, Jim O'Rourke, Chris Clark, Nick Sutto and Bill Schneider, juniors Sean Rupert and Mike Broda and sophomore Joe Lococo (6-5, 290) for five starting spots on the offensive line.

"We have to develop depth somewhere in there with a five-man line," Palko said. "We will see how our five starters end up."

Dickerson will also start at halfback. Sophomore Kierre Simmons will get playing time when Dickerson moves over to wide receiver. Juniors Nick Zemanek and Bryan LaRue and sophomore Tim Marshall will rotate at the fullback spot.

The defensive line will also be a work in progress as sophomore Jim Muraco, Diven, O'Rourke, senior Justin Keally and junior Mike Broda appear to be the starters with Sean Rupert and senior Nick Sutto getting adequate playing time as part of a seven-man rotation.

"It will be interesting to see how this all shakes down and who plays where," Palko said. "We will probably look at an interior of three linemen."

Senior Chris Clark returns to anchor the linebacker corps on the inside, but six players - Schneider, Revtai, Devereaux, LaRue, Simmons and sophomore Mark Vuono - will compete for playing time at two outside spots. Palko also wants to use as many players as possible in the middle of the defense.

Continued on page 64



The 2005 West Allegheny Indians

WPIAL Class AAA champions 1973-2004

2004 Thomas Jefferson
2003 Pine-Richland
2002 Hopewell
2001 West Allegheny
2000 West Allegheny
1999 West Allegheny
1998 Moon
1997 West Allegheny

1996 Blackhawk
1995 Belle Vernon
1994 McGuffey
1993 Blackhawk
1992 Blackhawk
1991 Blackhawk
1990 Seton LaSalle
1989 Aliquippa

1988 Aliquippa
1987 Aliquippa
1986 Mt. Pleasant
1985 Aliquippa
1984 Aliquippa
1983 Mt. Pleasant
1982 Steel Valley
1981 Beaver

1980 Thomas Jefferson
1979 Vacant
1978 Penn Hills
1977 Butler/Penn Hills (tie)
1976 Penn Hills
1975 New Castle/Upper St. Clair (tie)
1974 Gateway/Upper St. Clair (tie)
1973 New Castle

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Clark returns to lead linebackers

Continued from page 62

"Chris had a helluva year," Palko said. "Just as these guys emerge as players, we will be as multiple as possible. We will move players around because we have so many down people. We want to have some depth at outside linebacker."

The secondary should also be strong with Clemens and Anessi leading the way at strong safety.

Fort Cherry High School transfer Joe Williams, a junior, will get a chance to start at free safety along with Dickerson.

The Indians also have depth in the secondary with junior Tim Morris, Cherico, Zemanek, Fisher, Marshall, Bollman and Huebner rotating for playing time.

Kicking duties will be handled by juniors Ryan Littler and Don Presutti.

Palko looks for Ambridge, Moon Area and Hopewell to be the main challengers to the Indians this year in the Parkway Conference as they look to defend their title and advance further in the playoffs.

"We have three starters returning on offense and four on defense," Palko said. "There will not be an off week. We always want to try and get back to the playoffs and represent the Parkway Conference."

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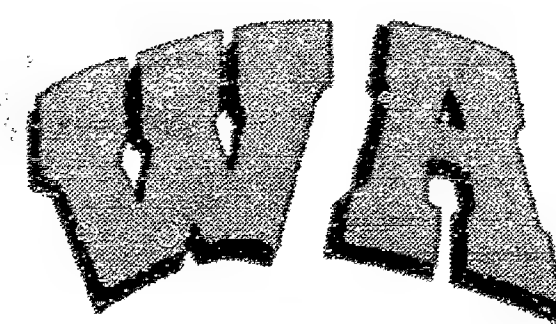


WEST ALLEGHENY will need to rely once again on a group of hard-nosed defensive players if the Indians are to repeat as Parkway Conference champions.

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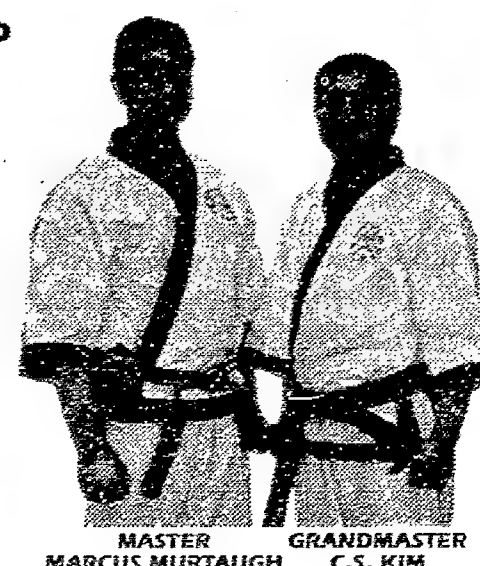
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Pittsburgh Steelers

■ Head Coach: Bill Cowher

■ 2004 Record: 16-2

■ Division: AFC North

Steelers look toward ultimate goal: Super Bowl

By David Mayernik Jr.

Staff writer

There are two ways to look at the 2005 edition of the Pittsburgh Steelers football team.

One can see them as coming off a 15-1 season with a quarterback who was All-University as a rookie and a future Hall of Fame running back who decided to reach for the Vince Lombardi trophy one last time.

Another black-and-gold train of thought sees the Steelers as about to embark on a trek much tougher than their 2004 schedule without one of their top two wide receivers and the starting right side of last year's offensive line, an old and injury-prone running attack and a graying defensive unit.

If a Super Bowl victory party in Detroit is not in the offing, it looks like Steeler Nation will be feeling one of two emotions next January: disappointed or really disappointed.

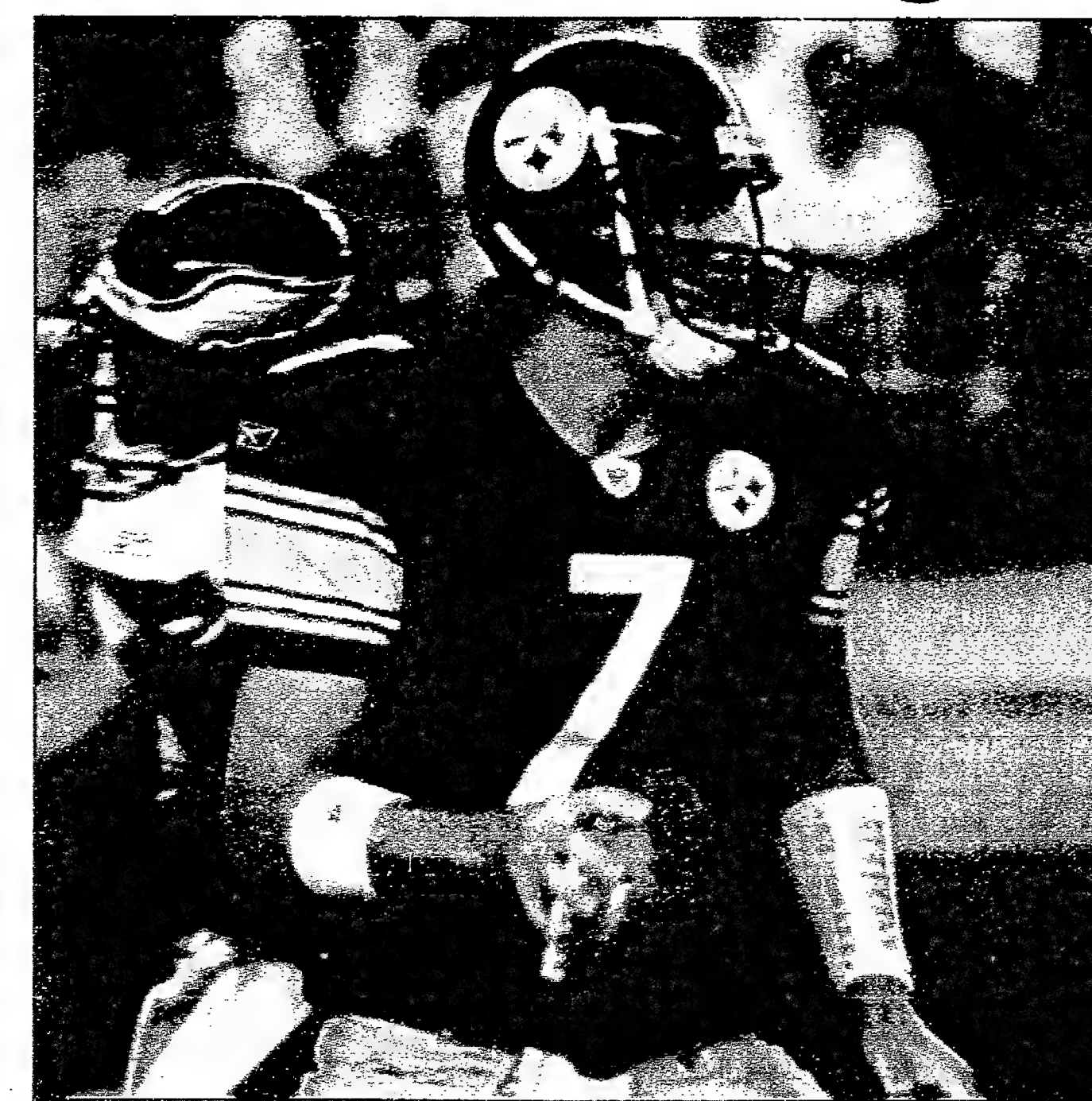
While Steeler fans attempt to put these differing expectations in perspective, quarterback Ben Roethlisberger (you may know him as "Big Ben") says his team can make it all the way to Motor City in February 2006.

Even if they lose more than one game.

"This team can be better and not have as good of a record. I can be a better quarterback and not win 15 games," said Roethlisberger as training camp opened up at St. Vincent College in Latrobe.

"We can still win a Super Bowl and not win 15 games."

The exhibition season opened quite optimistically for a team with such justified high hopes. A 38-31 victory over the



AFTER LAST season's success, there will be high expectations placed on the shoulders of quarterback Ben Roethlisberger.

Super Bowl runner-up Philadelphia Eagles and the return of the team's heart and soul, Hines Ward, from a two-week holdout tends to be looked at as a positive day's work.

Ward's return is welcome for a team

that lost Plaxico Burress to drill sergeant/coach Tom Coughlin and the New York Giants.

Also on the offensive side of the ball this year, Roethlisberger will try to avoid a sophomore slump with a different

right side of the line than who protected him in 2004.

And that's not to say it will be worse. With Kendall Simmons back from a season-long injury and Max Starks ready to be a starter, Roethlisberger should have good protection while throwing to his wide receiver corps.

With many new faces, he may ask them to wear name tags as he attempts to lift the passing game from last year's level when it accumulated an average of 170 yards per game.

The Steelers will look for Antwaan Randle El to step up his production and ex-San Francisco 49er Cedrick Wilson will need to contribute some yardage and points.

Rookie receiver Fred Gibson is looking to turn some heads and first round draft pick Heath Miller, a tight end from Virginia, is set to put some spice in the Steelers' passing enchilada.

As for the running game, Jerome Bettis is back for perhaps a final ground and will probably end up carrying most of its weight on his wobbly knees.

Duce Staley - when not starting - is a powerful back-up who will attempt to rebound from an injury-riddled, sub-par 2004. Training camp didn't open up well for Staley as he again fell victim to injury, but No. 22 should be back for the Sept. 11 opener against the Tennessee Titans.

Verron Haynes and scatback Willie Parker round out the running attack. With the injury bug already biting the Steelers, they each may gain more playing time than they first thought.

On defense, the Steelers should remain a reasonable facsimile of the former Steel Curtain, especially if the sec-

Continued on page 66

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Young players could see more time in secondary

Continued from page 65

ondary regains some speed and quickness.

That means rookie Bryant McFadden and sophomore Ricardo Colclough are able to spell Deshea Townsend and Willie Williams - who both are eligible for AARP cards - from as many drives as possible.

All-World linebacker James Farrior returns to anchor the middle, along with Joey Porter and Clark Haggans on his sides.

Underrated Aaron Smith and the return of injured Pro Bowler Casey Hampton should bolster the defensive line and cause more pressure on the likes of division foe quarterbacks Kyle Boller (Baltimore Ravens) and Carson Palmer (Cincinnati Bengals).

The Steelers will continue to get their kicks with place kicker Jeff "Skippy" Reed and 35-year-old punter Chris

Gardocki.

All of these ingredients just may add up to a tantalizing recipe for success for your Steelers, who ended the 2004 season in a familiar setting: a playoff loss on their home field.

With the champion New England Patriots presumably taking a few steps back with the loss of both their offensive and defensive coordinators and linebacker Tedy Bruschi, the time may be right for the Steelers to finally get over this formidable hump.

As always, the new season will be all about the Steelers finding their identity and seeing far it can take them.

For the sake of the long-suffering local psyche, the 2005 campaign better end with rings on their fingers.

The Steelers open the regular season on Sunday, Sept. 11, at home against the Tennessee Titans.

Game time is 1 p.m.



THIRD-YEAR pro Ike Taylor, who returned a kickoff 100 yards for a touchdown in the Steelers preseason opener against Philadelphia, will likely see more playing time on defense for head coach Bill Cowher this season.

BLEEDING BLACK AND GOLD



THERE'S NOTHING quite like experiencing a Steeler game, even in preseason, first hand. These enthusiastic members of the Steeler Nation were on hand Aug. 15 when the hometown squad took on the Eagles at Heinz Field.

Photos by David Pinchot

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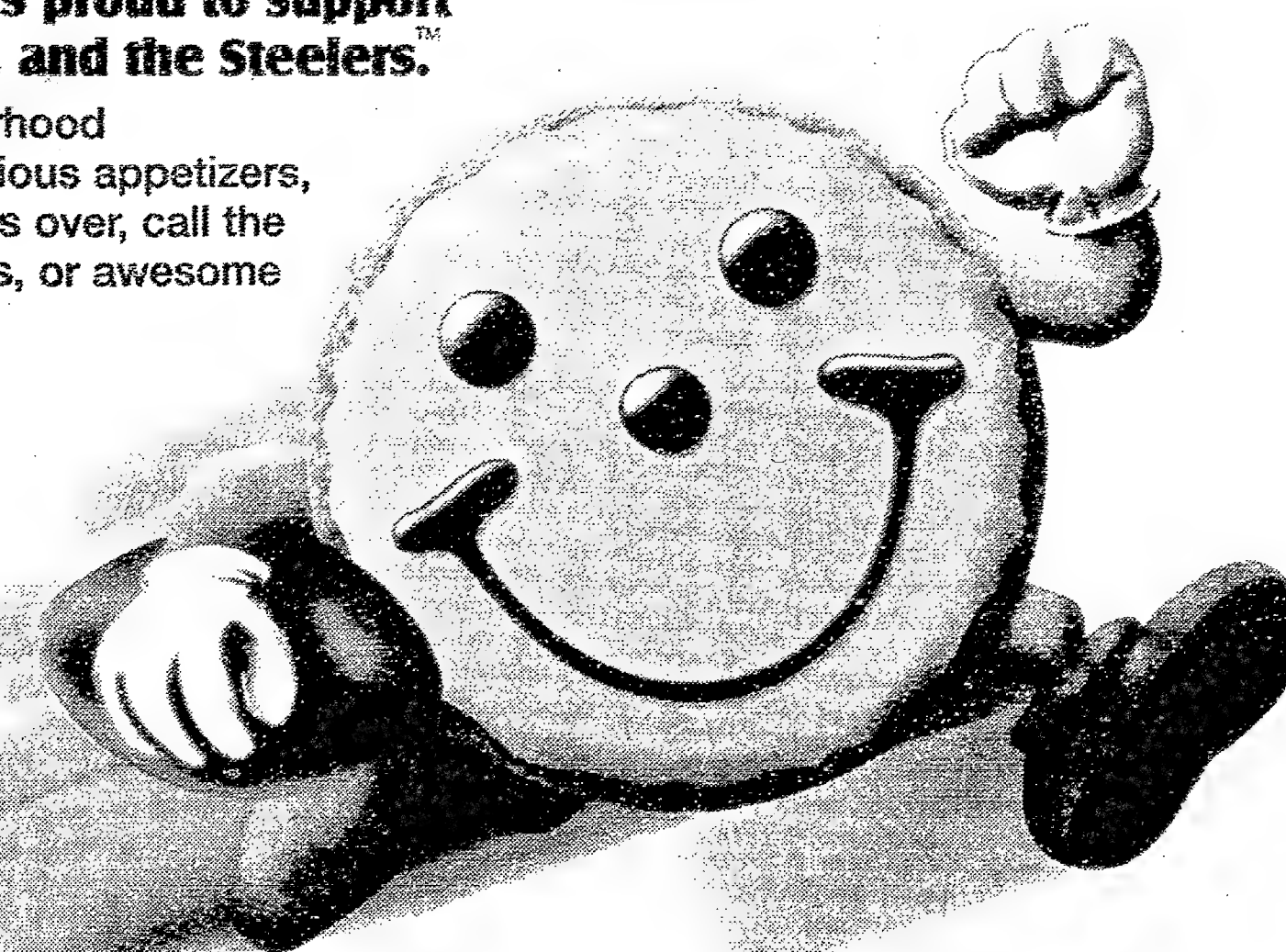
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Thomas Jefferson Jaguars

■ Head Coach: Bill Cherpak
 ■ 2004 Record: 14-2
 ■ Conference: Big Seven

TJ loaded in quest to defend WPIAL, state titles

By Ray Fisher

Sports editor

It's a familiar question, but one that's never been faced by the Thomas Jefferson varsity football program.

What will the Jaguars do for an encore?

2005 Schedule

Aug. 26	Belle Vernon
Sept. 2	Blackhawk
Sept. 9	Ringgold
Sept. 16	at Canon-McMillan
Sept. 23	Peters Township
Sept. 30	at Elizabeth Forward
Oct. 7	at Gateway
Oct. 14	Chartiers Valley
Oct. 21	at West Mifflin

Thomas Jefferson won a PIAA football championship last year for the first time in school history.

The Jaguars manhandled Manheim Central, the defending state champ, by a score of 56-20 in the PIAA finals at Hersheypark Stadium. They were the first team ever in Class AAA to score more than 50 points in the PIAA finals.

How can they ever top that?

"Our goals are lofty," said TJ's highly successful field boss, Bill Cherpak, who was named Associated Press Class AAA Coach of the Year last season. "We have to be better than we were last year."

"What we did last year doesn't matter this year. We've pushed them hard this summer. It was the hardest we've ever pushed them. Training camp was tough. The weather was brutal. It was a hard summer."



DAN GIEGERICH is one of several key players returning at Thomas Jefferson this season. Giegerich, a junior, is a two-way starter at running back and outside linebacker.

TJ also reeled in its second WPIAL football title ever by drilling West Mifflin, 20-0, in the WPIAL championship game at Heinz Field.

The Jaguars ended up with a 14-2 overall slate to set a school record for victories in one season.

But as Cherpak mentioned following last year's historic championship season,

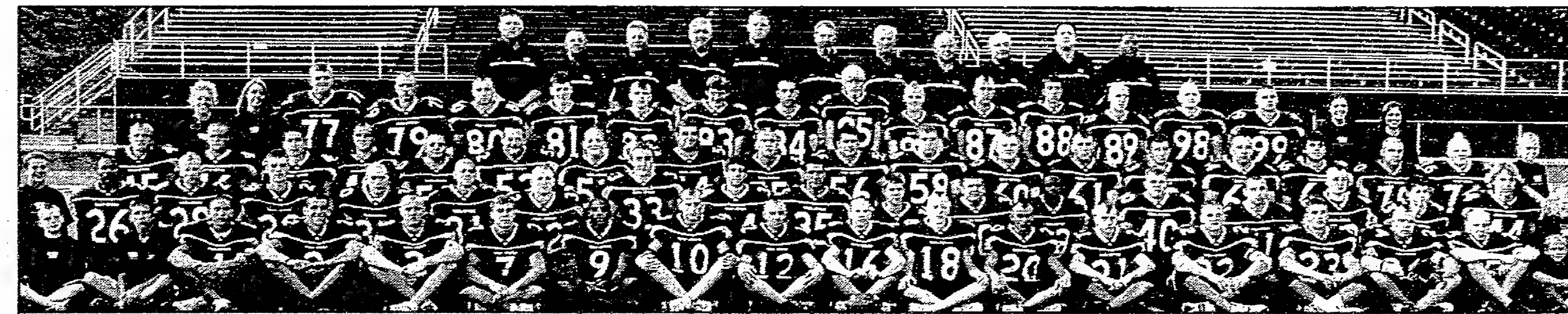
the cupboard's certainly not bare for the Jaguars in 2005.

Yes, the local squad did lose one of TJ's most prolific athletes ever with the graduation loss of quarterback/defensive back Brad Dawson — who is currently vying for the starting quarterback job as a freshman at Indiana University of Pennsylvania.

Dawson completed 133 of 255 passes for 2,365 yards and 22 touchdowns in 2004 to shatter school records for completions, passing yardage and touchdown passes in one season.

And, yes, the Jaguars did lose a handful of starters from last year's squad.

Continued on page 71



The 2005 Thomas Jefferson Jaguars

WPIAL Class AA and A champions 1973-2004

Class AA		Class A	
2004 Seton-LaSalle	1988 Steel Valley	2004 Rochester	1988 Wilmington
2003 Aliquippa	1987 Sto Rox	2003 Springdale	1987 Wilmington
2002 Seton-LaSalle	1986 Burrell	2002 Rochester	1986 Farrell
2001 Washington	1985 Riverside	2001 Rochester	1985 Monaca
2000 Aliquippa	1984 Beaver Falls	2000 Rochester	1984 Duquesne
1999 Waynesburg	1983 Jeannette	1999 South Side Beaver	1983 Western Beaver
1998 Shady Side Academy	1982 Beaver	1998 Rochester	1982 Monaca
1997 South Park	1981 Jeannette	1997 Riverview	1981 Serra
1996 Aliquippa	1980 Seton LaSalle	1996 Farrell	1980 Laurel
1995 Burrell	1979 Seton LaSalle	1995 Farrell	1979 Quigley
1994 New Brighton	1978 Knoch	1994 Western Beaver	1978 Quigley
1993 Washington	1977 South Allegheny	1993 Duquesne	1977 Duquesne
1992 East Allegheny	1976 Farrell	1992 Rochester	1976 Western Beaver
1991 Aliquippa	1975 Beth Center	1991 Rochester	1975 Monaca
1990 Canevin	1974 Albert Gallatin	1990 Farrell	1974 Jefferson Morgan
1989 Steel Valley	1973 Springdale	1989 Clairton	1973 Jefferson Morgan



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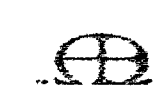
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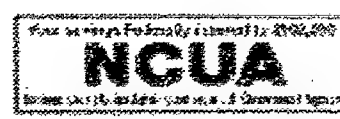
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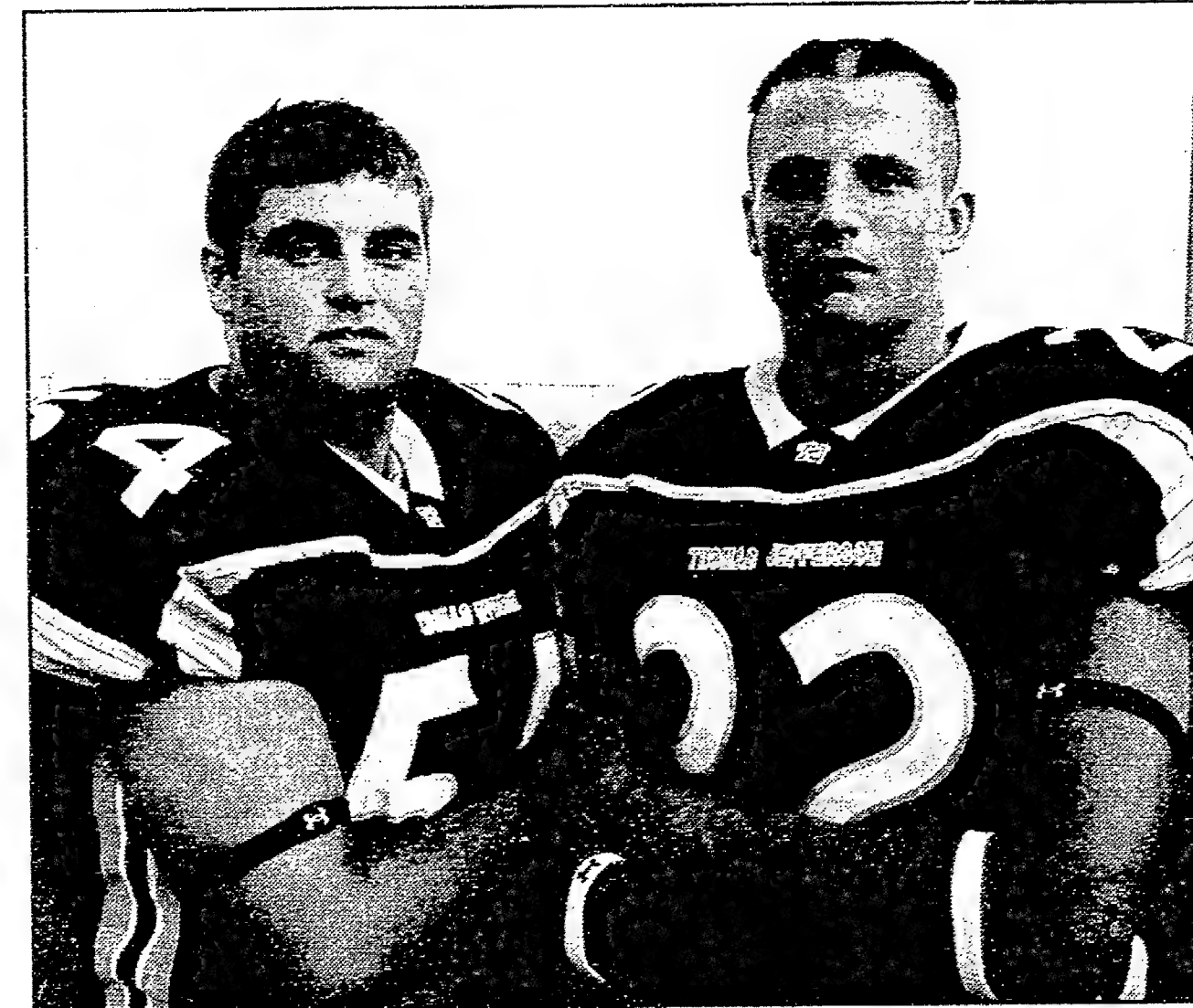
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ALL-STATE



LINEBACKING STARS (l-r) Jason Kolodziej and Nate Nix were selected to the Associated Press all-state football team in Class AAA in 2004. Both TJ players are back for their senior season.

Thomas Jefferson roster

#	NAME	HT	WT	POS	CLASS	#	NAME	HT	WT	POS	CLASS
1	Zach DeCicco	5-9	157	WR/DB	So.	45	Keegan Heidkamp	6-0	190	RB/LB	Jr.
2	Dominic DeCicco	6-3	195	WR/DB	Jr.	46	Shaun Johnson	5-8	167	RB/LB	Sr.
3	Arminas Maciulis	6-3	190	WR/LB	Jr.	48	Ryan Baxendell	5-7	151	WR/DB	Jr.
7	Kevin Franz	6-1	180	QB/DB	Sr.	49	James McKown	5-6	150	RB/DB	Jr.
9	Mike Battle	5-11	150	WR/DB	Jr.	50	Matt Donlin	5-6	185	OL/DL	Jr.
10	Heath Brickner	6-3	197	WR/DB	Sr.	52	Lucas Nix	6-5	260	OL/DL	So.
12	Sam Scheidter	5-7	151	QB/DB	So.	53	Ken Fife	5-11	185	OL/DL	So.
15	Josh Finnegan	5-6	150	K/P	Sr.	54	Jason Kolodziej	6-1	240	OL/LB	Sr.
16	Jonathan Licht	5-8	133	WR/DB	Jr.	55	Dave Bishoff	5-11	205	OL/LB	So.
18	Keith Siemen	5-10	150	WR/DB	Jr.	56	Troy Baxendell	5-10	250	OL/DL	Sr.
20	Jimmy Lowe	5-7	156	WR/DB	Sr.	57	Ryan Kutscher	5-10	194	OL/DL	Jr.
21	Trevor Wildman	5-9	150	WR/DB	So.	58	Brad Bakalarski	6-3	228	OL/DL	Sr.
22	Nate Nix	6-3	210	RB/LB	Sr.	60	Dan Corbett	5-7	192	OL/DL	So.
23	Cory Lotis	5-11	170	RB/DB	Jr.	61	Cory Smith	6-0	222	OL/DL	So.
24	Don Giegerich	6-0	198	RB/LB	Jr.	63	Shane Mudran	5-9	208	OL/DL	Jr.
25	Corey Matthews	6-0	150	WR/DB	So.	64	Brian Altman	6-0	235	OL/DL	Sr.
26	Orlando Torres	5-8	162	RB/LB	So.	66	Joel Richard	5-11	210	OL/DL	So.
28	Brent Kreider	5-7	138	WR/DB	Jr.	70	Adam Zampatti	6-3	220	OL/DL	Jr.
29	George Meszaros	6-4	169	WR/DB	Sr.	76	Josh Magnotti	5-10	229	OL/DL	Jr.
30	Matt Westwood	5-8	125	WR/DB	So.	77	Anthony Jaskolski	6-2	240	OL/DL	Sr.
31	Matt DeAngelis	5-8	150	WR/DB	Jr.	79	Ryan Koller	5-11	195	OL/DL	So.
32	Robert Ruffing	5-10	162	RB/DB/DB	So.	80	Drew Albrecht	5-11	175	TE/DL	So.
33	Chris Drager	6-4	225	TE/DE	Jr.	81	Michael Coll	5-11	170	WR/LB	Jr.
34	Nate Boka	5-10	171	RB/LB	So.	82	Rich Lattanzi	5-8	150	WR/DB	Jr.
35	Tom Russo	5-10	166	TE/LB	Sr.	83	Eric Schwartzmiller	5-10	125	WR/DB	Jr.
36	Bill Helmick	5-5	132	WR/DB	So.	84	Andrew Lipnick	5-8	152	WR/DB	Jr.
38	Jake Parenti	5-7	170	WR/LB	So.	85	Tom Yogan	6-1	163	WR/DB	So.
39	Arthur James	5-9	144	WR/DB	So.	86	Ben Werner	5-10	153	WR/DB	Jr.
40	George Nahay	6-0	197	FB/LB	Jr.	87	Brian Grant	6-0	162	WR/DB	So.
41	Fred Huebner	5-7	150	WR/DB	So.	88	Ryan Browne	6-0	156	WR/K/P	Sr.
42	Logan Breisinger	5-7	154	WR/DB	So.	89	Karl Troetschel	5-9	141	WR/DB	So.
43	Corey Matheson	5-9	118	WR/DB	So.	98	Doug Bittel	5-10	178	TE/LB	Jr.
44	Kevin Graham	6-0	198	TE/LB	Jr.	99	Matt Bissel	5-11	198	TE/LB	Sr.

Jaguars' defense key to successful start this year

Continued from page 68

But there were 10 non-seniors in the starting lineup versus Manheim Central, including three players who started on both sides of the line.

"We have a different attitude this year because of all the returning players," said Cherpak. "Last year a lot of the guys were battling for positions. There are very few positions open this year."

Jason Kolodziej, a (6-1, 240) senior this fall, started at inside linebacker and offensive guard. He has been a starting linebacker since his freshman season.

Nate Nix, a (6-3, 210) senior, also started at inside linebacker as well as at the fullback position on offense.

Kolodziej, who is undecided on his college plans, and Nix, who has made a verbal commitment to the University of Pittsburgh, were both Associated Press all-state selections on defense last year.

Another two-way starter in Hershey was junior Dan Giegerich (6-0, 198), who played at running back and outside linebacker.

The Jaguars had five non-senior starters on offense and seven on defense versus Manheim Central.

Offensively, the two others were linemen — Brian Altman, a 6-0, 235-pound senior guard this year, and Troy Baxendell, a 5-10, 250-pound senior center.

Altman and Baxendell were two of the leading "unsung heroes" to the TJ success story in 2004.

The Jaguars surrendered only 96 regular-season points in 2004 and held five opponents to a touchdown or less.

Expectations on defense — thanks to the likes of Kolodziej, Nix and Giegerich — will be high again in 2005.

"We feel our defense, in general, will be our strength right off the bat. We're going to need our defense to play well early in the season," said Cherpak.

"The defense has done a nice job in camp. We haven't let them relax at all in



DOM DECICCO, shown in action in the WPIAL Class AAA title game at Heinz Field, is a versatile two-way starter for TJ.

camp. They'll be ready."

Giegerich was joined by three other sophomore starters on defense last season in Adam Zampatti, at tackle, Chris Drager, at end, and Dom DeCicco, at cornerback.

Kolodziej (linebacker/offensive lineman), Nix (linebacker/fullback), Heath Brickner (defensive back/wide receiver), DeCicco (defensive back) and Drager (defensive end) were all-conference selections in 2004.

One other junior in the starting lineup

last fall was Kevin Franz, the "quarterback" on defense at the safety position.

Franz (6-1, 180) and DeCicco (6-3, 195) are expected to take over for the departed Dawson at the quarterback position this fall.

They will share the signal-calling duties in the early part of the schedule.

"Both are going to play. They're pretty similar as quarterbacks," said Cherpak. "Kevin has run the system (at the junior varsity level). He's very accurate. He was great at the passing camps this

summer. He's not concerned with stats. He just has to play within himself.

"Dom's going to play also, but he's such a good receiver we can't take him away from that position too much."

Both also will start again on defense, Franz at safety and DeCicco at cornerback.

The list of returning lettermen doesn't stop there for the Jaguars.

Four seniors who are expected to have more prominent roles this season are: Heath Brickner, at defensive back; Jimmy Lowe, at running back; Brad Bakalarski, on the offensive line; and Matt Bissel, at tight end.

Two other underclassmen last season who should make an impact this time around are Rich Lattanzi, a junior wide receiver, and Luke Nix, a sophomore defensive lineman.

As a reward for winning the Class AAA state championship, every member of last year's team at TJ was presented with a varsity letter.

"Everyone on the team had a role in our winning the (state) championship," said Cherpak. "No one's above the team or above the system. You need to know your role."

Due in part to that state title, the Jaguars had 66 players on their 2005 preseason roster — which is a slight increase from past years and does not include freshman prospects.

"The thing right now is to get them to push each other," said Cherpak. "We've been creative as coaches to find ways to push them and challenge them."

Thomas Jefferson will bring a nine-game winning streak into the 2005 campaign.

The Jaguars have compiled a remarkable 37-4 overall record over the past three seasons, and have won eight conference championships in the past 10 years — including the last five in a row.

The local squad will open its season this Friday, Aug. 26, at home against rival Belle Vernon.

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Pitt Panthers

- Head Coach: Dave Wannstedt
- 2004 Record: 8-4
- Conference: Big East

Wannstedt looks to restore alma mater to elite status

By Kevin Nash
Sports editor

First-year Pitt head coach and Baldwin native Dave Wannstedt has a message for his new team — where players lined up last season may be different in 2005.

This is evident, especially on defense, with junior linebackers H.B. Blades, Clint Session and former defensive end Thomas Smith.

Defense has been an issue for the Panthers the past two seasons. Pitt allowed teams to eclipse 400 yards in total offense in seven of 12 games in 2004.

Blades will man the middle in 2005. Last season, he was the strong-side linebacker where he logged a team-leading 108 tackles, three interceptions and two sacks.

"H.B. is one of our most experienced players and he's definitely one of our more instinctive players at the middle linebacker position," Wannstedt said.

Session flip-flops with Blades and moves from the middle to the strong side. He was the team's second leading tackler with 91 stops last year, and also had two interceptions.

Smith has added some bulk and will make the transition to defensive tackle.

Joe Clermond, a 6-foot-2, 250-pound sophomore, has solidified himself as the left defensive end. Sophomore Chris McKillop and junior Charles Sallet will compete for the right defensive end position.

The secondary returns four starters. Seniors Tez Morris and Josh Lay have seen the most action during their careers at Pitt.

Sophomore Mike Phillips, will move from cornerback to strong safety and



WEST ALLEGHENY graduate Tyler Palko, (right), returns to lead the offense for first-year head coach Dave Wannstedt.

battle junior Sam Bryant for the starting spot. Phillips started seven games at cornerback last season and had two interceptions.

Darrelle Revis, a sophomore, will start again at left cornerback.

Offensively, the Panthers will look to duplicate their success passing the ball and hope to improve their ground game.

Senior Raymond Kirkley started nine games at tailback last season and 10 as a freshman. He rushed for 560 yards on 154 attempts while scoring six times in 2004.

Rashad Jennings, a 6-foot-1, 235-pound freshman will push Kirkley for the starting spot.

Tim Murphy, a senior, is the Panthers fullback after starting only three out of

eight games last season due to injury. Murphy carried the ball 88 times for 334 yards and one touchdown.

The success of Pitt's backfield starts with the players up front. Charles Spencer shifts from left guard, where he started all 12 games last season, to left tackle.

Freshman Dominic Williams replaces Spencer at left guard and junior John Simonitis, returns to right guard where he started the final eight contests of 2004.

Junior Joe Vilani is a first-year starter at center after contributing mostly on special teams. Sophomore Mike McGlynn comes back as the right tackle where he started the last eight games of the season.

2005 Schedule

Saturday, Sept. 3	Notre Dame
Friday, Sept. 9	at Ohio University
Saturday, Sept. 17	at Nebraska
Saturday, Sept. 24	Youngstown State
Friday, Sept. 30	at Rutgers
Saturday, Oct. 8	Cincinnati
Saturday, Oct. 15	South Florida
Saturday, Oct. 22	Syracuse
Thursday, Nov. 3	at Louisville
Saturday, Nov. 12	Connecticut
Thursday, Nov. 24	at West Virginia

Two local freshman — West Allegheny's C.J. Davis and Moon's John Bachman, are making strong bids for playing time as well.

Erik Gill, a 6-foot-5, 275-pound senior, returns at tight end.

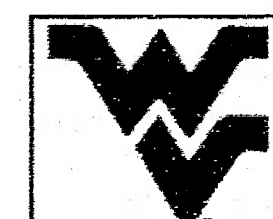
Junior Tyler Palko, a West Allegheny graduate, enters his second season as Pitt's starting quarterback. Palko completed 232 of 412 passes for 3,080 yards, 24 touchdowns and seven interceptions last year, and has been mentioned as a potential Heisman Trophy candidate in some national publications.

"One of the best qualities Tyler has is his competitiveness," Wannstedt said.

"For us to beat Notre Dame he's going to have to make plays on his feet. He's going to have to do that for us to be a successful team."

Greg Lee returns at split end and is Palko's primary target. Lee had 68 catches for 1,297 yards and 10 scores last year.

Seton LaSalle graduate Joe DelSardo, also a junior, starts his second year at flanker. DelSardo had 49 receptions for 573 yards and four touchdowns last season.



West Virginia Mountaineers

- Head Coach: Rich Rodriguez
- 2004 Record: 8-4
- Conference: Big East

WVU goes for third straight Big East Conference title

By Jim McNamara

Editor

For the past two seasons, the West Virginia University football team has finished the year as co-champions of the Big East Conference.

Last year, the Mountaineers were ranked as high as sixth in the nation before finishing the regular season with a record of 8-4 (4-2 in the Big East).

But this is a new season. And there is a new look to the Big East as Louisville, the University of South Florida and Cincinnati have entered the league.

Louisville has been picked as the favorite to win the championship this season in a preseason poll of media representatives who cover the league.

West Virginia, which will display a new look at several key positions, was picked to finish third, behind Pitt.

"Every year, our goal is to win the Big East championship and go to a BCS bowl," said head coach Rich Rodriguez.

But that will not be an easy goal to reach as the coaching staff, according to Rodriguez, must replace more key players than in any of its first four seasons.

The Mountaineers will look to replace a total of 14 starters — seven each on offense and defense.

And that includes the starting quarterback position previously held by three-year starter and last year's Big East offensive player of the year Rasheed Marshall, who completed 144 of 242 passes for 1,886 yards and 19 touchdowns last season. He also rushed for 1,019 yards and four touchdowns.

Three players — freshman Pat White, sophomore Dwayne Thompson and red-shirt sophomore Adam Bednarik will challenge for the starting spot.



MIKE LORELLO, a 6-1, 200-pound senior safety, will need to step up his game this season for the Mountaineers to help make up for the loss of cornerback Adam "Pacman" Jones, a first-round draft pick of the Tennessee Titans.

"All of our quarterbacks have talent," said Rodriguez, "but the guy who wins the job will be the one who knows the offense, can make all of the throws and excels as a leader."

The quarterback's main target this year will probably be senior Brandon Myles, who had six catches for 138 yards last year. Junior Rayshawn Bolden also returns.

There is also some experience returning to the running back position as jun-

ior Jason Colson returns.

Colson split time with Kay-Jay Harris last year and gained 706 yards and scored six touchdowns.

Pernell Williams is also back after gaining 320 yards on 65 carries as a true freshman last season. And junior Erick Phillips returns after missing last season because of knee surgery.

The best kept secret could be freshman running back Jason Gwaltney, a five-star recruit from Long Island.

Opening holes for the running backs and protecting the quarterback will be an offensive line that includes three returning starters.

Guard Dan Mozes was a first-team all-Big East selection. Fellow guard Jeremy Sheffey and tackle Garin Justice also return.

Defensive linemen Ben Lynch and Jason Hardee have graduated, but starters Keilen Dykes and Ernest Hunter return.

The Mountaineers also have to fill some holes at the linebacker position. But Rodriguez is confident he has players ready to step up.

Jeff Noechel and Kevin McLee shared time last year. Both are penciled in as starters. Jay Henry and Marc Magro are slated to man the middle.

Despite the loss of cornerback Adam "Pacman" Jones, the first defensive player taken in the 2005 NFL Draft, the secondary could be a strong point of the team.

Free safety Jahmille Addae and spur safety Mike Lorello are back.

Addae had 59 tackles last season, while Lorello is the team's leading returning tackler with 66.

Each had two interceptions last year. And there is some experience at the corners as seniors Anthony Mims and Dee McCann return.

West Virginia opens the season at Syracuse on Sunday, Sept. 4, at 1:30 p.m.

Their home schedule features contests against Wofford, East Carolina, Virginia Tech, Louisville, Connecticut and Pitt.

The Backyard Brawl against Pitt is set for 8 p.m. Thursday, Nov. 24. It will be nationally televised on ESPN.

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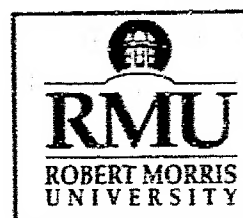
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Robert Morris Colonials

- Head Coach: Joe Walton
- 2004 Record: 6-5
- Conference: Northeast

'Heart and Soul' Walton keeps Colonials' torch lit

By Jon Paul Creese
Sports editor

One sure thing about 'heart and soul' is that it always comes in one-size-fits-all.

And the Robert Morris Colonials have plenty of it with local football legend Joe Walton poised to lead the team to another successful season.

But Walton, who earned the title, "heart and soul of [the Colonials]", from RMU athletics airector Craig Coleman, and whose office now sits within the new new stadium that bears his name, has brought even more to the program — years of experience and expertise.

A former Pittsburgh Steelers offensive coordinator, Walton spent 35 years in the NFL as a player, scout and coach. Upon graduating from the University of Pittsburgh in 1957, Walton boasted two All-America honors for tight end.

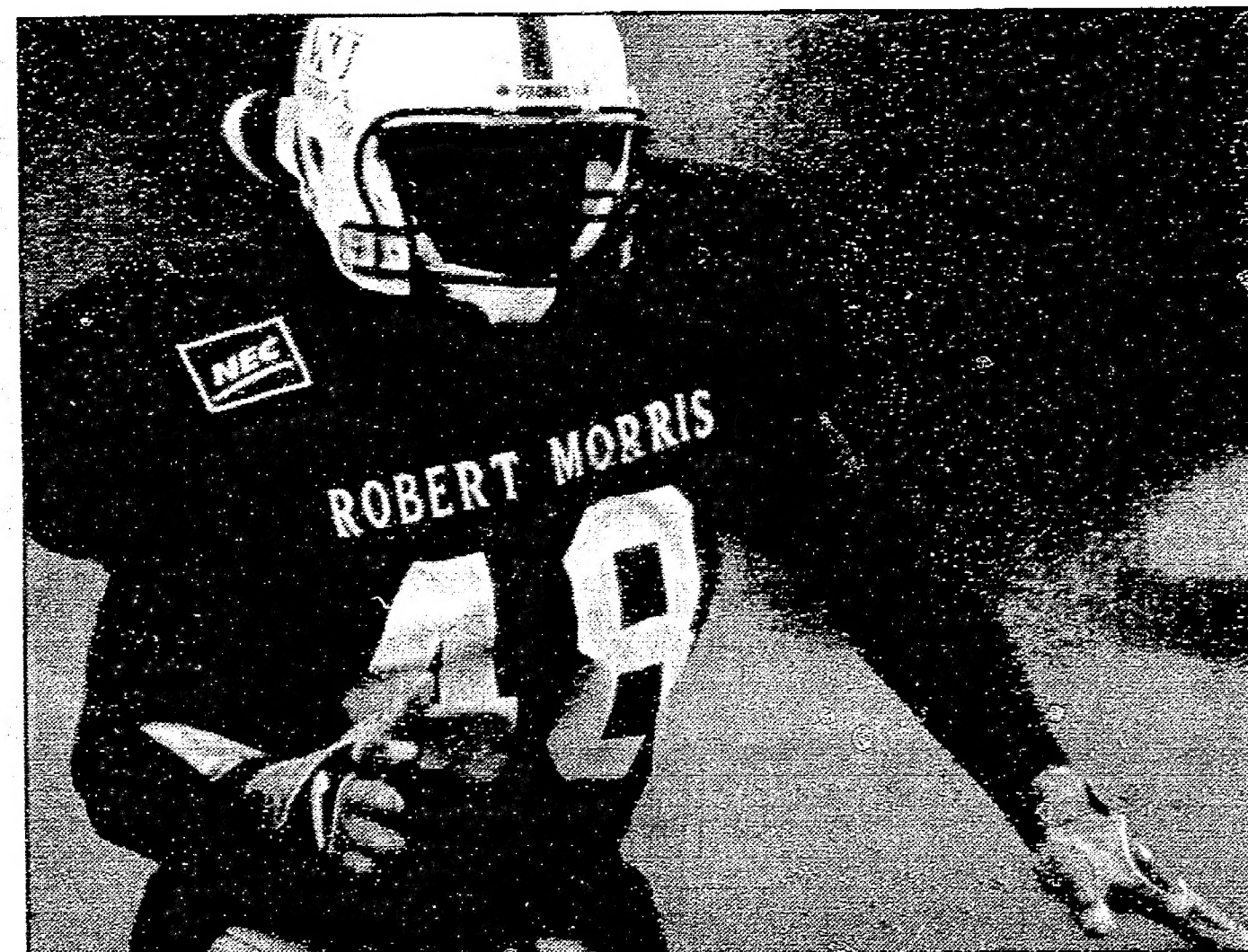
He says he is simply filling the role all head coaches are expected to fill, being a leader, a guiding light for budding and experienced college players like running back Tim Hall, who Walton coached at RMU before Hall went pro with the Oakland Raiders, and Hank Fraley, former Colonial who is now a starting offensive lineman for the Philadelphia Eagles.

"When you're in charge, there is a lot to be aware of," he said. "You have to take care of and direct people.

"It comes kind of natural," he said matter-of-factly. "It is very close to me. I love what I do and I love the school."

And with the fatherly 69-year-old coach keeping the Colonial torch lit, others will be counted on to fuel the fire as well.

Among these are returning quarterback Drew Geyer, a three-time letter-



JAMES NOEL returns to the Colonial defensive backfield.

winner Tyjuan Massey, who caught 43 passes for 763 yards last year, things are looking up. Massey was a question mark early on.

Star senior tight end Rupert Rickards is also returning. Rickards was the Colonials second-leading receiver with 33 receptions for 446 yards last year.

The Colonials are packing a powerhouse defense of strong returns this year with Jason Forrest and Victor Silva, who was out with an injury for much of 2004, on the line. James Noel, Louis St. Felix and Nelson Walker, all three-time letter-winners, are returning to the defensive backfield.

"We feel we'll be very solid on the defensive line and linebacker," Walton said, noting that Forrest may have a chance to move to the next level.

Walton, who recently agreed to extend his contract for another four years, said the new field at Joe Walton Stadium, which will be the venue for the Colonials' first home game against Butler, presents questionable results as far as Colonial performance.

"Our guys have to get used to this field, too ... the wind conditions, new turf," he explained. "We need to make it an advantage. That has to be done."

But, he was quick to point out the new stadium has helped with recruiting.

Among the freshman Colonials this year are defensive linemen Brian Schmidt of Moon, Ben Regney of Monaca, Matt Bargerstock of Aliquippa, Eric Jewell of Beaver Falls, Nick Garlitz of Mount Lebanon and Ken White of New Castle. New Brighton's Karey Murray and Gibsonia's Travis Ankeny, will supplement the offensive backfield, and David Russell, of Freedom, signed on a tight end.

winner from Gibsonia.

"He's been our starter," Walton said of the senior who threw for 2,601 yards last year with a 51.8-percent passing record. "We have other guys coming in, but right now, [Geyer] is penciled in as the starter."

With the leader taken care of, that gave Walton and his staff time to work on a yet undetermined offensive back-field.

"We've got to improve [our rushing game]," Walton said, noting line injuries as a key problem with the Colonials running game last year.

Fifth-year veteran Vincent Romo will start at center. He and Gus Alonso, a senior who lettered the past two years, are expected to hold the line together.

"We feel like we'll have more depth in the offensive line this year with these guys back," Walton said.

The Colonials are returning their top two rushers, Devon Wilson, who rushed for 703 yards with 174 carries, and Vince Magnone, who gained 366 yards with 91 carries.

Earlier this year, Walton said receiving was also up in the air, but with the addition of returning three-time letter-

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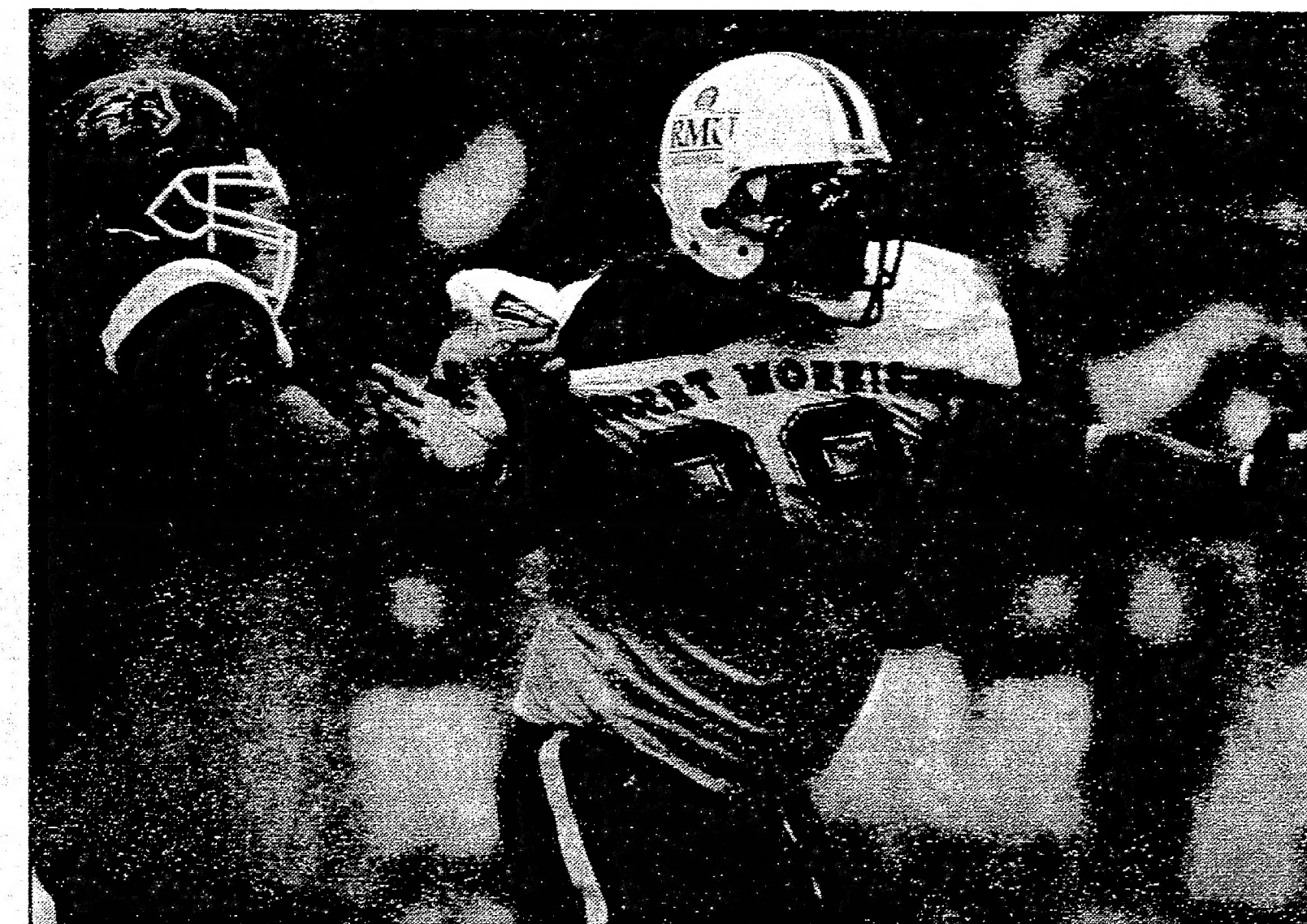
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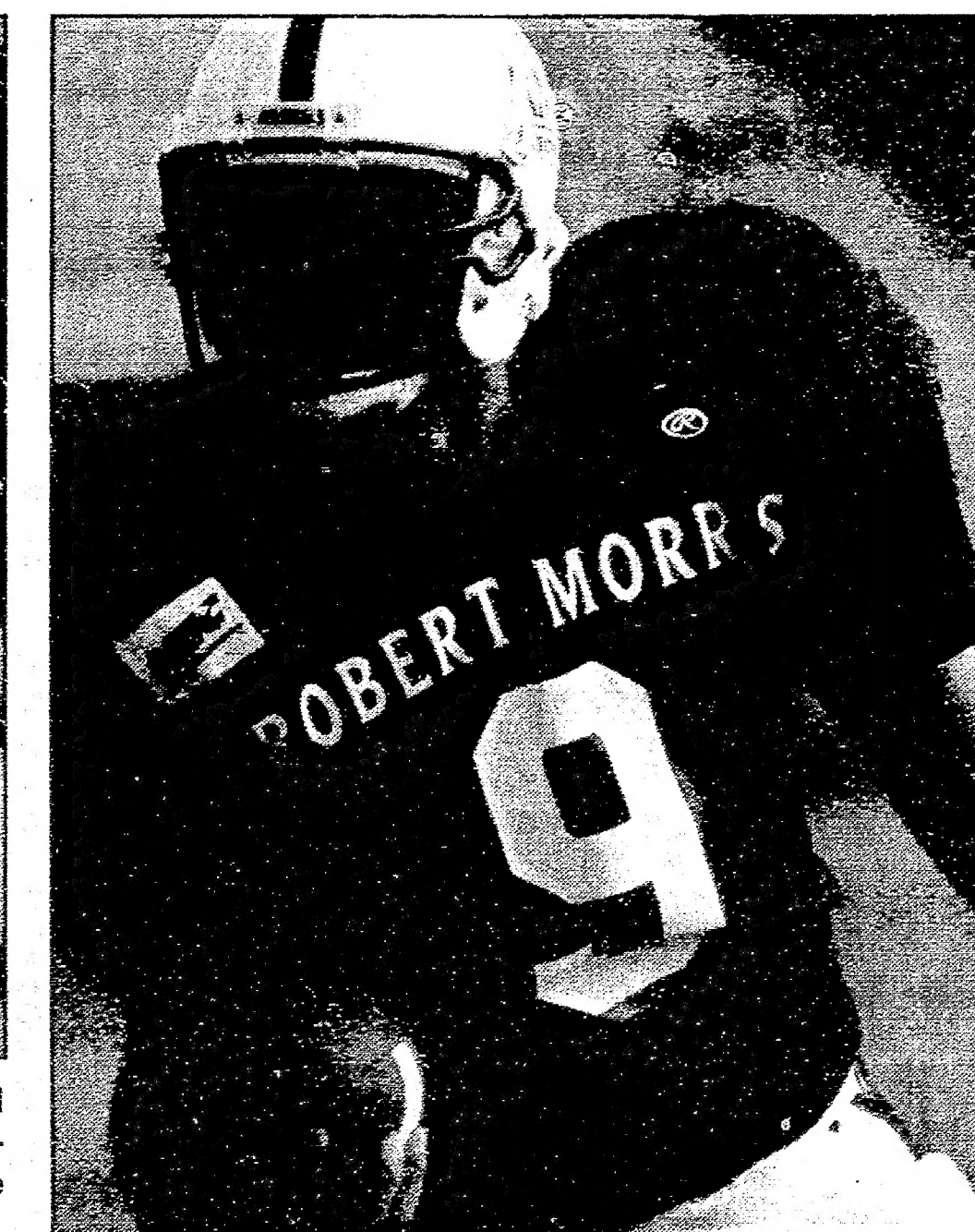
Go Colonials! Go Steelers!

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COLONIAL CLOUT



JASON FORREST (above), defensive lineman, and quarterback Drew Geyer will be relied on to help lead the defense and offense respectively. Forrest has the ability to go pro if he has a productive senior year, according to head coach Joe Walton.



Know The Full Story

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...was de...
...1997...

...who began the colonial...
...house in about 1650...
...old fire department...
...The first fire depart...
...brigade, teams of...
...leather buckets full of water...
...chain, the water flowing...
...at the end of the chain, and...
...erry buckets passed back to the...
...source. Using the human chain...
...copious supply of buckets could be...
...ed through, providing an almost...
...stant, if meager, supply of water.

...volunteer fire departments began with...
...Benjamin Franklin in Philadelphia in...
...1734. Yet, the same Ben Franklin also...
...signed the Constitution and establish...
...the first lending library also founded...
...first volunteer fire department.

...Ber's concern was that fires started too...
...sively and spread too rapidly, a fact that...
...arose from the colonists' widespread use...
...of thatched roofs. Fires were started by...
...embers from chimneys and lightning...
...and spread rapidly from house to house.

...While investigating ways to prevent...
...lightning from striking thatched roofs...
...houses and other buildings, Ben was...
...lightning rod. He conducted...
...periments with a kite fl, which was...
...under storm, and the lightning...
...discovery that led to the lightning rod.

...George Washington...
...the engine from the...
...This engine was...

...1800's...
...New York's...
...The same pump...
...early 1800's...

...residential district...
...keep the horses...
...firehouse. The...
...stations today...
...Firehouse dogs...
..."Sucky" to Sparky...
...for NFPA's fire...
...volunteers were...
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2005 Colonial Home Schedule

Sept. 17	Butler %Noon
	Presented by PNC Bank	
Oct. 1	St. Francis *#1:00 p.m.
	Presented By Sprint	
Oct. 8	Wagner *A1:00 p.m.
	Presented By Hometown Pizza	
Oct. 29	Stony Brook *\$1:00 p.m.
	Presented by Chick-fil-A of Robinson Twp.	
Nov. 12	Sacred Heart *@1:00 p.m.
	Presented by Quinones Oven Toasted Subs	

% Inaugural Game at Joe Walton Stadium; # Homecoming
 ^ Moon Township/Cheerleader Day; \$ Hall of Fame Day
 @ Senior Day; * Northeast Conference Game

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Oakland at New England 9:00 p.m.
Sunday, Sep. 11
Chicago at Washington 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Denver at Miami 1:00 p.m.
Houston at New Orleans 1:00 p.m.
New Orleans at Carolina 1:00 p.m.
N.Y. Jets at Kansas City 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 12
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 13
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 14
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 15
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 16
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 17
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 18
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 19
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 20
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 21
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
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San Francisco at Seattle 1:00 p.m.
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Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 22
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 23
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 24
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 25
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
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Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 26
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 27
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
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Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 28
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Sep. 29
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
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Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Sep. 30
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 1
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 2
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 3
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
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Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 4
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 5
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
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Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 6
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 7
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
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Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 8
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 9
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
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Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 10
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 11
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
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Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 12
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 13
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
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Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 14
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 15
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 16
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 17
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 18
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 19
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 20
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 21
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 22
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 23
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 24
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 25
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 26
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 27
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 28
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 29
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.
Monday, Oct. 30
Philadelphia at Tampa Bay 1:00 p.m.
Jacksonville at Cincinnati 1:00 p.m.
Minnesota at Oakland 1:00 p.m.
New England at New Orleans 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Sunday, Oct. 31
Baltimore at Pittsburgh 1:00 p.m.
Cincinnati at Cleveland 1:00 p.m.
Chicago at Houston 1:00 p.m.
Denver at New England 1:00 p.m.
Miami at Tampa Bay 1:00 p.m.
New Orleans at San Diego 1:00 p.m.
San Francisco at Seattle 1:00 p.m.
Seattle at Jacksonville 1:00 p.m.
Tampa Bay at Minnesota 1:00 p.m.
Tennessee at Pittsburgh 1:00 p.m.
Arizona at New England 4:15 p.m.
Dallas at San Diego 4:15 p.m.
Green Bay at Seattle 4:15 p.m.
St. Louis at San Francisco 4:15 p.m.
Indianapolis at Baltimore 8:30 p.m.

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Philadelphia at Washington 8:30 p.m.
Monday, Nov. 7
Indianapolis at New England 9:00 p.m.
Open date: Buffalo, Dallas, Denver, St. Louis
Sunday, Nov. 13
Arizona at Detroit 1:00 p.m.
Baltimore at Jacksonville 1:00 p.m.
Houston at Indianapolis 1:00 p.m.
Kansas City at Buffalo 1:00 p.m.
Minnesota at N.Y. Giants 1:00 p.m.
New England at Miami 1:00 p.m.
San Francisco at Chicago 1:00 p.m.
Washington at Tampa Bay 1:00 p.m.
Denver at Oakland 4:15 p.m.
N.Y. Jets at Carolina 4:15 p.m.
Green Bay at Atlanta 4:15 p.m.
St. Louis at Seattle 4:15 p.m.
Cleveland at Pittsburgh 8:30 p.m.
Monday, Nov. 28
Atlanta at Carolina 1:00 p.m.
Buffalo at Miami 1:00 p.m.
Cincinnati at Pittsburgh 1:00 p.m.
Dallas at N.Y. Giants 1:00 p.m.
Green Bay at Chicago 1:00 p.m.
Houston at Baltimore 1:00 p.m.
Jacksonville at Cleveland 1:00 p.m.
Minnesota at Detroit 1:00 p.m.
Tampa Bay at New Orleans 1:00 p.m.
Tennessee at Indianapolis 1:00 p.m.
Arizona at San Francisco 4:05 p.m.
Washington at St. Louis 4:05 p.m.
Denver at Kansas City 4:15 p.m.
N.Y. Jets at New England 4:15 p.m.
Oakland at San Diego 8:30 p.m.
Monday, Dec. 5
Chicago at Philadelphia 9:00 p.m.
Sunday, Dec. 11
Carolina at Tennessee 1:00 p.m.
Cleveland at Cincinnati 1:00 p.m.
Houston at New England 1:00 p.m.
Jacksonville at Jacksonville 1:00 p.m.
New Orleans at Buffalo 1:00 p.m.
Oakland at N.Y. Jets 1:00 p.m.
St. Louis at Minnesota 1:00 p.m.
Tampa Bay at Carolina 1:00 p.m.
N.Y. Giants at Philadelphia 4:05 p.m.
San Francisco at Seattle 4:05 p.m.
Washington at Arizona 4:05 p.m.
Baltimore at Denver 4:15 p.m.
Kansas City at Dallas 4:15 p.m.
Monday, Nov. 21
Minnesota at Green Bay 9:00 p.m.
Thursday, Nov. 24
Atlanta at Detroit 12:30 p.m.
Denver at Dallas 4:15 p.m.
Sunday, Nov. 27
Baltimore at Cincinnati 1:00 p.m.
Carolina at Buffalo 1:00 p.m.
Chicago at Tampa Bay 1:00 p.m.
Cleveland at Minnesota 1:00 p.m.
New England at Kansas City 1:00 p.m.
San Diego at Washington 1:00 p.m.
San Francisco at Green Bay 4:15 p.m.
Philadelphia at Tennessee 1:00 p.m.
St. Louis at Houston 1:00 p.m.
Jacksonville at Arizona 4:05 p.m.
Miami at Oakland 4:05 p.m.
Green Bay at Philadelphia 4:15 p.m.
N.Y. Giants at Seattle 4:15 p.m.
New Orleans at N.Y. Jets 8:30 p.m.
Monday, Nov. 28
Pittsburgh at Indianapolis 9:00 p.m.
Sunday, Dec. 4
Atlanta at Carolina 1:00 p.m.
Buffalo at Miami 1:00 p.m.
Cincinnati at Pittsburgh 1:00 p.m.
Dallas at N.Y. Giants 1:00 p.m.
Green Bay at Chicago 1:00 p.m.
Houston at Baltimore 1:00 p.m.
Jacksonville at Cleveland 1:00 p.m.
Minnesota at Detroit 1:00 p.m.
Tampa Bay at New Orleans 1:00 p.m.
Tennessee at Indianapolis 1:00 p.m.
Arizona at San Francisco 4:05 p.m.
Washington at St. Louis 4:05 p.m.
Denver at Kansas City 4:15 p.m.
N.Y. Jets at New England 4:15 p.m.
Oakland at San Diego 8:30 p.m.
Monday, Dec. 5
Chicago at Philadelphia 9:00 p.m.
Sunday, Dec. 11
Carolina at Tennessee 1:00 p.m.
Cleveland at Cincinnati 1:00 p.m.
Houston at New England 1:00 p.m.
Jacksonville at Jacksonville 1:00 p.m.
New Orleans at Buffalo 1:00 p.m.
Oakland at N.Y. Jets 1:00 p.m.
St. Louis at Minnesota 1:00 p.m.
Tampa Bay at Carolina 1:00 p.m.
N.Y. Giants at Philadelphia 4:05 p.m.
San Francisco at Seattle 4:05 p.m.
Washington at Arizona 4:05 p.m.
Baltimore at Denver 4:15 p.m.
Kansas City at Dallas 4:15 p.m.
Monday, Dec. 12
New Orleans at Atlanta 9:00 p.m.
Saturday, Dec. 17
Tampa Bay at New England 1:30 p.m.
Kansas City at N.Y. Giants 4:05 p.m.
Denver at Buffalo 8:30 p.m.
Sunday, Dec. 18
Arizona at Houston 1:00 p.m.

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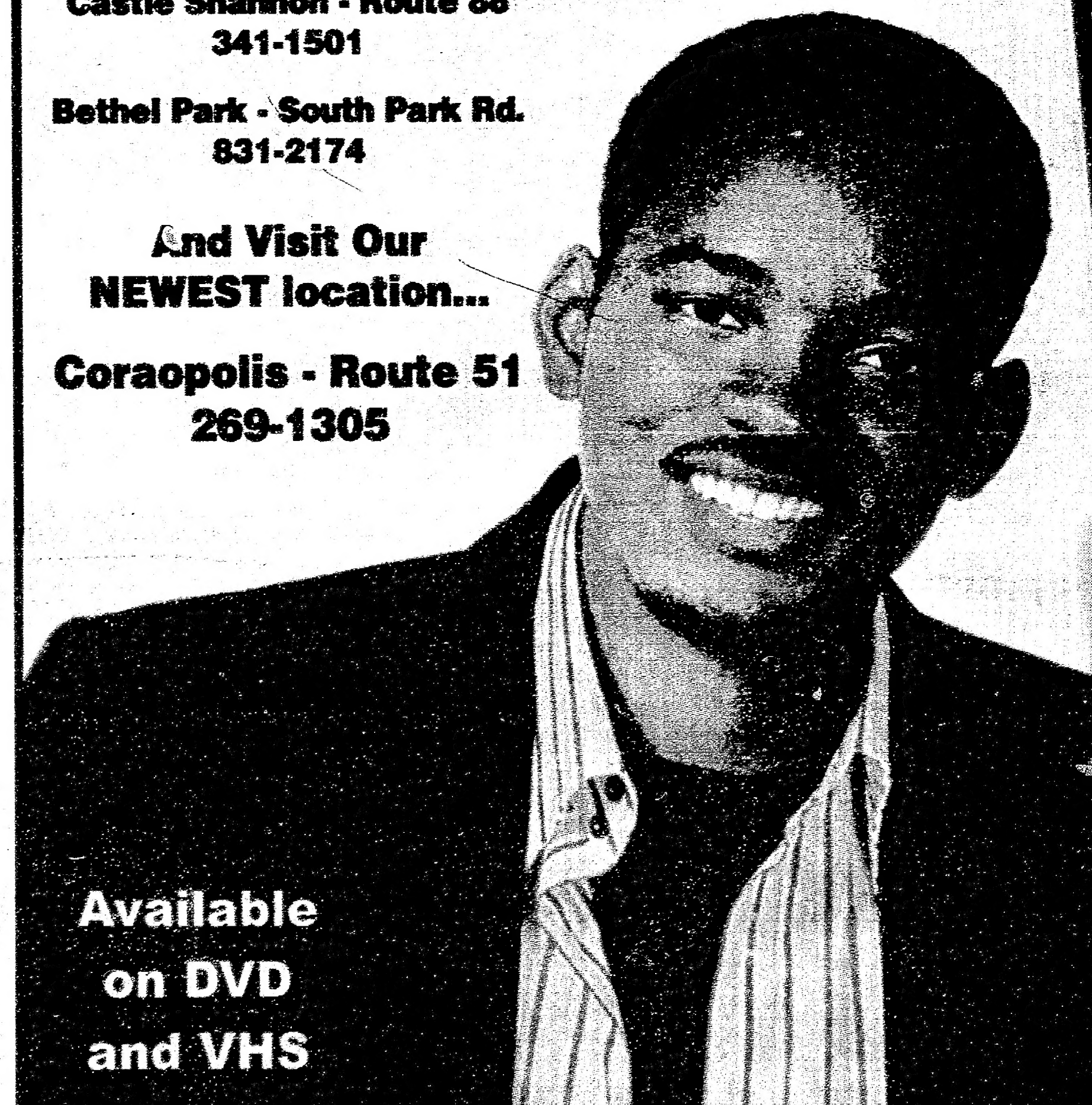
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